

GIVE HOPE. CHANGE LIVES.

Give HOPE to your neighbours in need this Thanksgiving.

When you are homeless, hungry and hurting, something as simple as a warm meal can make all the difference in the world. It can give hope and change the life of someone who has fallen and is feeling lost.

We need your prayers and support to help our neighbours in need.

By donating today, you will help provide meals to hundreds of guests at The Mustard Seed along with other essentials like clean clothing, a safe place to sleep and health and wellness services. This year has been especially challenging, but with your support, we can ensure these men and women have a safe place to turn to for help – *every day of the year*.

This Thanksgiving show your neighbours who are struggling that they are not alone during this time and that there is *hope for a better future*. Please give today.



Your support gives hope and changes lives.

"I am so grateful for every meal I get here. It feels like a load off my shoulders. It feels like I can think about other things than where my next meal is going to come from."

- Stephanie, Calgary



**Please give now and share the blessing of hope
with your neighbours this Thanksgiving.**

Give Hope Now

*And now these three remain: faith, hope and love. But the greatest of these is love.
– Corinthians 13:13*