

Your Gifts at Work

Issue 1

Thanks to your support the Juravinski Hospital and Cancer Centre is one of the top 3 Cancer Centres in Ontario offering excellence in cancer care, diagnosis and treatment to thousands of patients every year. From funding state-of-the-art medical facilities and equipment to supporting patient programs and services, your gifts are changing the future of cancer care in our region.

A Dream Come True: The new Juravinski Hospital Opens its Doors

With your help, Phase One of the infrastructure redevelopment was successfully completed with the official opening of the Juravinski Hospital on August 3, 2010. The new five-storey facility features:



- ✓ A 60 percent larger emergency department
- ✓ A Surgical Suite with 8 large operating rooms
- ✓ 90 bright and spacious new rooms including an enhanced Oncology Inpatient Unit
- ✓ A custom-designed Intensive Care Unit offering increased comfort to critically ill patients

✓ A consolidated Diagnostic Imaging Department outfitted with cutting-edge technology

This multi-phase project, once completed in 2012, will further increase the Juravinski Hospital and Cancer Centre's capacity as a Centre of Excellence in Oncology and Orthopedics, enabling more patients in Hamilton and the surrounding region to access highly specialized programs and services.

Thank you. We couldn't have done it without you!





Giving New Hope to Patients with Cancer

Your support helped to purchase the CyberKnife – the world's first robotic radiosurgery system that's able to treat tumours anywhere in the body non-invasively and with unmatched pin-point accuracy.

The treatment, which delivers high dose radiation, offers new hope to patients with brain, lung, kidney, spine and other types of cancers.

> This CyberKnife system is the only one available in Ontario

To donate online, please visit www.jccfoundation.ca

CANCER CARE, TRANSFORMED.







Fund Life-Saving Medical and Surgical Equipment

Project: Juravinski Hospital *Essentials for Excellence* Fundraising Goal: \$15 million

With the first phase of construction at Juravinski Hospital now complete, the Foundation is helping to raise funds for *Essentials for Excellence*, supporting the purchase of medical and surgical equipment for this new facility. Some of these items include new stretchers, vital signs monitors and resuscitation carts. Because hospital equipment is not funded by the province, the Foundation has taken the lead in raising funds to help equip and furnish the new five-storey building.



Change the Future of Breast Cancer Diagnosis

Project: Construction of the new CIBC Breast Assessment Centre

Fundraising Goal: \$5 million

You've helped raise \$2.5 million to date

Expected to open in 2013, the new CIBC Breast Assessment Centre is designed to be the most

comprehensive assessment centre in the region for women with a breast abnormality or at a high risk of developing breast cancer. During a single visit, patients will meet with experts in surgery, radiology and pathology and receive a complete diagnostic assessment in one day.

"The CIBC Breast Assessment Centre will provide patients with a complete diagnostic assessment in a single visit and will minimize the anxiety felt by patients and their families by reducing wait times for appointments and test results," said Dr. Bill Evans, President of the Juravinski Hospital and Cancer Centre.

We are Accountable to You

The generosity of donors helps to ensure that every patient receives the best cancer care possible. Although funding needs at the hospital change year to year, you can be assured that your gifts to the Juravinski Hospital and Cancer Centre always support the most urgent needs. Currently, donations to Hamilton Health Sciences Foundation are distributed as follows:



Enhanced Care for Cancer Patients



Veronica Allen, a patient on the Oncology Unit

"I just absolutely love this place! When I came into the room, it was like a burst of sunlight. I can't get over the size of the rooms – the nurses are able to get around so easily."

Veronica was one of the 91 patients who were transferred into the new Juravinski Hospital on August 1. Diagnosed with ovarian cancer seven years ago, Veronica has been in and out of the hospital many times. The upgrades to the facilities have significantly improved the care provided for cancer patients like Veronica.



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Thank you for transforming cancer care in the Hamilton region and beyond!

CANCER CARE, TRANSFORMED.

CVS



Your Gifts at Work

Issue 1

Thank you for making 2010 a very special year for Hamilton General Hospital. From purchasing state-of-the-art equipment and expanding our facilities to funding world-class research and care, your gifts are transforming the future of health care and the lives of thousands of patients throughout the Hamilton region and beyond.

THANK YOU FOR...

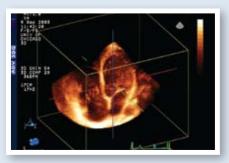
Building a Bigger and Better Space for the Brightest Minds

Thanks to your support, on March 11, 2010 we proudly celebrated the opening of the David Braley Cardiac, Vascular and Stroke Research Institute. This landmark achievement brings together two globally renowned research teams – the Population Health Research Institute led by Dr. Salim Yusuf and the Thrombosis and Atherosclerosis Research Institute led by Dr. Jeffrey Weitz. Working side by side for the first time conducting research on cardiovascular diseases, diabetes and obesity, these two brilliant teams will be able to share ideas and knowledge that will improve the health of people in Hamilton, across the country and around the world.

David Braley Cardiac, Vascular and Stroke Research Institute

The David Braley Cardiac, Vascular and Stroke Research Institute is a state-of-the-art, six-storey facility that provides 200,000 square feet of research space, laboratories, meeting rooms, office and breakout spaces.

"Finding answers to complex health problems requires a trans-disciplinary approach that extends from the bench to the bedside and on to the community. The David Braley Cardiac, Vascular and Stroke Research Institute brings this capacity under a single roof." – Dr. Jeffrey Weitz, Director of the Thrombosis and Atherosclerosis Research Institute (TaARI)



New 3-D Echocardiogram

Bringing Better Diagnosis to Patients with Heart Conditions

With your help, our cardiologists now have a better visual of the patient's heart than ever before. It's called 3-D echocardiography – a non-invasive technique that can provide a wealth of information used by cardiologists to plan for treatment. Thanks to your support, The General is now equipped with two three-dimensional echocardiography machines. This invaluable tool is quickly becoming a standard in diagnosing heart disease and will make a tremendous impact on thousands of patients at The General each year.



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To donate online, please visit www.hamiltonhealth.ca

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The next steps: Donor support is needed to...



Transform Your Emergency Department

Fundraising Goal: \$4.1 million

Each year, more than 40,000 patients come through the doors of Hamilton General Hospital's Emergency Department – *double* the capacity that the existing space was designed to support.

Redevelopment plans are underway to transform the outdated space into a state-of-the-art facility and increase the number of beds to provide more support for burn, trauma and cardiac patients.



Expand Your Cardiac Care Unit

Fundraising Goal: \$4 million

As a centre of excellence in cardiac care, The General is planning a streamlined process for patients by consolidating all cardiac care into one unit. In order to better meet the needs of our patients, the Cardiac Care Unit will be expanded from 19 to 35 beds. As well, a private Recovery Area will be added to enhance patient comfort and improve recovery after cardiac intervention.

We are Accountable to You

The generosity of donors helps to ensure that every patient receives the best health care possible. Although funding needs at the hospital change year to year, you can be assured that your gifts to Hamilton General Hospital always support the most urgent needs. Currently, donations to Hamilton Health Sciences Foundation are distributed as follows:





Making Hamilton the Open Heart Capital of Ontario

For the second consecutive year, Hamilton is the open heart capital of Ontario with 1,580 procedures performed at Hamilton General Hospital in 2009/2010 – an achievement that was made possible thanks to the support of donors like you!



P.O. Box 739 LCD I, Hamilton, ON L8N 3M8 Tel: 905-522-3863 · Fax: 905-577-8025 www.hamiltonhealth.ca

Thank you for transforming the lives of people in the Hamilton region and beyond!

LIFE, TRANSFORMED.



Your Gifts at Work

Issue 1

Thanks to your support McMaster Children's Hospital is helping to bring life-saving diagnosis, care and treatment to thousands of children in the Hamilton region and beyond. Without your commitment and support, McMaster Children's Hospital would not be the outstanding pediatric health care facility that it is today.



A Gift of Life-Saving Technology for Children at Mac Kids

Thanks to the support of generous donors, McMaster Children's Hospital was able to purchase a new \$1-million state-of-the-art pediatric MRI system.

Before the new MRI system arrived, our neurosurgeons had to rely on other hospitals to take 3D images of their young patients' brains to plan for complicated or rare surgeries. This was often a difficult task because Mac Kids is the only hospital with special techniques to help kids stay still during an MRI.

"A surgeon is only as good as their tools," said Dr. Sheila Singh. "It's state-of-the-art technology that will allow us to do things that previously we may have had to send elsewhere. We no longer have to transfer kids to other hospitals to get the best MRI images."

Thank you for helping to fund the 2G Child and Youth Clinic.



New 2G Child and Youth Clinic

Thanks to your support, our new 2G Child and Youth Clinic has been transformed into a 17,000 square-foot space that houses more than 20 pediatric ambulatory clinics which will serve over 15,000 children – all under one roof. The new clinic is now home to the children's exercise & nutrition clinic, general pediatrics, diabetes, neurology, cardiology and many other clinics that were previously scattered throughout the campus. This consolidation enhances the level of care we are able to provide to our young patients and their families and also allows them to meet with a multi-disciplinary team in one area of the hospital.

> Thank you for making these and many other achievements possible!

To donate online, please visit www.mackids.ca

Mac Kids Has Gone Mobile!

You can now make a donation to Mac Kids on your mobile phone. Text **Mackids** to **45678** to make a \$10 donation.





The next steps: Donor support is needed to...



Equip the New Pediatric Emergency Department

Fundraising Goal: \$1.5 million

The construction of a new Pediatric Emergency Department at Mac Kids is underway! Once completed in 2012, the Emergency Department will have more than *doubled its size* and be transformed into a *child and family-friendly environment* capable of serving up to 40,000 children a year. To complement the physical transformation, the Foundation will help to fund the purchase of specialized equipment like a cardiac monitoring system, infant cribs, equipment for our two new trauma suites and an isolation treatment room.



Transform the Pediatric Ophthalmology Unit

Fundraising Goal: \$1.3 million

Each year there are 8,000 visits to the existing eye clinic. One of our top priorities is to transform the Pediatric Ophthalmology Unit (originally designed for adults) into a new leading-edge facility to provide care for children who require specialized assessment, treatment and follow-up of eye and vision defects, injuries or diseases. The new Ophthalmology Unit will provide the best environment to treat children ranging from premature babies to adolescents.

We are Accountable to You

The generosity of donors helps to ensure that every young patient receives the best care possible. Although funding needs at the hospital change year to year, you can be assured that your gifts to McMaster Children's Hospital always support the most urgent needs. Currently, donations to Hamilton Health Sciences Foundation are distributed as follows:





Liam McGibbon

Our family experienced a terrifying ordeal when a mass was found growing in the middle of my nine-year old son Liam's brain.

When we got an appointment to see a neurosurgeon at McMaster Children's Hospital, I expected a busy doctor who would spend two minutes with us and rush off, but Dr. Singh took her time with Liam and made sure we were comfortable with everything. When Dr. Singh called Liam 'Sunshine' his face beamed. She even made sure Liam had video goggles so he could watch a movie while he got an MRI.

Today, Liam is home safe and we couldn't be more grateful for the incredible care we received at McMaster Children's Hospital.

Kimberley McGibbon, Liam's mom

Thank you for transforming children's health in the Hamilton region and beyond!



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To donate online, please visit www.mackids.ca

Text **Mackids** to **45678** to make a \$10 donation.

HILD HEALTH, TRANSFORMED

SPH



Your Gifts at Work

Issue 1

St. Teter S Hospital

Thanks to your support 2010 has been an incredible year for St. Peter's Hospital. From funding world-class facilities and state-of-the-art equipment to investing in leading-edge research into Alzheimer's disease and dementia, your gifts are helping to transform the future of lifelong care for hundreds of residents of Hamilton and beyond.

THANK YOU FOR HELPING TO... Bring More Privacy and Comfort to Palliative Care Patients and Their Families



Thanks to donor support, patients at St. Peter's Hospital and their families received a brand new Palliative Care family room this past December.

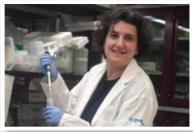
The new family room offers the comforts of home for patients seeking privacy with loved ones as they transition through their final stages of life. To accommodate patients and visitors, the space is equipped

Palliative Care family room

with a kitchen and dining area, two rooms with pull-out couches, children's play area, laundry room and a large multi-purpose family gathering room, all available for use 24 hours a day.

Funding for the room was made possible by two separate estate gifts from Sam and Edith Horrill and Rosalie Katherine Franks, former patients who passed away in the care of St. Peter's Palliative Care Program.

Find Answers to the Causes of Alzheimer's Disease



Dr. Monica Marchese

Your support helped to fund the work of brilliant and passionate researchers like Dr. Monica Marchese, whose dream is to one day uncover the causes of Alzheimer's disease. Working together with some of the leading scientists from around the world, Dr. Marchese is focused on understanding how multiple factors contribute to this disease. Rather

than looking for a cure for Alzheimer's disease, Dr. Marchese's efforts concentrate on preventing the disease from occurring.



Mima and Harry Pollach

Dealing With Dementia at St. Peter's

Recently, Cable 14 visited St. Peter's Hospital and produced a three-minute feature on the Alexander Pavilion. This video highlights some of the tremendous work happening at St. Peter's. There are over 300,000 people in Canada living with Alzheimer's disease and related dementias. Alzheimer's can appear at any age and eventually affects all aspects of a person's life. The Alexander Pavilion at St. Peter's Hospital provides patients with a safe and comfortable space designed especially for their needs.

Palliative Care family room

To donate online, please visit www.hamiltonhealth.ca



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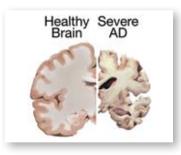
The next steps: Donor support is needed to...



Outfit the Alexander Pavilion with State-of-the-Art Equipment

Fundraising Goal: \$460,000

With the construction of the Alexander Pavilion completed, funds are needed to provide the necessary equipment and furnishings for patient care and support. The following items require funding: specialized beds to minimize the risk of falls, ceiling lifts to provide safe transfer in and out of bathtubs, room sensors, a nurse call system and furnishings for patient bedrooms, bathing suites, the living room, dining room and kitchen.



Fund the Alzheimer's Research Fellowship at the Juravinski Research Centre

Fundraising Goal: \$50,000

With one Canadian being diagnosed with dementia every 5 minutes, more research is needed to understand, prevent and treat this growing epidemic among our region's aging population.

The fellowship at the Juravinski Research Centre supports research into dementia, including Alzheimer's disease by allowing a researcher to work side-by-side with dementia patients to better understand their challenges and work to enhance their lives.

We are Accountable to You

The generosity of donors helps to ensure that every patient receives the best care possible. Although funding needs at the hospital change year to year, you can be assured that your gifts to St. Peter's Hospital always support the most urgent needs. Currently, donations to Hamilton Health Sciences Foundation are distributed as follows:



Your gifts are funding research that has the potential to someday transform the lives of those you love



Mary and Harry Manning

In 2008, Mary started suffering from frequent seizures. Soon after, she was diagnosed with advanced Alzheimer's disease and needed constant specialized care. That's when she moved into the Alexander Pavilion at St. Peter's Hospital. Her husband Harry shares these words of gratitude:

"I just didn't think it was possible that anyone could love or care for my wife the way I do. Well, the people at St. Peter's Hospital showed me that anything was possible. They saw Mary, not her illness. St. Peter's is such a special place and so much more than a hospital – it's a place where Mary and I truly feel at home."



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Thank you for transforming lifelong care at St. Peter's Hospital!

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