

GREEN EUGENE



DEMANDS
JUSTICE
FOR
GEORGE
FLOYD

And All Black Americans Who Fall Victim to
Police Brutality

June 2020 Edition

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From Our Editor

In a time of so much unrest and uncertainty, it's important that we also allow space for thoughts of healing, growth and change for the better. There is strength to be found in hope, and the cannabis community is lucky to have uniquely strong bonds and networks that allow us to be unified and resilient during these hours. It is up to everyone now to reach out to their friends, family and neighbors; be present for voices that are calling for help and remember to take care of yourself, too. We hope this issue provides a bit of respite, through providing resources, education and storytelling by people, for people. From those of us at Green Eugene—stay safe, stay strong, and enjoy.

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Visit www.greeneugene.com for more stories and resources from this issue!

BLACK LIVES MATTER

Support & Resources

Green Eugene condemns police brutality and stands in solidarity with the Black Lives Matter movement. Our hearts go out to the family and friends of George Floyd, who was murdered on May 25, 2020 by Minneapolis police. His murder was not an isolated incident. It is crucial that we take this moment in time to use our platform and provide space for voices that have been silenced for too long. People of color are terrorized with systematic oppression and racism, and are dying at rapidly higher rates during the COVID-19 pandemic. We see you. We hear you. We are with you.

Black Americans are

3.5x

more likely to die of

COVID-19

&

3.73x

more likely to be

arrested for

marijuana

possession

from the ACLU & Yale Education website

Below are resources and links to provide support and education for the BLM Movement and COVID-19. Visit our website for easy hyperlinks to each, or enter the url into your own browser.

Resources for Supporting BLM:

Educate yourself on the NAACP & **Black Lives Matter** websites.

Text **JUSTICE** to **668366** to sign a petition for George Floyd

24/7 Bail Support Line for Eugene: **541-515-5721**

Legal Services Thread: tinyurl.com/ydy3ogta

Community Bail Funds for Protestors: tinyurl.com/y83bbqcp

Portland Bail Fund: gf.me/u/x5quj5

Read 26 Ways to be in the struggle beyond the streets if you can't protest

Freedom Fund for LGBTQIA+: www.lgbtqfund.org/

Black-owned business directory: officialblackwallstreet.com/directory

Resources for COVID-19:

Dealing with tear gas: www.popsci.com/story/diy/tear-gas-guide/

Assistance for small business owners: www.sba.gov/disaster-assistance/coronavirus-covid-19

Relief fund for those affected by COVID: movehumanityforward.com/covid-relief/

Prevention at protests: tinyurl.com/y8lk7lro

High Recommendations

Written and photographed by Renee Thompson

I started dabbling in medicated beverages once I moved to Eugene for school. As someone who uses THC and CBD to manage a few chronic conditions, I thought that they were a great cost-effective way to get relief. Most beverages cost around \$12-16 before taxes, and some contain several servings per bottle. The first beverage I started getting regularly had a blackberry lemonade flavor and worked relatively fast for an edible. Similar to syrups and other tinctures, you mix small portions of these beverages into a juice or soda, wait about 10-40 minutes, and enjoy a nice calming experience.

One day while looking through the Space Buds Dispensary delivery list, I found another medicated concoction that caught my eye: The Delta Nine Fruit Punch Beverage. It only cost \$14, before taxes, and was at my door in under forty minutes. The red syrup-like beverage was packed in a cough syrup like bottle and smelled like a pineapple-cherry lollipop. The Delta 9 company also make the same beverage in orange and pink lemonade flavors and some of their products are made in Bend, Oregon.

The feeling I experienced with the recommended tablespoon dose, which contains roughly 4.1 milligrams of THC and 3.7 milligrams of CBD, left me with a sense of calm, creativity, euphoria, and a light tingle on my tongue. I personally like to use these products for pain and stress management, and Fruit Punch worked wonders in those departments after about 25 minutes. Without using other THC or CBD products, these sensations and feelings lasted for about three hours. But, I have found that when used before smoking, edibles make it so that I need less flower to elevate me to where

Edibles should only be consumed by consenting adults/medical users, and make sure to store them in a secure area away from children.



I'd like to be. Consuming products like Fruit Punch from Delta 9 can be a great way to curb spending on flower, which at times can be pricey.

After several trials, I think my favorite mixture is using the Fruit Punch Beverage with POG, also known as passion fruit-orange-guava juice. This mixture is like the ultimate fruit punch since the natural and artificial flavors in the medicated beverage pair well with the tropical flavors in the juice. The Fruit Punch product also tastes great with Sprite on ice. The carbonation works wonderfully with the fruit flavors and tastes a lot like Hawaiian Punch with Sprite. Since the product itself only has 1.4g of sugar per serving, the sweetness from the soda mixture is not overbearing. But, for those looking for a less sweet option, I'd recommend mixing the product with a homemade aqua fresca or a store bought one like the Santa Cruz Passion Fruit Mango Agua Fresca.

While consuming edibles of any kind, I strongly suggest starting small. In the case of the Fruit Punch Beverage, I would suggest a newbie to start with a half tablespoon and wait up to two hours before having more. This strategy can help you avoid the infamous "I'm too high" edible experience which occurs when you have too much too quickly. To avoid this, try planning calming activities, like drawing or yoga, to do for once the edible kicks in. More experienced users should start with the recommended serving size, but if needed can double that dosage to have a more intense experience. Since the body processes liquids faster than solid foods, medicated beverages can be a great option for those of us that hate waiting for edibles to activate. I highly recommend it for those looking for a tasty way to mix up their routine.



When life gives you lemons, try

Feeling the lack of motivation to do anything while in quarantine? Lemon Flufuns will be your cheerleader for encouragement!

Lemon Flufuns

Written and Photographed by Emma Routley



Lemon Flufuns takes a few puffs to show its effects, especially if you already have a high tolerance. With 16.0% THC and 11.08% CBD, the strain qualifies as a 1:1. While that THC percentage might not look high, you'll certainly notice how calm and focused you feel after consumption.

The sweet, sticky smell of the bud is comparable to the pollen you'd usually be outside sneezing from around this time of year. After consumption, a mellow feeling of zen followed by a light high will gear you up for whatever task is at hand. Working on any assignment during these uncertain times can feel frustrating, but not after consuming Lemon Flufuns.

This strain will get you excited about whatever's right in front of you, whether it be homework, social media, cooking or more. Be careful though: distractions are most definitely welcome during this high and your focus might shift onto other things if they're shiny enough. Look out for leaving the stove on! If you take a bathroom break you might get sidetracked by what's in the mirror and forget all about that mac and cheese.

If your back hurts from sitting around all day with nothing to do, the CBD in Lemon Flufuns will help banish the physical ailments from your body while the THC goes to work on opening up your mind. Getting along with the people who have been on your nerves while in quarantine will be a breeze. Zoom classes and meetings will feel more like a social event than something you're required to do.

With a healed body and fresh perspective, Lemon Flufuns will welcome different ideas and deep conversations with the people around you. Or, if you have no one, phone calls are a great idea. Suddenly the mundane existence of quarantine will seem stimulating and exciting! Hopefully you prepared ahead of time and have snacks in your household, you'll need them once the munchies kick in.

The downside is that Lemon Flufuns doesn't fade away slowly. You'll suddenly realize you're back in the reality of your life. However, just knowing Lemon Flufuns is out there to take care of you again will help you feel like everything's going to be alright.

Lemon Flufuns

THC: 16.0% CBD: 11.08%
Activation Time: *Immediate*
Harvested: 12/10/19
Lab: ChemHistory
Tested: 1/31/20
Producer: Garden of the Gods

For use only by adults 21 and older. Keep out of reach of children. Do not drive a motor vehicle while under the influence of marijuana.





Budtender Spotlight

Written by Kimberly Harris

Micheal Blye of Chalice

1) Where do you work and how long have you worked there?

I work at Chalice, a dispensary in Tigard, Oregon. I've worked there since February 2019, so for about 16 months. I'm a senior employee, which means I've worked there the longest.

2) Do you have any past budtending experience?

Working at Chalice is my first job as a budtender. I got my OLCC license in the Portland area, but a lot of places want a full year of experience. It was hard for me to break into the industry at first, because how was I supposed to get a year of experience without being hired first? Chalice is pretty good about onboarding people without prior experience.

3) Why did you want to work as a budtender?

I have work experience in retail and customer service, but I wasn't passionate about working at a clothing or food place. I transferred to budtending to follow my passion for cannabis. Working in customer service gave me the experience I need to work with people and sell products as a budtender.

4) Why are you passionate about cannabis?

I've been using cannabis for most of my life. I enjoy the relaxation benefits as well as how it makes me appreciate things in life more. If I'm stuck in a mental rut, cannabis helps me gain a renewed perspective of life and the things I go through in my life. Cannabis also enhances the things I'm already interested in like listening to music and watching films.

5) What are your main responsibilities as a budtender?

I'm there to help people make more informed decisions about the products they want to use. Especially for people who don't have that much experience or tolerance. It can be overwhelming for a first-time customer to get into cannabis if they don't have someone to guide them.

6) How do you guide customers?

Asking questions like, "what are you hoping to get out of your cannabis use?" or "what issues do you want cannabis to help with?" is how I guide customers. I try to help them hit their "goldilocks zone" which is the just-right feeling of enjoyment and relief. Whether it's for medical or rec purposes, I help guide them to the high that they want to experience.

7) Do you use your personal experience to help guide customers, or has Chalice trained you to help guide them?

I've been a certain type of cannabis user throughout my life. As someone who's been using it for 15 years, for anxiety and psychological relief, or just to feel the pleasure of a high, I have a lot of experience to help guide customers. I can relate to the different reasons that customers want to use cannabis.

8) What's something you like about working as a budtender?

It's nice to meet a bunch of new people and get to know what they are all about. I meet a variety of people with a variety of experiences with cannabis. I like to know their knowledge or their tolerance to figure out how to best guide them to a product that they will enjoy. It's like trying to find the right pieces to fit together in a puzzle – it's fun.

9) Has cannabis affected your social life or interest in hobbies?

Cannabis creates an instant bond for people. I meet new people everyday and sometimes make friends who like to smoke too. It's nice to share a passion and hobby with other people. It has introduced me to new things that I never knew I was into, like new types of music, artists and a new appreciation for smoking together to watch movies and chill. I've been introduced to card games like Magic: The Gathering. The fantasy aspects to it can be enhanced through cannabis. I've also been recommended to Dungeons and Dragons because of the entertainment. Nothing can get you more into the fantasy realm of a game like some nice cannabis.

10) Since working in the COVID-19 pandemic, has your position as a budtender been affected?

With everyone stuck at home, cannabis users are doubling down on their interests by stocking up on products and probably smoking all day since there's so much extra time on everybody's hands. People who are recently laid off, and may not have smoked in years are coming in to use cannabis again. It's been a unique challenge to reintroduce cannabis into people's lives, especially since cannabis has become more potent, probably, since the last time they smoked. There's been a huge increase of customer flow as well as an increase of first-time customers.

11) Is it harder to work as an essential worker?

It's really stressful for everyone involved. My staff and I are working harder than ever before, there are a lot of call outs because people are concerned for their health and everyone is exhausted. It's a challenging and tough time to work. For me, I have Type 1 Diabetes which puts me at more of risk, so I have anxiety at work about potentially being exposed. On the bright side though, I'm able to connect with people and socially interact with them during a time that everyone is mostly isolated from socializing.

12) How do you lower your risk of being exposed?

At Chalice, we are required to wear face masks, wear and switch out gloves as much as possible and follow social distancing orders. I'll also squirt hand sanitizers on my gloves if I need to. The store was crazy busy at first because people were panic buying cannabis, then 420 happened. Now, it's starting to slow down to a normal pace, which helps with my anxiety to exposure.

13) What are some more guidelines Chalice has put in place to prevent exposure?

We are encouraging people to do curbside pick up and placing orders ahead to minimize the time people spend in the building.

14) Is there something you want to say to customers right now?

I think the biggest thing is for customers to put a mask on. It's a little step to take to wear a mask when coming in, follow social distancing guidelines and maybe even wear gloves. I hope that people understand it's a crazy time, so just be nice and pleasant to one another. We are incredibly busy so please be understanding about sold out items and have patience.

15) How do you feel about working around the new guidelines?

I'm happy that they are in place because I'm worried about my own health and risk of exposure, it makes me feel a lot better while at work.

16) What is your favorite strain?

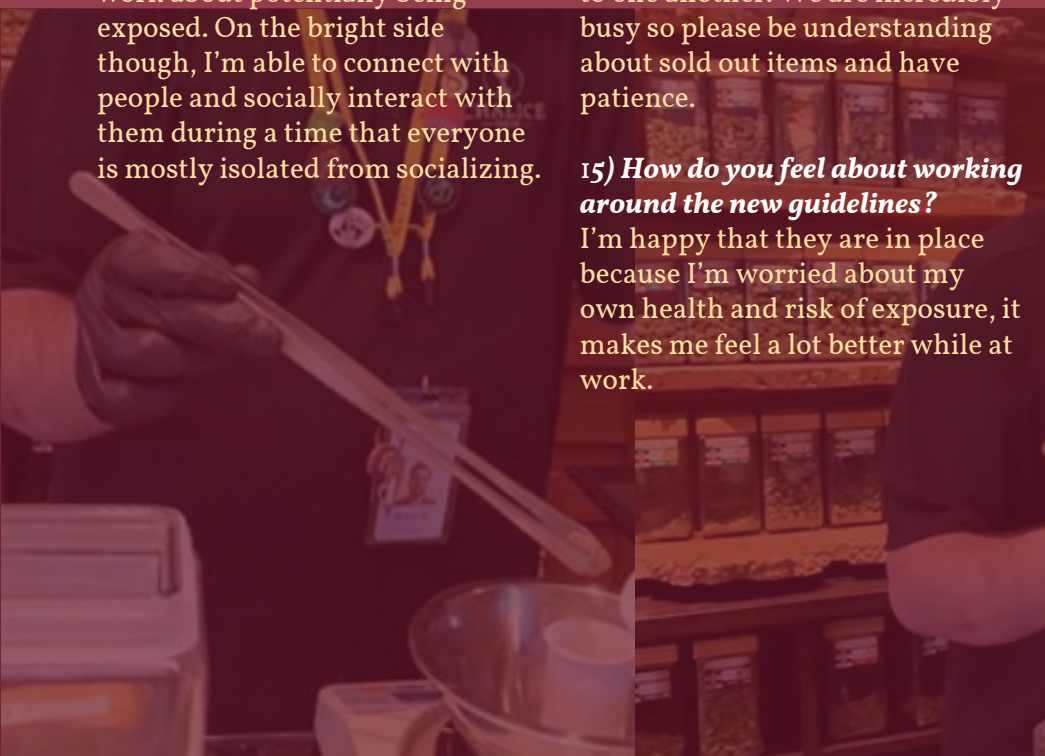
Monkey Tape from TJ's Garden is one of my favorites. It's a cross of gorilla glue, a sativa hybrid and checks all the boxes I'm looking to fill when I smoke. The nugs have a nice texture since they're not too dense, it reminds me of pre-legalization cannabis - sticky, stinky and a nice stoned feeling that isn't too intense.

17) What's your favorite type of cannabis product?

I'm a traditional flower guy. I like any cannabis product around, but during the COVID crisis I like to use edibles to help protect my lungs. I like equal parts of THC and CBD to help minimize anxiety. Charlotte's Web is an oil product that tastes like candy to me, with 6% THC and 55% CBD.

18) What is your favorite way to enjoy flower?

I like all types of water pipes to smoke with. Even though I've been smoking for 15 years, I still don't know how to roll a good joint. I'm a 100% bong guy.





Cannabis Names Tribute

Written by Alexandra Amett @calyx.alex

the industry lost one of the youngest cannabis pioneers

With the start of a new decade, the cannabis industry has suffered some very tragic losses, all of whom deserve recognition. We would like to take a moment to highlight just some of the greats we have lost this year.

Dave Bowman (born Montgomery Ball) aka Subcool of The Dank, formerly of TGA Genetics/Seeds, was the first cannabis pioneer to pass at the beginning of 2020 in February. This loss was felt throughout the entire cannabis breeding and growing industry. Along with his team at TGA, Subcool was the creator of strains such as Jack the Ripper, Space Queen, Green Queen, Jack's Cleaner, Querkle, Cuvee, Vortex and Strawberry Daiquiri, and had an influence on many more cultivars. Many of his cultivars have won cannabis industry breeding awards over the years. In 2017, Bowman was awarded the Lester Grinspoon Lifetime Achievement Award for being a dedicated activist in the cannabis industry. Bowman suffered from Alpha-1 antitrypsin deficiency, a genetic condition that raises a person's risk for lung and liver disease, and emphysema which causes shortness of breath. These last 5 years Bowman had been dealing with chronic obstructive pulmonary disease (COPD) and passed peacefully in his sleep due to complications.

In April, the industry lost one of the youngest cannabis pioneers. **Charlotte Figi** was a 13-year-old who was diagnosed with Dravet syndrome. Born in 2006, Charlotte had her first seizure at the age of 3 months. After 6 years of trying an array of western approaches to medicine, Charlotte's mom began looking into CBD. Charlotte's mom connected with the Stanley Brothers in Colorado who began supplying their CBD oil to treat Charlotte's seizures. After successfully treating Charlotte's seizures with this CBD oil, the family packed up and moved to Colorado, one of the first states to legalize recreational cannabis. The success of Charlotte's treatment with CBD oil sparked a huge movement in the industry. She appeared with Dr. Sanjay Gupta in 2013 for the film *Weed* to help bring awareness to using cannabis as medicine, especially for children. In 2014, the Stanley Brothers renamed this high CBD cultivar to "Charlotte's Web", in honor of Charlotte. This was not the only legacy Charlotte left in the cannabis industry. Charlotte's mom was also instrumental in helping bring to light the benefits of CBD oil and pushing for legislation. In 2013, she co-founded the Realm of Caring, a non-profit organization based out of Colorado that helps provide cannabis oil to patients and conducts observational studies.

In May, the industry lost two very important people. On May 6th, cannabis breeder **Joesy Whales** (aka Don Peabody), co-founder of breeding company GG Strains, passed away in Las Vegas after complications from a fall. Along with his business partner "Lone Watty," who passed last year, Joesy bred strains such as Original Glue (GG4), New Glue (GG5), Sister Glue (GG1), Purple Glue and Glue Chee. These strains, namely GG4, have become a staple in the cannabis industry.

On May 14th, the cannabis industry lost **Mikel Weisser**, a dedicated cannabis activist. Weisser was the director of Arizona NORML and also helped start the Las Vegas NORML chapter.

Please take a moment to honor those in the industry that we have lost. Never forget what each one of them was fighting for: that cannabis is medicine and it should be legal.

Relax and Rewind

During this time, we're all feeling stressed and overwhelmed with different elements of our life. However, it's important to remember that it's necessary to take time for yourself. Here's a list of some playlists and podcasts that will help make you smile, laugh or just help you get through quarantine, paired with the perfect strain to help get you in the zone.

Written by Theresa Carpenter

Happier

(Podcast by Gretchen Rubin)

In this podcast, Gretchen suggests different strategies that she wants her sister to try out. She offers advice on topics such as time management and stress. You're certain to feel more calm and motivated after listening to an episode or two.

Jack Herer (Sativa) is another great strain for feeling calm and improving your mood.

Beautiful Stories from Anonymous People

(Podcast by Earwolf)

Hosted by Chris Gethard, this podcast talks to one caller for an hour. He can't hang up first, no matter what, and the caller remains anonymous. This is a fun podcast to listen to because anything is possible. For an hour, you're listening to a random stranger's story and it can take your mind off everything.

Double Dream (Hybrid) is a classic for easing stress, anxiety and getting your mind off things.

Mood Booster: the Happy Playlist

(Spotify playlist by Ashley James)

This playlist is full of upbeat songs that will get you dancing and screaming the lyrics. It's a way to unwind and let yourself loose, even if it's just for a few songs.

Pineapple Express (Sativa) is a perfect strain for increasing energy levels and getting you feeling happy with its euphoric high.

The Sporkful

(Podcast by Dan Pashman)

If you love food, this podcast is the one for you. It might even change the way you eat! Dan Pashman unravels the way he eats and provides vivid descriptions about the food he's eating. It always makes me hungry after listening to it, that's for sure.

Sour Diesel (Sativa) is perfect for getting your appetite going and having a great time.

Peaceful Piano

(Spotify playlist)

This playlist includes songs that are instrumental and solely piano. It's different from the other playlists because it's more relaxing. It's great background music for studying or unwinding after a stressful day.

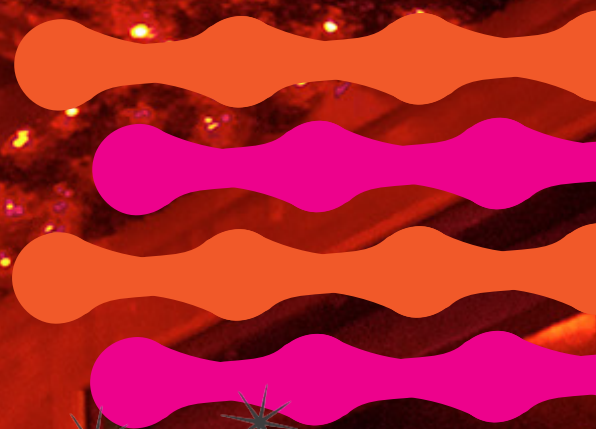
Bubba Kush (Indica) is exactly what you need for feeling more relaxed.

Rewind ~ The Sound of 2016

(Spotify playlist)

This playlist will take you back in time. It'll have you reminiscing about simpler times or bring back memories you didn't even know were there. Some songs you might've forgotten existed, but are still just as good as when they were popular. There are rewind playlists of all years, so take your pick!

Scooby Snack (Hybrid) is a great strain for getting in a nostalgic mood—even the name brings back good memories.



Jameson's ^{Irish}

Bar and Lounge

HAPPY HOUR

TUES - SAT
2PM - 10PM
SUN & MON
4PM - 10PM

Eugene Cannabis Crawl

A Curated Walkabout

1 Prince Puckler's



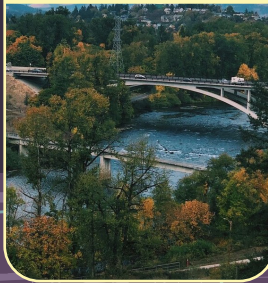
2 Community Garden



3 Eugene OG



4 Spliff Cliff



5 Cheba Hut



6 TJ's on Willamette



7 Space Buds



8 Sweet Life Patisserie



9 WJ Skatepark



10 Beergarden



written by Guthrie Stafford

Our Cannabis Crawl begins at your abode and winds its way through various Eugene businesses and landmarks; from dispensaries, to good eats and secret spots, consider this a guide for your future travels. Whether you undertake the journey as is, in traditional bar crawl fashion, or take it as a point of reference for your own spontaneous ramblings is up to you. Furthermore, whether you venture forth pure in mind and spirit, or toastier than a bonfire marshmallow at a pyromaniacs picnic, remains entirely to your own discretion. Whatever you do, make the most of these unique and delightful locations which truly make Eugene a capital for cannabis culture. Without further ado, let the cannabis crawl commence!

Start Here

Stop 1: Prince Pückler's, basically on campus

On the off chance that you're experiencing a condition which causes you to crave ice cream in the middle of the afternoon, our first stop is Prince Pückler's ice cream shop. Located just a stone throw from campus at 19th and Agate, this historic parlor has been indulging Eugene's sweet tooth since 1975. If you like coffee, ask for their affogato. It's an Italian speciality (of course) comprised of your choice of ice cream topped with freshly brewed espresso. The heat and cold and coffee and cream all swirl together into a truly mouth watering experience. If you don't like coffee, consider their signature Euphoria chocolate dipped cone. It lives up to its name. And if you don't like chocolate, god help you.

Stop 3: Eugene OG, 12 minutes walking, 0.6 miles

Located on Franklin and Orchard, Eugene OG is just a short walk from the Grove and offers a wide selection of mainly high-end bud and oil. If you visit on a Monday, you can enjoy 10% off all cartridges and flower. If you go Friday through Sunday, on the other hand, they have a standing deal of two dollars off all gram prerolls. While their selection may be daunting, their staff are knowledgeable and should help you find a strain that fits your mood. If you feel like it, consider snagging a preroll or two while you're here. You never know when they might come in handy.

Stop 4: Spliff' Cliff, 13 minutes walking, 0.6 miles

If you have a fear of heights, you might want to skip this next stop. If not, you're in for a treat. Located on the northern side of Birch Lane as it winds its way up towards the Rhododendron Garden, Spliff' Cliff is one of Eugene's premier hangout spots for wayward youths and sunset enthusiasts. With stunning vistas of Alton Baker Park and the whole Willamette Valley beyond, this unofficial viewpoint is a great place to release any emotions you've been wrestling with of late. Consider yelling them into the void and letting the mighty Willamette carry them down to the sea. Alternatively, you could chat with friends or just enjoy the view. Watch out for any poison oak in the area and keep well back from the edge. When you're ready to move on, downtown is calling.

Stop 2: The Grove Community Garden, 4 minutes walking, 0.2 miles

With ice cream in hand, our next stop is just around the corner on Moss St. at the Grove Community Garden. Although perhaps an unlikely stop on a cannabis crawl, the Grove is an idyllic spot to finish our cone and bask in the sun a bit before moving on. With a small field of flowers and a beehive to service them, along with rows of well cared garden plots and sweet smelling fruit trees, the Grove is a pastoral gem in the heart of east Eugene. If you have a green thumb, you can even rent a plot from the UO student sustainability center for twenty dollars for a whole year of gardening. For now, simply enjoy the hum of the bees and the smell of the trees. If your high is starting to wear off, fear not. Our next stop has you covered.

Stop 5: Cheba Hut, 15 minutes bussing, 1.9 miles

After all your trekking, the munchies need some serious attention. It's time to catch the EMX down Franklin to rustle up some grub at Cheba Hut Toasted Subs on 11th and High St. If you've never experienced the goodness that is Cheba Hut, prepare yourself for deliciously creative food made for stoners, by stoners, and more weed puns than you can shake a bag of shake at. With subs ranging in length from Nug (4") to Pinner (8"), to Blunt (12"), all overflowing with generous stuffings of fresh ingredients, Cheba Hut can satisfy a craving of any magnitude. They even carry such novelty classics as Sticky Icky (PBJ sub) and Dank (pepperoni pizza sub). Once you're feeling fully sated, it's time to roll out for our next stop.

Stop 7:**SpaceBuds,**

9 minutes walking, 0.4 miles

Tucked away on Lincoln and W 7th Ally, SpaceBuds is a full body experience. Tired of the clean lines and bright interior of classic dispensaries? Want a life sized, animatronic robot to usher you into a technicolored, cannabis planetarium while a stoned looking Golem statue in the corner cackles with glee? Well, you came to the right place. SpaceBuds is a delightful mashup of '80s nostalgia, Sci-Fi, Fantasy and of course, weed. With fun specials for every day including Tardis Tuesday (4 gram 1/8ths) and Intergalactic Indica Sundays (10% off select indica strains), SpaceBuds is a blast any time of the week. Once you've bought what you want and got all the pop culture references you can reasonably be expected to understand, it's time to move on. The crawl is winding down, but there are still a few more stops!

Stop 8:**Sweet Life Patisserie,**

8 minutes walking, 0.4 miles

Just five blocks west on 7th ally sits Sweet Life Patisserie, beckoning from afar with the aroma of fresh baked croissants. This french style bakery offers a bountiful array of premier pastries catering to every dietary restriction. Usually gluten free baked goods leave something to be desired, but their GF chocolate lava cake will make you reevaluate the place of wheat in your life. If you're on a budget, they also offer an enticing array of day old pastries which are a bargain considering their quality. After picking out a delectable pastry, let's head a few blocks north on Monroe St. to WJ Skatepark and Urban Plaza.

Until it's safe to complete this crawl worry-free, don't forget to bring proper PPE and check for COVID-19 business hours on crawl stops to enjoy it safely!



Finish!

Stop 6:**TJ's on Willamette,**

6 minutes walking, 0.3 miles

Located just a few blocks from Cheba Hut, TJ's on Willamette is one of Eugene's classier dispensaries. With a bright, minimalist aesthetic and a wide selection of edibles and topical oils as well as flower and concentrate, TJ's offers a laid back yet refined browsing experience. They also offer 10% off everything, everyday if you arrive on bike, so consider going green for your green. Once you've taken in TJ's, it's time to saunter on a few more blocks to another dispensary, with an extremely different vibe.

Stop 9:**WJ Skatepark,**

13 minutes walking, 0.6 miles

Sheltered from the weather beneath the monolithic bulk of the 105 overpass, WJ Skatepark is an urban counterculture wonderland. With its sprawling landscape of undulating cement and constant murmur of well oiled wheels, this plaza is the heart of the Whit, evoking both the industrial and the organic. If you've got a board and feel up for it, consider cruising one of the many serpentine routes which coil in between the gargantuan pillars of the overpass. Otherwise, simply watch and listen, letting this sensory spectacle lull you into a trance. It's rare to see such a display of skill performed simply for fun. Like dolphins frolicking in the surf, the skaters and BMXers of the whit seem vivacious and indefatigable, spinning, flipping and carving over and over in a mesmerizing ballet of pure kinetic exhilaration.

Stop 10:**Beergarden,**

9 minutes walking, 0.5 miles

By this point in the evening, you're probably more toasted than a Cheba Hut sub. Lucky for you, Beergarden is waiting at the end of the road, ready to sooth your weariness with a crisp, hoppy remedy. With a bountiful selection of craft beer on tap and a serene patio seating area complete with Hawaiian, Japanese and Fusion food carts, Beergarden can slake your hunger as well as your thirst. And if music be the food of love, then all your needs will be satisfied by a rotating set of musicians performing live on the outdoor stage. After you've eaten your last bite, drunk your last drop and listened to the final note, you feel the call of your beloved bed, who has missed you dearly while you traversed the wilds of Eugene. Tarry not. Go to her. But don't forget to bring a souvenir from your many travels to ease you off to sleep.

Humans of Cannabis

Written by Alexandra Arnett

The cannabis industry is a place where many people from all different walks of life come together, for the cannabis plant. We'd like to take this opportunity to give the people behind the scenes of the cannabis industry a voice so that they can tell us their stories.

Sue Carlson | @thebotanicaljoints

Sue is the founder of The Botanical Joint, a hemp farm located in the beautiful Pacific Northwest. Sue prides herself on being one of the only Latina craft hemp farmers in Oregon!

For the longest time, I was always fascinated with cannabis and my dream was to always work with cannabis. My friend from college was one of the first people to introduce me to working with the cannabis plant. She also helped me make connections in the industry in Oregon. Working on the medical side of the cannabis industry also allowed me to pay for four years of schooling in full. I began work with a cannabis chocolate company as a chocolatier and then moved onto another position making another line for a company. After working with edibles for a while, I moved into farming at Oregon Girl Gardens. It wasn't more than two months into the job when the greenhouse caught on fire, and my whole life suddenly felt like it was in shambles. Here I was apprenticing under arguably one of the best female cannabis growers in Oregon and then in a quick moment, it was gone.

After this, I decided to start consulting again and was feeding my garden—emotionally and physically—and giving it the nutrients I needed at the time. During this time, I also noticed the lack of quality hemp products on the market and as a medical patient, it was important to me that other patients had worthwhile medicine. This helped me develop the business that I have today cultivating premium hemp CBD products.



My favorite strain that is currently in cultivation includes Orange Glaze, which to me is the closest resemblance to cannabis in effect. It has a very citrus and diesel aroma and taste, something you don't see on the hemp CBD market often, if at all.

One thing that I aim to do in my business is to bring attention to minorities in the cannabis industry. I myself am Latina and Native American, so this is a very important component to me. Knowing and seeing people I love like my brother, uncles and aunt go to prison for a plant was devastating. As someone with a public health degree, I make it a priority to support out the efforts of minorities in the cannabis industry, specifically minority females.

Sean Beeman

Sean Beeman is the proud owner of Genesis Pharms, a local Eugene cannabis producer and processor. Alongside his wife Kassy, Genesis Pharms produces a variety of products from flowers to RSO and tinctures.

My cannabis story begins when I moved to Oregon in 2002 and became a medical patient. Back then I was just using cannabis to treat migraines. I was growing at first just for myself and my wife.

Soon after I started growing for other medical cannabis patients in Oregon. Back then the system was more relaxed and it gave me the opportunity to help a lot of people out without all the newer restrictions of the OMMP and the OLCC. After being diagnosed with Hepatitis C in 2005, I tried every form of medicine available, pharmaceutical and herbal. It wasn't until January of 2010 that I called up Rick Simpson and began asking about whole-plant cannabis concentrate. In April of 2010, I took my first dose of RSO and since then began taking it daily. I knew from day one of taking the RSO that this form of cannabis medicine was a game-changer. After 11 months of cannabis treatment, my doctor took a biopsy of my liver and the results showed that it was clear of any signs of Hepatitis C. Once I had seen what this medicine could really do, I continued to provide medicine to medical cannabis patients, including RSO. In addition to providing medicine to those in need, I helped teach patients how to grow their own cannabis and make their own RSO.

In 2016, Genesis Pharms got their recreational cannabis license after Oregon legalized recreational cannabis use. We had already been heavily involved with the medical program so this was an easy choice for us. I knew that regulation would make things more difficult but I knew it was the right direction to go in if I wanted to keep providing quality medicine and education. Since then we have consistently been involved in the Oregon recreational cannabis industry, providing our products to dispensaries across the state. I have numerous testimonials from customers and patients who have used my products to help treat a variety of ailments, including cancers. Their experience, along with my own experience is exactly why I do what I do.



Alejandro | @obi_handro, @studiowestglass



Originally from Illinois, Alejandro began his journey into glass blowing at an early age and was inspired to move to the epicenter of heady glass. He and his wife are the proud owners of Studio West, a glass blowing studio in the hills of Eugene. Here they not only make decorative glass and smoking devices, but they also teach classes on the art of glass blowing!

Growing up in Illinois, I wanted pipes but couldn't buy them due to the laws so instead, I just started making them. After high school, I decided to join the military and

through their financial and educational support, I eventually went to school to obtain a Bachelor of Arts in Fine Art for glass blowing. I had taken a glass blowing class prior to obtaining a degree and while I was in this class, the instructor said that Eugene was the place to be for glass smoking devices. After finishing the military and my schooling, I knew I wanted to make a career out of glass blowing.

When I decided to finally make the move to Eugene, my wife and I saw a glass studio available for sale so we went for it. This studio was named Studio West and had been focused more on the decorative glass like cups, bowls, orbs, ornaments and other decorative pieces like memorial glass. We continued the production of decorative glass pieces, but to help supplement

the business we also make glass pipes, bongs, chills and other glass smoking devices. In addition to making and selling hand-blown glass, we also teach classes at our studio to help you make your own hand-blown glass.

Having been in the military there are still some things I deal with, and having an art form such as glass blowing really helps support me emotionally and financially.

Being able to work in a stress-free environment is very important to me because of the potential triggers of societies. This art form has allowed me to make my own career path and not be confined to a situation outside of my comfort zone.

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