

Creativity Is
So Important!
science proves it



The background of the image is a dense field of grey umbrellas, viewed from above. In the center of the frame, a single yellow umbrella stands out prominently. The text is overlaid on the upper right portion of the image.

Why A Creative Leader Rocks!
maybe you're one?



Creating Literally Saves Lives

and here's why . . .



Easy Cardboard Crafts

Boxes Become DIY Creature Art

A person with long brown hair, wearing a blue and white checkered shirt, is painting in a watercolor book. They are using a brush to apply blue paint to a page. On the table in front of them is a green mug, a watercolor palette with various colors, and several brushes. The background is softly blurred, showing more art supplies and a warm, golden light. A large white splash graphic is centered over the text.

Art Therapy

The Ins and Outs



Action Painting Is Exciting

explore this alternative art
experience

The Practice of Positive Habits
has been powerful in my life

NEW
OLD HABITS



Sharpie Tie Dye

Let's Get Into It!

Sensory Bag

it's awesome cool fun



Be Creative!

Even If You're
"Not Creative"





•
Swipe Right! Painting Not Dating!
• let's talk dot art! •

A person wearing a blue baseball cap and a white t-shirt is painting a wall mural. They are holding a paintbrush and applying paint to a dark surface. The background shows a wall with large, abstract, light-colored shapes. A semi-transparent purple rectangle is overlaid on the image, containing the text.

Let's Talk About
painting a wall mural

How to Make Your Own Mason Jar Snow Globes





Summer Art Camp!

trials, tribulations & triumphs!



How to Make A Vision Board that works for YOU!



Space Nebula

In a Bottle



Paper Mache!

super dirty. sticky
& messy!




Process Over Product
I Always Say!



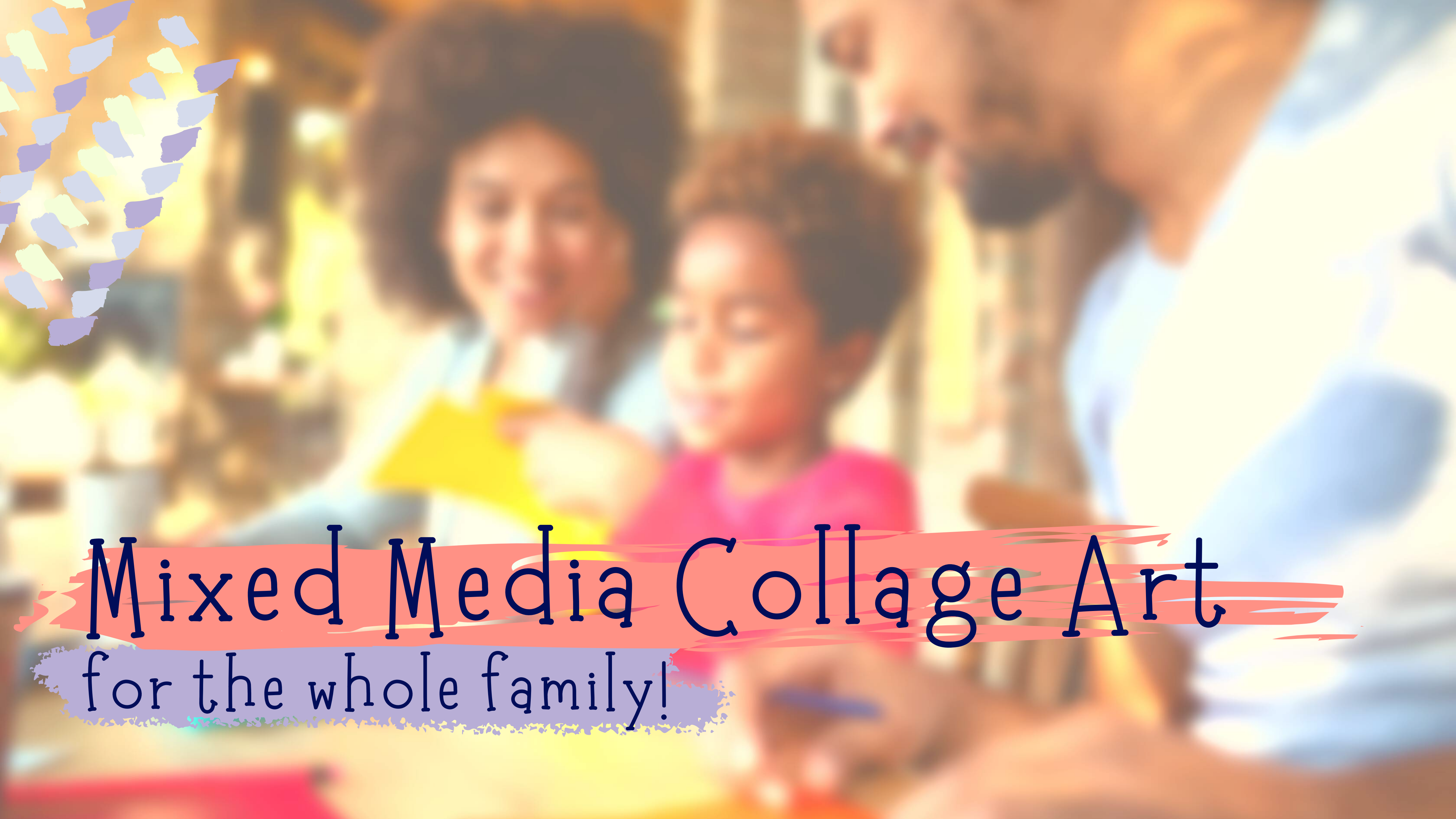
Salt Dough Recipe

basics become a
magical craft



Dutch Pour

Grab the hair dryer!
Wait, what?



Mixed Media Collage Art

for the whole family!

A photograph of a hydroponic lettuce grow system. Several white channels are filled with water, and rows of vibrant green lettuce plants are growing out of them. The lettuce leaves are fresh and have small water droplets on them. The background is slightly blurred, focusing attention on the plants in the foreground.

• Hydroponic Lettuce Grow • Cool Concept & Pure Joy •

A photograph of a person painting a wall. The wall is divided into sections of light blue, off-white, and beige. A paint roller is visible in the upper left, and a paintbrush is visible in the lower left. A semi-transparent blue rectangle with a wavy bottom edge is overlaid on the center of the image.

Painting My House

a comedy of errors



On Meditation! All the Meditation!
It Saved Me!

A woman with red lips is resting her chin on her hand, looking down at a vintage television. The television screen displays a blue and white static noise pattern. The background is a wooden surface.

• White Noise •
• Is My Tiny Miracle! •

A background image for a DIY tutorial. It features a dark wooden surface with various ingredients and tools. In the upper left, there's a small white bowl filled with yellow sugar granules. To its right, a glass jar is partially filled with a thick, yellow, textured substance, likely the lip scrub. In the foreground, a wooden stick holds a dollop of the same yellow scrub. Scattered around are more sugar granules, some green herbs, and a small green flower bud. The overall lighting is warm and soft, creating a cozy, natural aesthetic.

D.I.Y.

Sugar Lip Scrubs

A background image featuring a light-colored wooden surface. In the bottom left corner, there are two skeins of pink yarn. A long, yellow lace strip curves from the top left towards the bottom center. Two small, pink crocheted hearts are positioned on the left side. Two crochet hooks, one red and one teal, are placed near the bottom left. The text "Crochet All Day!" is written in a large, dark blue, serif font, and "I'm Hooked!" is written below it in a smaller, matching font.

Crochet All Day!

I'm Hooked!