

Child Poverty in the USA

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People in the United States often hear about poverty in underdeveloped countries where children are malnourished and homeless. Diseases are widespread and the lives of these people may seem hopeless. The conditions in these locations are devastating, and there are many charities aimed at supporting those living in poverty. However, it's also important to realize that there are malnourished children, homeless families, and extreme poverty in the United States as well. It's a sad reality, but there are ways to help.

[Poverty Statistics](#)

According to 2010 Census information, the poverty rate of Americans was over 15 percent, which is approximately 46 million people. Nearly a third of people living in poverty are [children](#). The process used to determine poverty is quite complex. It varies according to family size, number of children and other factors. A family of four with two children must make under \$22,000 before taxes to be poverty level. This doesn't include assistance that's not in the form of cash, such as food stamps. Some believe that the percentage of people at poverty level is exaggerated, but there are still many families with children who struggle to survive.

[Starvation](#) and [Homelessness](#)

Poverty does not necessarily mean that a family is starving or homeless. Food security is a phrase used to describe whether a family has enough food to meet nutritional needs. Some estimates say that the number of Americans who are not food secure is over 30 million. Other estimates are higher. About 25 percent of children have some degree of food insecurity. The impact of starvation goes beyond malnourishment. It also causes mental and psychological problems. Hunger can lead to depression and anxiety. Children may struggle in school and fall behind. It can become nearly impossible to escape the cycle of poverty. Unfortunately, many of these children are also homeless.

It's impossible to tell exactly how many Americans are homeless, but estimates have been made up to 3 million. According to the [National Coalition on Family Homelessness](#), homeless children experience many of the same difficulties as malnourished children. They are sick more often and more likely to have behavior difficulties. Many are in violent and dangerous family situations. The causes of homelessness vary, but domestic abuse, unemployment, disabilities, addictions, and the inability to afford housing all contribute. Some families have gone a significant amount of time without homes. Some live on the streets, have family they stay with temporarily, or stay in shelters. Homeless shelters are often forced to turn families away because there is not enough room for all the people who need shelter.

How to Help

There are people who care about changing the lives of children who are affected by poverty. [Feed the Children](#) is one organization that helps American children living in poverty. This organization, located in Oklahoma, is an international organization that helps ensure that families have enough to eat, but they do much more than that. They assist Americans living in poverty by providing clothes, books, and even school supplies to children. Boxes are sent to churches, shelters, and other locations to be handed out to people in need. There are many ways to get involved with the organization. You can donate money, sponsor a child, or start your own fundraiser. Companies, individuals, schools, families, and churches can all come together to get involved and make a difference.

[Feeding America](#) is the top hunger-relief organization in the United States and serves millions of Americans. Feeding America provides people with food, and also supports adults who are trying to

create better lives for their children. The organization has several different programs that reach out to Americans all over the country. Feeding America has programs that deliver food boxes, provide food stamps, and summer meals for children. Feeding America has the support of food companies, grocery stores, other organizations, and celebrities to help with this serious issue. Individuals can also help through donations, volunteer work, and advocacy.

[The Hunger Site](#) is a place where individuals can shop, with proceeds going to people affected by hunger. There are a variety of unique items on the website including clothing, jewelry, and housewares. You can also make donations. For a donation of just \$25, you can feed a family for two weeks. There are many issues that this organization works to improve including literacy, healthcare, and hunger.

These are only a few examples of organizations that help families struggling with poverty. [UNICEF](#) is one of the most well-known and respected charities that helps provide necessities to children all over the world. The [Children's Defense Fund](#) is another organization that aids children struggling with poverty. [Share Our Strength No Kid Hungry](#) provides children with school breakfasts, meals during the summer, and organizes bake sale fundraisers.

[The Coalition on Human Needs](#) is an organization that advocates for many different issues concerning poverty, such as job security, food stamps, homelessness, and healthcare. However, despite all the volunteers and efforts, there are still millions of innocent children living in poverty in the United States.

Poverty is a major issue in locations all over the world, including the United States. To make a positive difference, search for ways to help in your community, such as volunteering at a food kitchen, donating to local charities, or holding fundraisers. September is National Hunger Action month, and during the week of September 18-24, you can help by visiting specific restaurants that support [Share Our Strength's Dine Out For No Kids Hungry](#). You can also check out some of the other organization websites to find more ways to help. By coming together and working for change, Americans can make a difference and improve conditions for children living in poverty.

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