

Real 365 Gym - Ad Copy - 65452

Ad #1

Ad Body Copy:

Physical wellness is crucial to mental health — and vice versa.

When you support your overall wellness, you become more resilient to mental illness. The benefits of exercise and physical health for mental wellness are well-known. Yet in our society, we often divide them into different pursuits.

At Real365, we take a holistic approach to health that unites the pleasure of exercise with the comfort of mental wellness. Our gym is unique in that we cohesively support both.

The result? You will gain strength, better manage stress, and cultivate your connection to your community.

With us, you can shift your perspective from fixing illness or weakness and bring together the triumphs of fitness and mental wellness.

Click or tap below to begin your 7-day unlimited trial for just \$50. Real365 is here to support your health journey.

[Video or Image appears here]

Headline Option 1 (up to 50 characters/10 words): A Gym for Both Your Body and Your Mind

Headline Option 2 (up to 50 characters/10 words): Embrace Wellness as the Ultimate Fitness Goal

News Feed Link Description: Real365 is a one-of-a-kind gym designed to support both physical fitness and mental wellness as part of a holistic approach to health.

Ad #2

Ad Body Copy:

Mental health is more than treating mental illness. It's the culmination of total wellness, encompassing both the body and mind. When we support the one, we treat the other.

That's the core philosophy of Real365, a new gym designed to support both physical and mental wellness. After all, you cannot have one without the other.

Embark on a new health journey with full support for your psychological and physiological well-being. Real365 was created to empower you to develop a strong, empowering lifestyle — resulting in resilience, self-esteem, and both physical and mental strength.

Whether you're seeking improved fitness, mental health, or both, you'll find compassionate support at Real365.

Click or tap below to begin your 7-day unlimited trial for just \$50. Real365 is here to support your health journey.

[Video or Image appears here]

Headline Option 1 (up to 50 characters/10 words): Where Physical and Mental Strength Meet

Headline Option 2 (up to 50 characters/10 words): Support Your Mental and Physical Health Together

News Feed Link Description: Real365 is a one-of-a-kind gym designed to support both physical fitness and mental wellness as part of a holistic approach to health.

IMPORTANT: This written material has been prepared based on sources which you provided. Neither Flocksy or the creative who wrote the copy makes any claims whatsoever as to the accuracy of the information contained within, and they are not responsible for any legal or financial difficulty resulting from the use of this written material. We encourage you to review it thoroughly before disseminating it or using it in trade.

SOURCES USED:

<https://www.real365.com.au/ourstory>