

Sex ed, empowerment for millennials

BY RACHEL WAYNE

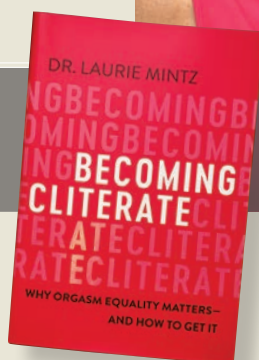
LAURIE MINTZ '82

Union Major: Psychology

Current Position: Title, University of Florida



'82



Laurie Mintz '82 is calling for a revolution. That may sound unusual for a psychologist, but Mintz's work is far from typical. She uses science to promote sexual health and well-being.

In her second book, *Becoming Cliterate*, which hit stores May 9, 2017, Mintz combines feminist analysis, anatomy, and psychological research to help close the pleasure gap between women and men.

To Mintz, this sexual disparity is an aspect of gender inequality in society, and she is determined to rectify it—a drive she attributes to her education at Union College.

"My time at Union was transformative," said Mintz, who majored in psychology. "My professors and classmates instilled in me the skills and attitudes of critical thinking and taking risks to fight against societal inequities."

"It's hard to believe that in 2017 so many sexual inequities still exist. It's especially shocking that an under-

standing of women's pleasure is still not more widely known," Mintz added.

Millennials, the target audience of the book, have grown up with access to pornography yet without sex-positive sex education. The result, Mintz said, is that "this generation of women often falsely think something is wrong with them." Taking this further, in a *Psychology Today* blog that went viral, Mintz stated, "Millennials are the most sexually misinformed generation of women ever."

How does Mintz know so much about this generation? She teaches hundreds of them each year in her wildly popular *Psychology of Human Sexuality* class at the University of Florida. Data she's collected in this class and quotes from her students' pepper her new book.

1982

Deborah (Petrillo) Spencer writes, "Proud to report that the team I advise, Morristown (NJ) Colonial Rocketry, scored 30th in the country in the Team America Rocketry challenge. The competition brought together teams from 48 states and was run by the Aerospace Industry Association and the National Association of Rocketry."

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Charity Navigator, the nation's largest and most-utilized evaluator of charities, recently appointed **Larry Lieberman** its chief operating officer. He joins Charity Navigator from Dynamite Labs, Inc. a venture-backed developer of mobile software that he co-founded in 2014 and where he has served as COO. Larry received his MBA from New York University's Leonard N. Stern School of Business. For more than a decade has served on the board of directors of the JED Foundation, a provider of mental health resources to colleges. He is also an advisor to DoSomething.org, ReadWorks, StreetLivesNYC, and a board member of Better World Ed.

Linda (Wallen) Boff was recently appointed to the Dunkin' Brands Group board of directors. Linda is the chief marketing officer for GE, responsible for leading the company's global marketing strategies.

Steven Eskenazi writes, "Three years ago I met with President Ainlay in the Bay Area after Union won the Frozen Four hockey championship. As a