

ZODIAC INFLUENCERS

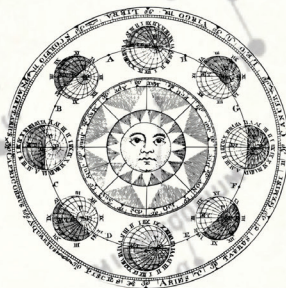
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ASTROLOGY

and

COMMON MISCONCEPTIONS

by Corinne Dotsey



Astrology, the practice used to reveal the conscious & unconscious beliefs about reality, has gained a lot of attention in mainstream media. The growth of astrology on social media has allowed more people to access content related to astrology but has also played a big part in promoting misconceptions. From blatant generalizations about the signs to assumptions of fortune-telling, it's not surprising that everyone seems to have a different perception of its relevance. As users look to social platforms to learn more about their sun signs, birth charts, and what it means to survive Mercury or Venus Retrograde, the lines between real and false are often blurred. Whether you want to understand more about yourself or just want to gain clearer insight around the practice, Dreamlette Magazine is here to offer some clarity on the matter.

Before we get into misconceptions related to astrology, it is important to know the basic elements of astrology-the planets in a birth chart and their meanings.

The most common sign that people associate with is their Sun sign. The **Sun** sign represents your inner core and overall general character.

The **Moon** sign represents your emotions and instincts, which are usually presented when you have alone time.

The **Mercury** sign reveals your ideal form of communication and how you process information.

The **Venus** sign interprets your overall values and how you express affection to things you love most.

The **Mars** sign indicates how you assert yourself and choose to take action with certain energies surrounding you.

The **Jupiter** sign rules your optimism, idealism, and expansion. It depicts what brings you the greatest happiness.

The **Saturn** sign details your greatest responsibilities, limits, and fears.

The **Uranus** sign stays in each sign for seven years, it rules a generation more than a person. The Uranus sign rules your overall sense of rebellion and progress as a generation.

The **Neptune** sign similar to the Uranus sign stays in each sign for fourteen years, so it represents a generation more than a person. The Neptune sign represents your overall relationship with your dreams and imagination.

The **Pluto** sign is also based on generation rather than a person because it remains in each sign for thirty years. The Pluto sign rules the overall amount of intensity, power, and obsession that you possess.

Once you have understood the meaning of each planet associated with your birth chart, it is important to understand why astrology is implemented in so many peoples' day-to-day lives. So, Dreamlette Magazine interviewed two Instagram Influencers about their experience with astrology to help give some guidance and clarity to readers.

Marie Hernandez, a bruja and healer, discussed her relationship with astrology and how it has played an essential part in her life.

"Astrology has not only taught me so much about myself, my karma, and my past lives, but it has taught me that the more aware and aligned you are with all the astrological events that are occurring around us every day, the more aligned you are with yourself," Marie tells Dreamlette.

Follow Marie Hernandez on Instagram:
[@brujxchula](#)

Dreamlette also talked to fashion model Lauren Barger about her relationship with astrology and its impact on her life. Barger, whose sun sign is in Virgo, was drawn to astrology at the ripe age of eight and began more in-depth research at fourteen. Once beginning her journey into astrology, she immediately began to grasp a greater understanding of herself.



Marie, whose sun sign is in Gemini, was drawn into astrology when she was a teenager and has formed a deeper understanding of its importance since then. She considers astrology to be a part of who she is and what she is made of. She can't imagine a life without it because its existence is crucial in everyone's lives.

Hernandez emphasized the common misconceptions that she hears that are associated with generalizing astrology. "It's more than just your sun/moon/rising/venus sign or your daily horoscope." Hernandez believes that the generalization stems from fear because "people are just not ready to face who they are and why they are the way they are... They're not ready to believe that there's more than just the physical world."

Hernandez suggests that everyone interested in astrology should learn their chart because it is a map of who you are. She also suggests following astrologers on social media sites, like twitter, because they offer more insight into the importance of astrology and personal chart readings.

Here are a few astrologers to follow on twitter:
[@iJaadee](#), [@ehimeora](#), [@MysticxLipstick](#), [@AnneOrtelee](#), and [@yakari_gabriel](#)



"It has helped me see the deeper meaning of things and enjoy my surroundings," Barger tells Dreamlette.

Barger feels that astrology is especially important to her because it keeps her grounded and gives her the ability to widen her knowledge by questioning the unknown. To get started, Barger encourages readers to begin looking up their signs according to their birth date and time, and also suggests checking out books and apps that can help expand your knowledge.

Follow Lauren Barger on Instagram:
[@laurenbargerr](#)

