

From: support@merckengage.com
To: [Recipient's Name]
Subject: **Tips and tools for taking care of loved ones**
Preheader: **Find support to help you be the best caregiver you can be.**

Note: Links to https://www.merckengage.com/

Note: Links to https://www.merckengage.com/health-insurance

Note: Links to https://www.merckengage.com/caregiving

Note: Links to https://www.merckengage.com/healthy-living



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Get support when caring for loved ones—and yourself

Taking care of a loved one can be both rewarding and challenging. MerckEngage has resources and information that may help you manage the challenges of caregiving.

Tips and advice for giving care

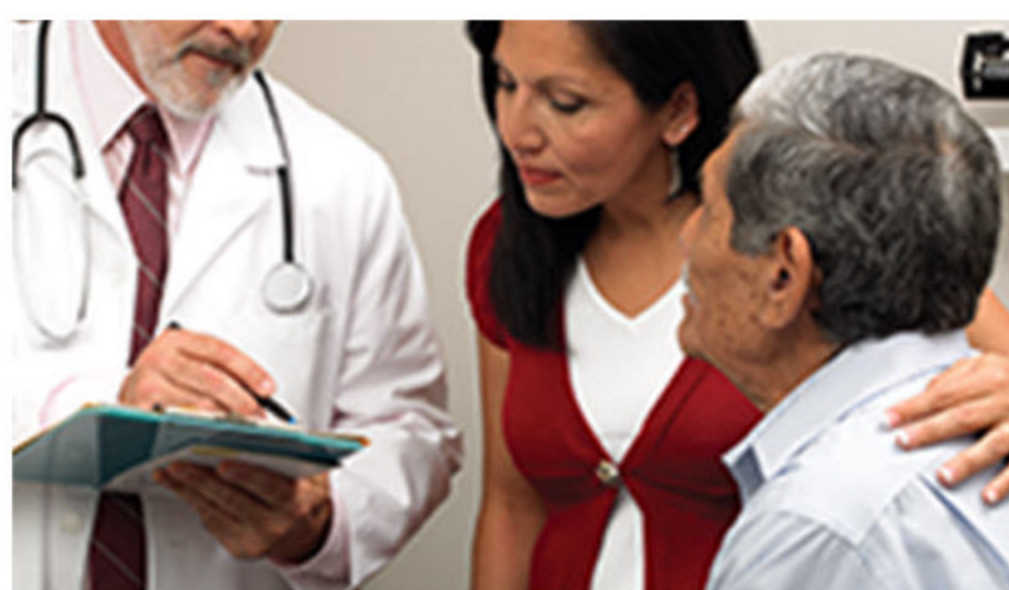
Giving care for a loved one could be among the important roles you'll play. Having some guidance may make the process a little easier.



Get ready for your caregiving role

[New to caregiving? Here are some steps you may want to take](https://www.merckengage.com/caregiving/new-caregiver-role)

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What to pack for the infusion or treatment center

[Here are 6 things to bring](https://www.merckengage.com/caregiving/caregiver-checklist-for-the-infusion-center)

Note: Links to https://www.merckengage.com/caregiving/caregiver-checklist-for-the-infusion-center

Resources for giving care

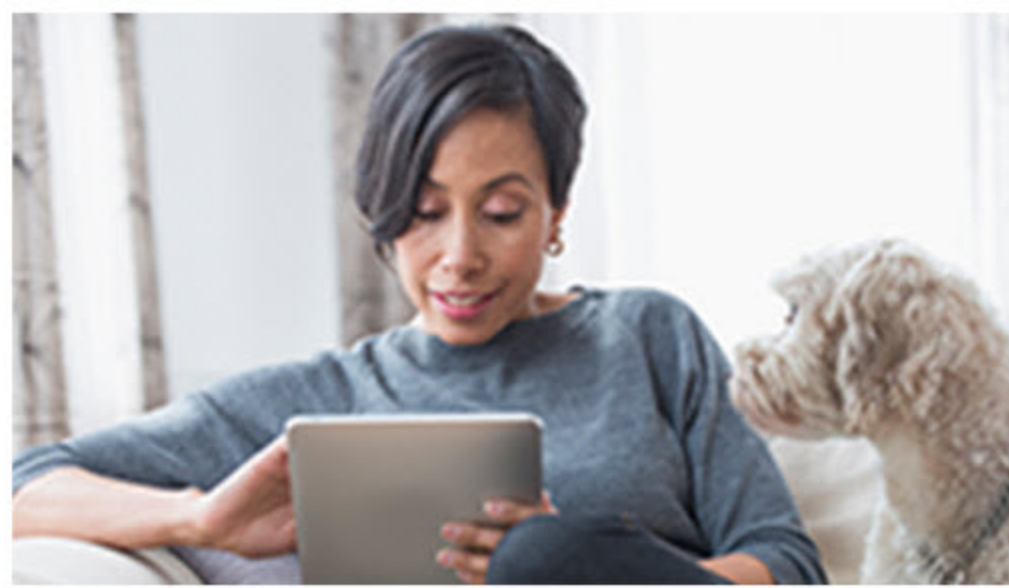
There are many ways in which caregivers play an important role in caring for their loved ones. Along with providing in-home assistance, the availability of community programs can help those you care for remain productive members of the community.



Stay organized with the Caregiver Notebook

[Keep track of your loved one's health information](https://www.merckengage.com/caregiving/my-caregiver-notebook)

Note: Links to https://www.merckengage.com/caregiving/my-caregiver-notebook



Make the Web work for you

[Find online services to help with caregiving tasks](https://www.merckengage.com/caregiving/great-caregiver-tools)

Note: Links to https://www.merckengage.com/caregiving/great-caregiver-tools



Be sure to visit [MerckEngage](https://www.merckengage.com) often to stay up to date on useful information, from healthy living tips to a better understanding of certain physical conditions.

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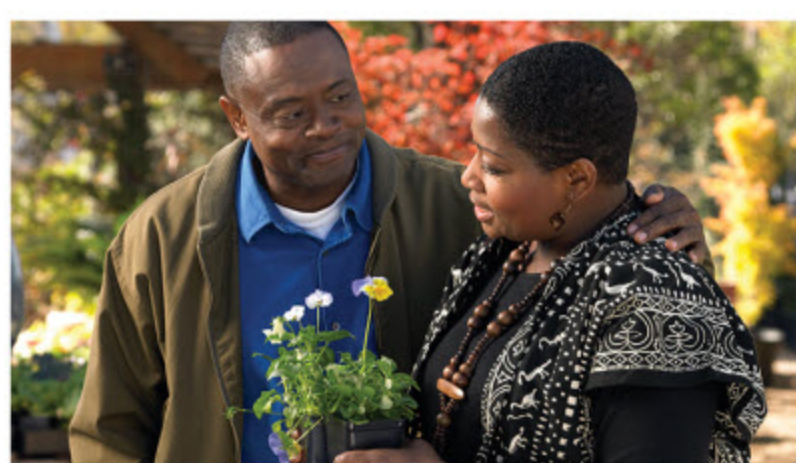
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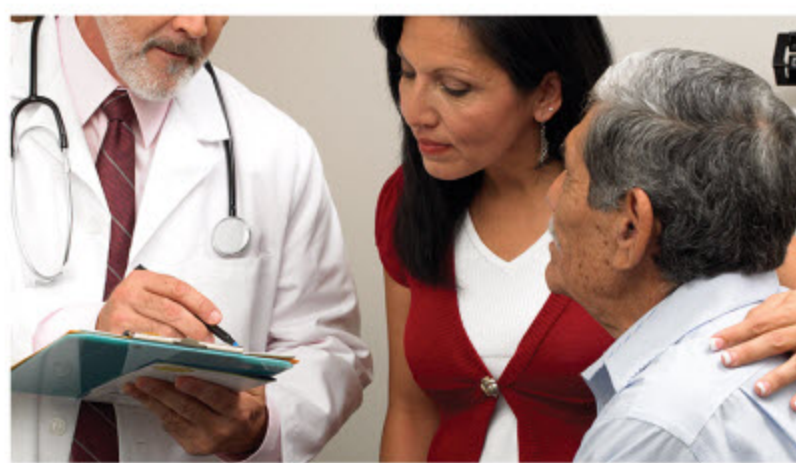
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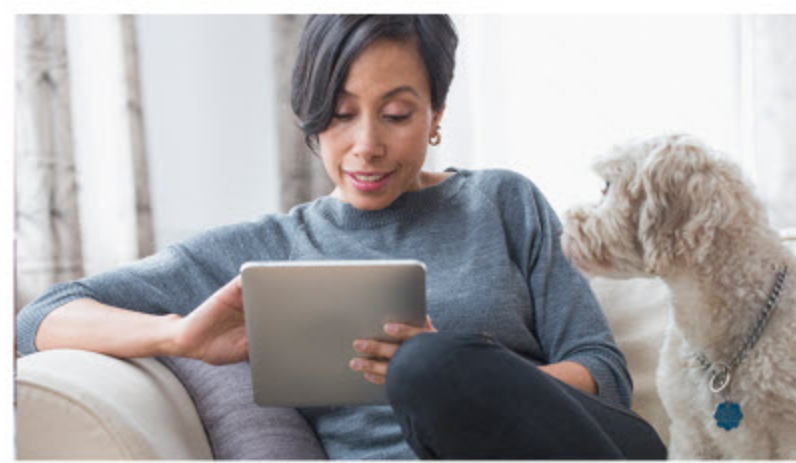
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