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REACHING OVER 80,000 READERS EVERY WEEK WITH REAL NEWS IN ADAMS COUNTY, HANOVER & NORTHERN MARYLAND

Special meeting about resolution set in East Berlin

By Jim Hale
Times Staff Writer

A special meeting is planned in the wake of a resolution limiting communication between East Berlin Borough Council members and the borough's secretary/treasurer and lawyer. A divided council passed the resolution June 5, leading to a request from three of the seven council members for a special public meeting.

That meeting is set for July 1 at 4:30 p.m. at the borough hall, 128 Water St., according to an email council President Robbie Teal sent Tuesday to council members, borough attorney Matthew Battersby, Mayor Keith Hoffman, and the secretary/treasurer's email account. "After we open the public portion of the meeting, we will go directly into executive

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Comments on county waste plan solicited

By Vanessa Pellechio
Times Staff Writer

The county planning office is accepting written comments from the public on its June 2019 update to the Adams County Municipal Solid Waste Management Plan.

This update "is considered a non-substantial revision" to the county's 2005 plan and includes new agreements for Adams County's municipal solid waste disposal and processing for the next 10 years, according to Bicky Redman, senior planner II, environmental services, with the planning office.

To put together and update this plan, the planning office created a Solid Waste Advisory Committee (SWAC), "issued a request for proposals (RFP) for waste disposal and processing capacity," included SWAC members throughout the "planning/research/review/comment process," and "worked with municipalities to structure municipal waste collection contracts to ensure plan compliance," according to plan documents.

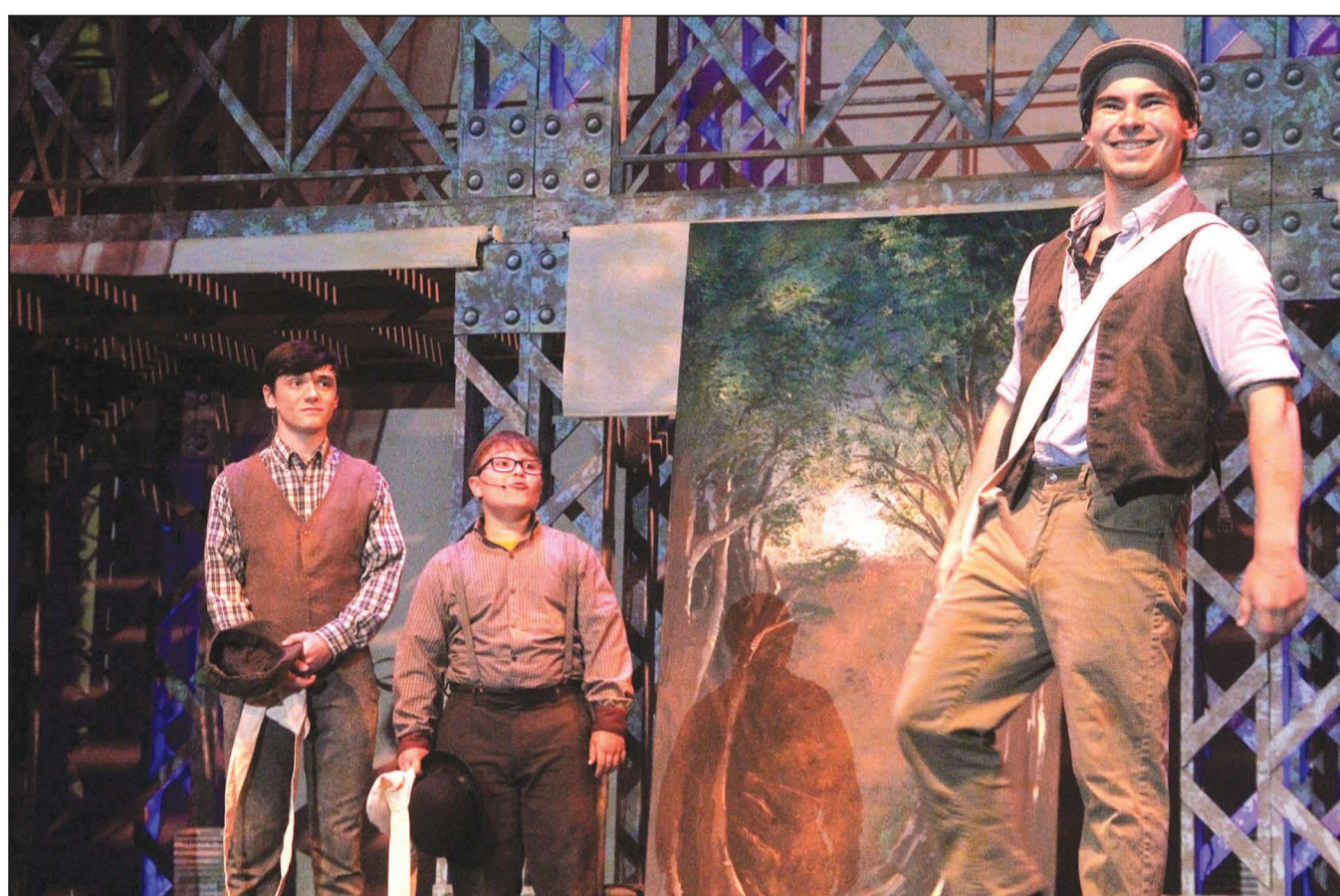
The update also called for looking at the "Adams County population, municipal waste tonnage, and recycling projections for the next planning period" as well as identifying the current "waste collection, recycling, transportation, processing, and disposal practices."

Redman noted how a transporter ordinance this fall was "the primary mechanism" that assisted with the county's solid waste management plan, which focused on getting the waste to facilities.

The ordinance will "make sure all transporters of municipal waste properly dispose of their waste materials at approved facilities not dumping and burning them illegally," Redman previously said.

"Our solid waste management plan has always contained designated disposal/processing facilities where our waste is permitted to be disposed. And, we have always implemented our plan by directing municipal wastes to these permitted facilities," Redman said. "We are continuing our efforts through

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Above, main characters of From the Vault Theater's production of "Newsies" are, from left, Charlie Wingert playing Les Jacobs, Ben Velez as Davey Jacobs, and Nicholas Stueckloth as Jack Kelly. The off Broadway show will stage at the Majestic Theater on Saturday and Sunday. Below, some of the actors rehearse on the Majestic Theater's stage Thursday evening.

'Newsies' staging at Majestic Theater

The Vault Theater Company will present Disney's *Newsies* at Gettysburg College's Majestic Theater Saturday and Sunday, June 15 and 16.

Set in turn-of-the-century New York City, *Newsies* is the rousing tale of Jack Kelly, a charismatic newsboy and leader of a band of teenaged "Newsies." When titans of publishing raise distribution prices at the newsboys' expense, Jack rallies Newsies from across the city to strike against the unfair conditions and fight for what's right.

Disney's *Newsies* is packed with non-stop thrills and a timeless message, perfect for the whole family and every audience.

The production features a cast of over 40 local performers from Hanover, York and Adams

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Lyme disease 'an unrecognized epidemic' in area

By Hannah Pollock
Times Intern

With the temperatures getting warmer and the days growing longer, summer has finally arrived, and people are ready to get back outside. Whether it is a trip to the pool, a picnic or a tour of the battlefield, everyone needs to take precautions when it comes to being safe outside this summer.

The east coast, specifically Pennsylvania, is a hotbed for ticks and Lyme disease.

Lyme disease is a "bacterial infection, most commonly contracted from a tick bite, that may initially cause a flu-like sickness. Untreated, or inadequately treated, it may cause long-term persistent illness that can affect many systems of the body," according

Tick precautions

The Pennsylvania Lyme Resource Network offers tips to prevent the risk of contracting Lyme disease.

- Remove clothing worn outdoors, preferably in a garage.
- Run clothes in dryer on high heat for at least 10 minutes, preferably 20. The heat will kill the tick.
- Take a shower within two hours of potential exposure.
- Do tick check, and check again later.

to The Lyme Disease Association of Southeastern Pennsylvania.

Adams County native Dr.

Robert Mauss provides care to patients with Lyme disease through osteopathic manipulation, functional and conven-

tional medicine at Gettysburg Osteopathic Family Health.

The practice serves as hope for patients who have been through traditional evaluations and have been misdiagnosed with other conditions or illnesses.

Mauss said he is often the fourth, fifth or even sixth doctor the patient sees before they are diagnosed with Lyme disease. For these patients, it has often been between two and 10 years since the initial bite and presentation of symptoms.

The is a lack of reliable tests available for Lyme disease, Mauss said.

"Testing is very poor, often resulting in false negatives. The sensitivity of the current test is 50 percent. That means out of 100 people tested, 50 of them have Lyme but don't know it," he said.

Time is important in the diagnosis and treatment of Lyme.

False negatives hinder the patient's ability to receive the correct treatment in the necessary amount of time to combat Lyme, he said.

"It is important to catch it early and treat aggressively," Mauss said. "Patients must be their own advocates and understand the disease."

Lyme disease does not receive the same amount of funding as do other diseases, despite the number of people it affects, Mauss said.

In early 2019, Rep. Chris Smith (R-NJ) introduced House Resolution 220, which focuses on the creation of a new national strategy on Lyme disease and tick-borne diseases.

Acute Lyme disease is similar to the flu, causing fever,

aches and pains and can set in anywhere between three and 30 days after the initial bite. The commonness of these symptoms often leads to misdiagnoses, Mauss said.

Initial symptoms may subside, but the bacteria remains in the body and can cause flare-ups.

At the initial bite, the immune system will suppress the bacteria and infection. Symptoms will often occur when something stressful happens in a person's life.

As the disease progresses, the severity of symptoms increases. Symptoms can range from joint pain, depression, inflammation, thyroid problems to neurological problems, loss of memory and Bell's palsy.

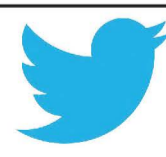
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74°/53°
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Saturday, June 15, 2019

Barbeque Chicken Meals

(1/2 Chicken, Baked Potato, Applesauce, Roll & Butter)

\$10.00 a Meal

Pick up Chicken Starting at 11:30 AM



MULTI-FAMILY YARD SALE

Saturday, June 15, 2019

8:00 AM - 2:00 PM

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County

(Continued from Page A1)

this new ordinance by registering waste transporters.”

Redman pointed out the “primary emphasis” of the plan update involves “having sufficient disposal capacity for the next 10 years.”

“We contract with four different landfills,” Redman said. The plan update took mul-

multiple years to put together, according to Cindy Sanderson of the planning office.

Redman thanked Sanderson and the SWAC for their efforts in this plan update.

“We are obligated to have the Solid Waste Advisory Committee to provide advisement and represent different aspects of the community,” Redman said. The draft of the municipal solid

waste management plan update is available on the county website.

Written comments are being accepted from Wednesday through July 12 and can be directed to Redman, located in the Adams County Office of Planning and Development at 670 Old Harrisburg Road, Gettysburg, PA 17325. For more information, the office can be reached at 717-337-9827.

Following comments, the plan will go to the Pennsylvania Department of Environmental Protection, according to Redman.

Also, during the meeting, commissioners accepted the \$4,699 offer from Viking Insurance Company, based in Wisconsin, to fix damage left to the county-owned bridge on Flesham Mill Road. County

officials indicated the bridge sustained damage from a collision on July 14, 2018.

Commissioner Vice Chairman Jim Martin announced the commissioners’ meeting on

June 19 will start a half hour earlier than usual at 8:30 a.m. due to a busy schedule.

Commissioner Chairman Randy Phiel was absent from the meeting Wednesday.

Lyme

(Continued from Page A1)

Mauss said he is hopeful that those with Lyme disease will receive more recognition, support and funding to fight what he says is “an unrecognized epidemic.”

If a person believes they may have Lyme, they should get blood tests. If the test is positive, antibiotics will be administered, but if it is negative there are different approaches to be taken including Mauss’ holistic style of treatments of changing aspects of the person’s life

including diet, replacing hormones, using herbs and other nutrient supplements.

There is currently no cure for Lyme, patients can only manage the symptoms.

Prevention

People spending time outside should take precautions to prevent the risk of being bitten by a tick, Mauss said. He recommends wearing shoes and clothes treated with permethrin

spray, while also tucking pant legs into socks. Mauss added that while deet may be effective in other situations, it is not nearly as effective as permethrin is for ticks.

He also said to check for ticks after spending time outside, especially on children and pets. A tick nymph is the size of the period at the end of this sentence. Mauss says they are the most common way Lyme is

transmitted because they are so hard to see.

Ticks had previously only been a concern from April to October. However, with warmer winters ticks can be active year-round.

“If the weather is warm enough for you to be out, it’s warm enough for the ticks to be out,” Mauss said.

For more information and support, visit <https://palyme.org>.

Stage

(Continued from Page A1)

counties, and northern Maryland. The actors range in age from 7 to 49 years old. The cast highlights many local high school performers and the is rounded out this year by many local adult actors. Leading the show as Jack Kelly will be Nicholas Stueckroth from Hershey. The cast also features Gillian Sturtz as Kathrine Plumber; she is a student at New Oxford.

Supporting the cast will be a live orchestra of 10 musicians lead by Neal Wentz, conducting, and Michael Frock as accompanist. The show will feature an incredible set design by Douglas Reese, Tara Setliff, and Kraig Sturtz. Reese is also technical director for the show. Tickets are \$23, or \$18 for students.

Tickets are available online for which additional fees apply, at the box office at 25 Carlisle St., Gettysburg, or by phone at (717)337-8200.

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