WARNING SIGNS

Mass attacks can be unpredictable, but there can also be warning signs. Concerning behaviors include the following:

+ Unusual or threatening communications, including alarming social media posts or writing about weapons or violence
+ Escalating anger and aggressive behavior
+ Expressed grievances related to personal or work issues
+ Ideologies that promote violence
+ Odd behavior, including excessive questioning or noted attention to security details
+ Suspicious packages or items

Always report suspicious behaviors, objects and activities to authorities. Include the following information:

+ **Who or what you saw**
+ **When you saw it**
+ **Where it occurred**
+ **Why it's suspicious**

QuickFact

Regardless of location, in 2018 almost all attackers made concerning or threatening communications, and over three quarters elicited concern from others before carrying out their attacks.

For more information on public mass attacks, go to: www.ready.gov/public-spaces

AFTER AN ATTACK

Call 911

Once you have established your own safety, call **911**. Be ready to provide details, such as the location of the attack, how many are injured and a description of the attacker(s).

Aid the wounded

If able to, provide life-saving assistance to the wounded. Try to keep injured individuals calm and comfortable until emergency services arrive.

When emergency services arrive

+ Drop any items you're holding and keep your hands visible.
+ Stay calm and follow all instructions from law enforcement. Share the information with family and friends.
+ Report to a designated area to provide information on the incident.

Monitor your health

Traumatic events often have lasting effects. If you or someone you love is struggling to overcome the effects of a mass attack, seek help.

QuickAlert

Is your child a survivor of a mass attack?
They may show symptoms of anxiety, traumatic stress or depression.

+ Spend time talking with your child. Let them express their emotions and ask questions.
+ If they start to act out in response to the trauma, address the behavior and promote healthy self-care habits, such as exercising, eating well and getting a good night's sleep.

© 2019 QuickSeries Publishing
1-800-361-4653 | www.quickseries.com
08-0120-000-01 | 08-0120-001 | Printed in Canada

PUBLIC MASS ATTACKS

Learn what to do and how to protect yourself and others.



12333 Mass Attacks Trifold.indd 1
2019-09-05 2:48 PM

WHAT IS A MASS ATTACK?

A mass attack may not be the first thing on your mind when you're about to enter a shopping mall, enjoy dinner in a busy restaurant or stop at the grocery store, but they can and do happen. Apart from indoor spaces, mass attacks may also take place outdoors.



Types of Mass Attacks

Sadly, active shooter events are becoming more and more common — and they can happen anywhere. They usually consist of one or more individuals using firearms to intimidate, threaten and cause as many casualties as possible. Mass attacks may also include:

+ **Intentional Vehicular Assault (IVA)**
  Individuals using a car or other type of vehicle to cause destruction to people and property.
+ **Improvised Explosive Device (IED)**
  The use of homemade bombs.
+ The use of fire, drones or other weapons, such as knives. Weapons may be modern or makeshift.

QuickFact

In 2018, 27 mass attacks were carried out in public spaces within the U.S., resulting in 91 deaths and 107 injured. Locations included schools, places of business, houses of worship and open spaces.

BE PREPARED

Be aware of your surroundings

When out in public, always be aware of your surroundings. Avoid distractions, such as using your mobile phone excessively or listening to headphones. A mass attack can happen in the blink of an eye. Being alert can help keep you safe.

Have an exit plan

Always know where exits are and/or identify places that offer protective cover. Seek out places you could hide and locate barriers you can put between yourself and a threat, such as locked doors, solid objects or walls.

Learn life-saving skills

Find trainings in your area to learn CPR and basic first aid. These crucial skills can prove invaluable to yourself and others during a mass attack.



DURING AN ATTACK

Educating yourself on actions to take during a mass attack can mean the difference between life and death — for yourself and those around you.

Run to safety

+ If you can identify a safe path to escape the area, try to evacuate.
+ Keep to your plan even if others choose not to follow you.

Cover and hide

+ If you aren't able to evacuate, try to find a place to hide that is out of view of the attacker(s).
+ If you're able, put a barrier between yourself and the threat.
+ Silence any mobile devices and keep quiet.

Defend, disrupt, fight

+ If you can't evacuate and aren't able to hide, try disrupting the attack or incapacitating the attacker(s).
+ Commit to your actions and be aggressive!

