

tech the halls

5 WAYS TO WIRE YOUR HOLIDAY FOR SUCCESS

Technology hasn't influenced the holidays as much as one might think. Holiday observers still bake cookies from Grandma's legendary recipes, send holiday greetings via snail mail, and sit by a log fire rather than upping the thermostat. Technology does find its way into the holiday cheer in some ways, though. A few mouse clicks are vastly preferable to door-busting lines outside bricks-and-mortar retail stores, and faraway family can be included through communication apps like Skype. Here are five more ways technology can light up your holiday season.



Petzi Treat Cam

Does your pet share in the seasonal cheer? They should! A rover.com survey says 95 percent of pet owners get their fuzzy family members something nice for the holidays. Outshine rhinestone collars and balls of yarn with the Petzi Treat Cam this year. Connect with your pet from anywhere by dispensing a treat, watching them squirm with gratitude, and sharing adorable videos using your connected smartphone or tablet. // petzi.com



ReliefBand

If visions of dancing sugar plums make you dizzy and thoughts of holiday travel have you running for the restroom, you probably don't need anyone to tell you that motion sickness isn't fun. If you're not one for over-the-counter side effects, ReliefBand is your holiday hero. The watch-like device emits low-level electric current that tells your brain to turn off queasy feelings in your stomach within minutes. Pick from five intensity levels and enjoy your flight! // reliefband.com



Misfit

If you neglected our fitness advice this year, the Misfit Ray can take our place to help you fit back into your ugly Christmas sweater. While the wrist wearable counts steps and tracks sleep, it excels with its point system, where it encourages vigorous activity over a light stroll. Set your own daily goal and sweat for your victory. You never have to take it off—even to shower or to charge it—meaning more insights, better data, and a healthier you. // misfit.com



MOCHeart

Around the holidays, it's easy to recognize the importance of family. Keep your clan safe with MOCHeart, a pocket-sized device that measures heart rate, blood oxygen, and pulse wave velocity with a quick scan of your thumbs. Its medical-grade electrocardiogram (EKG) and photoplethysmography (PPG) sensors ensure accurate readings, and the Bluetooth-connected app records trends to keep your ticker healthy all year-round. // mocarare.com



Nanit

If you recently gave the gift of life, you'll want to keep your bundle safe and sound with Nanit. Nanit uses "computer vision" to learn how your tot moves and lets you know if they are fussy or asleep. Nanit tracks your baby's sleep and recognizes sleep patterns, parent visits, and even room conditions to form a comprehensive sleep picture of your dream come true. You'll love waking up on the cute side of the bed every morning to watch your kiddo's sleep highlights reel on your smartphone. // nanit.com