

look fit

DEVICES THAT DON'T COMPROMISE YOUR COOL

Until recently, fashion and fitness tracking were like oil and water, leading us to believe that no Google Glass wearers own any mirrors. Edging away from the days of bulky pedometers, today's devices are flirting with unprecedented combinations of form and function. These devices will help you stay fit, rest up, sit straight, and look cool this summer.



Bellabeat

As chic as it is functional, Bellabeat's beautiful Leaf tracker can be worn as a necklace, bracelet, or clip-on in tandem with any summery outfit. It measures exercise, sleep, meditative breathing, and uniquely, your reproductive cycle. Unbe-leaf-ably, Bellabeat is the first fitness tracker that focuses on reproductive health as a cornerstone of wellness, so you feel cared for as the Leaf alerts you to upcoming menstruation, ovulation, and PMS symptoms. Altogether, the complementing app is easy to navigate, allows you to set your own goals, and quips genuinely helpful encouragement throughout the day. // bellabeat.com



Lumo

The Lumo Lift is a posture-helper designed to break that nasty hunchback of Notre Dame habit. The Lift is a stylish yet discreet device that gently vibrates each time your muscles turn to jelly and your spine turns slouchy. You have control over the notification delay, and Lumo suggests giving yourself some leeway to avoid alert fatigue. Almost obligatory for any wearable by today's standards, Lumo Lift records your steps and calories burned, so you can keep your shoulders high and chest puffed out while tracking an evening walk. // lumobodytech.com



Withings

While the average smartwatch has certainly attained intelligence, it generally looks like space cowboy gear. Enter the Activité Steel, an analogue smartwatch that classes up your wrist while delivering a gamut of health data. Sans buttons, lights, and the need for charging, the Activité Steel is with you for the long haul—run, walk, swim, dance, or sleep and you'll reap the rewards of meaningful data and coaching advice from the accompanying app. Plus, pair it with the Withings Body Cardio smart scale (page 12) to see the impact of your hard work and a complete picture of your cardiovascular health. // withings.com



Moov

Tired of your friend's oh-so-insightful encouragements like, "Keep it up!" or even, "You're doing great!" echoing throughout the gym? Upgrade to Moov Now, the personal fitness coach that packs 3 strategic-missile-grade sensors into a 9-axis motion sensing system that tracks your exact movements and looks fierce while doing it. Having approximately 3 more sensors than your well-meaning friend, it bolsters your performance with situational coaching advice. Moov corrects your form and cadence, pushes you further when you start to tire, and switches between multiple programs and sports to prevent boredom or plateau. // moov.cc