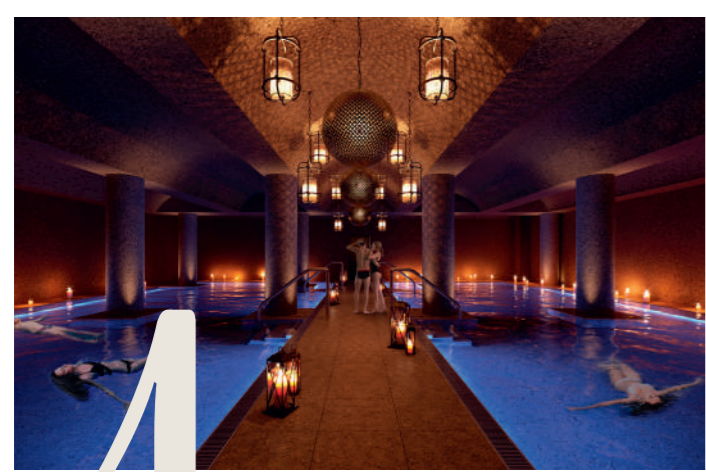


NEW ARRIVALS IN CANADA

FROM A FESTIVAL OF FLOWER SCULPTURES TO A 700-KILOMETRE TRAIL, DISCOVER SEVEN MORE REASONS TO VISIT THIS MAGNIFICENT COUNTRY

Words: *TRISTAN PARKER*

The past few years have caused countless travel plans, particularly those overseas, to be abandoned, which has meant that visiting Canada simply hasn't been possible for many in Britain. Now, however, there's no reason why this breathtaking country shouldn't be at the top of your to-do list once again. And while Canada has always had lots to offer, a series of exciting attractions, activities, experiences and new openings for 2022 make it more of a bucket-list destination than ever before. Here are seven highlights for starters...



THERMĒA SPA VILLAGE

If you're looking for relaxation rather than adventure when onshore, make your way to the town of Whitby, east of Toronto, where you'll find rest and recuperation aplenty in this brand-new spa village. This sprawling wellness paradise offers therapies from all around the globe, including Moroccan *rhassoul* mud treatments in the steam room and sessions in the Nordic-inspired *källa* subterranean saltwater pool, where you'll feel utterly weightless as you float in the water. Once you're finished with the healthy stuff, treat yourself with lunch and a cocktail in one of the spa's three great restaurants – you are on holiday, after all!



Walk on the wild side: wander the nature-themed plant sculptures in Quebec City this summer

2 MOSAÏCULTURES

Whether green-fingered or a total disaster in the garden, everyone will love the 200 horticultural sculptures on show at Mosaïcultures, landing in Quebec City for the first time ever this summer. Originating in Montreal and having toured over 20 countries, Mosaïcultures will form a colourful outdoor garden on the banks of the St. Lawrence River in Parc du Bois-de-Coulonge from 10th June until 24th October. Masterfully crafted from a staggering six million plants and flowers, the sculptures will celebrate nature's beauty while also highlighting the need to preserve it. As such, expect floral versions of all kinds of beasts including bears, racoons and moose, of course. ➤



Blue skies ahead: views from the new deck at Peggy's Point Lighthouse

PEGGY'S POINT LIGHTHOUSE VIEWING DECK

Nova Scotia is home to more lighthouses than any other province (around 170 in total) but the lighthouse at Peggy's Cove is the most famous, and with good reason. Perched on a dramatic rocky outcrop in a charming fishing village, Peggy's Cove is thought to be Canada's most-photographed lighthouse. Snapping the perfect picture is now easier than ever thanks to its new viewing deck, which allows visitors to get closer to the structure and the waves below it, all in a safe and accessible way. Designed by forward-thinking architect Omar Gandhi, the new deck measures 14,000 square feet and features handrails, seating and ramps for improved access, enabling absolutely everyone the chance to soak up remarkable views of Nova Scotia's rugged coastline.



MONTMORENCY FALLS PARK

While Niagara Falls steals the limelight, Montmorency Falls, less than 20 minutes away from Quebec City centre, is 30 metres taller. At 83 metres tall, admiring Montmorency's full splendour has become even more enjoyable, as the park surrounding it, Parc de la Chute-Montmorency, has recently received a full-scale makeover. Of all its new facilities, the most dazzling is a beautiful, wood-lined walkway, complete with seats directly facing the falls, which has aptly been named the Contemplative Footbridge. Once visitors have finished all their contemplating, they can continue along the footpath, as it forms part of a circuit around the sprawling river basin.

3 WATERFRONT CONTAINER VILLAGE

In the port city of Saint John, New Brunswick, most of the action happens waterside. The freshly opened Container Village is an extension of the already-popular Area 506 site, known for its annual music festival (taking place 29th-31st July this year), local artisan shops, food trucks, bars, art exhibitions and performance spaces, all housed in 60 shipping containers. Once you're done shopping and snacking, head to the waterfront beer garden to admire the views across the bay, or wander down vibrant Graffiti Alley, which is decorated with colourful murals from an array of international artists.



BOWRING PARK APP

A few miles southwest of the bustling downtown area of St. John's in Newfoundland and Labrador lies Bowring Park. Home to a swimming pool, walking and cycling trails, statues, a duck pond and even an amphitheatre, the park is also brimming with history. Cue its new GPS-based storytelling app, Explore Bowring Park, which guides visitors to historical hotspots where they can hear stories about the park's heritage, complete with sound effects and music to fully immerse listeners in every tale. It's a brilliant way of connecting with the area and the local community, even if you're only visiting for the day.

7 THE ISLAND WALK

The beauty of Prince Edward Island, Canada's smallest province, is best admired on foot, so pack your hiking boots for The Island Walk. This new 700-kilometre route loops around the entire island and is inspired by Spain's world-famous Camino de Santiago pilgrimage trail. Handily, The Island Walk is divided into 32 sections, each exploring a different pocket of the island (including its capital, Charlottetown), meaning you can do as much - or as little - walking as you like. Along the way, you'll have first-hand views of the varied landscape, so look out for windmills, lighthouses, blueberry fields and even llamas. You can also roam national parks and beaches, refuelling at restaurants and breweries as you go.



Scenic strolling: join The Island Walk in pretty Charlottetown

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<p>10-NIGHT CLASSIC CANADA & NEW ENGLAND</p> <p>Featured ports: Boston, Quebec City, Bar Harbor</p> <p>Departures in 2022/2023</p> <p>Canada produces 77 per cent of the world's maple syrup, 94 per cent of this is from Quebec.</p>	<p>13-NIGHT CANADA & COLONIAL AMERICA</p> <p>Featured ports: Halifax, Saint John, Rhode Island</p> <p>Departures in 2022/2023</p> <p>The city of Halifax in Nova Scotia has one of the world's longest downtown boardwalks.</p>	<p>24-NIGHT CANADA & NEW ENGLAND</p> <p>Featured ports: Halifax, PEI, Saguenay</p> <p>Departure in 2023</p> <p>Prince Edward Island (PEI) is Canada's smallest province in both land mass and population.</p>
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