

Why should you consider WWP at your business?

- Every \$1 spent on the program can save up to \$6
- Increase in job performance and productivity
- Absentees rate reduction
- Attracting talented workers, improving employee morale, reducing staff turnover and improving disease management.

Did you know?

- **HIV:** 5.1% of Tanzanians age 15-49 are HIV-positive
- **TB:** 164 incidences of TB per 100,000 people in Tanzania
- **BP:** Hypertension related diseases are the number one cause of death in hospitalized patients over the age of 50 years.
- **Diabetes:** 8% of Tanzanians age 20-79 have diabetes
- **Poor nutrition and obesity:** 5% of Tanzanians age 20-79 are obese

We personalize our programs according to your company's needs.

Talk to us for more information:

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Amref Health Africa's Workplace Wellness Program (WWP)



Helping you protect your company's
most important asset

Amref Health Africa's Workplace Wellness Program (WWP)

What is WWP?

WWP is an organized, employer-sponsored program that is designed to support employees (and their families) as they adopt and sustain behaviors that reduce health risks, improve quality of life, enhance personal effectiveness, and benefit the organization's bottom line.

Why is WWP important?

Because poor health is bad for business:

According to the Centers for Disease Control, more than 75% of employers' health care costs and productivity losses are related to employee lifestyle choices. Studies have shown that nearly 50% of an organization's profits are consumed by employee health care costs and a 'high risk' employee can cost an organization almost USD 3,000 more per year than their 'low risk' colleagues. In addition, high risk employees are shown to be 18% less productive which adds up to seven hours per week or two months per year in lost productivity.

Who is Amref Health Africa?

We are an international African organization with over 54 years of experience in health development that is committed to improving the health of people in Africa.



What does Amref's WWP include?

Amref Health Africa's WWP has been designed and approved by Tanzania's Ministry of Health. Health and wellness programmes that include both non-communicable illnesses and communicable diseases such as HIV/AIDS, tuberculosis (TB) and malaria, incorporating safety and occupational health challenges, are all part of our workplace programme.

Our services include providing:

1. Awareness sessions
2. Counseling and testing services
3. Support services which includes establishment and training peer health educators among your company staff
4. Education and training that will empower your employees and motivate good health practices.

During the training, educative training materials (pamphlets, posters, playing cards, and videos) will be used to deliver preventive messages to employees. Amref Health Africa will deliver an integrated package on HIV counseling and Testing (HTC), screening for STI, TB, hypertension, diabetes and nutrition counseling.

