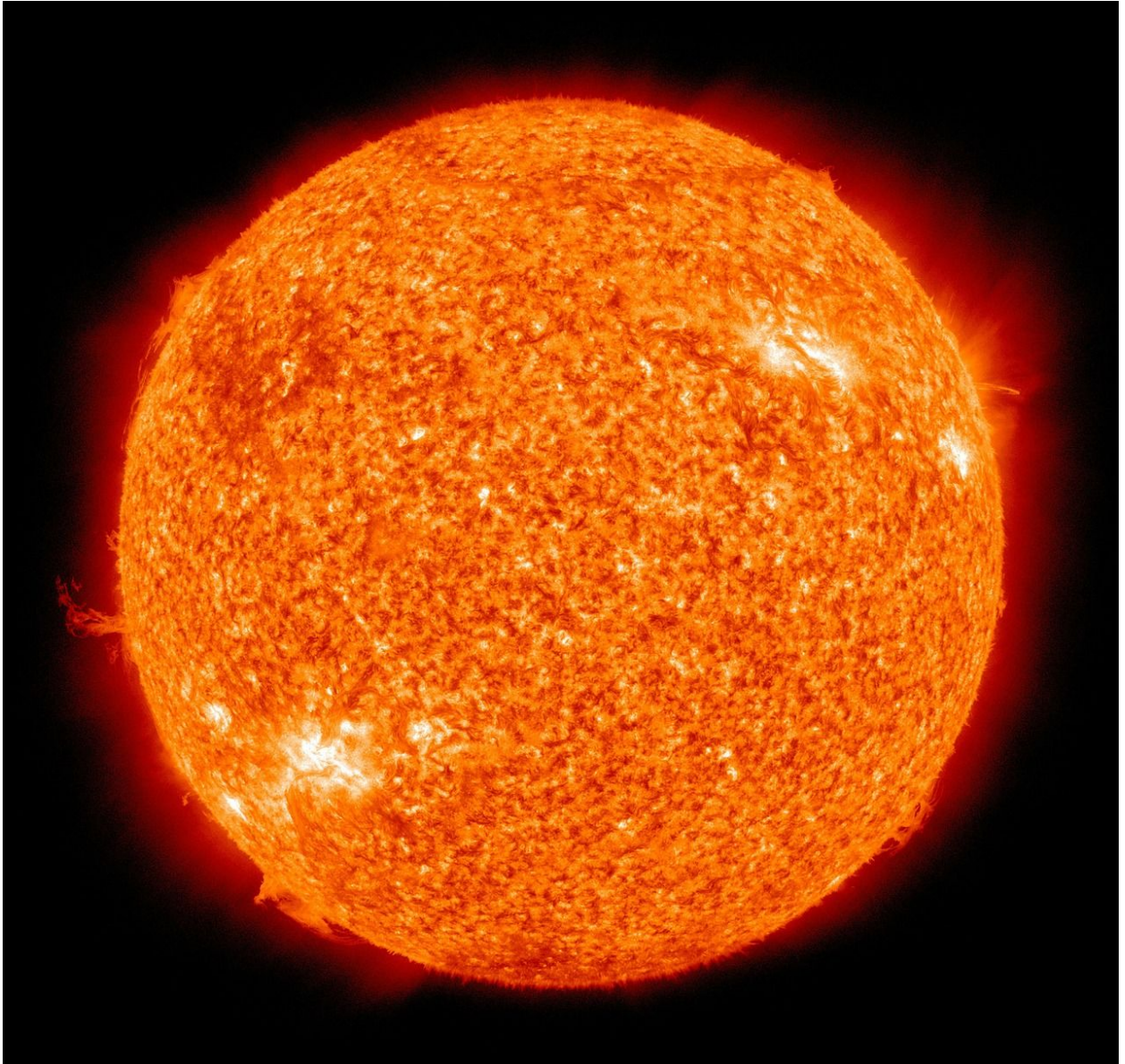


# The Sun in Astrology



*The Sun transits once a month per sign. The Sun takes a 365-day solar orbit through the zodiac*

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**The Basics**

The giver of life. The Sun is our most prized showpiece. Almost all ancient megalithic structures were designed to track the sun's retrograde movement across the horizon, marking the 4 seasons and traditional Equinox and Solstice celebrations. Solar winds from the Sun deliver magnetically charged gasses that sustain and alter life as we know it. The Sun is solely responsible for the phenomenon known as Aurora Borealis, the climate, ocean currents, and human growth cycles. In astrological terms, the Sun denotes pure beauty, pride, health, heart, and overall vitality. The Sun also controls the ego and your self-esteem. The Sun may be the bringer of life but, like the sign it represents "Leo", has a spicy side that is a bit unpredictable. Solar flares emit electromagnetic energy that has the power to wipe out entire planets. One would ponder that is the reason so many ancient civilizations had to start over. The Sun controls the 5th House which represents recreation romance and creativity. In Leo, the Sun has fire elements and fixed qualities.

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### **Meditation**



- **Tuning Pitch Hz**
  - 449.80
- **Audible Frequency**
  - 126.22
- **Audible Tone**

- B
- **Octave Number**
  - -14
- **Color**
  - Gold
- **Body Part**
  - Spine and Heart
- **Sephirot**
  - Tiphareth

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### Characteristics and History



*The Temple of Apollo in Greece is one of thousands of ancient sites constructed for Solar Deities*

The Sun is the most celebrated, worshipped, idolized and feared object in the sky. The Sun is the father, where the Moon is the mother. Ancients relied upon the sages, shaman, and priests who operated out of temples to convey the hidden meanings of the power of the Sun rays. Many mysteries exist but from what we know early neolithic humans devised the concept of the solar boat, which was later expanded upon by the Egyptians. Sun Deities include Ra, Horus, Osiris from Egypt, Shamash from Mesopotamia, In Vedic Surya, and In Greece Helios or Apollo. To the mark, the rebirth of the Sun or the Winter Solstice the Roman festival of Sol Invictus was held every year on Dec 25th to mark the unconquered or undying sun. Astro-theology plays an integral role in understanding how the Sun relates to religion. Strong Sun placement can result in unbreakable will power, a self-controlled ego, high-end achievement and ultimate everlasting glory. The secret teachings hint at the Sun's energies being essential for the transmutation of the soul and kundalini retention. The Sun is represented astrologically by Leo. It is exalted in Aries and its detriment is in Aquarius and falls in Libra. The Sun emits two cosmic gifts, light and heat, one should ponder how to receive such generous offers sent from above....

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### **Things to Ponder**

*Are you using the Sun's light for ego-driven personal gain or to grow happiness. Meditate on how you can control your ego. Ask yourself. I'm boasting right now? Have I been considerate towards the less fortunate?*

*The Sun is eternal Glory. We all have dreams and all children of the Sun. Focusing on the Sun's frequencies and magnetic waves can put you in the right frame of mind to dream big and more importantly take action.*

*What makes you happy? It's usually the small things. Making time for watching Sunrise and Sunset can be an incredibly grounding experience. Mimic the Sun, set a routine to get yourself out a rut or use the energy to sprinkle gold dust on a venture, hope or wish.*

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### **Want to show the world you love the Sun?**

Love your sign and want to fill your home with representations of your astrological self? We've built a beautiful poster that incorporates all the information you just read through and more, check it out!