

**You are a living  
sunrise—radiant,  
evolving, eternal.**



Strength comes not  
from pushing  
harder, but from  
softening into truth.



**Nourish yourself  
first, and you will  
have more than  
enough to give.**



**Let go with love.**  
**What's meant for**  
**you will find you.**



**Your story is  
unfolding perfectly.  
Even when you can't  
see the whole  
picture.**

