



BALANCE TRAINER

\$89.99

Bid farewell to those hard-to-reach problem areas with a single piece of exercise equipment. Whether you're just embarking on your fitness journey or you're an advanced gym-goer, the ProSourceFit Balance

Trainer provides a full body workout from top to toe. It's lightweight and portable design gives you the freedom to use it from the comfort of well... anywhere! It features a sturdy, non-slip half balance ball with detachable resistance bands to give your workouts that extra kick. Use it platform side up or down. This multi-use product allows you to strengthen your body with versatility and ease.

Not only will you be able to strengthen and tone up your entire body, balance training has been shown to improve joint stability, posture, coordination and internal focus. Looking better is just the beginning. You'll *feel* better too. It's a low-impact, safe workout that'll build your stabilizer muscles and minimize the chance of injuries. Tone up your core, legs, glutes, arms, and your mood! A noticeable difference in muscle definition and mental clarity is only a few clicks away.

Add this powerhouse tool to your home or office!

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Black

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ADD TO CART

Features:

- Heavy duty burst-resistant PVC and rubber can hold up to 330 pounds
- Textured pattern for non-slip grip
- Includes two attachable 15 to 20 pound resistance bands
- Air pump included
- Available in Blue, Grey and Black.

Specs:

- **Measurements:** 24"L x 24"W x 10"H

- **Weight:** 15.1 lb
- **Resistance Band Material:** Latex tubes, EVA foam handles
- **Balance Trainer Material:** PVC, ABS Plastic, Rubber
- **Care:** Store in a cool, dry place away from moisture, heat, and direct sunlight.
To clean, wipe with a damp washcloth and mild detergent.

See our user manual below to find out the ways you can use the ProSourceFit Balance Trainer.

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