

Amazon.com : ProsourceFit Fit Competition Color Training Bumper Plates, Rubber with Steel Insert, 25lb, Calibrated for CrossFit, Power Lifting, Weight Training : Sports & Outdoors

[amazon.com/ProSource-ps-1260-ctbp-25-Pair-Color-Training-Bumper/dp/B071YFVC79](https://www.amazon.com/ProSource-ps-1260-ctbp-25-Pair-Color-Training-Bumper/dp/B071YFVC79)



Get ready for competitions with IWF standard plates! ProsourceFit Color Training Bumper Plates are marked & colored according to IWF regulations. Each plate has a zinc steel insert coated with durable rubber. Drop & slam these plates without damaging your floors or plates. All plates have a low bounce with a durometer of 88 (+/-5) so they won't jump around when you drop them. The narrow width of each plate lets you fit more plates on your barbell so you can lift as much weight as you can fit!



IWF STANDARD

Train like the pros with these plates colored and marked to IWF Olympic standards. The colorful plates are 450mm in diameter and covered with rubber on both sides. There's no need to purchase new weights for competition training with these IWF standard plates.

CALIBRATED WEIGHT

Each plate is calibrated within 15 grams of the target weight. The zinc steel insert is coated in durable rubber on both sides. Choose between 25 lb, 35 lb, 45 lb, 55 lb plates to fit your weight workouts and training.

HOME TRAINING

Elevate your home gym with these IWF standard color-coded weight plates. The thick rubber coating makes these plates capable to withstand intense workouts and drops. Train indoors or outdoors with these durable plates.