

# THANK YOU

We are delighted and honored that you attended this year's symposium.

We would like to give special thanks to **Jill C. Bee** for her support of this event.

Plan to join us again in spring 2020 for another inspiring and empowering Carolyn P. Horchow Women's Health Symposium.

Until then, visit [engage.utsouthwestern.edu/whs-2019](https://engage.utsouthwestern.edu/whs-2019) to view or share pictures and presentation videos from today's event.

Visit [engage.utsouthwestern.edu](https://engage.utsouthwestern.edu) or call 214-648-2344 to learn more about how you can advance the future of medicine, today.

**2019 Carolyn P. Horchow  
Women's Health Symposium**

**EXPLORING THE  
ULTIMATE FRONTIER:  
INSPIRED INSIGHTS  
INTO THE BRAIN**





**CAROLYN P. HORCHOW** was a native of Little Rock, Arkansas, and a longtime Dallas resident who gave generously to charities throughout her life.

A graduate of Connecticut College, she went on to become a co-founder of The Horchow Collection. She founded the annual Women's Health Symposium in 1999 at UT Southwestern with her friend Patricia M. Patterson.

Carolyn served on the Board of Visitors of UT Southwestern University Hospitals & Clinics and on the Honorary Board of the Modern Art Museum of Fort Worth. She was a volunteer for Meals on Wheels and a member of several charitable organizations, including the Charter 100 of Dallas, Crystal Charity Ball, Dallas Women's Foundation, Planned Parenthood of North Texas, Sweetheart Ball, and VNA (formerly Visiting Nurse Association of Texas).

Carolyn will always be remembered for her dignity, thoughtfulness, impeccable taste, and exceptional sense of style.

# EXPLORING THE ULTIMATE FRONTIER: INSPIRED INSIGHTS INTO THE BRAIN

THURSDAY, MARCH 21, 2019

8:30 – 9:00 a.m.

**CONTINENTAL BREAKFAST**

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9:00 – 9:10 a.m.

**CO-CHAIRS' WELCOME**

Peggy Dear and Betty Regard

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9:10 – 9:20 a.m.

**PRESIDENT'S REPORT**

Daniel K. Podolsky, M.D.

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9:20 – 9:25 a.m.

**FACULTY ADVISOR'S REMARKS**

Carol L. Croft, M.D., FACP

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9:25 – 9:50 a.m.

**OLD FOES IN A NEW  
LIGHT: INQUIRIES INTO  
ALZHEIMER'S DISEASE**

Marc Diamond, M.D.

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9:50 – 10:30 a.m.

**PATHFINDERS: ILLUMINATING  
THE LANDSCAPE OF MENTAL HEALTH**

Mary "Molly" Camp, M.D. and  
Andrew Czysz, M.D., Ph.D.

10:30 – 10:40 a.m.

**BREAK**

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10:40 – 11:05 a.m.

**IMMUNOLOGY AND THE BRAIN:  
"ET TU, BRUTE?"**

Benjamin Greenberg, M.D., M.H.S.

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11:05 – 11:30 a.m.

**MEMORY LOSS: WHEN TO WORRY  
AND WHEN TO FORGET ABOUT IT**

Brendan Kelley, M.D., M.S.

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11:30 – 11:55 a.m.

**BRAIN TUMORS: TODAY'S  
RESEARCH, TOMORROW'S HOPE**

Elizabeth Maher, M.D., Ph.D.

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11:55 a.m. – Noon

**CO-CHAIRS' CLOSING REMARKS**

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Noon – 1:00 p.m.

**LUNCH WITH FACULTY**



Sisters Peggy Dear  
and Betty Regard

## CO-CHAIRS

# PEGGY DEAR AND BETTY REGARD

**PEGGY DEAR** graduated from The Hockaday School and earned a bachelor's degree in Spanish from Stanford University. Since the sisters' father died, she has managed the oil and gas interests for the family and received an MBA from Southern Methodist University.

She has been a dedicated supporter of UT Southwestern Medical Center for more than a decade serving as a member of UT Southwestern's President's Advisory Board and Student Life Committee, President's Research Council, and Circle of Friends. Peggy is also a member of the Dallas Nature Conservancy Advisory Board and the North Texas Public Broadcasting, Inc. Board of Directors.

Her service to her community includes past board memberships at The Hockaday School and VNA. Peggy also helped plan A Tasteful Place, a 3.5-acre vegetable and herb garden and most recent addition to the Dallas Arboretum and Botanical Garden.

**BETTY REGARD** is a graduate of The Hockaday School and Southern Methodist University. After receiving a Master of Arts in Counseling Education from the University of North Texas, she worked as a part-time counselor for The Family Place. She has served on the boards of The Hockaday School, The Dallas Institute of Humanities and Culture, Chiapas International, The Family Place Endowment Board, and Texas Women's Foundation (formerly Dallas Women's Foundation), where she co-chaired their first capital campaign.

Internationally, Betty has long-term connections with Women for Women International and the Global Fund for Women, starting a local/global initiative with the Global Fund and Dallas Women's Foundation. She has received the Maura Women Helping Women Award and the Dallas Historical Society Award for community service in philanthropy.

Betty has close relationships in France, where her late husband grew up. She has two daughters and six grandchildren.



**CAROL PODOLSKY, M.D.**

Dr. Carol Podolsky's clinical expertise includes adolescent medicine, childhood immunization, and school-based health care delivery. She joined the faculty of UT Southwestern's Department of Pediatrics in 2009 and served as the Medical Director of Texas Pediatric Access to Subspecialists (Texas PASS), an innovative telephone consultation and referral network for children served by Medicaid. She currently serves on the Advisory Board of the Ronald McDonald House of Dallas and as an Emeritus Trustee of the Foundation for the Callier Center for Communication Disorders. She is also a Dallas Court Appointed Special Advocate (Dallas CASA), as well as a member of the DISD School Health Committee. Dr. Podolsky sits on the Advisory Council of the American Heart Association's Go Red for Women. She is an officer of the Harvard Club of Dallas and a member of The Charter 100 of Dallas. Prior to moving to Texas in 2008, Dr. Podolsky was the lead physician for a large school district in the Boston metropolitan area. She earned her medical degree at Harvard Medical School and completed her residency in pediatrics and a fellowship in adolescent medicine at Boston Children's Hospital.



**CAROL L. CROFT, M.D., FACP**

Dr. Carol L. Croft is Associate Vice President and Hospital Quality Officer at UT Southwestern University Hospitals, Professor of Internal Medicine, and holds the Baldrige Family Professorship in Internal Medicine and Preventive Care. Dr. Croft is a general internist who has practiced at UT Southwestern since 1994. She received her medical degree at the University of Pennsylvania School of Medicine and residency training here, at UT Southwestern, where she served as Chief Resident. Her interests include patient safety, quality of care, and the role of the teaching hospital in medical education. In addition to her clinical practice, she works closely with multidisciplinary teams on numerous patient safety and performance improvement projects in the University Hospitals.



**DANIEL K. PODOLSKY, M.D.**

Dr. Daniel K. Podolsky has served as President of UT Southwestern Medical Center since September 2008. During his tenure, he has endeavored to ensure the institution sustains and builds on the foundation of scientific excellence for which it has been known worldwide, promotes innovation in its approaches to educational and training programs, and remains committed to transformation in its health care enterprise, all in an effort to deliver on the UTSW mission: *Promoting health and a healthy society that enables achievement of full human potential.*

Internationally renowned for his contributions to the understanding of intestinal inflammatory diseases, Dr. Podolsky was previously associated with Harvard Medical School and Massachusetts General Hospital, including 20 years of service as Chief of Gastroenterology, and later as Chief Academic Officer of Partners HealthCare. Dr. Podolsky is an elected member of the National Academy of Medicine and a former President of the American Gastroenterological Association, from which he received the 2009 Julius Friedenwald Medal for Distinguished Service for his lifelong contributions to the field of gastroenterology. Dr. Podolsky is also a Professor in the Department of Internal Medicine and is the holder of the Philip O'Bryan Montgomery Jr., M.D., Distinguished Presidential Chair in Academic Administration and the Doris and Bryan Wildenthal Distinguished Chair in Medical Science. Dr. Podolsky earned his undergraduate degree from Harvard College and medical degree from Harvard Medical School.



**MARC DIAMOND, M.D.**

Dr. Marc Diamond is the Founding Director of the Center for Alzheimer's and Neurodegenerative Diseases and Professor of Neurology and Neurotherapeutics at UT Southwestern, where he holds the Distinguished Chair in Basic Brain Injury and Repair.

He completed medical school, internship, residency, and chief residency in neurology at the University of California, San Francisco (UCSF). After a postdoctoral fellowship, he was a faculty member in the Neurology Department at UCSF from 2002-2009. From 2009-2014, he was the David Clayson Professor of Neurology at Washington University in St. Louis, followed by his recruitment to UT Southwestern.

The multidisciplinary group of investigators at the Center for Alzheimer's and Neurodegenerative Diseases are working towards the day when neurodegeneration can be detected presymptomatically and stopped before it causes disability. Dr. Diamond's research focuses on molecular mechanisms of neurodegeneration in Alzheimer's disease and related disorders, with the goal of developing new therapies and diagnostic tools. His team's breakthrough research on the tau protein, which causes dementia in Alzheimer's, has opened the door for a new wave of clinical trials to prevent the progression of dementia. He co-invented an anti-tau therapy that is in Phase II trials for Alzheimer's, and has already helped researchers better understand new ways to target disease.



**MARY “MOLLY” CAMP, M.D.**

Dr. Mary “Molly” Camp is Assistant Professor of Psychiatry at UT Southwestern; Director of the Neurocognitive and Geriatric Psychiatry Program in the UTSW Psychiatry Outpatient Clinic; and Associate Program Director of the combined Psychiatry and Neurology Residency Program.

She is a physician who specializes in geriatric psychiatry, which deals with the prevention, evaluation, diagnosis, and treatment of mental and emotional disorders that may occur in older adults, and improvement of psychiatric care for healthy and ill elderly patients. Dr. Camp treats patients with conditions such as Alzheimer’s disease, dementia, depression, and anxiety that may be associated with aging to help them maintain or improve their quality of life.

Dr. Camp earned her medical degree at the University of Texas Health Science Center at Houston; completed residency training in general psychiatry at Baylor College of Medicine and UTSW; and completed a fellowship in geriatric psychiatry at UTSW. She joined the UTSW faculty in 2012.

A shortage of geriatricians is leading to a major public health concern, and as the population ages, the demand for geriatric psychiatry services increases. Dr. Camp is committed to educating and inspiring the next generation of geriatricians, serving on the teaching and training committee for the American Association for Geriatric Psychiatry and the fellowship award committee and workshop selection committee for the Association for Academic Psychiatry. She received an Early Career Development Award from the Association for Academic Psychiatry and an Outstanding Clinical Educator Award from the UT Southwestern Academy of Teachers.



**ANDREW CZYSZ, M.D., PH.D.**

Dr. Andrew Czysz is a resident in psychiatry on the research track at UT Southwestern Medical Center, where he splits his time between patient care and participation in groundbreaking mental health research. His research interests include biomarkers for depression; the relationship between metabolic disease and depression; treatment resistant depression; and neuromodulation in depression.

In 2015, he earned both his medical degree and Ph.D. in neuroscience through the Medical Scientist Training Program at the University of Illinois at Chicago. He will receive a graduate certificate in translational medicine in 2019 from UTSW, and will then join the faculty at UTSW, splitting his time between the Center for Depression Research and Clinical Care and the outpatient psychiatry clinic.

During his residency, he has received several awards and honors, including the National Institute of Mental Health’s Outstanding Resident Award; the UTSW Department of Psychiatry’s Outstanding Resident Contribution to Medical Student Education; the American Psychiatric Association’s Research Colloquium For Junior Investigators Award; the Society for Biologic Psychiatry’s Chair’s Choice Travel Award; and the American Society of Clinical Psychopharmacology’s ASCP Clinical Trials Workshop Travel Award.

At UTSW, Dr. Czysz has participated as a sub-investigator, co-investigator, or rater in five clinical trial projects in the areas of depression, bipolar disorder, and suicide. He has co-authored seven original articles with a focus on understanding mechanisms of antidepressant efficacy and personalized medicine in depression.



**BENJAMIN GREENBERG, M.D., M.H.S.**

Dr. Benjamin Greenberg is Vice Chair, Translational Research and Strategic Initiatives; Associate Professor, Neurology & Neurotherapeutics, Pediatrics; Director, Neurosciences Translational Research Center; Interim Director, Multiple Sclerosis Center; and Director, Transverse Myelitis and Neuromyelitis Optica Program at UT Southwestern. He is an internationally recognized expert in treating adults and children with autoimmune disorders of the central nervous system. He leads one of only two dedicated programs in the country that provides care for patients with transverse myelitis, a rare and debilitating disorder that can cause permanent paralysis.

After earning his medical degree from Baylor College of Medicine, Dr. Greenberg completed an internal medicine internship at Rush-Presbyterian-St. Luke's Medical Center, followed by a residency in neurology at Johns Hopkins School of Medicine. He also earned an M.H.S. in molecular microbiology and immunology at the Bloomberg School of Public Health. Prior to his recruitment to UTSW in 2009, Dr. Greenberg was on the faculty of the Johns Hopkins Division of Neuroimmunology, serving as the Director of the Encephalitis Center and Co-Director of the Transverse Myelitis Center.

His research focuses on better ways to diagnose, treat, and track the progression of demyelinating diseases and nervous system infections. He also coordinates clinical trials to evaluate new treatments to prevent neurologic damage and restore function to affected patients. Dr. Greenberg has led the development of an improved biorepository for scientific investigation which has resulted in the discovery of new biomarkers that may be key to better diagnosis of different neurologic disorders.



**BRENDAN KELLEY, M.D., M.S.**

Dr. Brendan Kelley is Associate Professor and Vice Chair for Clinical Operations in Neurology & Neurotherapeutics at UT Southwestern. He oversees the delivery of innovative, effective, and patient-centered neurology clinical services across hospital and clinic sites in collaboration with the Peter O'Donnell Jr. Brain Institute's clinical departments. Prior to coming to UTSW in 2017, he served a similar role at The Ohio State University.

He earned his medical degree at The Ohio State University College of Medicine; completed both an internship in internal medicine and residency in neurology at the Cleveland Clinic Foundation; and completed fellowships in behavioral neurology and multiple sclerosis at Mayo Clinic College of Medicine and Science. He also completed a master's degree in business administration at The Ohio State University.

Dr. Kelley's education and training have been multifaceted with clinical training in neurology and fellowship specialization in both behavioral neurology and multiple sclerosis. His research interests are in the fields of cognitive and memory disorders, and he has served as principal investigator and as co-investigator on numerous large multicenter research studies. Despite the anticipated surge of patients with Alzheimer's in the next 20 years, Dr. Kelley remains optimistic that scientists will develop drugs that can slow the neurodegenerative process. Clinical trials are critical to medical progress, and his vision is to create a true cognitive and memory disorders research enterprise that offers the option of clinical trial participation to every patient who is seen in the O'Donnell Brain Institute clinic.



**ELIZABETH MAHER, M.D., PH.D.**

Dr. Elizabeth Maher is Professor of Internal Medicine and Neurology & Neurotherapeutics, and Director of Translational Research in the Neuro-Oncology Program at UT Southwestern. She is a physician-scientist specializing in malignant brain tumors.

After earning her medical degree and Ph.D. in physiology at McGill University in Montreal, Dr. Maher completed an internship and residency in internal medicine at The University of Toronto Hospital in Toronto, Canada, followed by a medical oncology fellowship at Dana-Farber Cancer Institute, Harvard Medical School. She obtained subspecialty clinical training in neuro-oncology and post-doctoral research training in brain tumor genetics and biology, also at Dana-Farber Cancer Institute.

Dr. Maher joined the faculty at Harvard Medical School in 2001, serving as a neuro-oncologist at Dana-Farber Cancer Institute for six years prior to joining the UTSW faculty in 2006.

Driving innovative methods for studying cancer metabolism in patients undergoing surgery or routine imaging, Dr. Maher and her colleagues have identified critical mechanisms that are at the core of how brain cancer grows and spreads in the brain. Probing these pathways and seeking new therapies is at the heart of Dr. Maher's research and the progress that she continues to bring to patient care.

## EVENT LEADERSHIP

### CO-CHAIRS

Peggy Dear  
Betty Regard

### PHYSICIAN ADVISOR

Carol Podolsky, M.D.

### FACULTY ADVISOR

Carol L. Croft, M.D., FACP

### PAST CHAIRS

Ruth Altshuler  
Marissa R. Anchia  
Trudy Best  
Harriet Burrow  
Betsy Cullum  
Margaret Anne Cullum  
Sissy Cullum  
Leslie W. el-Effendi  
Ginny W. Eulich  
Regen Fearon  
Beverly Ginsburg  
Patty Huffines  
Sydney Huffines  
Debra Hunter-Johnson  
Elizabeth Karahan  
Margot R. Keyes  
Chandler Lindsley  
Chandler Lindsley, DVM  
Ruth Lindsley  
Melissa Macatee  
Nancy Cain Marcus  
Gloria Eulich Martindale  
Patricia M. Patterson  
Margot Perot  
Nancy Perot  
Nelda Cain Pickens  
Letty Ramirez  
Carolyn Rathjen  
Lizzie Routman  
Capera Ryan  
Debbie Ryan  
Nancy Shutt  
Nicole Small  
Diana Strauss  
Barbara Stuart  
Marnie Wildenthal

## FACULTY

### DANIEL K. PODOLSKY, M.D.

President, UT Southwestern Medical Center  
Doris and Bryan Wildenthal Distinguished  
Chair in Medical Science  
Philip O'Bryan Montgomery Jr., M.D.  
Distinguished Presidential Chair in  
Academic Administration  
Professor, Internal Medicine

### CAROL L. CROFT, M.D., FACP

Professor, Internal Medicine  
Baldridge Family Professorship in Internal  
Medicine and Preventive Care

### MARC DIAMOND, M.D.

Professor, Neuroscience  
Neurology & Neurotherapeutics  
Director, Center for Alzheimer's and  
Neurodegenerative Diseases  
Distinguished Chair in Basic Brain  
Injury and Repair

### MARY "MOLLY" CAMP, M.D.

Assistant Professor, Psychiatry

### ANDREW CZYSZ, M.D., PH.D.

Fourth Year Resident, Psychiatry

### BENJAMIN GREENBERG, M.D., M.H.S.

Associate Professor, Neurology and  
Neurotherapeutics | Pediatrics  
Distinguished Teaching Professor  
Cain Denius Scholar in Mobility Disorders

### BRENDAN KELLEY, M.D., M.S.

Associate Professor and Vice Chair  
for Clinical Operations, Neurology  
and Neurotherapeutics

### ELIZABETH MAHER, M.D., PH.D.

Professor, Neurology and  
Neurotherapeutics | Internal Medicine  
Theodore H. Strauss Professorship  
in Neuro-Oncology