

GET IT ON TIME

Hello Kathryn,

My name is Paul and I've had Parkinson's for 9 years. Recently, I had an awful experience when I was admitted to my local hospital.

It was bad from the outset. Even though I needed my medication for 12 noon, staff told me I wasn't meant to have it until 1pm.

When I finally got my medication I couldn't say a word. Not getting my medication literally left me without a voice.

From here, it only got worse – all my other medication was late as well. Because of the delay, I was left with uncontrollable tremors. I couldn't do anything for myself. My friends and family were shocked by how much I'd deteriorated.



"Hospitals should help not harm"

Staff training

The next time I went into hospital the treatment was so much better. The staff there had completed the Get It On Time training, showing how implementing this for all staff would help fix the problem.

Please [email your local hospital](#), encouraging them to make Parkinson's UK's training video mandatory for hospital staff. Together, we can make sure what happened to me doesn't happen again to anyone. We can improve care for people living with Parkinson's

Email your hospital

Thank you,

Paul

Parkinson's UK's Campaign Volunteer

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