

A COMPLETE GUIDE TO NEPAL

Nepal Tour Package brings you to the gateway of the majestic Himalayas. Witness all the splendour this part of the world has to offer and leave with an awe-inspiring experience of a lifetime.

Luxury Everest Trip by Helicopter brings you right into the heart of the Everest Region in style. Fly to the top of world, have breakfast amidst some of the world's tallest peaks and savour the experience in the lap of luxury.

Annapurna Base Camp Trek gives you an opportunity of a lifetime to be in a unique group of people in the world who have trekked to the Annapurna Conservation Area. Test your limits and be rewarded every step of the way with majestic views and access to some of the most beautiful spots on earth.

Upper Mustang Trek takes you on a wild and thrilling journey around one of the most remote areas in Nepal. Once known as "The Forbidden Kingdom", this locale remains untouched by the outside world. This underrated trek guarantees different mountain terrains every day!

Area	Attraction	Type	Attraction Write-up
Pokhara	Fewa Lake	Sightseeing Tour	The freshwater Fewa Lake is the most popular and most visited lake in Nepal. Catch the views of the majestic Mount Fishtail and the Annapurna Mountain Range against the backdrop of clear blue skies and crystal clear waters below. Truly a slice of paradise on earth as nature comes alive through the dense forest nearby. Choose to either take a boat, walk or cycle around the lakeside.
Pokhara	Tal Barahi Temple	Temple/ Pilgrimage Tour	Take a boat ride to visit the Tal Barahi Temple which rests on an island in the middle of Fewa Lake. This temple is the most important religious monument in Pokhara dedicated to the avatar of Goddess Durga. Standing as a 2-story pagoda, this temple was built by a Shah Dynasty king in the 19th century.

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Pokhara	World Peace Pagoda	Sightseeing Tour	Trek up to the World Peace Pagoda and catch spellbinding views of sunset over the Annapurna range, Pokhara city and Fewa Lake. Also known as Shanti Stupa, this gleaming white piece of architecture is raved to be one of the world's greatest stupas. Built by Japanese Buddhists, this stupa houses a shining golden statue of Buddha in a posture he assumed when he was born.
Pokhara	Sarangkot	Sightseeing Tour	Watch the sun rising over the Himalayas from Sarangkot and stand before the panoramic views of Mt. Fishtail, Annapurna I, II and Dhaulagiri. A must-stop destination for those visiting Nepal, Sarangkot has carved its name for offering the best views of the snow-capped mountains during sunrise.
Pokhara	Devi's Falls (Patale Chhango)	Sightseeing Tour	As one of Pokhara's prime attractions, Devi's Falls is a waterfall unlike anything you have ever seen before. Called Patale Chhango or 'underworld waterfall' in the native tongue, this waterfall marks the point where the Pardi Khola stream vanishes into a tunnel upon reaching the bottom of the falls. During the monsoon season, the stream from this waterfall is a full bore and the sound of the water plunging over the falls is deafening.
Pokhara	Gupteshwor Mahadev Cave	Temple/ Pilgrimage Tour	Rumoured to be Nepal's longest cave, the Gupteshwor Mahadev Cave is said to have been discovered in the 16th century. The main cave houses 2 chambers with several shrines within in. The largest shrine is dedicated to Lord Shiva. Behind the shrine lies a tunnel which will take you to the cavern adjacent to the thundering waters of Devi's Falls.

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Pokhara	Bindyabasini Temple	Temple/ Pilgrimage Tour	Discovered in the 17th century, the Bindyabashini Temple is one of Pokhara's holiest sites. Made as a tribute to the Goddess Bhagwati, the guardian deity of Pokhara, this temple is said to be related to the famous Bindyabasini temple in Uttar Pradesh, India. It is a mark of immense cultural value as Hindus are seen praying here daily. This temple is located 3,000 feet above sea level and offers breathtaking views of the valley.
Pokhara	Begnas Lake	Sightseeing Tour	The freshwater Begnas Lake personifies clear waters reflecting emerald forests and hills surrounding it. Bathe in the tranquillity and peace this gorgeous locale has to offer by going on a quiet hike, boating around the lake or simply sitting in admiration of the Annapurna range in the distance. An excellent spot to observe nature, even if you want to do it from the comforts of one of the cafés or restaurants nearby.
Pokhara	International Mountain Museum (IMM)	Sightseeing Tour	The IMM has one of the most extensive documentations relating to mountains and mountaineering in the world. Explore exhibits of famous peaks, the culture and lifestyle of the native mountain people as well as the flora and fauna in the terrains.
Bandipur	Bandipur Town	Sightseeing Tour	Bandipur is a hilltop settlement and a popular Newari village known for its well preserved 18th century architecture that looks to have withstood the test of time. An excellent introduction into Newari culture and way of live. Bask in all the charm and serenity this locale has to offer amidst a backdrop of scenic hills and the Himalayas.

Area	Attraction	Type	Attraction Write-up
Kathmandu	Kirtipur	Sightseeing Tour	Kirtipur is an ancient Newari town known for its narrow brick paved lanes, red brick homes and medieval temple squares stacked on a slanted hill. With a history going back to 1,099 A.D., a sense of old world grandeur can still be felt here. Observe the way of life of the Newari who have stayed true to their traditions for generations and get a taste of it through their cuisine.
Kathmandu	Patan	Sightseeing Tour	Patan is the third largest city in Nepal and is also known as Lalitpur, meaning "the city of beauty". Once a major independent kingdom of the Kathmandu Valley, Patan is a melting pot of Hinduism and Buddhism as visible today in its architecture, art and culture. Patan is famed for its crafts, so do take the opportunity to visit wood, metal and art workshops.
Kathmandu	Swayambhunath Stupa	Temple/ Pilgrimage Tour	Resting on a hillock in the Kathmandu Valley is the historical Swayambhunath Stupa, popularly known as Kathmandu's Monkey Temple. As one of the holiest stupa in Nepal, it is said to have evolved spontaneously when the valley was created more than 2,000 years ago. Today, it is a World Heritage Site and offers visitors panoramic views of the city while overlooking most parts of the valley. It is visited by Hindu and Buddhist pilgrims from all over the world.
Kathmandu	Chandragiri Hill	Sightseeing Tour	Take a cable car ride up to an altitude of 2,550 metres to Chandragiri Hill. From this vantage point, soak in the brilliant views of the Kathmandu Valley and Himalayan mountain range from Annapurna to Everest. While there, pay homage at the Bhaleswor Mahadev Temple dedicated to the incarnation of Lord Shiva. Explore the local food scene while you are there, with a selection of fine dining or food stalls to choose from.

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Kathmandu	Pashupatinath Temple	Temple/ Pilgrimage Tour	The Pashupatinath Temple is one of the four most important religious sites in Asia devoted to Lord Shiva. It is said that the site has been around since the beginning of the millenium when a Shiva Lingam was discovered here. Today, it is a UNESCO World Heritage Site and Kathmandu's most iconic attraction. As Nepal's largest temple complex, the site consists of hundreds of small temples, shrines and <i>lingas</i> .
Kathmandu	Kathmandu Durbar Square	Sightseeing Tour	Kathmandu Durbar Square, a UNESCO World Heritage Site, was once the site where kings were crowned and from where they ruled. Located opposite the old royal palace of the former Kathmandu Kingdom, this square held the palaces of the Malla and Shah kings who once ruled the city. Witness the architectural styles and craftsmanship spanning several centuries throughout the temples, courtyards and ponds in this square.
Kathmandu	Kathmandu Valley	Sightseeing Tour	The Kathmandu Valley has a minimum of 130 important monuments, including several pilgrimage sites for Hindus and Buddhists, as well as 7 World Heritage Sites within the valley. Also known as the economic hub of Nepal, it is popular among tourists for its architecture, shopping, gastronomy, nature and culture. Lucky ones will get to witness <i>jatras</i> or street festivals showcasing Nepal's diverse cultures.
Kathmandu	Nagarkot	Sightseeing Tour	Catch the sun rising over the perch of Nagarkot hilltop and the snow-topped Himalayan mountains. From an elevation of 2,200 metres above sea level, soak-in the serenity as the morning sun glows over the lands below. Mount Everest and the Annapurna ranges are visible on clear days.

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Kathmandu	Nagarkot (Sunrise & Mountain Viewing)	Sightseeing Tour	Take full advantage of this hill station to bask in the panoramic views of the mountains with a drink in hand! Nagarkot is also a popular hiking destination so adventurous souls might want to explore this locale on foot. Alternatively, bikes can be hired from your hotel. Those craving some timeout can simply sit on a balcony and enjoy the scenes Nagarkot has to offer.
Kathmandu	Budhanilkantha Temple	Temple/ Pilgrimage Tour	The Budhanilkantha Temple is an open air complex dedicated to Lord Vishnu. It is distinguished predominantly by a reclining statue of the deity partially submerged in a pool of water. The temple is regarded as sacred by the Hindus as well as the Buddhists and draws in thousands of devotees from all over the world.
Kathmandu	Sanga	Sightseeing Tour	Sanga is renowned for its Kailashnath Mahadev Statue, which is the world's tallest Shiv statue, perched 44 metres high on a mountain. The statue is surrounded by a scenic park, making this attraction a feast for the mind, body and soul. With its copper exterior, the statue is a truly majestic sight to behold and attracts an average of 5,000 visitors each week.
Kathmandu	Dhulikhel	Sightseeing Tour	Dhulikhel is one of the more popular hill stations due to its promise of delivering 180 degrees' view of the Himalayas and Mount Everest. But what truly sets Dhulikhel apart from other hill stations is that it is an actual Newari town with a temple-lined village square. An excellent locale for nature, culture and heritage.

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Kathmandu	Manakamana Temple	Temple/ Pilgrimage Tour	Take a journey up to the Manakamana Temple with a cable car. A temple dedicated to the Hindu goddess Bhagwati, this temple's origins can be traced back to the 17th century. Legend has it that whoever who visits this temple would have their wishes fulfilled, thus the temple being named "mana" meaning heart and "kamana" meaning wish.
Kathmandu	Thamel	Sightseeing Tour	Explore the downtown area and tourist hub of Kathmandu, Thamel, on your own. With buzzing nightlife, vibrant shops and lively eateries, one is ought to lose track of time fairly quickly here.
Chitwan	Chitwan Tharu Village	Sightseeing Tour	Experience the lifestyle and culture of the native Tharu people at this village, showcasing their back-to-nature way of living and humble upbringings. Be a part of a community which has withstood the test of time and partake in daily activities with the natives. Exploring the village either by ox/ pony cart or cycling ought to take this tour a notch higher.
Chitwan	Tharu Museum	Sightseeing Tour	A visit to the local museum sheds more light into the history and lives of this Nepali indigenous ethnic group. Called 'the people of the forest', the Tharus have inhabited the land for hundreds of years and are known to have a way of life unlike any other tribe in Nepal. See first-hand the tools used by this tribe over time as well as their traditional costumes.
Chitwan	Sunset Viewing Program	Sightseeing Tour	End the day on a high note as sunset blankets over life in Chitwan. Soak-in the majestic golden orange skylight over the Rapti river and witness the wildlife retreating back to nature. Peaceful and tranquil, this is truly an experience that encapsulates nature at its finest.

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Chitwan	Tharu Cultural Performance	Sightseeing Tour	This Tharu cultural performance is bound to enrich your cultural journey and is something that should not be missed by anyone visiting Nepal. A beautiful show performed by trained artists with audience participation welcomed. Support the natives as they shed light into their lives and culture through music and dance.
Chitwan	Rapti River	Sightseeing Tour	Start the day bright and early with a walk to Rapti river, which the main river that runs along the Chitwan National Park. Rowed by experts, ride along the river in a traditional dugout canoe. Keep an eye out for alligators, rhinos, elephants, numerous species of birds and other wildlife frolicking in their habitat.
Chitwan	Jungle Safari	Sightseeing Tour	This jungle safari will prove to be quite an experience as you will get to ride an elephant and go on an hour long trip into the dense forests of the park. Amidst this hidden world, see one-horned rhinos surrounded by other exotic creatures likes the rhesus monkey, wild cats and perhaps even the elusive Royal Bengal Tiger.
Chitwan	Elephant Breeding Centre	Sightseeing Tour	The Elephant Breeding Centre in Chitwan is one of only two in the world, aimed at protecting the majestic species from being endangered. Here, learn about elephant conservation efforts, meet some adorable elephant calf and pick-up on some unknown facts about these mammals at the museum. You can also feed the elephants if you like!

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Chitwan	Jeep Safari	Sightseeing Tour	One of the best ways to explore the national park is via a jeep safari. In this 3-4 hour trip, you will be driven by a guide in an open jeep to selected spots where you may see sloth bears, spotted dears and leopards among other rare animals. Lucky souls could catch a glimpse of the majestic Royal Bengal Tiger, the highlight of this national park.
Mustang	Jomsom	Sightseeing Tour	This village in the Annapurna mountains also serves as the capital of the Nepalese Himalayan desert of Mustang. A part of Nepal that is truly unique than the rest, expect to see a wide range of terrains in this area, from subtropical jungle to a dry landscape akin to the Tibetan Plateau. Jomsom experiences snow in the winter months of December to February.
Mustang	Jomsom	Trekking Tour	Jomsom is an excellent starting point for a trek as one is bound to find diverse landscapes and cultures on route, providing an intimate insight into the Nepali way of life. Trek along Kali Gandaki River and head north, peaking into snow-capped peaks of Dhaulagiri, Nilgiri and Tukuiche.
Mustang	Kali Gandaki River	Sightseeing Tour	One of the major rivers of Nepal and important tributaries of the holy Ganges river in India. Notable for its deep gorge through the Himalayas, this river is mentioned in the ancient Hindu epic, Mahabharata. A locale that promises magnificent views of mountainous terrains and free flowing river. Black rocks or <i>shaligram</i> as associated with Lord Vishnu can only be found along this river.

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Mustang	Kali Gandaki River	Trekking Tour	After a permit check, trek alongside one of the major rivers of Nepal and important tributaries of the holy Ganges river in India. A locale that promises magnificent views of mountainous terrains and free flowing river. Black rocks or <i>shaligram</i> as associated with Lord Vishnu can only be found along this river.
Mustang	Kagbeni	Sightseeing Tour	Known as the gateway to Mustang, the trek to Kagbeni is gentle for the most part and extremely scenic. Kagbeni is a hidden gem of a village perched 2,800 metres above sea level. Once a citadel, the village is sprawled with homes made with mud and stones showing the wear and tear of time. Kagbeni is steeped in Tibetan influence as can be seen from the prayer wheels, Tibetan flags and a red monastery in the village.
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Mustang	Muktinath	Temple/ Pilgrimage Tour	Muktinath is a famous pilgrimage site for Hindus and Buddhists. Legend has it that the Hindu god Brahma lit the eternal flames here, which has been burning for over 2,000 years to this very day. Other sites include a Buddhist Gompa and a Vishnu temple. For Hindus, Muktinath is the site for salvation while for the Buddhists, it is the place where a great sage stopped while on a journey to Tibet. Both religions revere in the presence of earth, air, holy water and fire in Muktinath.

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Mustang	Marpha	Sightseeing Tour	Marpha is a very ancient Tibetan village made remote by its location at an altitude of 2,600 metres. With beautiful stone lined homes backed against towering cliffs, take the time to explore everything the village has in store- from monasteries to hidden alleys and relics of an ancient culture. Truly a sight for sore eyes and a reminder of simpler times long forgotten.
Mustang	Apple Orchards, Marpha	Sightseeing Tour	In recent years, Marpha has become a mainstay in the region for apple farming. As the apple capital of Nepal, expect to savour in juicy apple and its by-products like pie, cider and brandy while you are here. Walk between rows of trees blooming with beautiful Red Gala and Fuji apples among other varieties and relish in the whiff of sweetness in the air.
Mustang	Tangbe	Trekking Tour	Trekkers will be rewarded with the presence of Tangbe village after braving the sand and fierce winds during the trek up north. This is a typical Mustang village with narrow alleys and whitewashed walls. Located on a promontory, Tangbe offers excellent views of the Kali Gandaki Gorge. Apple orchards and fields of barley and buckwheat add pops of colour to an otherwise barren landscape.
Mustang	Chele	Trekking Tour	Chele village, or also known as Tsaile, sits at an elevation of 3,050 metres above sea level. It is reached after crossing a steel bridge over the Kali Gandaki river and a steep climb thereafter. This is the locale where trekkers will unwind for the day and recharge for the next day.

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Mustang	Ramchung Cave	Trekking Tour	The trek to Ramchung Cave is slightly challenging as the trail goes uphill passing two high passes of Taklam La, at an elevation of 3,624 metres, and Dajori La, at an elevation of 3,735 metres. Through this plateaus and narrow stretches lies the view of Tilicho Peak, Yakawa Kang and Damodar Danda mountains.
Mustang	Samar	Trekking Tour	A further descent leads to the village of Samar, where your restricted area permits will be checked. Samar is another village in the vicinity with postcard-worthy views. Perfect spot to fuel up on a hot meal and some masala tea.
Mustang	Syanboche	Trekking Tour	A gentle downhill trek from Samar village will lead you to another village where you will rest for the night. Syanboche village is located at an elevation of 3,800 metres above sea level. Buildings with whitewashed walls contrast beautifully with the surrounding landscape of rock formations, canyons and hills.
Mustang	Ghami	Trekking Tour	Ghami is one of the biggest villages in the region. To get here, trekkers will pass the Yamda La Pass and the Nyi Pass. The trek will be a picturesque one with barley and poplar fields along the way. Ghami is an old capital known for its terraced fields as farming is a pivotal part of the life here.
Mustang	Ghami Khola	Trekking Tour	Trekkers cross the Ghami Khola river via a suspension bridge and ascend the trail to a plateau. Witness the longest Mani wall here, a sacred stone wall made by Buddhist followers. Along the way, see ancient huge white dzong (fort) and a red Gompa (temple).

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Mustang	Tsarang	Trekking Tour	Passing Tsarang La pass, trekkers will find the Tsarang village after a short walk. The Tsarang village is steeped in Tibetan Buddhism culture, surrounded by interesting weathered rocks nearby. At an elevation of 3,570 metres above sea level, the village boasts of a chorten gate, old palace and a monastery of the Gelug sect of Buddhism.
Mustang	Lo Manthang	Trekking Tour	Trek through a canyon and cross a river leading up to an uphill trek to the Lo La Pass. Standing at an elevation of 3,950 metres, the pass offers an excellent vantage point to see the walled ancient capital city of Lo Manthang. The town is set against the backdrop of the stunning Nilgiri, Tilicho, Annapurna I and Bhrikuti peaks.
Mustang	Lo Manthang	Sightseeing Tour	Lo Manthang is the walled town capital of Upper Mustang in the far up north, below the range that separates Nepal from Tibet. Get a taste of medieval life here as this former fortress was untouched by the outside world up until 1992. The town is a densely built labyrinth of white-washed houses, narrow alleys and centuries-old monasteries, a reminder of the time it served as the capital of the ancient forbidden Kingdom of Lo.
Mustang	Damodar Kunda	Sightseeing Tour	Damodar Kunda is a sacred lake in the rain shadow area of the high Himalayas. Drawing in Hindu and Buddhist pilgrims, it is said that those who take a deep bath in this lake will be cleared of all sins. The lake is truly a sight to behold as the blue waters pose a striking contrast to the surrounding desert terrains.

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Mustang	Jhampa Gompa	Sightseeing Tour	Established in 1,387 A.D., the Jhampa Gompa the oldest in Lo Manthang and was built during the reign of the famous king Anguin Sangbo. It is said to be a replica of the Ghangtse Jhampa Gompa of Tibet. The three storied Gompa exhibits Lo Manthang's great architectural depth of the past centuries. What makes it unique is the gold painted tantric mandalas on the interior walls.
Mustang	Thupchen Gompa	Sightseeing Tour	The Thupchen Gompa dates back to the 15th century and was built by the third Raja of Mustang, Tashi Gin. It has equally rich archetype of Tibetan art as the much bigger Jhampa Gompa. Its beauty lies in its main hall called 'Dukhang', with gold and silver paints adorning its wall and ceiling. One should look out for Buddhist mantras engraved into the beams at the Dukhang.
Mustang	Chhoeda Gompa	Sightseeing Tour	The Chhoeda Ghompa's origins can be traced back to 1,757 A.D. and is currently the main Gompa of Lo Manthang, serving as a centre of religious activities. This Gompa houses beautiful Buddhist religious paintings. There is also a monastic school attached to this Gompa with some 90 young monks learning here.
Mustang	Chosur Caves	Sightseeing Tour	Upper Mustang is known for its caves with as many as 10,000 caves being discovered in Lo Manthang. One ought to discover the Chosur caves while in the area. Chosur caves are 2,000 year old caves carved high into the cliffs. One can find a labyrinth of small rooms and tunnels, going up 5 floors and up to 85 rooms!

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Mustang	Ghar Gompa	Sightseeing Tour	Ghar Gompa is one of the most popular and oldest monasteries in the world, dating back to the 8th century. A site buzzing with monks, nuns, pilgrims and trekkers alike, this Gompa was built by Guru Rinpoche, the founder of Tibetan Buddhism. It is advised to layer up in jackets while you are here as this locale is very windy throughout the day. Don't miss getting a peek at the beautiful rock paintings in Gyakar too.
Mustang	Drakmar	Trekking Tour	Drakmar is known for its famous red cliffs and valley. Visually stunning, these fiery hued rocks have a story involving magical demons which is worth checking out. Red is definitely the theme of the landscape here as strings of red hills provide constant companionship to trekkers along this route.
Mustang	Ghilling	Trekking Tour	An early morning trek is recommended for this leg of the trek as to avoid extreme winds in the region. Descend gradually and pass through barley fields before arriving at the Ghiling village.
Mustang	Ghilling	Sightseeing Tour	Ghilling is renowned for its 15th century monastery, the Ghelling Gompa, which houses a Shiva statue- a rarity in the Buddhist Upper Mustang. The town itself sits under a rocking mountain as it is split into two sides, with a monastery right in the centre.
Mustang	Chhuksang	Trekking Tour	The idyllic looking township of Chhuksang is located down the main gorge, with its caravanserai pens and narrow, winding main street lined with ancient courtyard-houses. A dramatic range of rocky earth tones run along the cliffs behind the town as its ekes out into the river valley below.

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Palpa	Tansen	Sightseeing Tour	This ancient hill town of Tansen features cobblestoned streets and old artistic Newari houses. Tansen is a cultural melting pot with various ethnic groups leaving an indelible mark on daily life here, as can be seen in its architecture, handicrafts and cuisine. Feast your eyes on intricately carved woodcarvings and colourful woven Dhaka fabric around town.
Palpa	Organic Farm	Sightseeing Tour	This organic farm in Tansen is nestled among the hills and proves to be quite an education in organic and sustainable way of life. Among acres of farmland, indulge in some home cooked meals made fresh from crops harvested the very same day. Take a meditative walk amidst the serene lush greeneries or simply sit and take in the views from this hidden gem off the beaten path.
Palpa	Local Markets	Sightseeing Tour	Hit the local bazaar for some mementos and bring home traditional handicrafts unique to this part of the world. And since Tansen is the home of the famous Dhaka fabric, it is a must-have souvenir be it in the form of a <i>topi</i> (Nepali hat), shawl or purse. Other distinctive memorabilia from this area are metal crafts and locally grown coffee.
Palpa	Rani Mahal	Sightseeing Tour	Also known as Ranighat Palace, the blue and white Rani Mahal sits on the banks of the fabled Kali Gandaki River. It is considered to be the “Taj Mahal of Nepal” since it was built as a token of love by the General of Palpa for his late wife in the 19th century. Crumbling with decay over years of abandonment, the building is now undergoing restoration by the Government of Nepal.

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Lumbini	Lumbini Town	Sightseeing Tour	The beautiful town of Lumbini is nestled in the Himalayas near the Indian border. It is known as the birthplace of Lord Buddha and is now a UNESCO World Heritage Site. A plethora of stupas, some dating back to 2,000 years, and monasteries from past dynasties can be seen across town.
Lumbini	Mayadevi Temple	Temple/ Pilgrimage Tour	The ancient Mayadevi Temple houses the actual spot where the Queen of Kapilavastu gave birth to Lord Buddha in 623 B.C. Drawing 1.6 million visitors and pilgrims annually, this temple is an active site for archaeological excavation and visitors are free to view the ruins. The temple complex also consists of a sacred pond and a Bodhi tree.
Lumbini	Ashoka Pillar	Temple/ Pilgrimage Tour	Built in 249 B.C, the Ashoka Pillar was erected by the Mauryan Emperor Asoka to commemorate his visit to Lord Buddha's birthplace after he converted to Buddhism. The pillar contains Pali inscription in Brahmi script and is the oldest known inscription to be found in Nepal. Made with pink sandstone, it is one of only 19 pillars by Emperor Ashoka which remains today.
Lumbini	Monastic Site	Temple/ Pilgrimage Tour	The Lumbini Monastic Site contains 2 zones, east zone for Theravada Buddhism and the west zone for Vajrayana and Mahayana. Each zone contains monasteries, temples, meditation centres and associations. With 29 monasteries in total, they are built by major Buddhist countries in their own style, making each monastery unique in cultural traditions and architectural features.

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Solukhumbu	Kala Patthar	Sightseeing Tour	Kala Patthar, meaning Black Rock, is a hill that stands out among snow-dusted peaks due to its dark colouration. At 5,644 metres above sea level, Kala Patthar is right in the heart of the Everest Region and provides a glimpse of Mount Everest's peak, a view not visible even from the Everest Base Camp!
Solukhumbu	Hotel Everest View	Sightseeing Tour	Hotel Everest View is the world's highest hotel, standing at an altitude of 3,880 metres. The hotel offers a 360 degree panorama of the Himalayas and Mount Everest, making it a bucket list item for many to have a meal or to wake up with a view that would make one's jaw drop.
Annapurna Conservation Area	Nayapul	Trekking Tour	Nayapul is the picturesque starting point of the trek to Ghandruk. Expect dense forests and some steep terrain on route but one will be soon rewarded with majestic views of snow-dusted peaks of the Annapurna range including Mount Fishtail. Along the way, there are plenty of tea houses serving hot meals and tea as well as amenities to keep you well fuelled.
Annapurna Conservation Area	Birethanti	Trekking Tour	Once a very old trading route between Nepal and Tibet, the ancient village of Birethanti sits on the foot of Modi Khola Valley at an altitude of 1,100 metres. A detour to the trek lies here, with one path leading to Ghorepani and another to Gandruk. Be prepared to show your permits on either side of Modi Khola river.

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Annapurna Conservation Area	Gandruk	Trekking Tour	Gandruk is one of the biggest Gurung settlements in Nepal and arguably the most visited trekking area in the country, and is especially popular with international visitors. Get a glimpse of rural village life touched by nature's grandeur as this locale provides some of the best views of the world's most breath taking peaks.
Annapurna Conservation Area	Kimrung Danda	Trekking Tour	A slow trek up from Gandruk will lead to Kimrung Danda at an altitude of 2,654 metres. One can catch a sight of local shepherds walking their flocks. Tea houses are available on route for some much needed rest and nourishment.
Annapurna Conservation Area	Kimrung Khola	Trekking Tour	After a steep descent from Kimrung Danda, you will reach the Kimrung Khola river at an altitude of 1,890 metres. The chilled, crystal clear waters of this river will prove to be a treat for the mind, body and soul. There is a village settlement on the river bend which is worth exploring.
Annapurna Conservation Area	Chere Danda	Trekking Tour	From Kimrung Khola, an uphill hike begins to Chere Danda. Relish in Himalayan vegetation on this trek and the tranquillity in the midst of a dense forest. Majestic views of Mount Fishtail and other peaks from the Annapurna range provide constant company. Expect a gentler trail leading to Chhomrong.
Annapurna Conservation Area	Chhomrong	Trekking Tour	Another major Gurung town, Chhomrong is known for being well serviced and has the best unparalleled views of Gurung Hill. This village lies at the base of the Himchuli Mountain at an elevation of 2,170 metres. An excellent locale to unwind after a day's hike with views of the sun setting over snowy peaks.

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Annapurna Conservation Area	Chhomrong Khola	Trekking Tour	The trail out of Chhomrong village descends via 2,500 stone steps and crosses the Chhomrong Khola river on a swaying suspended bridge. A treat for shutterbugs wanting views of river water cascading down with a chain of mountains in full view. A sight of lush greenery below awaits those crossing the bridge.
Annapurna Conservation Area	Sinuwa	Trekking Tour	It is an uphill steep climb to Sinuwa with a challenging trail through oak and rhododendron forests. The Sinuwa village lies scattered among tiered cultivated terrains. Perfect spot for nourishment or a hot cup of tea while relishing in the fresh mountain air and warm hospitality of the locals.
Annapurna Conservation Area	Kuldihar	Trekking Tour	After an ascent from Sinuwa, trek through a beautifully lush forest past Kuldihar. The trail at this point is easier to manage and trekkers can expect a pleasant walk all the way to Bamboo.
Annapurna Conservation Area	Bamboo	Trekking Tour	After an easy downhill walk, reach Bamboo. Surrounded by dense bamboo forest, this small village has little more than 10 houses, most of which cater to tourists. Facilities are available here, albeit being quite basic.
Annapurna Conservation Area	Himalaya Hotel	Trekking Tour	The trek from Bamboo will be through a cold and damp dense bamboo forest followed by some steep ascents. But trekkers will soon be rewarded by the sight of Himalaya Hotel, an iconic pit stop for those looking to make their way to the Macchapuchre (Fishtail) Base Camp.

Area	Attraction	Type	Attraction Write-up
Annapurna Conservation Area	Hinku Cave	Trekking Tour	The forests start to clear up deeper into the trek and soon trekkers will be able to feast their eyes on gorgeous glacial river below. Following a steep climb through a dryer section of the forest, one will arrive at Hinku Cave. The cave was a landmark for many of the earlier Annapurna I expeditions, which used the locale as an overnight stop and supply depot.
Annapurna Conservation Area	Deurali	Trekking Tour	The village of Deurali lies after a descent from the Hinku Cave closer to the river and a gently ascent thereafter. Canopied in a shade of blue which is quite prevalent in this region, this is the village where one ought to find hot meals and tea as well yak wool knitwear such as scarfs, hats and mitten.
Annapurna Conservation Area	Bagar	Trekking Tour	The trek starts to get strenuous heading towards the Macchapucchre Base Camp. On route is the avalanche trek of Bagar, where beautiful views are a sure thing. However, it is advised to pass through this part of the trail before 11am in order to avoid any potential avalanches.
Annapurna Conservation Area	Macchapucchre Base Camp	Trekking Tour	Leaving Bagar, the trek could get tough for some heading towards the Macchapucchre Base Camp but having the mountains as a companion is a reward in itself. Given the altitude, trekkers should move at a slower, more comfortable pace with regular rests in between.
Annapurna Conservation Area	Annapurna Base Camp	Trekking Tour	The highlight of the trip is the Annapurna Base Camp. Trek through sparse vegetation and wide trails of the Annapurna Sanctuary to reach the base camp. The jewel on top the crown is the full 360 panorama of the Himalayas. Basic amenities are available here.

Area	Attraction	Type	Attraction Write-up
Annapurna Conservation Area	Jhinu Danda	Trekking Tour	Start early from bamboo and trek uphill to Kuldighar before descending to Chhomrong Khola. The trek continues with a 2,500 steps climb to Chhomrong. The trail then descends to Jhinu Danda. A 20 minutes' walk from Jhinu Danda leads you to one of the region's most popular natural hot spring. Soak your fatigue away and unwind for the day.