

# CAMP FOSTER RED CROSS

## THE AMERICAN RED CROSS



## *Red Cross celebrates Youth Preparedness Week!*

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January 20-24 is **Youth Preparedness Week**. Disasters and emergencies can strike any time, anywhere. That's why the Red Cross encourages all households to become '**Red Cross ready**' to weather a crisis. Children and young adults play an important role in family and community preparedness.



American  
Red Cross

MCB, Butler  
Okinawa, Japan

# Emergency Preparedness for Kids

When youth are empowered with training and information about preparedness, they help their families and friends become better prepared for an emergency or disaster. During Youth Preparedness Week, the American Red Cross is urging children and young adults to take a preparedness action and share their knowledge with others. In conjunction with the MLK Day of Service, Red Cross youth and young adult volunteers canvassed neighborhoods in their communities with fire safety and preparedness information. Incorporating children in your preparedness activities is easy and fun. Celebrate Youth Preparedness Week and help your family become better prepared by completing these simple tasks:

**Request a Youth Preparedness Training:** **Contact your local Red Cross chapter** to learn what youth preparedness trainings and activities are available in your area. Some of the Red Cross' youth trainings include The Pillowcase Project and Masters of Disaster.

**Learn about Emergencies and Hazards:** Youth can learn about earthquakes, floods, fires, hurricanes, tornadoes, and other natural and manmade disasters, as well as how to prepare for them, by visiting the Red Cross' website

**Build or Update a Disaster Kit:** Engage children in building or updating your family's disaster kit. Review the Red Cross' recommendations for food and water supplies, and learn what items should be in your kit. Don't forget "comfort items", books, photos of loved ones, board games, favorite stuffed animals to help your children cope post-disaster.

**Download American Red Cross Preparedness Apps:** Free preparedness apps – **Earthquake, Hurricane, Tornado, Wildfire, and First Aid** — are filled with information and tips to help you prepare for an emergency. You can complete a disaster plan and e-mail to loved ones. All preparedness apps are available on the Apple iTunes or Google Play stores.



**For more information, visit our website here  
or call DSN 645-3800.**

# Upcoming Events & Courses

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**Team Oki Donation Drive:** January 4 I 1300-1600.

**Earth Day Event Planning:** January 7 I 0930.

**OSPR 5k - Fast & Furry at Risner Fitness**

**Center:** Saturday January 11 0800-1200.

**DAT meeting:** January 17 1200-1300.

**CPR/FIRST AID/AED class:** January 17 I 0800-1500.

**AFN radio appearance:** January 22 I 0900-1000.

We look forward to seeing you there!

## Recurring Events...

**Every Wednesday**

**Newcomers Welcome Aboard: 0800-0900**

**Kids Yoga: 0900-0945**

**Every Thursday**

**New Volunteer Orientation: 1145-1230**



# VOLUNTEER IN THE SPOTLIGHT

## Aida Denisse Prybylski

Hello! My name is Aida Denisse Prybylski. I am married to Lieutenant Prybylski (Medical Service Corps). We have three daughters: Delilah, Christina, and Deborah.

In September 2017, we moved to Sasebo, Japan. While stationed in Sasebo, Japan, I started volunteering at the American Red Cross. I volunteered at the Immunization Medical Clinic Branch in Sasebo. That's when I found how rewarding volunteering can be.

When my family and I moved to Okinawa, Japan in July of 2019, I transferred to MCB Butler American Red Cross. Through them, I started volunteering as a Nurse Liaison for the US Naval Hospital. One of my duties at the hospital is to train and assist new volunteers.

In addition to volunteering through the American Red Cross, I am also a Substitute Teacher/Avid Tutor for DoDEA Pacific schools. Through them, I have also substituted for the school nurse. I love volunteering and will continue to do so for a long time!



Thank you for all that you do!



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Okinawa, Japan

# Happy Birthday

## DECEMBER BIRTHDAYS

Sarah Beth-Alvarez  
Masayo Bamm  
Shea Barnes  
Gabrielle Bement  
Christie Bucao  
Joseph Cavitt  
Tiffany Clements  
Jacob Czepiel  
Tania Estrada  
Halinta Gonzalez  
Alexander Kolb  
Jeremy Kossbiel  
Janelle Layug  
Flor Matthews  
Stacy Montgomery  
Alexander Moore  
Courtney Palensky

Aida Prybylski  
Charmayne Richardson  
Jasbleidy Sanchez  
La Sempell  
Riley Slack

# TO YOU!

## JANUARY BIRTHDAYS

Jamila Bazmjow  
Marquila Black  
Yobania Burgos-Ramirez  
Stephanie Carbonell  
Alexandrine Joy Casem  
Morgan King  
Lucille Lumahan  
Cristina Marshall-Payano  
Gleny Martinez  
Brenda  
Mejia Garcia  
Maria  
Melendez  
Jessica  
Miller  
Maggie O'Quin  
Heather Potter  
Darica Slaughter  
Melanie Varon Golden  
Tiffany Wilson

### Contact

Phone: 098-970-3800

E-mail: [mcbbutler@redcross.org](mailto:mcbbutler@redcross.org)

Location: Camp Foster bldg. 5674 (behind gas station)

Hours: M-F 0730-1630

