

Anita Flowers

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Summary of Qualifications:

Excellent writing and speaking skills, with experience in developing and presenting seminars on human development topics

Freelance writer for over ten years

Writing coach and teacher

Organized and goal-oriented, with a perfectionist attitude regarding writing details

Professional Experience:

Pinnacle Leadership Associates Charleston, SC
August 2009 – present

Writing coach for groups and individuals. Helped edit and improve writing samples. Led writing workshops for ministers and therapists. Life, leadership and career coach. Developed and presented seminars on personal and career development.

Freelance Writer
August 1998 – present
Wrote and published short essays, curriculum guides and book reviews.

Mattel Inc., El Segundo, CA
March 1998 – August 2010
Retail Sales representative; provided local and regional sales and support for national store accounts; hired and supervised 2-3 seasonal employees each year.

Family Learning Team Greenville, SC
Greenville County School District
November 1996 – May 1998
Parent Educator - developed Parents at Work program; created and presented parenting seminars for parents in the workplace, neighborhoods, and schools.

Erskine College Due West, SC
August 1993 – May 1995
Adjunct instructor in psychology and sociology department; taught classes as needed

Pettigru Therapy, Inc. Greenville, SC

August 1992-April 1995

-Individual and group counselor; developed and marketed seminars on career development, parenting, stress management, and addictions.

Employee Assistance Programs of Spartanburg County Spartanburg, SC

April 1989 – November 1992

-EAP counselor providing individual and group counseling with focus on addictions and career development, provided consultation for companies on substance abuse issues, emotionally troubled employees, & conflict management.

Foothills Mental Health Center Morganton, NC

September 1987-April 1988

- Master's internship; Individual, family and group therapy concentrating primarily in therapy with children and adolescents, psychological assessments, consultation with schools.

Appalachian State University Boone, NC

August 1985- May 1986

- Academic advisor to undergraduate students; counseled students on academic requirements and schedule, study skills, and time management.

Education:

M.A. Clinical Psychology
Appalachian State University
Boone, NC 1990
Graduate GPA: 3.97

B.S. Psychology and English
Virginia Tech
Blacksburg, VA 1983
QCA: 3.75