

Kaitlyn Schmid

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Education

Rider University-Lawrenceville, New Jersey

May 2019

Masters in Counseling Services-School Counseling Concentration

Certificate: Student Assistance Coordinator

Pursuing Licensure-Licensed Associate Counselor (LAC)

December 2019

GPA: 4.0

University of Southern Mississippi-Hattiesburg, Mississippi

December 2017

Masters of Science-Sport Management

GPA: 3.8

Summa Cum Laude

University of the Sciences, Philadelphia, Pennsylvania

May 2015

Bachelor of Science- Psychology

GPA: 3.5

Cum Laude

Experience

School Counselor Internship II

January-May 2019

John F. Kennedy Elementary School, Jamesburg, NJ

- Providing individual counseling services to PreK-5th grade students using a person-centered approach to address social-emotional and academic needs
- Leading multiple counseling groups focusing on the areas of: changing families, social skills, siblings of children with special needs, and character development
- Implementing classroom psycho-educational guidance lessons focusing on character development and familiar with Responsive Classrooms and PBIS
- Promoting school wide character development through a CHAMP program initiative
- Assisting in the development of I&RS for individual students and facilitating 504 meetings
- Aiding in HIB coordination, investigation and specialization
- Organizing and coordinating NJSLA standardized testing
- Operating Genesis Educational Services

School Counselor Internship I

January-May 2019

Princeton High School, Princeton, NJ

- Leading multiple small counseling groups focusing on self-esteem and cultural identity
- Providing individual counseling services to 9th-12th grade students for personal and academic concerns
- Director of the 6th annual Princeton High School Career Fair with over 30+ companies represented
- Initiating and developing a positive psychology social media forum @PHS_PositivePosts
- Assisting in and facilitating 504 plans, student advocacy and IEP meetings
- Coordinating student-parent meetings via phone conversations and email exchanges
- Utilizing PowerSchool to manage student scheduling, registration, and planning for services
- Operating Naviance and Common Application to assist with college preparation and applications
- Writing Letters of Recommendations for college applications and summer programs

Student Assistance Counselor Practicum

September-December 2018

Princeton High School, Princeton, NJ

- Provided individual counseling services to 9th, 10th, 11th and 12th grade students

- Specialized in Drug and Alcohol counseling using Motivational Interviewing and CBT Techniques
- Awareness of and strictly followed confidentiality regulations specific to the SAC position
- Coordinated faculty and parent presentations on contemporary Drug and Alcohol topics
- Implemented classroom guidance lessons on topics relevant to students' development

School Counselor Practicum

September-December 2018

Princeton High School, Princeton, NJ

- Provided individual counseling services to 9th, 10th, 11th and 12th grade students
- Coordinated small counseling groups
- Wrote and provided students with college letters of recommendations
- Provided academic advising and course planning to ensure students have robust transcripts for college
- Actively participated and advocated for students at 504 and IEP meetings
- Utilized PowerSchool to manage student scheduling and to plan group and individual counseling
- Operated Naviance and Common Application to assist with college preparation

ScholarMatch

May 2018-Current

Volunteer Virtual College Coach

- Non-profit organization aimed at making college possible for underserved youth
- Supported students through the college process: SAT registration and preparation, drafting a college list, crafting a college essay, applying to colleges, researching and applying for scholarships and financial aid

Substitute Teacher

March 2017-June 2018

Freehold Regional High School District, Englishtown, NJ and Princeton Public Schools, Princeton, NJ

- Executed Teachers' lesson plans and managed classroom environment to ensure completion of daily classroom tasks

Wagner College

March 2016-March 2017

Assistant Women's Basketball Coach, Staten Island, NY

- Academic liaison, community service coordinator, director of fundraising and social media development
- In charge of game time coaching, practice coordination, player development and recruiting

Professional Development and Awards

Rider University Lincoln Scott Walter Award Recipient

April 22nd 2019

Lawrenceville, NJ

- Graduating student who shows outstanding contributions to and academic record in the counseling program

Shine a Light on Multicultural Mental Health Awareness in New Jersey

April 12th 2019

New Jersey Psychological Association, Rutgers University

- Learning the core multicultural guidelines that emerged from the APA Task Force with a focus on the application to educators and the relationship between educators and students
- Learning to use a critical cultural lens to understand barriers to access and utilization of mental health services with a focus on racial trauma, resilience and culturally sensitive approaches to practice

JFK Elementary School Professional Development

March 25th 2019

Jamesburg, NJ

- Behavior strategies: developing behavior management plans, accommodations and modifications
- DCP&P: education and awareness on the process of DCP&P
- AVID: Advancement Via Individual Determination for the Elementary, Middle and High School levels

One Love Foundation

November 13th 2019

Florham Park, NJ

- A multi-layered education and awareness program that surrounds young people with messages about healthy and unhealthy relationships in the classroom, the community and online

Professional organization memberships

- The American School Counselor Association, The New Jersey School Counselor Association, The Association for Student Assistance Professionals of New Jersey, Chi Sigma Iota National Counseling Academic and Professional Honor Society