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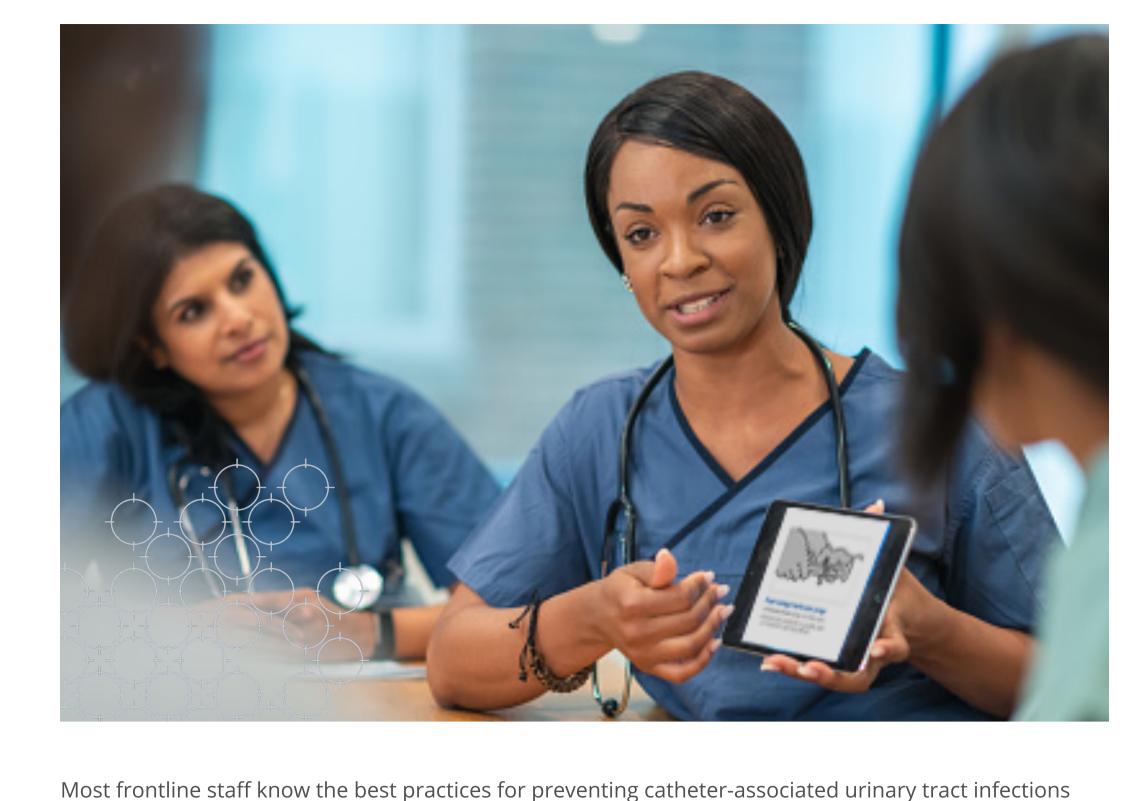
Infection Prevention

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What's your CAUTI prevention plan? Engaging unit champions could be your answer



(CAUTI). But it's not always easy to put theory into practice. Here's the problem: many clinicians are practicing with limited access to resources, different skill levels

and ingrained clinical habits that can keep them from following best practices consistently. In a hectic, understaffed hospital unit with many patients, they can struggle to do everything that's critical to keeping patients safe. The result is discouraging: CAUTIs continue to be one of most common hospital acquired infections

(HAIs), equaling more than 15% of all HAIs reported by hospitals. They lead to more than \$400 million in annual costs to healthcare systems and about 9,000 patient deaths.^{2,3}

9,000 patient deaths are caused by CAUTIs every year.

means engaging unit-based based champion clinicians and giving them the resources to lead prevention efforts across different hospital units can be key to better outcomes. How frontline champions can help lead CAUTI

Christine Ninchich, MSN, RN, Medline Clinical Resource Manager, Acute Care explains that "bedside"

nurses are passionate and are continuously trying to improve practices and do the right thing." This

prevention You can be more successful at reducing these CAUTI rates if you provide clinicians with the "opportunity to make changes and be heard within their unit and their hospital," Ninchich explains.

They should be passionate about inspiring fellow frontline staff to follow consistent best-practices for CAUTI prevention: reducing the overuse of indwelling urinary catheters (IUCs), minimizing their duration

It's all about creating a culture of safety by building a prevention team that includes the right champions.

of use and following aseptic technique.



on keeping everyone on task." - **Kerry Bach, BSN, RN**, Medline Clinical Resource Manager, Acute Care.

"You need a champion in every unit who's going to focus

units with the On the CUSP: Stop CAUTI project, these units saw an average decrease in CAUTI rates of 16%. Another study of five medical units that followed the CUSP model in their CAUTI prevention plan showed an 88 percent reduction in these infections across the hospital. That's substantially less strain on

And evidence shows that this model works. When the Comprehensive Unit-based Safety Program (CUSP)

from the Agency for Healthcare Research and Quality (AHRQ) was applied to to more than 900 hospital

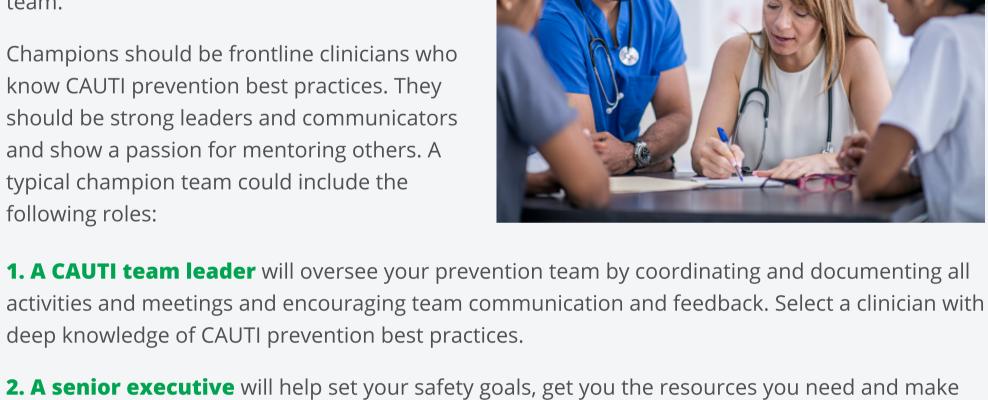
clinicians, patients and your hospital.

Our Urological Solution for CAUTI prevention includes the new CAUTI-Prevention Champion Team Playbook, which guides you on how to

So how do you build a unit-based champion team?

select the right champions in your prevention team. Champions should be frontline clinicians who know CAUTI prevention best practices. They

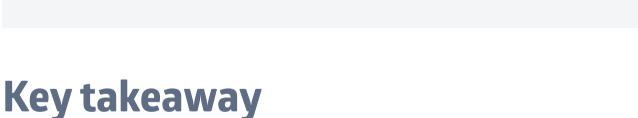
and show a passion for mentoring others. A typical champion team could include the following roles: deep knowledge of CAUTI prevention best practices.

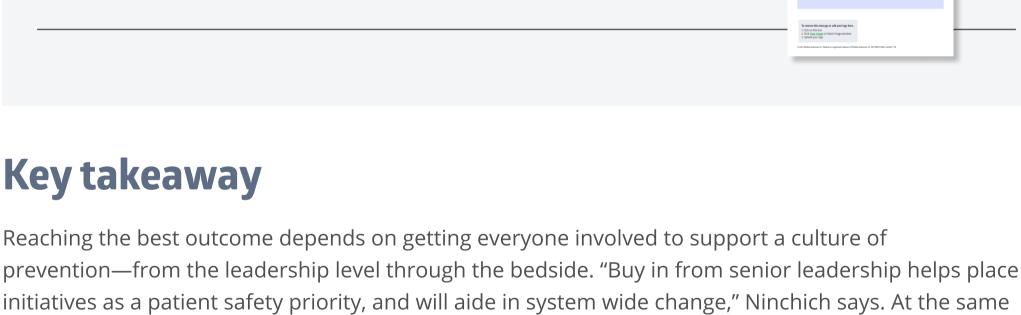


- sure that your prevention efforts are a priority at the hospital. **3. A champion nurse** with bedside knowledge of urinary catheter insertion and maintenance will encourage teamwork and communication and can act as a coach to fellow unit nurses on the best
- practices for CAUTI prevention. **4. A CAUTI manager** works with other team members to help your frontline staff participate in prevention efforts and understand the right policies and procedures. This includes developing

staff education like train-the-trainer presentations, bulletin boards, activities, courses and other

- learning tools. **5. An infection preventionist** helps the team design strategies to improve current prevention practices by studying data on IUC use and identifying the root cause of infection events. This can begin with a discovery assessment to find any existing gaps in practice that could be leading to
- Click here to download a template sample from the **CAUTI-Prevention Champion Team**

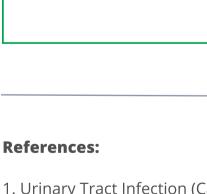




Explore these additional resources to help your champions lead CAUTI prevention in every unit:

time, "you've got to get the bedside nurses involved," Bach says. You also need to pair them with the

training and resources they need to help drive consistent best practices in every unit.



CAUTI.

prevention.

the right system of products from Medline's Urological Solution.

Discover champion education and training from Medline University.

Learn about CAUTI prevention best practices, education and training and

Sign up for a discovery assessment to help you identify gaps in your CAUTI

1. Urinary Tract Infection (Catheter-Associated Urinary Tract Infection (CAUTI) and Non-Catheter-Associated Urinary Tract Infection (UTI) and Other Urinary System Infection (USI) Events. Centers for Disease Control and Prevention website. Available at: http://www.cdc.gov/nhsn/PDFs/pscManual/7pscCAUTIcurrent.pdf. Accessed August 21, 2015.

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5. Hospital Wide Results of Catheter Associated Urinary Tract Infection with Multiple Comprehensive Unit-based Safety Programs Lori K.

2. R3 Report: Catheter-Associated Urinary Tract Infections, Oakbrook Terrace, IL: The Joint Commission; 2011. Available at:

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http://www.jointcommission.org/assets/1/18/R3_Report_Issue_2_9_22_11_final.pdf. Accessed August 21, 2015.