

“Sometimes it is *easier to tell the truth* when we imagine speaking to someone who is *listening with open-hearted expectations* as to what they may learn from us.”

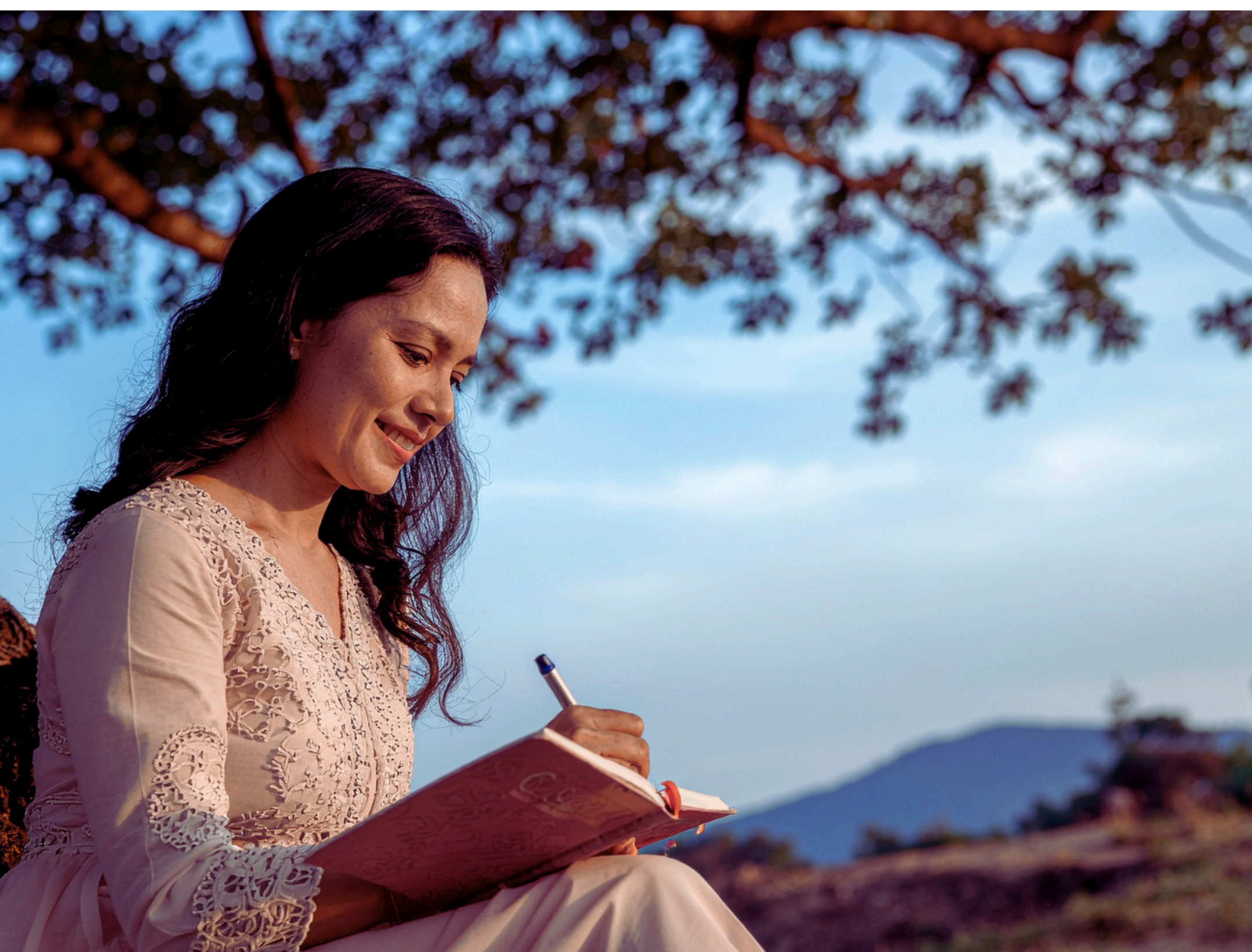
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WRITING PROMPT

WRITE FOR SOMEONE NOT YET BORN!





Your Book Matters Because You Matter

**REMEMBER THAT YOUR VOICE—AND YOUR
LIFE—MATTER.**

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Write your book.

Do it anyway—
even when the
voices of doubt,
fear, and limitation
show up.

Write anyway.

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BOOK DOULAS



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Writing Prompt: Telling Your Story to a Trusted Elder



“What do you
understand about
that moment now
that you *couldn't*
see then?”

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Vulnerability Is the Key to Connection

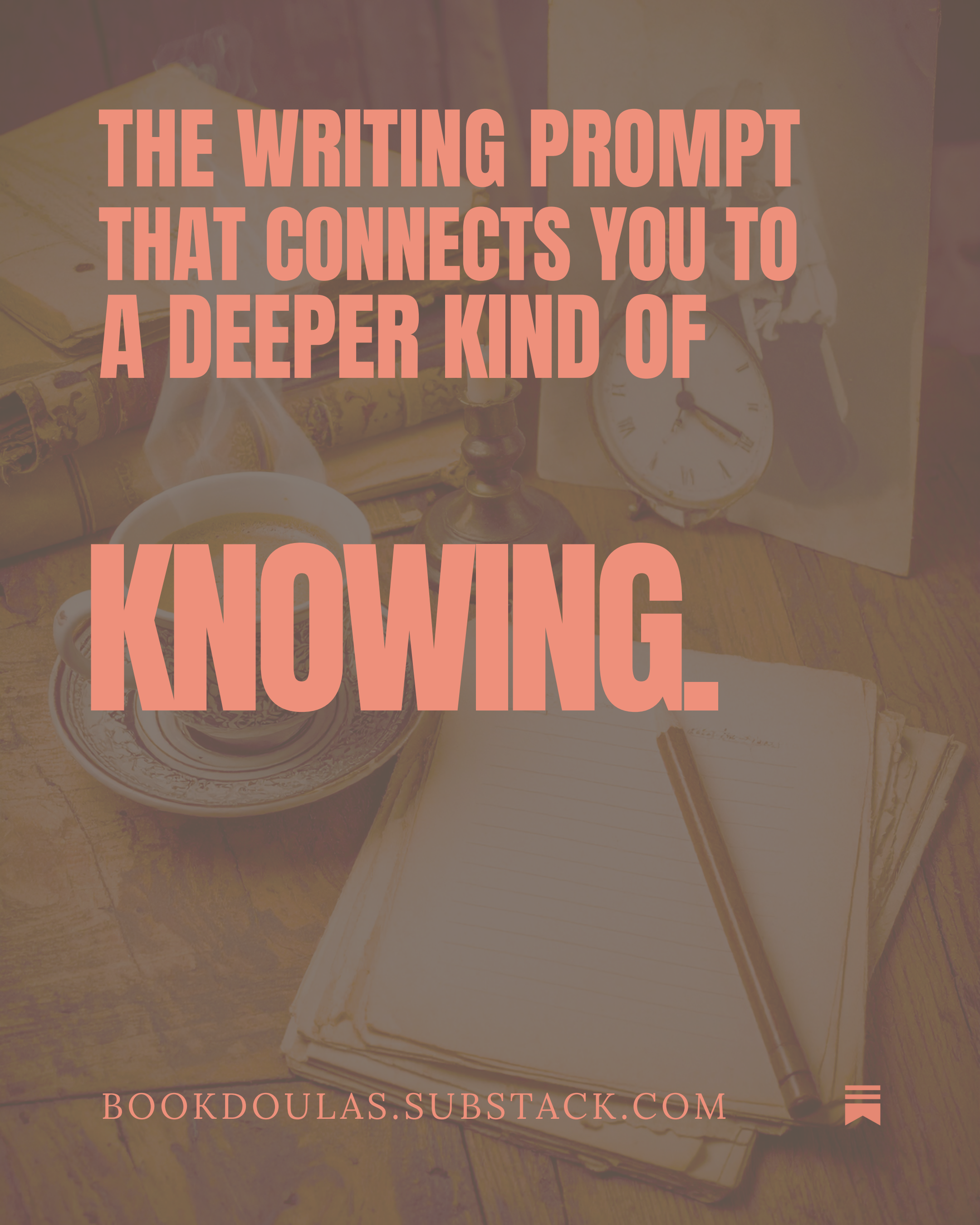
(WHETHER YOU'RE SPEAKING ON
A STAGE OR WRITING A BOOK)

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“And it all begins
with one simple,
courageous act:
**Being willing to
be seen.”**

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A still life composition featuring a cup of coffee, a clock, a candle, and an open notebook on a wooden table. The scene is bathed in warm, golden light, creating a cozy and contemplative atmosphere. The text is overlaid in a bold, orange-red font.

**THE WRITING PROMPT
THAT CONNECTS YOU TO
A DEEPER KIND OF**

KNOWING.

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Today, she is your
writing partner—your
oracle, able to *help you
bring forth your deepest
knowing and truth.*

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Writing Stories That Move Readers Along

HERE'S HOW TO ENGAGE YOUR READER IN
A STORY OF FICTION

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You're not just
sharing what
happened.
*It's how you bring
us into the
experience..*

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BOOK DOULAS



This Is Why Your Story Isn't Landing

(AND WHAT TO DO INSTEAD)

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Stories that move
people don't come
from performance.

*They come from
truth.*

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BOOK DOULAS



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When Your Writing Becomes a Gateway for Others



“I wasn’t writing for
anyone else to read.
**I was simply writing
to survive.”**

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