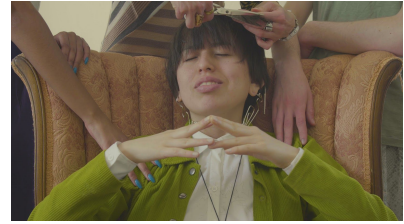


ANAÍS AZUL - HEALING

Friday, June 14, 2019

For immediate release

Hassan Ghanny, Anaís Azul Street Team



BOSTON, MA — QUEER LATINX FIRST GEN IMMIGRANT MUSICIAN ANAÍS AZUL is proud and enlivened to announce the music video of her recently-released debut single, “**Healing**” on Sunday, July 7.

“**Healing**” is a conscious pop single which untangles the inherent chaos and contradictions involved in the process of recovery and healing itself. Being queer, non-binary, and a first-generation Peruvian immigrant, [Anaís](#) (they/she) had this to say about their own healing journey:

*“When writing **Healing**, in 2016, I was offering myself comfort from bouts of anxiety I encountered when alone. In hindsight, it had to do with feeling alone in my thoughts regarding how I presented, where I’m from, who I loved. The day I wrote this song I realized how lonely self-care can be, and how sometimes we need to make it collective care.”*

Musically, “**Healing**” draws inspiration from baroque, classical, and indie pop influences, and *artistically* the single emotes from Anaís’s former post as the inaugural [Boston University CFA Fellow](#) at Boston Medical Center. In this role, Anaís developed a collaborative musical care practicum to surgical patients in English and Spanish, under the supervision of fellowship director [Moisés Fernández Via](#). This release is the artist’s first solo record following her involvement with Boston-based diaspora pop outfit [Cathartic Conundrum](#).

The music video sees Anaís through a conceptual healing journey surrounded by her closest friends and musical collaborators with the help of Hilda, her pink thinking chair. Anaís travels their adopted home of Boston in their chair, but the video is rooted in Garty, the all-QTPOC co-op in which Anaís resides. Invisible hands caress the artist’s shoulders and shear her hair in a symbolic gesture toward the subtle yet subversive power of community. (Spoiler alert: There is a major hair transformation that you must see.)

[Click here for an exclusive sneak peak of the “Healing” music video, available only to select press.](#)

The single release draws from multiple lifelong influences including Björk, Diana Gamos, and Churupaca. Holding a B.A. in Music Composition from Boston University, Anaís considers themselves classically rooted yet motivated toward disruption and disorientation. In addition to her career as a recording and performing artist, Anaís also serves as co-organizer of the underground local arts collaborative [Weird Folk Fest](#). Anaís prides themselves on being a visible queer organizer and has graciously assembled an all queer team in the effort of releasing this song and video: [SureFireCure](#) (viola), [Rafael Natan](#) (oboe), [Cam Hawkins](#) (engineer), and [Guadalupe Campos](#) and [Ned Gaynor](#) (video & photography) and Hassan Ghanny (publicist).

“Healing” is now available on all streaming platforms. Follow the link above for an exclusive press link to the full “Healing” music video, which will drop publicly on Sunday, July 7. For further contact or to get in touch with the artist, please contact Hassan at anaisazulpress@gmail.com for assistance.

With love,

Hassan Ghanny
PR Manager, Anaís Azul Street Team

*Anaís would like to thank the following humans for their labor and love:
Ava Sophia, Adrián Arias, Erin Edwards,
Susana Aragón, and Ritchie Lamar.*

