

Events

## Nurses Week Freebies 2023

Share Story



By **Julie Adams** | May 01, 2023

Want to make a nurse feel appreciated? Shower them with thanks... and free stuff! For National Nurses Week, May 6-12, nurses across the country are treated to a bonanza of treats and discounts as a way to say thank you. To help you easily find your favorite goodies, we've compiled a list of freebies to enjoy for Nurses Week 2023.

To celebrate Nurses Week, Vivian is partnering with Adni (formerly Lumify) to give you an exclusive discount. Use promo code: VIVIAN for 50 free points when you **shop at Adni**, where over 80% of the featured businesses were founded by healthcare workers.

Don't forget, nurses can take advantage of discounts and deals all year round, too. Check out our **Top Discounts and Savings for Healthcare Professionals in 2023** to shop offers from a wide variety of retailers.

Check back May 6-12 as we add updates and details on each offer, plus new National Nurses Week discounts and freebies as they are announced. Current offers that we've been able to verify include:

### Free Food for Nurses Week 2023

- Capriotti's Sandwich Shop: Enter your favorite nurse to win a FREE sub through May 8
- Caribou Coffee: Get 10% off your in-store order through May 12
- Chick-Fil-A: Offer varies by franchise participation; check local store for details
- Chipotle: Healthcare professionals can enter by May 12 to win a Burrito Care Package for your team
- Cinnabon: In partnership with the Daisy Foundation, nurses are invited to enjoy a free cinnamon roll this week at participating bakeries only
- Dickey's Barbecue: Get a free Big Yellow Cup with a minimum purchase of \$10
- Dunkin': Receive a free iced or hot coffee every Monday in May with any purchase using the Dunkin' app
- Firehouse Subs: Enjoy a free medium sub with the purchase of an additional medium or large sub, chips and drink from May 6-7
- Grimaldi's Pizzeria: Nurses get 15% off your entire bill this week at participating locations
- Insomnia Cookies: All nurses get 1 free 6-pack of classic cookies with \$5 in-store purchase through May 12
- Lion's Choice: Healthcare workers can request the restaurant's "Heroes Discount" at checkout to save 20% May 6-12
- McAlister's Deli: Stop by for a free 32 oz. tea May 3-10
- Metro Diner: Get 10% off your check through May 11
- MOD Pizza: Buy one, get one free on any MOD-size pizza or salad on May 9
- Outback Steakhouse: Receive 10% off your entire check with their Heroes Discount
- Potbelly: Stop in for a free cookie or regular-sized soft drink May 6-12
- Scooter's Coffee: Enjoy a free medium brewed coffee on May 5
- Sonny's BBQ: Get a free pork sandwich, sidekick and soft drink May 8-9
- Subway: Enter daily from May 8-12 to win one of 10,000 free Subway Series sandwiches through the Subway Serves program. The first 2,000 people each day to log in and request a free sandwich will get an electronic gift card. You can also treat your coworkers with buy one, get one free footlongs using code FLBOGO online or in the app through May 12.
- Texas de Brazil: Receive a 15% Heroes Discount on dine-in dinner and lunch prices
- Yogurtland: Receive a \$5 bonus card with a \$25 eCard purchase by May 13
- Zaxby's: Buy one, get one free boneless meal offer on May 2 through the Zaxby's app

### Retail and Online Offers for Nurses Week 2023

- Adni (formerly Lumify): Use promo code VIVIAN for 50 free points (one-time use, no expiration date)
- AllHeart Scrubs: Up to 40% off sitewide plus free shipping during Nurses Week
- All Seasons Uniforms: Shop a selection of apparel discounted for Nurses Week
- BAYADA Home Health Care: Enter their sweepstakes with nursesweek.com where one nurse will win a \$7000 home makeover
- Careismatic Brands medical apparel: Enter the Mystery Scrub Giveaway by May 26 to be one of 250 winners to receive a new set of scrubs sent once a month for the rest of the year
- Cherokee Uniforms: 20% off sitewide plus other discounts during Nurses Week
- Costco: Nurses that join as new members are eligible for a \$30 Costco Shop Card via the Costco ID.me verification
- Crocs: Nominate your favorite healthcare worker by May 7 to receive a variety of free Crocs shoes, socks and Jibbitz charms for their facility
- Dickies: Save 20% on select scrubs when you shop online through May 14
- Elite Learning: Access five free nursing continuing education courses during May
- FIGS scrubs: 20% discount sitewide through May 11
- Jaanuu Scrubs: 25% off sitewide during Nurses Week
- Koi Happiness Scrubs: 20% discount sitewide through May 14
- Nursedeals.com: Check to see if you can snag some misprints and Unclaimed Freebies
- Nurse Mates: Get 30% off sitewide with code NURSE30 at checkout through May 14
- NursingCE.com: Check out a variety of free CEU courses available to healthcare professionals
- OrthoFeet: Save \$10 off Talya nursing shoes plus an extra 10% off with ID.me
- Pulse Uniform: Save up to 60% on a selection of discounted apparel
- Sentinel U: Through May 12, you can nominate a nurse to win a one-year subscription for meal kit delivery
- Skechers: Skechers Plus members get 2x points on all Work & Safety shoes through May 12
- Uniform Advantage: Shop their Nurses Week sale for up to 35% off 50+ apparel brands
- Vessi: All healthcare workers can enter to win one of 100 pairs of Everyday Classics shoes. Giveaway starts May 9 at 10AM PT via the link in Vessi's Instagram bio where 50 pairs of Everyday Classics will be given on a first come, first serve basis. The following 50 pairs will be given at random. Ends May 12 at 3PM PT.
- Whataburger T-Shirt: Use code NURSE for 10% off the WhataNurse Tee through May 12, while supplies last
- Wink Scrubs: Enjoy 20% off sitewide plus free shipping on orders \$50+ through May 14

Most places will ask to see your employee ID card to get free offers in person, so be sure to have it handy. You may also need to be a loyalty program member or download an app to access certain offers. When redeeming online offers, many companies use the verification services ID.me or SheerID to validate credentials. These sites will ask you to upload your nursing license and/or proof of employment to validate your status and claim your nurse discounts.


Remember to check out local shops, too. Many neighborhood restaurants and stores offer nurses discounts or freebies locally, which may not be widely publicized. Follow your favorites on social media to be in the know.

Several Major League Baseball teams also recognize nurses with an Appreciation Night, giving nurses special discounts and merchandise. Check with your local team for more information.

- St. Louis Cardinals: Nurses Appreciation Night, May 3 and Nurses Appreciation Day, May 4
- Kansas City Royals: Nurses Night, May 6
- San Diego Padres: Nurse Appreciation Weekend, May 6-7
- Oakland A's: Nominate A Nurse giveaway through May 8
- Philadelphia Phillies: Nurses Night, May 9
- Seattle Mariners: Nurse Appreciation Night, May 9
- Florida Marlins: Nurse Appreciation Night, May 12
- Colorado Rockies: Healthcare Appreciation Homestand, May 12-17
- Boston Red Sox: Nurse Night, May 17
- Chicago Cubs: Healthcare Appreciation day, June 27
- Tampa Rays: Healthcare Appreciation Day, July 8
- Texas Rangers: Healthcare Heroes, July 14
- San Francisco Giants: Nurses Night, August 25
- Chicago White Sox: Nurse Appreciation Night, September 12

*Please note that some offers are redeemable in-store only and may vary by location. Check with each retailer for details. Vivian doesn't sponsor any of these offers or have relationships with the retailers listed.*

Stay updated on all of Vivian's **Nurses Week 2023 events**, free downloads, interviews and more happening May 6 – 12.



**Julie Adams**

Julie Adams heads Vivian's content team and is an experienced writer, SEO strategist and marketing manager. She enjoys knowing that the helpful content we publish makes a difference for our valued HCPs.

Comment (1)



By Kari Block

May 9, 2023 at 9:37 pm

Amazing..thank you soooo much

Reply

Leave a Reply

Your email address will not be published. Required fields are marked \*

Comment \*

Name \*

Email \*

Post Comment >

## Most Popular on Community Hub

### Vivian Newsletter

Sign up to receive updates with healthcare industry trends, travel HCP tips and much more.

Email \*

Sign up >

Hi there,

Want to set yourself apart from everyone else interviewing? Prepare a professional portfolio as your "trig book"! It provides evidence of everything you mentioned during your interview. Some facilities require employees to keep these portfolios as part of the clinical already have one, feel free to use it.

ig, and performance reviews. Sample of any rejects that you were a part of. You can use a fancy leather one. Portfolio is a valuable in your professional career.

Find out more



150 Spear Street, Suite 255  
San Francisco, CA 94105

#### Candidates

- Locations
- Salaries
- Vivian blog
- Sitemap
- Community Sitemap

#### Employers

- For employers
- Healthcare facilities
- Staffing agencies
- Employer blog

#### Company

- About
- FAQ
- Careers
- Contact us
- Media inquiries