

Mia Jensen

Journalism and Human Rights Student, Carleton University

CONTACT



WORK EXPERIENCE

Rainbow District School Board — *Communications Assistant*

JUNE 2020 - AUG. 2020 — Sudbury, ON

- Wrote online series of articles about how teachers and students adapted to COVID-19, published to RDSB website
- Designed graphics, wrote press releases, drafted transcripts, and created and copy edited press and promotional materials
- Collaborated with administrators to rewrite and reorganize websites, including merging copy for the website of two recently amalgamated schools

The Sudbury Star (Postmedia) — *Reporter (Internship)*

JUNE 2019 - AUG. 2019 — Sudbury, ON

- Researched and wrote 1-3 articles per day and took photographs for newspaper, published in print and online
- Covered a broad range of topics, including local news, police and fire, provincial politics, arts, and human interest
- Interviewed sources, in person and over the phone, including experts, politicians, PR professionals, and community members

YMCA of Sudbury — *Lifeguard/Swim Instructor*

SEPT. 2016 - JUNE 2019 — Sudbury, ON

- Taught swimming skills and basic first aid to children aged 0-15 and adults of all skill levels
- Interacted with patrons, parents, children, and students to foster a welcoming and safe environment
- Received offer for promotion to Team Lead

Lockerby Composite School — *Communications (Co-op)*

SEPT. 2017 - JUNE 2018 — Sudbury, ON

- Created promotional materials and produced daily social media content across multiple platforms
- Attended events, took photographs, and wrote articles for publication on the website
- Created a comprehensive brochure for incoming students using Word

SKILLS

- Writing and copyediting
- Collecting and analysing research and literature
- Conducting interviews
- Preparing reports
- Reviewing and verifying data and other information
- Communicating and engaging with clients
- Experience with Gmail, Google Drive, Microsoft Word, Excel, Zoom, and WordPress

AWARDS

Dean's Honour List

2018-19, 2019-2020
Faculty of Public Affairs

K. Phyllis Wilson Award

2019, 2020
Carleton School of
Journalism and
Communications

Faculty Scholarship

2018-19, 2019-20
Faculty of Public Affairs

LANGUAGES

English, French

LEADERSHIP/VOLUNTEER EXPERIENCE

Paul Menton Centre — Notetaker & Offline Captioner

SEPT. 2018 - APR. 2020 — Ottawa, ON

- Attended lectures and created detailed and organized notes for students registered with PMC
- Used captioning software *Inqscribe* to transcribe audio from videos, films, documentary, and music to create closed captions
- Collaborated with professors to provide additional resources to students without access to online classes during COVID-19 shutdowns

RDSB Student Senate — Lockerby Senate Representative

SEPT. 2016 - JUNE 2018 — Sudbury, ON

- Discussed pertinent student issues in collaboration with other students as well as members of the Rainbow District School Board to find solutions and foster awareness
- Designed posters, name tags, signs, and other promotional materials for board-wide initiatives and events
- Led the organization of the first Stand Up for Youth Mental Health conference for students across the board

Lockerby Cancer Drive Committee — Co-Chair

JUNE 2016 - DEC. 2017 — Sudbury, ON

- Organized annual Cancer Drive event which raised \$55,500 in 2017 and nearly \$1 000 000 cumulatively over 24 years
- Collaborated with Northern Cancer Foundation and community partners to promote events and solicit donations
- Communicated with local media to promote events in the community

EDUCATION

Carleton University — Ottawa, ON

SEPT. 2018 - PRESENT (expected graduation 2022)

- Bachelor of Journalism w/ Combined Honours in Journalism and Human Rights
- Dean's Honour List 2018-19, 2019-20

Lockerby Composite School — Sudbury, ON

SEPT. 2014 - JUNE 2018

- Ontario Secondary School Diploma w/ French Immersion Certificate
- Four-year Honour Roll