

Our course is the only one of its title that is accessible online and is not offered by any other institution.



Avail our 'Early Bird Offer'  
Register Today and get 10% off on our Weight Management Course\*!

Get in touch

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## WEIGHT MANAGEMENT COURSE- 2018



**XYZ  
INSTITUTE**

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## ABOUT US

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XYZ is one of the country's largest institute providing healthcare courses to Doctors, Physicians, Nurses and Nutritionists with 26 years of dedicated focus in healthcare education and patient care.

XYZ is also an A-grade accredited institute affiliated with the University of ABC.

## OBESITY IN INDIA- STATISTICS

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Data released by the World Obesity Federation shows that the percentage of Indian adults living with obesity is set to jump to around 5% by 2025, from 3.7% in 2014

With childhood obesity on the rise, India has the second highest number of obese children in the world after China, according to a study published in The New England Journal Of Medicine.

**OUR COURSE HAS BEEN SPECIALLY DESIGNED FOR HEALTHCARE PROFESSIONALS, LIKE MEDICAL SPECIALISTS, GENERAL PRACTITIONERS, AND NUTRITIONISTS.**

### WEEK 1-2

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NUTRITION AND WEIGHT MANAGEMENT COURSE

### WEEK 3-4

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ACSM CERTIFIED EXERCISE PHYSIOLOGIST COURSE

### WEEK 5-6

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NUTRITION INTERVENTION FOR HEALTHY CHILDHOOD GROWTH

### WEEK 7-8

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PEDIATRIC CURRENTS: PEDIATRIC OBESITY

## WHY XYZ?

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Our Weight Management Course has been developed for health professionals who are aware of the rising demand of weight and obesity management consultation and want to enhance their learning in ways to supplement the quality of life and overall well-being by promoting healthy dietary behaviors and exploring healthier dietary modifications.

## WITH OUR TRAINING, YOU WILL ALSO:

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- Become more confident in your role
- Supplement your traditional healthcare education
- Expand your practice to include weight management consultation
- Be a certified weight management practitioner under the University of ABC