

Bring about  
physical and  
emotional  
wellbeing

## WORKSHOPS & SEMINARS

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ThetaHealing Intro-Create Your Reality  
Disease and Disorder  
Intuitive Anatomy  
You & Earth  
Soul Mate  
Family Ties Seminar  
You & Your Significant Other  
World Relations  
Rhythm to Your Perfect Weight  
Plant Seminar  
DNA 3-Advanced Theta Students  
ThetaHealing® Dig Deeper for Students

## QUESTIONS?

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I am happy to connect  
anytime and answer your  
questions! Please reach out!

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## The ThetaHealing Technique

a training method for your  
mind, body and spirit!



# A Short History

## DISCOVER THETAHEALING®

The ThetaHealing technique is a world renown healing method that was created by Vianna Stibal in 1995 during her own personal journey back to health and after she healed from a 9-in tumor her leg.

The ThetaHealing technique is a meditation technique and spiritual philosophy - not specific to one religion but accepting them all.



# Technique & Philosophy

## TRAIN MIND, BODY & SPIRIT

It's a training method for mind, body and spirit that allows the clearing of limiting beliefs. Through meditation and prayer, the ThetaHealing Technique creates a positive lifestyle.

## ACHIEVE HARMONY

Our philosophy is to live, train, and coach others to achieve a better life through the pure essence of love. This technique allows us to work with the Creator to help attain harmony in our mind, body and spirit.

# Conventional & Unconditional

## NATURAL INTUITION

The ThetaHealing technique is always taught to be used in conjunction with conventional medicine. It teaches how to put to use one's own natural intuition, relying upon unconditional love.

## PHYSICAL & EMOTIONAL

We believe by changing your brain wave cycle to include the "Theta" state, you can actually watch the Creator Of All That Is create instantaneous physical and emotional wellbeing.

# Seminars

## THETAHEALING® BASIC DNA

The heart of this seminar is the practice of techniques that allow change in life patterns. In ThetaHealing we believe you inherit beliefs and emotions from your ancestors. Introduces the techniques and focuses on activating DNA.

## ADVANCED DNA

Learn to clear old resentments, vows, and commitments that hold you back. Discover healing with the "Baby in the Womb" and "Heal the Broken Soul" exercises. Receive feelings, downloaded from the Instructor that bring profound healing and enlightenment.

## MANIFESTING & ABUNDANCE

The truth is that we are creating our own reality and it is possible to manifest the best that the world has to offer. But you must first decide what it is you want in your life. Do you have a dream of experiencing the life you want? Many have the dreams, but not the reality despite much searching.

## YOU AND YOUR INNER CIRCLE

We are constantly growing and evolving, and during the growth process, it is very important to have a healthy support system and relationship with the people around us. It is only with the right support team that we can move forward in life with confidence.