

10 Things To Do With Your Quarantined Family

So you've been stuck in the house for days, maybe even weeks, and are running out of ideas of things to do with your family? Here's a list of things perhaps you haven't tried yet.



01

LEAD A DEVOTION WITH YOUR FAMILY

If you haven't done well growing spiritually as a family, now is a great time to get into a daily habit of reading God's word and praying together. If you need help, check out the YouVersion app which has tons of devotionals for all ages on all topics.

02

PLAY A LONG BOARD GAME

What better time to brush off the Monopoly board and teach the kids about saving money and wise purchases? For younger kids, try Monopoly Junior. There are tons of great games out there, and few things combine family time and competition quite as well as a family game night.

03

GROW YOUR OWN FOOD

Need to get outside? Of course you do! Why not make your own garden? Spring is here and though you likely can't get out to your favorite restaurant for a family meal, you can work together and plant some tomatoes or peppers. And if veggies aren't your thing, make a nice flower garden. All you need is some good dirt and some plants.

04

HAVE A MOVIE NIGHT!

When getting outside isn't possible, enjoy time together on the couch eating popcorn and watching some great family movies. All of the streaming services have great options on family-friendly flicks sure to please.

05

BAKE COOKIES TOGETHER

Want to get the kids excited about cooking? Tell them you're going to bake cookies, and you won't be short of volunteers to help! Make some yummy chocolate chip ones or peanut butter ones. And maybe even oatmeal raisin if that's more your jam.

06

WRITE A LETTER OF ENCOURAGEMENT

There are lots of people in the world staying inside. Many of these people are feeling discouraged and could use something to cheer them up. Write a note to elderly people you know that can't get out anywhere. Write to the new mom who feels overwhelmed and anxious. Write a note to someone who's just been laid off. We all love words of encouragement.

07

GO PLAY A GAME OUTSIDE

Toss the football around. Shoot some hoops. Play a game of Bocce. Fresh air and sunlight are good for everyone, and so is exercise. Now's the time to show your son/daughter how to swing a bat. Now's the time to show them the perfect shooting form. Soak up time combining things you love: your family and sports!

08

SPRING CLEANING!

We all have a list of projects around the house we've put off for too long. I mean, after all, we've just been waiting for some downtime, right? Now's the time to tackle those projects. Clean that garage. Organize that upstairs closet that hasn't been touched in months. Bring the kids in to help. Play fun music while getting the chores knocked out.

09

RELIVE OLD SPORTS MEMORIES

There's been a void in your life without March Madness or baseball's opening day. Make the best of it by reliving some of the classic sports moments over the years on YouTube or ESPN Classic. Bonus points for bringing the family to act it out in the backyard or the driveway!

10

BE STILL

In Psalm 131, David wrote some words applicable to our times:

"Lord, my heart is not proud; my eyes are not haughty. I don't concern myself with matters too great or too awesome for me to grasp. Instead, I have calmed and quieted myself, like a weaned child who no longer cries for its mother's milk. Yes, like a weaned child is my soul within me. O Israel, put your hope in the Lord—now and always."

We have time now to do just that- to be calm. To quiet ourselves. Busyness is not an excuse now. Take time on your own to slow down, to pray, and meditate on God's word. He is in control and we can fully trust him in uncertain times.



UPWARD
SPORTS