

There's no escaping under eye circles, but there's certainly ways to reduce puffiness and change their appearance over time. It might not be an overnight ordeal, but you can rest assure that you can eliminate them with the right tools.

How To Remove Those Dark Circles Under Your Eyes Naturally



Source: [Lucky Business](#)

Under eyes circles always seem to rub people the wrong way. They're unwanted, highly noticeable and can make you look tired. Many will experience this problem, yet the reason for it can vary greatly. For some, it's due to a lack of sleep, extreme allergies, stress or (quite surprisingly) oversleeping.

Dark circles are also hereditary and can be harder to eliminate though not impossible to remove. Luckily, there are a few natural ways to brighten your skin without having to go to any extreme.

Almond Oil



Source: [mama_mia](#)

Coconut oil had better watch out because there are a slew of traditional cooking oils out there which will benefit and elevate your beauty routine. Almond oil contains Vitamin E and is rich in some other minerals and proteins.

Apply a little bit of the oil at night before you go to bed, and rinse it off in the morning. You'll start to see improvements over a few weeks and worry less about skin discoloration.

Tea Bags



Source: [Africa Studio](#)

If you're throwing out old tea bags after one use, then you're doing it wrong. Instead, you can reuse them to lighten the area under your eyes. Store your tea bags in the refrigerator next time you make a cup for yourself, and let them chill for a few hours.

Afterward, simply place a bag over each eye for about 10-15 minutes. Once you've finished, rinse off any residue and repeat the process up to twice a day. The caffeine and antioxidants in the tea will reduce puffiness and shrink blood vessels, removing any discoloration you may have.

Raw Potatoes



Source: [Artem Shadrin](#)

While cucumbers do provide anti-inflammatory perks, potatoes offer a better option for a home remedy. Potatoes stay colder for longer after being taken out of the fridge. Raw potatoes also contain an astringent which sucks water right from the skin.

Your eyes will look more awake and less dark than before, and it will benefit you in the long run. Remember also to keep your potato in the fridge before cutting it up for a faster process.

Collagen Cream



Source: [CruZeWizard](#)

Sometimes, dark circles are stubborn and usual methods might not work for you. Beauty companies have manufactured a variety of collagen creams for this particular problem, and it could be the alternative you're looking for. Retinol is found in some products and helps to brighten darker skin, as well as assist in the production of natural collagen.

Under eye, circles can make you feel self-conscious and frustrated because they stand out and only get worse as you age. However, there are many natural options to choose from to lighten up the area and reach the goals you want to achieve. Whether you use at-home options or beauty care products from the store, you'll be able to find a solution for unwanted dark circles.