

From: support@merckengage.com
To: [Recipient's Name]
Subject: **November is Diabetes Awareness Month!**
Preheader: **Know more about type 2 diabetes and its treatment.**

Note: Links to https://
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Note: Links to https://
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Find help dealing with type 2 diabetes

Every November, Americans have an opportunity during Diabetes Awareness Month to think about the impact this condition has on millions of people. Keep ahead of type 2 diabetes by following the tips and information on our site. **Discover what type 2 diabetes really is.**

Note: Links to https://
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conditions/diabetes/
what-is-type-2-diabetes



What should a type 2 diabetes treatment plan include?

Type 2 treatment can be challenging, especially when you consider that a treatment that works for one person may not be what's best for another person. Talking with a doctor to learn more is a good way to find out what plan could work best.

Note: Links to https://
www.merckengage.com/
conditions/diabetes/
type-2-diabetes-
treatment

[Find out what should be in a treatment plan.](#)



Lower the risk of low blood sugar

Hypoglycemia has long been known to be a major concern for people with diabetes. Learning how to limit and manage low blood sugar episodes is among the keys to diabetes treatment.

Note: Links to https://
www.merckengage.com/
conditions/diabetes/how-
to-prevent-low-blood-
sugar

[Learn more about low blood sugar and its risks.](#)



How can carbs impact type 2 treatment?

It's important for people with diabetes to understand how carbohydrates can impact blood sugars. A glycemic index diet allows people to eat carbohydrate-containing foods that are less likely to cause large increases in blood sugar levels.

Note: Links to https://
www.merckengage.com/
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glycemic-index

[Find out what you should eat, and what you should avoid.](#)

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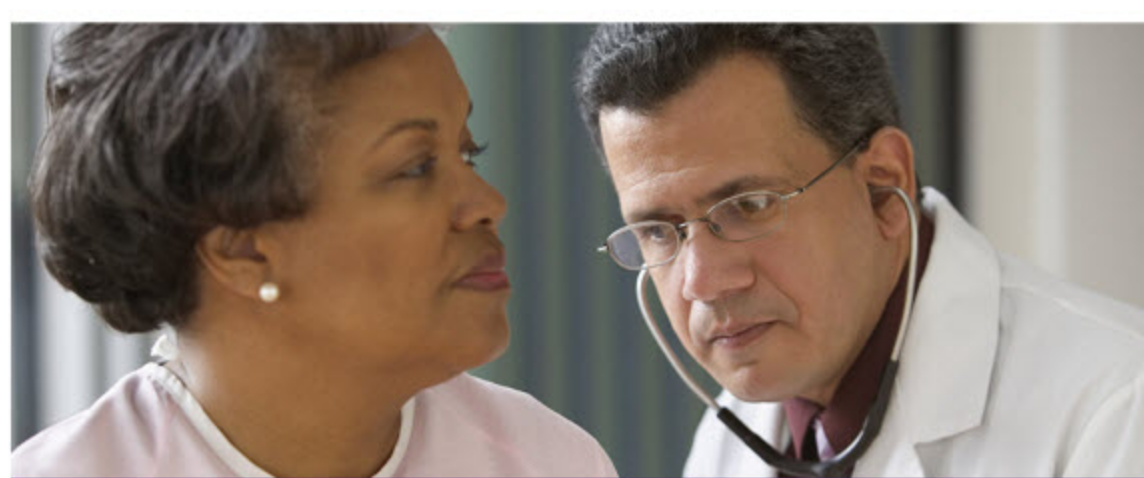
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