

Light

Of all our characteristics, we are anxious. Anxious, like how the mouse feels whenever there's a cat, searching for its next prey. Anxious, like how the teacher gives us our report cards and we're not sure if we did well. Anxious, like how you're uncertain if you've made the right decision in your life. The worry that runs through our minds and our veins are understandable because no one can be completely sure of what they have to do and what they'll go through.

Given today's circumstances, there are a handful of things you need to worry about because the world is full of unexpected and unpredictable things. You're not sure if you'll be successful in the future with the things you've accomplished. You're not sure if you have made your loved ones proud. You're not sure if you have found your purpose in life. You're not even sure how much time you have left in this world.

Over time, the world has come to many unspeakable things. Too many wars, too many lost lives, and too much blood on the ground. I don't like it, no one likes it, but in reality, it's how we see the darkness of everything. But when there is darkness, there is light. This light is one thing that you should always possess, one thing that is the key to everything. This will ultimately lead and guide your pathway to an ecstatic life. And that's having peace.

When we were young, peace is something that we have all the time. We didn't know about the worry our parents had on us, we didn't know about the bad things in the world, we didn't know that we'll grow up making our own choices because we're used to our parents doing that for us. When we were kids, all we had to worry about was where we had placed our toys and if there's anything underneath our bed. Sometimes, these memories are what we long for because it felt good to not worry about the big, significant things.

Do you understand why we should have peace? Do you understand why we need it?

There's one simple answer to that, and that is for the contentment we long to have.

Contentment is the key to peace. Why, you ask? Well, it is for the sole reason that contentment is being satisfied with what you have and it's the ultimate armor against greed. Greed comes in many forms such as greed of money and greed of power, which may lead to casualties such as war.

When I think of the words peace and contentment, it leads me to the time when I was at my grandma's air-conditioned room. I was watching Ratatouille while helping myself to a mug of warm milk, and I felt like I was over the moon. My favorite scene in the movie was the last part in where the mice helped Remy in the kitchen because the other chefs decided to leave. Now, you must understand that Remy and his mice crew weren't on best of terms because Remy left them to go with the humans to pursue his dreams of becoming a chef. But when they saw that Remy needed help, they looked past the negatives and dove in to help him.

At the end of the film, everyone got what they wanted. Well the good characters anyway, and they were at peace because they were contented with what they had and what they have accomplished.

I'm sharing this very simple memory to you, for you to realize that we don't have to have such extraordinary things to be at peace. Peace isn't being settled down in an extravagant house. Peace is definitely not being with someone just for the sake of having somewhere nice to live. No, because peace is when you're simply happy and contented with all of the things you have.

And as I end this to you, there's only one more line I have to say and that is "Ah, but that is no match for wishful thinking! If you focus on what's left behind, you will never be able to see what lies ahead." – Gusteau: Ratatouille.