

Power Tower

prosourcefit.com/collections/strength-and-weight-training/products/power-tower



Enhance your upper body and core workouts with the all-in-one ProsourceFit Power Tower. The multi-functional design provides a pull-up bar, dip station, push-up bars, adjustable dip handles, adjustable back bar and cushioned backrest with 7 levels in increments of 2 ¾. This steel frame offers endless exercises like pull-ups, tricep dips, and push-ups to strengthen and tone your arms, chest, back and core!

OVERVIEW

Perform your favorite upper-body workouts right from home with the ProsourceFit Power Tower. Power Tower combines the function of a pull-up bar, dip stand, and push-up bars to hit all the muscle groups in your upper-body and core workouts. Find comfort during exercises with the 1.5-inch thick foam cushions located on both arm rests and back rest. Easily adjust the height of the pull-up bar and dip station to fit every athlete of every height. The heavy-duty steel frame is built to last and holds up to 330 pounds. Perfect for your home gym, basement or garage for a killer home workout!

- All-in-one tool for pull-ups, dips, push-ups and more!
- Targets upper-body and core muscle groups
- Adjustable height for pull-up bar and dip station up to 90 inches
- 1.5-inch thick foam cushions on arm and back rests

- Perfect for home gyms, basements or garages
- Heavy-duty steel frame; 330 pound weight capacity