

Top 5 Facial Treatments

Different types of treatments have been created as the beauty industry tries to cater to a developing market, resulting in various types of treatments. Below are the top 5 facial treatments you can try out.

- **Hydrafacial**

Those who want a cleaner and hydrated look can opt for a Hydrafacial. Hydrafacial MD has a sophisticated device that will exfoliate, clean, and moisture the face in less than two hours.

The first step is to clean and exfoliates the face so that the dirt does not obstruct the hydrating process. After that, the device sucks the dirt and blackheads away while using glycolic and salicylic acids at the same time. The third step moisturizes the face by filling it with vitamins and antioxidants.

The last process uses blue/red LED lights to seal everything used during the process. When you finish the treatment, you will get a glowing and plump hydrated skin.

Hydrafacial's price ranges from \$150 to \$300, and it can be performed monthly

- **Microdermabrasion**

Microdermabrasion is similar to Hydrafacial in terms of exfoliating. Microdermabrasion uses a diamond-shaped or crystal-filled tool to glide across the face, removing the dirt and stimulating the collagen.

Intense treatment can be done weekly. Once the desired result is achieved, the \$50 to \$100 treatment can be carried out monthly.

- **Chemical Peel**

If microdermabrasion uses a handheld device, chemical peel uses a chemical formula to remove the top layer of the skin. The dermatologist rubs the chemical all over the face and then uses towels or cleansers as part of the treatment. The dead skin usually comes off within three to seven days, depending on your skin type.

The treatment is perfect for those who want to get rid of their acne scars quickly. The price depends on your location. It can be as low as \$50 or as high as \$500, depending on the type of chemical that is used on the patient.

- **Microneedle**

Microneedle is not for the faint-hearted, as it involves needle and skin puncturing. Microneedle is a facial treatment where the handheld needle device punctures the skin simultaneously while applying nourishment and vitamins. The micro-injuries trigger the body to heal itself, stimulating the collagen and elastin. Thankfully, a numbing cream is applied to the face first, resulting in a painless process. After that, the dermatologist applies a cooling mask that gives more nourishment on the face.

The \$50 to \$300 treatment is best for those who want to improve their skin's texture and to nourish it. It is not for impatient people as the result appears only after a number of treatments.

- **Microcurrent**

Need a quick lift for your skin? Then microcurrent is for you. As the name implies, microcurrent uses an electrical current to stimulate your muscles and skin. Of course, the serum and other goodies are also applied during the stimulation. The treatment is finished by applying a sheet mask onto the face, calming the muscles while giving more nourishment.

Depending on the location, microcurrent ranges from \$100 to \$495. If it is too expensive, you can opt to do it at home by buying the \$85 to \$250 device.

With the unlimited number of treatments available, you can pick the one most suitable for your skin and needs. Call the nearest beauty clinic and book an appointment now!