

MAKE SURE YOU SEE AN EXPERT

Jasmine Mohadjer, MD
Eye Institute of West
Florida in Largo



You wouldn't bring your sports car to a small motor repair shop for a tune up so why allow someone who is not a medical specialist handle your cosmetic procedures? Yet, people do it all the time.

Jasmine Mohadjer, MD, is a fellowship-trained, board-certified ophthalmologist specializing in cosmetic and reconstructive oculofacial plastic surgery with the Eye Institute of West Florida in Largo. As an oculoplastic surgeon she specializes in eye, socket and eyelid surgery, and, as such, is keenly aware of the anatomy of the eye.

In her practice, she handles both surgical and nonsurgical facial rejuvenation, which includes upper and lower blepharoplasty and aesthetic services such as Botox® and facial fillers.

Dr. Mohadjer says, "People think of (elective cosmetic practices) as something that can be done in a kiosk in the mall but these are true medical procedures. Life changing complications can occur. When something goes wrong, I can (A) recognize it and (B) deal with it immediately."

She frequently sees patients who went to an undertrained clinician or to a doctor who did not specialize in eyelid surgery.

At its most benign, these new clients complain of past filler injections turning out "lumpy, bumpy." However, she warns that even simple fillers used to smooth fine lines around eyes can cause severe long-term problems if they are incorrectly injected, she says.

In more serious cases, she must perform revision eyelid surgery.

Blepharoplasty or eyelid reconstruction is sensitive surgery requiring a delicate, informed approach. There are medical, anatomical, and aesthetic considerations in removing extra skin and fat above and below the eyes. If too much skin is removed, the patient can have trouble closing an eye. Incorrectly placed incisions can result in unusual or unnatural scarring. A misunderstanding of eyelid symmetry and design can result in man's eye becoming feminized, for example, or in an outer eye ending up too rounded and circular.

That level of expertise is why her practice is booming. Not only does Dr. Mohadjer enjoy the satisfaction of helping her patients' look and feel better immediately, but also she is able to ensure the work is done correctly.

There are literally dozens of ways to stay beautiful in today's medical marketplace. Just take the time to make sure that the person tuning up your look has the right credentials for the job and the results will be more than worth the research. ●



Caption