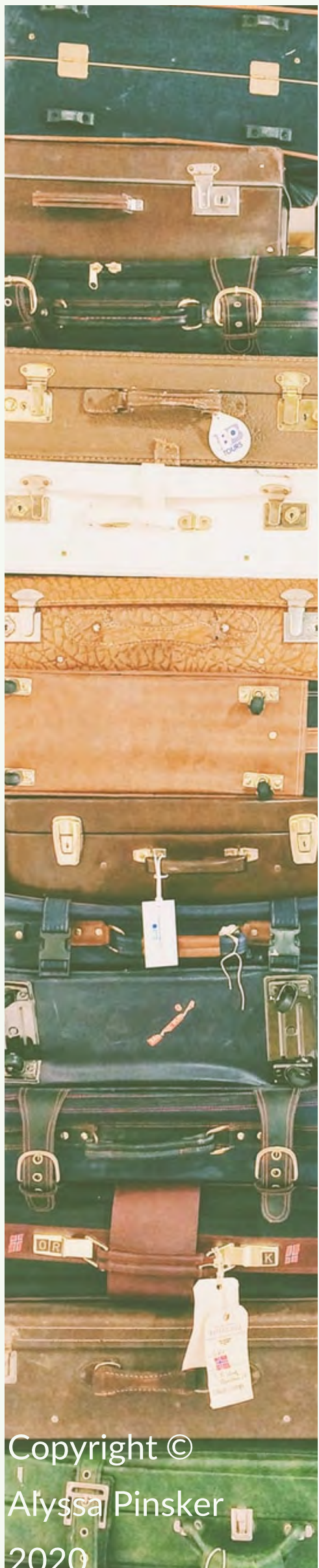


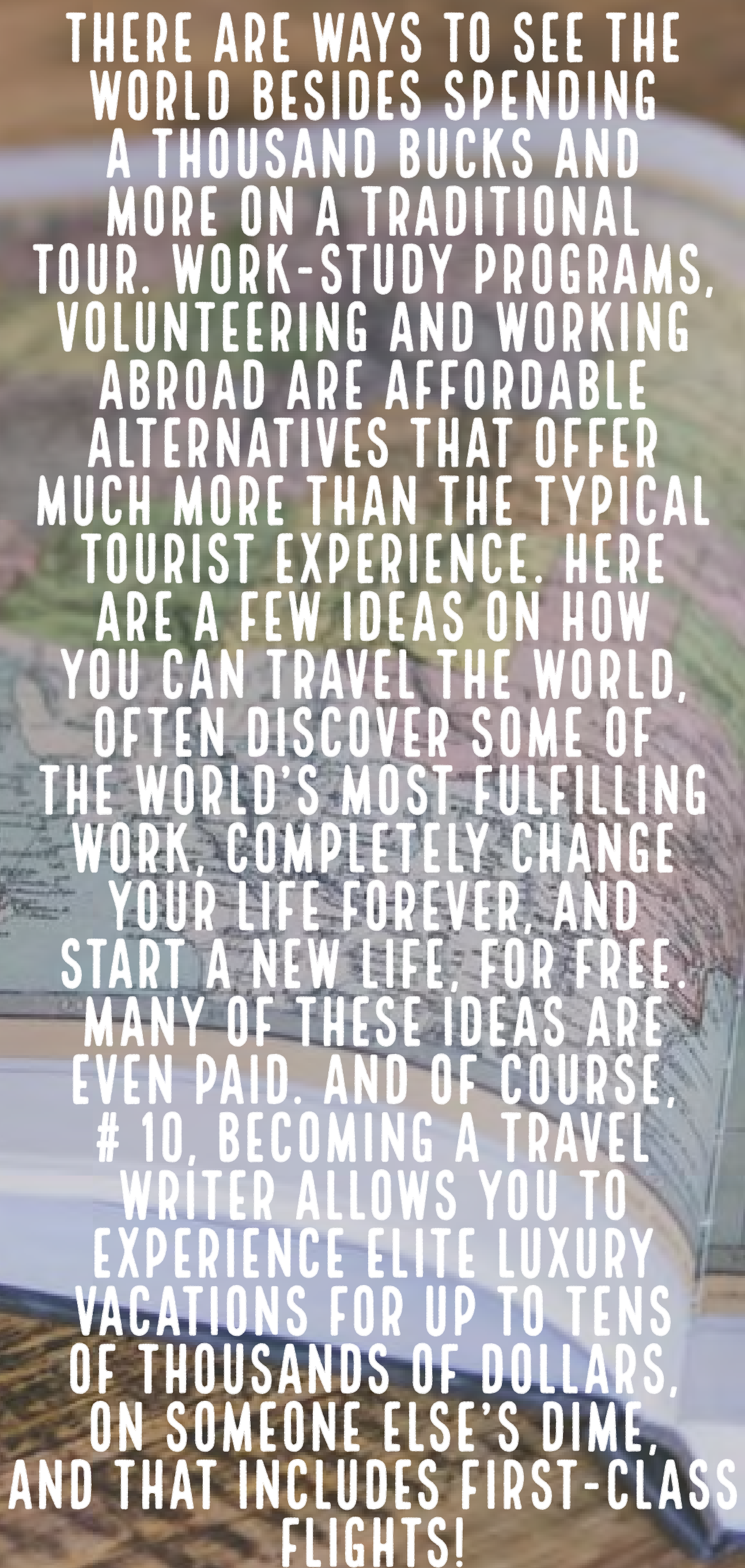


10 Ways to
Travel the
World for
Free by Alyssa
Pinsker



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GIRL GONE GLOBAL®

A hand holding a pen over a world map. The map is open and shows various continents and countries. The hand is positioned over the map, and the pen is held in a way that suggests writing or pointing. The background is a blurred image of the map and the hand.

THERE ARE WAYS TO SEE THE WORLD BESIDES SPENDING A THOUSAND BUCKS AND MORE ON A TRADITIONAL TOUR. WORK-STUDY PROGRAMS, VOLUNTEERING AND WORKING ABROAD ARE AFFORDABLE ALTERNATIVES THAT OFFER MUCH MORE THAN THE TYPICAL TOURIST EXPERIENCE. HERE ARE A FEW IDEAS ON HOW YOU CAN TRAVEL THE WORLD, OFTEN DISCOVER SOME OF THE WORLD'S MOST FULFILLING WORK, COMPLETELY CHANGE YOUR LIFE FOREVER, AND START A NEW LIFE, FOR FREE. MANY OF THESE IDEAS ARE EVEN PAID. AND OF COURSE, # 10, BECOMING A TRAVEL WRITER ALLOWS YOU TO EXPERIENCE ELITE LUXURY VACATIONS FOR UP TO TENS OF THOUSANDS OF DOLLARS, ON SOMEONE ELSE'S DIME, AND THAT INCLUDES FIRST-CLASS FLIGHTS!

#1

Working

Holiday

Visa

If you are around 18-30 years old, working holiday visas are the easiest way to go global, especially if you don't have enough cash or are worried about paying bills once abroad. The Working Holiday (that's British for vacation) Visas for US Citizens are currently in five countries: Singapore, New Zealand, Australia, Korea and Ireland. Look for a 12-month J1 Visa Exchange Visitor Program at the United State's Government Website and click on the country you are interested in. If you are 18-30, have childcare experience and are willing to care for children abroad many families offer Au Pair positions where nannies are paid to travel to a country. This often comes with free room and board and the chance to live a more authentic experience in a foreign country. Get started by setting up a free profile through www.aupairworld.com and find your perfect host family in any country you want.



#2

Resort, Guest Services, Food & Hospitality

**Why not work at a spa?
Or a luxury kitchen?
Or an amazing ranch.
American and International
resorts are always in
need of hospitality,
food and/or guest
services workers at
places like resort, retreat
center, inn, learning
center, lodge, hotel,
conference center, ski
resort or at a State or
National Park. Backdoor
Jobs, <http://www.backdoorjobs.com>,
has a listing for all of
these gigs!**



#3

Become a Yogi

Some spiritual and religious retreats such as karma yoga ashrams, offer room, board, and free yoga classes to visitors if they contribute a certain amount of hours of communal work. Places to practice include Ananda Ashram in upstate New York, Sivananda Yoga Centers which are all over the world from Kerala, India, upstate New York, Northern California and the Bahamas. The Isha Foundation ashram is also worldwide, so is Integral Yoga and their famous lotus shaped ashram in Yogaville, Virginia, and Siddhayatan is a spiritual retreat solely in Texas. Becoming a full-time yogi can make even manual labor fun: reminding you to just chop wood and carry water.



#4

Practice

Spirituality

Similar spiritual retreats offer accommodations, vegetarian meals, some guided and some self-study Buddhist classes, perhaps a small monthly living allowance, reduced retreat fees or a free stay. Usually it's a work-study program in exchange for volunteering a certain amount of hours as staff in the kitchen, laundry, office, or garden. Ratna Ling in Sonoma County, California is one example non-profit, all volunteer staffed retreat center for education, healing and pan-spirituality in everyday life. Shambhala, a buddhist organization has retreat centers located in the Rocky Mountains, Vermont, France, Canada, New York, Mexico and more and also offers yoga and wellness, and meditation and mindfulness retreats. KTD in upstate New York is a Tibetan Buddhist Monastery (monasteries of all sorts are a great place to stay worldwide from Italy to Singapore) near Woodstock that Richard Gere frequents, as is the Zen Monastery. Simple monasteries and spiritual retreats, not luxury vacation ones, are where you can find free or reduced rate stays all over the world.



#5

Farm Your Way

Around the

World

Be a farmer and travel to dozens of countries by volunteering to work on an organic farm. The World Wide Organization of Organic Farmers (WWOOF) aims to help farmers around the world make organic produce a viable alternative, as well as teach ordinary citizens about organic farming (www.wwoof.org). The great thing about farm work abroad is that it doesn't require previous experience, you'll likely get food and housing with most programs, and there are opportunities to do it for a good cause. You can get involved in organic farming abroad, ranching abroad, cheese-making abroad... you name it. Farming abroad is hard work, but the work you'll be doing really makes a difference in people's lives. You can volunteer, intern, or snag an actual paying job.

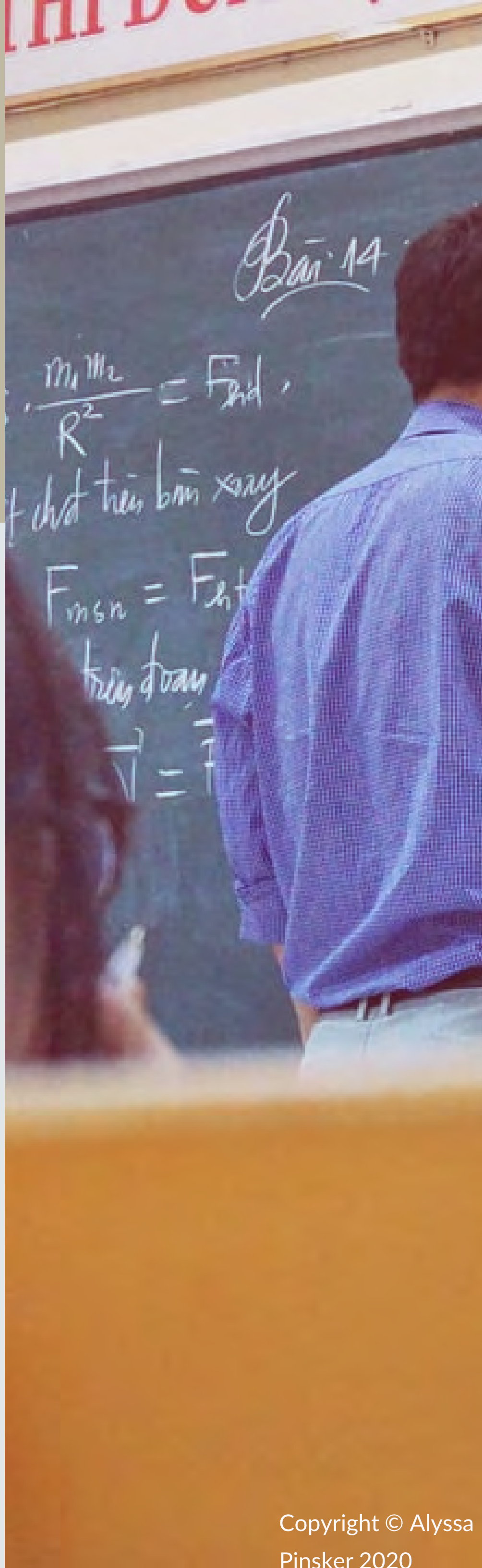


#6

Teach

Abroad

Be a teacher and teach English around the world. The governments of France and Japan sponsor room, board, flights and salaries to teach English in government schools with just a B.A. for 6 months to a year or more. The American Embassy sponsors fellows and specialists in TESOL to teach abroad in places like Ukraine and Morocco. Fulbright Fellowships are another option with just a B.A.. Countries in the Middle East and Asia are the best if you're looking for higher paid positions that will support your travels without hurting your savings. Sign up for Search Associates, tieonline.com, if you have a solid teaching degree or places like Dave's ESL Cafe for more casual teach-abroad work. Can't choose just one country? Travel the entire world through Peace Boat which launches from Japan, where you can visit as many as 20 different countries on a three-month global voyage centered on experiential learning and intercultural communication.



#7

Get Religious

Birthright Israel offers Jewish men and women 18 to 32 a free, 10-day educational trip to the Holy Land (birthrightisrael.com). Israel also has volunteer programs offering free airfare, from one-week stays in the north to a month-long visit at a kibbutz. Go to kibbutzprogramcenter.org and livnot.org. There is also a Christian Birthright that offers similar trips currently at \$800 but many churches offer mission trips and cheap ways to help out the international community while furthering your faith. Mosques also have pilgrimages to Mecca and similarly funded projects abroad. Reach out to your local religious organization and find out what opportunities they may offer.



#8

Adventure

Jobs

Have you ever considered being a ski bum, kayak guide, crewman on a cruise ship, sailing instructor, horseback-riding guide, zipline guide, scuba diving instructor, trekking guide, or outdoor educational tour leader? Following an adventurous lifestyle can lead you all around the world and allow you to get paid while you do it. Options include educational backpacking trips across the United States, Scuba Diving certifications in the Great Barrier Reef, and Ziplining guides in Costa Rica.



#9

**Get Really Good with
Credit Card Frequent Flyer
Points**

It's as simple as signing up for your Airline of choice's credit card or Chase Sapphire Card which lets you choose your airline, accumulating points every time you buy so you can start to fly for free, if you upgrade your cards such as with the American Airlines Executive Aadvantage perks include Lounge Access and elite qualifying miles that let you bump up to First Class when there is an opening.



#10

Travel Writing

Travel magazines such as Matador, Travel+Leisure, and Lonely Planet allow writers to travel to exotic destinations and write about it. This comes with the perk of a comped stay, free flights, free gourmet meals, and luxury travel experiences and excursions. However, it often requires contacts and pitching skills to start working your way in the field. Need help gaining tips and tricks on how to break into the field? Alyssa Pinsker is an expert travel writer, who has reviewed everywhere from Dubai's 7-star hotels to the Solomon Islands remote beaches to Australia's finest vineyards and India's swankiest Ayurvedic retreats. She has done the JET program in Japan, birthright in Israel, work-study in the Ananda ashram, Sivananda in Kerala, KTD upstate New York, Hawaii and much more. She is featured as one of the top 15 travel writers in the world in Roy Stevensen's Rockstar Travel Writers. She has coached many clients on how to be published in top magazines, receive press trips, and coaches on the formulas for travel writing and pitching. She also collaboratively ghostwrites for select clients. Contact Alyssa and reserve a free consultation and learn how to get paid to write and travel the world: calendly.com/girlgoneglobal. You can also contact her at info@alyssapinsker.com and check out her work and travels at www.instagram.com/girlgoneglobal, https://twitter.com/Girl_GoneGlobal



TESTIMONIALS

“Alyssa taught me a great deal about working in travel writing. Under her guidance, I have been published in Matador Network, Dorsia, and Coldnoon International Journal of Travel Writing. She will teach you the ins and outs of travel writing, which is helpful when trying to break into the business!” -Sarah O., Los Angeles; Matador Network, Dorsia and Coldnoon International Journal of Travel Writing.

“Alyssa assisted me with getting published in two top tier magazines from start to finish. I placed both of my stories in Matador Network and Lonely Planet. Her help was invaluable! I will definitely be recommending her to all of my colleagues. I’m an experienced writer but Alyssa has the contacts and know-how on how and where to publish stories and get them in print. She’s an excellent teacher as well. Thank you again!” -Ann N., San Diego, CA; Awareness Magazine, Lonely Planet, Matador, and more

“Alyssa was an absolute joy to work with! She went above and beyond to help me perfect my piece. She deeply cared about making sure I understood all her line edits while offering valuable writing tips. Her dedication and unwavering belief in the power of my story encouraged me to pitch and ultimately land a spot in my dream publication.” -B.F., Los Angeles, CA; L.A. Times and more.

“I’d never pitched as a freelancer before, and was nervous and overwhelmed on how to do so. Alyssa worked with me step-by-step through the process – such a valuable set of lessons! Really glad I was able to work with her and would recommend to anyone who has lots of ideas but isn’t sure how to get them out into the world.” -J.J., New York, NY; Grok Nation, Atlas Obscura, and more.