Nurse to be honored for life-saving effort

Dubuquer Katie Gudenkauf will be recognized as a 'Citizen Hero' at halftime of the Iowa-Nebraska football game on Friday.

BY ERIK HOGSTROM

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Katie Gudenkauf was chatting with friends and family during an indoor soccer game in March at Clarke University when a shout for help got their attention.

had collapsed," Gudenkauf said.

Her actions, along with those of some friends, helped save the life of Jake Tebbe, 39, of Asbury, Iowa.

'I think about how lucky I really am," Tebbe said Wednesday. "It had to line up the way it did, or it would be a completely different story."

Gudenkauf, 26, of Dubuque, will be honored during halftime of the Hy-Vee Heroes Game between the Iowa Hawkeyes and Nebraska Cornhuskers in Lincoln on Friday, Nov. 29. She has been named a "Citizen Hero"

"Someone yelled that (a player) by the American Red Cross for her pen like this. There isn't a situation life-saving efforts.

"There were a lot of people involved (in the life-saving measures)," Tebbe said. "For her to represent all of them is awesome. She is a great person and totally deserving."

Gudenkauf said she doesn't consider herself a hero.

"It's hard to think of it like that," she said. "I'm a family nurse practitioner, and they train you for things that hap-

where I wouldn't go help someone."

Gudenkauf and Tebbe are both Clarke graduates. She is a nurse practitioner at Grant Regional Community Clinics in Lancaster and Potosi, Wis. He is the band director at Mazzuchelli Catholic Middle School in Dubuque.

In a video produced by Clarke, Tebbe describes his experiences at KATIE GUDENKAUF the soccer game on March 3.

"There's an indoor soccer league,

See RECOGNITION, PAGE 2A



in their own words Video of Katie Gudenkauf, Jake Tebbe, TelegraphHerald.com



EILEEN MESLAR • Telegraph Herald

Stuffing yourselfie

Brooke Peyton takes a selfie with her daughter, third grader Natalie Peyton, during the Galena Primary School's

Thanksgiving feast that was held Wednesday in Galena, Ill. Story, photo: Page 3A

Program encourages amputees to offer support to others who have lost limbs

UnityPoint Health-Finley Hospital in Dubuque will launch the program late this year or early in 2020.

BY BEN JACOBSON

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Marianne Fiedler had beaten the cancer — a rare sarcoma that sank its talons into the bones in her leg — but the damage had been done.

Injuries to her radiation-damaged right leg wouldn't heal properly, and the pain was intense. When her weakened tibia finally snapped, her options were presented in stark terms by her doctor.

"We've got three options," she recalled being told. "We can wait and see what happens, but you've had healing issues. We could put a rod in, but again, you've had healing issues. Or we can amputate."

For the Asbury, Iowa, woman, amputation was the only realistic way forward. But while plenty of rehabilitation and physical therapy options were available to help her body recover, her efforts to find emotional support were less successful.

Now, Fiedler hopes to be there for others in the way that she had hoped someone would have been there for her. In December, she will undergo

See AMPUTEES, PAGE 2A



DAVE KETTERING • Telegraph Herald Cancer survivor Marianne Fiedler, a teacher at Fulton Elementary School in Dubuque, will

train to serve as a mentor for other amputees.

Births 12A Horoscope 12C Obituaries 12A Business 10A Illinois 9A Puzzles 2-3D Calendar.......4D Images.....1E Record......12A Classifieds.1-13C Iowa.....9A Television......3D Comics......2-3D Nation/world...... Weather......11A Current 1D 6-8A, 13A, 2E, 4-7E Wisconsin...... 9A

Wisconsinites show views largely rigid on impeachment 9A



Deere to offer buyouts

Company reports increase in net sales but expects 'slowing construction activity'

BY DUSTIN KASS

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Deere & Co.'s recently completed fiscal year contained positive and negative economic news, but officials expect this year to be increasingly challenging, particularly for the division that includes John Deere Dubuque Works.

Officials also said Wednesday that the company tends to launch a "broader voluntary separation program" — or buyouts — "for eligible salaried employees."

The company's fiscal year ended Nov. 3.

Deere reported net sales of \$9.9 billion in the fourth quarter, which represented a 5% increase over the same period in the previous fiscal year. The company recorded income John May of \$722 million in the quarter — an

8% decrease compared to the prior year. "John Deere's performance reflected contin-

ued uncertainties in the agricultural sector," said CEO John May in a press release. "Lingering trade tensions coupled with a year of difficult growing and harvesting conditions have caused many farmers to become cautious about making major investments in new equipment."

For the fiscal year, net sales were up 5% over prior year to \$39.3 billion, while net income was up a whopping 37% to \$3.25 billion.

The company's construction and forestry division, which includes the Dubuque plant,

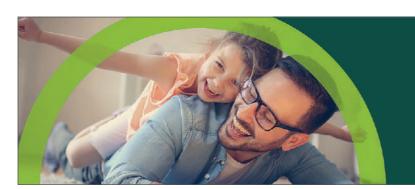
See DEERE, PAGE 2A

Deere & Co. net sales

A look at companywide net sales (in billions) and those in the Construction & Forestry division, and change from fiscal 2018 to fiscal 2019:

4th Qtr. Change Year Change Deere & Co. \$9.9 5% \$39.3 5%Constr. & For.....\$2.98% \$11.2 10% Source: Deere & Co.

more online See the Deere & Co. earnings report, TelegraphHerald.com



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Today is Thursday, Nov. 28, the 332nd day of 2019. There are 33 days left in the year.

ON THIS DATE

• In 1520, Portuguese navigator Ferdinand Magellan reached the Pacific Ocean after passing through the South American strait that now bears his name.

• In 1861, the Confederate Congress admitted Missouri as the 12th state of the Confederacy after Missouri's disputed secession from the Union

• In 1942, fire engulfed the Cocoanut Grove nightclub in Boston, killing 492 people in the deadliest nightclub blaze ever. (The cause of the rapidly-spreading fire, which began in the basement, is in dispute.)

 In 1964, the U.S launched the space probe Mariner 4 toward Mars, which it flew past in July 1965, sending back pictures of the red planet.

The Associated Press

lotteries

IOWA

WEDNESDAY EARLY

Pick 3-Midday: 3-7-2 Pick 4-Midday: 3-0-0-3

TUESDAY EVENING

Pick 3-Evening: 0-7-9 **Pick 4-Evening:** 7-8-2-2

ILLINOIS

WEDNESDAY EARLY **Pick 3-Midday:** 4-3-9 **Pick 4-Midday:** 1-5-7-1 **Lucky Day Lotto-Midday:** 6-10-27-28-43

TUESDAY EVENING

Pick 3-Evening: 3-0-5 **Pick 4-Evening:** 5-8-1-0 **Lucky Day Lotto-Evening:** 5-13-22-42-44

WISCONSIN

WEDNESDAY EARLY **Daily Pick 3:** 3-3-9 **Daily Pick 4:** 5-0-3-2

TUESDAY EVENING

All or Nothing: 3-4-5-7-10-11-12-13-16-20-22 **Badger 5:** 6-12-17-21-26 Supercash: 10-11-16-26-30-31 Doubler: N

MEGA MILLIONS 8-27-29-38-43 Mega Ball: 13

Megaplier: 2 Jackpot: \$226 million

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Actor Lin-Manuel Miranda encourages shopping small

NEW YORK — With the holiday shopping season upon us, actor and "Hamilton" creator Lin-Manuel Mi-

randa is encouraging people to take part in Small Business Saturday, an effort to shop at local, independent stores on the Saturday after Thanksgiving

Growing up in the neighbor-

hood of Washington Heights, the award-winning performer and playwright said small businesses were a staple in the neighbor-

"I think New York City is better when it's full of small businesses. I think the world is better. I grew up in a neighborhood that was dotted with small businesses," Miranda said at a recent pop-up shop put on by American Express, creator of Small Business Saturday.

That's a part of what makes New York special and makes the world special, is those places you can't find anywhere else in the world,"

This year, he also became a small-business owner by teaming up with a group that includes theater owner James Nederlander to purchase the Drama Book Shop, a century-old store in the theater district that was in danger of closing due to high rent prices.

The new location nearby will open in

The Associated Press

HAPPY BIRTHDAY recording executive Berry Gordy Jr., 90 • CBS News correspondent Susan Spencer, 73 • former "Late Show" orchestra leader Paul Shaffer, 70 • former NASA astronaut Barbara Morgan, 68 • comedian Jon Stewart, 57 • actress Aimee Garcia, 41 • rapper Chamillionaire, 40 • NHL goalie Marc-Andre Fleury, 35 • actress Scarlett Pomers, 31 • actor-rapper Bryshere Gray, 26

DEERE: CEO says long-term outlook healthy for company

Continued from Page 1A

reported mostly strong numbers as well. Net sales for the fourth quarter and the fiscal year were up 8% and 10%, respectively, compared to the same period in the prior year. The operating profit increased 40% year over year, though the fourth-quarter profit total was 12% less than the same quarter last year.

However, the company noted that some of those positive figures were attributable to compared to the prior one. The

acquired partway through last fiscal year.

But the forecast for its current fiscal year wasn't as rosy. The company still predicts net income of \$2.7 billion to \$3.1 billion — but even the high end of that range would represent a 5% decrease over the just-completed year.

Meanwhile, Deere predicts a 10% to 15% decrease in sales in construction and forestry equipment in this fiscal year having German-based Wirtgen company points to "slowing

the culprits.

One of the measures the company is employing in response is offering buyouts to salaried employees in the first quarter.

"This is not the production workforce," said Ken Golden, Deere & Co.'s director of global public relations.

He confirmed that salaried employees at John Deere Dubuque Works will be among those eligible, but he characterized the buyouts as "not unusual." He said there were some in announced plans to lay off

completed quarter and there was a round in 2016.

He declined to comment on whether the company had a goal in terms of employees taking buyouts, how many of those might occur at the Dubuque plant and on the current size of the workforce at that facility.

Long Dubuque County's largest employer, the John Deere plant had 2,800 workers, including 1,500 production employees, as of May.

Last month, the company

Group for a full year, since it was construction activity" as one of the company in the recently more than 110 workers at its plant in Davenport and about 50 workers later from its Harvester Works plant in East Moline, Ill.

May said that, despite a tough environment right now, the longer-term outlook for the company is healthy.

'We are committed to the successful execution of our strategic plan and have initiated a series of measures to create a leaner organizational structure that can operate with more speed and agility," May said in

RECOGNITION: Grant Regional staff proud of Gudenkauf

Continued from Page 1A

and I was playing with my team there," Tebbe said in the video. "I started the game, and six, seven minutes in, I pulled myself out because I needed a break. Next thing I know, I was trying to catch my breath.

'I couldn't catch my breath, and I woke up in the emergency room. That's about what I remember."

Gudenkauf was attending the soccer doubleheader with some friends to cheer on her husband Wesley's team in the first game. Tebbe's collapse occurred in the second game.

Alerted to the medical crisis on the court, Gudenkauf and friends Becky Noethe, also a nurse, and Becky's daughter Ally Noethe headed for Tebbe. One of Tebbe's teammates had started CPR.

"No one really knew what had happened," Gudenkauf said.

She sent Ally Noethe to find an automated external defibrillator, and Gudenkauf used it to shock Tebbe a couple of times before paramedics arrived on the scene.

"By the time he left the building, he

had a pulse," Gudenkauf said. Tebbe has continued his recovery

from the episode and is doing well. Molly Weigel, clinic manager at Grant Regional Community Clinics,

said the staff is proud of Gudenkauf's life-saving efforts. "Katie has been a wonderful addition to our team," Weigel said. "She joined us last year. She has a strong

health care services." In Lincoln, Gudenkauf and her family will be joined by the family of James Wilke, of Columbus, Neb.

commitment to providing exceptional

Nebraska's "Citizen Hero." Wilke helped save a stranded motorist from rising floodwaters near his farm with a tractor in March, according to a press release from the Red Cross.

Gudenkauf and Wilke each were nominated earlier this year for the hero recognition.

Katie and Wesley Gudenkauf, as well as their parents, will travel to the

Everyone but me (is a Hawkeye fan) - go Badgers," Katie Gudenkauf said. "Well, I will be sporting some black and gold that day.'

AMPUTEES: New peer visitor program 'very secure'

Continued from Page 1A

training to become a "peer have to have references and visitor," essentially a mentor for recent amputees.

The program will launch in late December or early next year at UnityPoint Health-Finley Hospital in Dubuque. People who lose limbs for any reason will have the option to connect with someone who has been there.

"You can get really down about it when everything you do is harder than it used to be," said Fiedler. "It's easy to get discouraged. I tell people in our (support) group, 'It's OK to have a little pity party, but make it a short one. Go do and do something."

NEW PROGRAM

The new peer visitor program was proposed by Amy McFadden-Decker, a physical therapist who frequently works with recent amputees. She has seen similar programs implemented in other communities to great success.

"The biggest reason it's important is it makes (amputees) feel like they're not alone," she said. "It gives them hope that things can improve and that they can have a very high quality of life."

There are an estimated 3 million amputees in the U.S., according to Amputee Coalition of America. Coalition statistics state that about 500 people lose a limb every day.

About half of all amputations are related to vascular or blood flow - issues due to complications from diabetes.

Peer visitors must be at least one year removed from their amputations, and they also must be "well-adapted" to the change, McFadden-Decker said. Peer visitors also can be loved ones of amputees who have had to reconcile with a substantial life upheaval.

"They have to go through throughout their day." background checks. They have to fill out an application of why they want to do it," said McFadden-Decker. "It's a very

Having worked with several amputees, McFadden-Decker is familiar with the challenges they face.

secure program."

"The biggest complaint I had heard was that they felt alone and they had never met someone who had gone through a similar experience." she said. "They definitely have some psychological issues to get through. Sometimes depression is along with that. They often have to find a new

SUPPORT

Fiedler recalled connecting with a peer visitor in another community after she lost her leg. But that person's experiences and recovery did not reflect the life that Fiedler wanted to live.

She said her peer visitor was a double amputee who had ceased working, driving and doing many of the things that were important to her.

"Those are all things I wanted to do," Fiedler said. "I'm a teacher. I love working with kids. I love working.

life of my leg to be the end of something. Go put your leg on normal in how to function my life, so to speak — my so-

"I didn't want the end of the

cial life, my working life, what have you." Fiedler ultimately found

the camaraderie she was looking for with a support group launched by McFadden-Decker three years ago. There she found plenty of people with whom she could commiserate.

"It's just helpful to know that you're not alone," Fiedler said. "Everywhere you go now, you look for other amputees."

She said she has learned to be an "open book" about her amputation and her prosthetic, encouraging kids to ask questions and learn more.

"I said, 'Pretty cool, isn't it?" Fiedler recalled telling one inquisitive youth. "The kids at school call it my robot leg."

peer visitor

unitypoint.org.

For information about getting involved in the amputee peer visitor program, contact Amy McFadden-Decker at amy.mcfadden-decker@

It's that sort of attitude she hopes to impart to others who find themselves learning to live what can seem like entirely new lives.

"It is just nice to have other people to talk to who get it, who understand socket issues and mechanical knees," Fiedler said. "That life is good, but life is different."



