



Register online
or find out more:

parkinsons.org.uk/pedalstirling2020
020 7932 1356
events@parkinsons.org.uk

Event partner:



We are Parkinson's UK.
Powered by people.
Funded by you.
Improving life for everyone
affected by Parkinson's.
Together we'll find
a cure.

Parkinson's UK
215 Vauxhall Bridge Road
London SW1V 1EJ

To find out more about our events
020 7963 9312
events@parkinsons.org.uk
parkinsons.org.uk/fundraise

For general information and support
Free confidential helpline 0808 800 0303
hello@parkinsons.org.uk
parkinsons.org.uk

Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom.
A charity registered in England and Wales (258197) and in Scotland (SC037554). © Parkinson's UK 12/19 (CS3476)

PEDAL FOR PARKINSON'S STIRLING

25, 50 or 100 miles
Stirling High School
Sunday 23 August 2020



PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Join us

Keep the wheels turning on our vital work in Scotland with this epic challenge. Whether it's your first organised ride or you're a seasoned pro, our choice of 25, 50 or 100 miles means there's a route to challenge everyone – with the added bonus of fantastic scenery along the way!

Throughout the course are regular rest stops. There is a more substantial lunch stop for 100 mile participants.

What's included?

Pre event

- * Kit list
- * Training guide
- * Fundraising and training support

On the day

- * Chip timing
- * A medal for all finishers
- * Fully signed course with checkpoints and toilets at regular intervals
- * First aid and mechanical support on the course
- * Refreshments at feed stations and at the finish

Just to add...

You need to be physically fit to complete the challenge but it is achievable in the time limit.

Anyone over the age of 16 can take part. If you're under 18, you will need to be accompanied by an adult.

Electric bikes are allowed on all routes.

Support us

All money raised from this event helps us to continue funding our vital work in Scotland.

To continue our vital work improving the lives of people living with Parkinson's, we encourage riders to raise £100 in sponsorship.

Registration and sponsorship

Route	Registration fee
100 miles	£50
50 miles	£40
25 miles	£25

