

#### #ProudofBucks

Burnham Resilience was launched on 15th March 2020, 8 days before lock down started, with an appeal to support the welfare of the Burnham community in response to the Covid-19 pandemic. Burnham Resilience was set up by Chairman Adam Prince, with Paula Prince, Annie Arscott, Revd Janet Minkkinen, Andrew and Wendy Strathdee, Dawn Harries, Helen Cavill and Charly Cottenham as members of the leadership team. Together this team has contacts across many of the local community groups, including; St Peter's Church, Burnham Health Promotion Trust, Burnham Neighbourhood Watch, Burnham Community Association, Burnham Parish Council, and the Street Association.

Within the first week of launching, over 100 wonderful residents in Burnham signed up on the website to become volunteers. This number didn't stop growing, with **over 350 volunteers** now donating their valuable time to help our cause. Since then, our dedicated area coordinators, Urvashi Thacker, Heather Springthorpe, Carol Linton, Alix Shepherd and Sophie Holloway have helped support the Burnham Resilience group to coordinate volunteers to support all the residents of Burnham. Many of these volunteers have self-organised into street level groups, connecting with their neighbours in a way that we hope will be one of the good outcomes from the Covid lockdown.

With over **13,000** homes in Burnham, we have many residents who require different levels of support, from a phone call to break this feeling of loneliness in isolation to more practical help such as prescription collection, letter posting or essential shopping for those unable to

leave their home. Together, Burnham
Resilience has achieved a great deal to
support these requirements. In addition to
delivering information by post, providing
direct support to those who need it,
Burnham Resilience runs a friendly phone
call scheme (managed by Paula Prince).
This scheme aims to connect as many
isolated members of the community as
possible with one of our volunteers in
Burnham, who can provide a friendly voice
at the end of the phone to help combat



loneliness. Across all the projects, Burnham Resilience has delivered over **8,000** acts of social kindness todate and is growing strong.

Here are just some of the other projects undertaken by our dedicated team:

Our team has made up and delivered 200 activity packs to children stuck at home to keep them entertained:







We have baked and delivered cakes for teachers and staff working at schools in Burnham to show our support of their hard work:







#### Thanks from Burnham Grammar School:

Subject: Thank You!

Dear Paula and members of The Burnham Resilience Group,

On behalf of all staff at Burnham Grammar School I would like to say a huge thank you for the delicious cakes that were dropped off to the school on Fricay. They were thoroughly enjoyed!

We would also like to thank Kevan for delivery the cakes.

We really appreciate such a kind gesture!

Best wishes and stay safe,

Megan

We also have long-lasting plans to support our community for years to come:



Burnham Resilience plans to build a Labyrinth, created by the residents in Burnham, to stand as a memory for years to come and to remind future generations of what Burnham and the rest of the World went through. To do this, we have asked each resident in Burnham to paint a stone to remember life during Covid. The stone may be painted with something that is a memory of someone who has passed away or struggled during Covid, or something happier such as the "NHS rainbows". Some residents who are great at art may be painting

miniature masterpieces but a stone painted a single colour will also be welcome if that is what people want to remember. Ideally the stones should be 10cm or bigger. The plan is that the labyrinth will be a multi faith area where people of all ages can go to sit, mourn and reflect at any time, as it will be open access. The labyrinth will also be a place for children to walk through and learn about how the residents of Burnham got through their journey together. The Burnham Labyrinth Project is supported by many faith groups including the churches, mosques, Sikh temples, and synagogue in or near Burnham. Find out more at: <a href="https://burnhamparish.gov.uk/labyrinth-project">https://burnhamparish.gov.uk/labyrinth-project</a>

These projects are just some examples of the incredible work that goes on behind the scenes of the Burnham Resilience, we are constantly coming up with new campaigns and adapting to help the community in any way we can. We are aware that absolutely none of this could be achieved without the generosity and determination of our dedicated volunteers, team and supporting community groups. With this unwavering support, we are filled with pride here in Burnham, with each and every person involved within the Burnham Resilience continuing to make a difference to the lives of residents in Burnham every single day.

This is what makes us **#proudofbucks**.

For our most recent updates please join our Facebook group by clicking here.

# Hil If you are self isolating, I can help

My name is:

I live locally at:

My number is:

If you are isolated, I can help with:











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# JUST SAY...



A simple note through your neighbours door to introduce yourself along with your phone number could make such a big difference.

Download your "Just Say Hi" slip here: burnhamparish.gov.uk /say-hi

Facebook group:
Burnham Resilience



Just say 'Hi' to your neighbours, it could save their life. Your number could be a lifeline to someone vulnerable.











We would like to build a Labyrinth, created by the residents of Burnham! To do this, we want each resident in Burnham to paint a stone, ideally 10cm or bigger.



# Burnham

# ABYRINIH

Project



Each stone will have its own story to tell. Perhaps remembering when we drew rainbows for the NHS, clapped and cheered out of our windows, or said hi to neighbours for the first time.



This Labyrinth will be a place for all residents to remember their loved ones and give thanks to those who helped us through our journey.



Find out more: <u>burnhamparish.gov.uk/labyrinth-project</u>

This Burnham Resilience project is supported by:



















# Burnham Neighbourhood FUND

# Purpose:

Please donate to the Burnham Neighbourhood Fund in order to support the health, welfare and social well-being of Burnham residents. All donations will be greatly appreciated. Taxpayers can gift-aid their donations, which means the government will add an extra 25%

The Burnham Resilience Group is fundraising in partnership with the registered charity of St Peter's Church. The Burnham Neighbourhood Fund is managed by Burnham Parish Council on behalf of the Burnham Resilience Group.

# **DONATE NOW:**

gofundme.com/burnham-resilience

Please help support your Community and donate today!











St Peter's Church Burnham





The wearing of face coverings on public transport and attending hospital/doctors surgeries will be compulsory from 15 June in England to help to stop the spread of Covid-19. Here is a list of places to buy face coverings.

### Church

### The Holy Stitchers of St Peter's Church

The Holy Stitchers are making washable face coverings. These masks would be made and ready to pick up from St Peter's Church in Burnham. Please contact Pam if you would like one: <a href="mailto:admin@stpetersburnham.org">admin@stpetersburnham.org</a> or 07800801388. Donations for face coverings can be made online, at our website, by cheque, or cash in envelope. Collection will be from Pam or delivered in Burnham if self-isolating.

## Local shops

School Days Direct - Single layer & 3 layer face coverings available. The 3 layer coverings are available in a range of colours & sizes, including children's, medium (ladies), & large (men's). Contact School Days Direct on 01628 665353 to order and collect from the store, or visit their website:

www.schooldaysdirect.co.uk/contact-us/ (652 Bath Rd, Taplow, SL6 0NZ).

#### Handmade from sellers

#### **Maralin Cottenham**

Maralin is a local artist in Burnham who is currently making and selling face masks both for adults and children. A range of options for different types of face masks are available.

For more info, visit her website: <a href="https://mazchaplin.wixsite.com/arty1/contact">https://mazchaplin.wixsite.com/arty1/contact</a>

Or contact Maralin on: 07733 283937

#### Liza Lambert

Liza Lambert is an artist based in Cippenham, currently making and selling face masks for both adults and children.

For more info, visit her website: www.lizalambert.co.uk

Or contact Liza on: 07954 309596

## Supermarkets

There are a number of different supermarkets and chains currently selling face coverings. These face coverings are subject to availability due to high demand. If possible, try to order online for collection.

Asda superstore - 01753 524017 Lloyds Pharmacy - 01628 604891

Tesco - 0345 610 6317 Superdrug (online)

Boots The Range

Burnham Resilience has compiled this list based on the information available on the date of publication and is sharing these details on a "good faith" basis. We make no claims that stock will remain available, or about the quality of the items provided by any of the above suppliers. Please make your own assessment to decide if the items provided by any of the above (or other) suppliers are suitable for you. Contact Burnham Resilience to suggest changes to the list or additional suppliers to add to future versions of this list



www.facebook.com/groups/burnhamresilience





