

## How to Substitute with Anise Extract

You can substitute anise extract for licorice flavor or anise-flavored liqueurs. OliveNation Pure Anise Extract can replace Anisette, Pastis, Ouzo, Anesone, and Sambuca liquors.

**Sub Anise Extract for Licorice Flavor:** Use 1 teaspoon of anise extract for 1 teaspoon of licorice flavoring.

**Sub Anise Extract for Liqueur:** Replace 1 to 2 tablespoons of anise-flavored liqueur with 1 teaspoon of anise extract. Adjust the amount according to your desired flavor intensity.



### Anise Seed to Anise Extract Conversion

Substitute 1 teaspoon of anise extract for 2 teaspoons of ground anise seed.

### How Much Anise Extract Instead of Star Anise?

While they both deliver licorice flavor, star anise and anise are two different plants. Star anise has a stronger flavor. When substituting anise seed for star anise, use twice the amount of anise seed. If substituting anise extract for star anise, use 1 teaspoon of anise extract for 1 teaspoon of star anise.

### How Much Anise Extract to Replace Anise?

You can replace 2 teaspoons for ground anise with 1 teaspoon of anise extract.

### What is an Anise Extract Substitute?

If you are all out of anise extract, you can substitute it with the following:

- Use 1 teaspoon of licorice flavoring/extract for 1 teaspoon of anise extract.
- Replace 1 teaspoon of anise extract with 1 to 2 tablespoons of anise-flavored liqueur (Anisette, Pastis, Ouzo, Anesone, and Sambuca).
- Substitute 2 teaspoons of ground anise seed for 1 teaspoon of anise extract.

### Anise Extract vs. Anise Seed

Anise seeds come from the anise plant, which is related to caraway, cumin, fennel, and dill. OliveNation Anise Extract is made with anise oil, alcohol, and water. Anise extract is more potent than anise seed, so



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