QUICK SERIES®

Military Life

Reliable Content. Innovative Delivery.

Print. Digital. Mobile.



Why Organizations Choose Us

Credible
Expert-written, reviewed, and validated.

Readable
Complex topics made simple.

Flexible
Delivered across print, digital, and mobile.

Our Accreditation Partners

Our content is written and reviewed in partnership with respected organizations and subject-matter experts, ensuring accuracy, trust, and confidence.

American Diabetes Association. — www.diabetes.org

www.force-concepts.com

hfacs, inc. — www.hfacs.com

icisf — www.icisf.org

MSF Motorcycle Safety Foundation — www.msf-usa.org

NOVA — www.trynova.org

T★A★P★S — www.taps.org

RAINN — www.rainn.org



How It Works

One Content Engine. Many Ways to Deliver.

1 **Provides Trusted Content**



2 **Engages with Print and Digital Formats**



3 **Captures Your Audience's Attention**



4 **Fortifies Your Program**



We bring content, design, and delivery together in a single system, ensuring your audience gets the right information at the right time, in the right format.

Who We Serve

Built for organizations where compliance, accountability, and performance aren't optional, our solutions help maximize every dollar so you can focus on what you do best.

- → Army
- → Air Force
- → National Guard
- → Marine Corps
- → Space Force
- → Veterans Affairs
- → Navy
- → Coast Guard
- → Federal Agencies

Solutions in Action

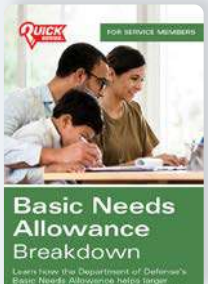
From our flagship pocket guides (and eight other fully customizable print formats) to our eGuides and QuickSeries Connect app platform, we ensure engaging, affordable content delivery that is designed to help make your program a success.

Custom Content. Real Impact.

Help your message stick where generic content falls flat.





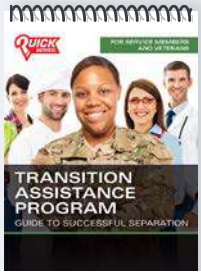


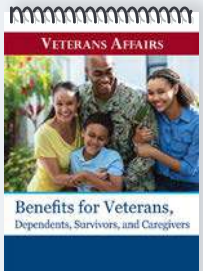




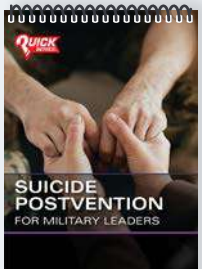
Content for Every Chapter of Service

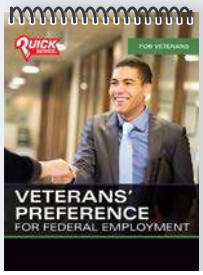
Reach every family. Build readiness. Share trusted resources.











Personalization vs. Customization

Choose the level of flexibility your program needs – without sacrificing quality or clarity.

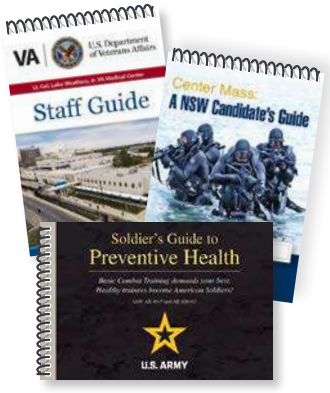
Personalization

- Start with QuickSeries content.
- Add your logo, branding, and messaging.
- Fast and efficient!



Customization

- Use your content or concept.
- Written, designed, and built by QuickSeries.
- A fully tailored solution!



Relevance Drives Results

Make it yours. Tailor our formats to your command, branch, and mission.

Every unit, installation, and command has its own identity – and its own communication needs. QuickSeries works with you to customize our formats so your training, safety, and readiness materials reflect who you are and speak directly to your Service members and their families.

Our customization options include:

- → Branch and command insignia, seals, and unit patches.
- → Branch-specific terminology, rank structure, and chain-of-command references.
- → Installation-specific contacts, resources, and points of contact.
- → Custom covers featuring your unit, mission, or leadership.
- → Content tailored to your service's regulations and requirements (Army, Navy, Air Force, Marine Corps, Space Force, Coast Guard, National Guard).

Our account managers work directly with your command to build materials that foster trust, reinforce your identity, and get read, not filed away.



Working with QuickSeries means your materials look like they came from your command, not off a shelf.

A Strategic Partner in Communication

QuickSeries partners with organizations to strengthen communication, improve readability, and build trust. We help you deliver credible information clearly, so your message is understood, retained, and acted on – whatever your budget or funding structure.

Let's build a solution that works for your audience and your mission.

1-800-361-4653 **info@quickseries.com**

QuickSeries Connect

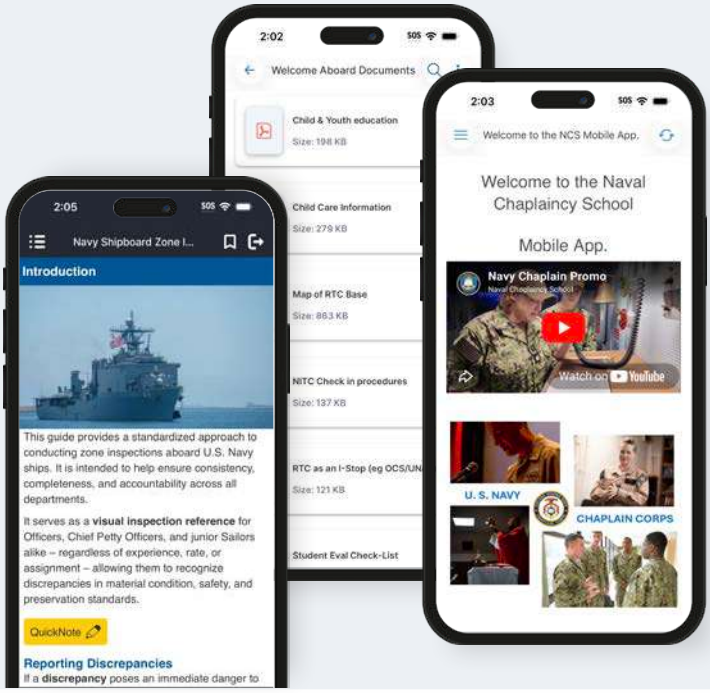
One App. Every Resource.

A flexible app platform that connects people to information that matters.

Information

Interactive training resources – organized, accessible, and built for real-world use.

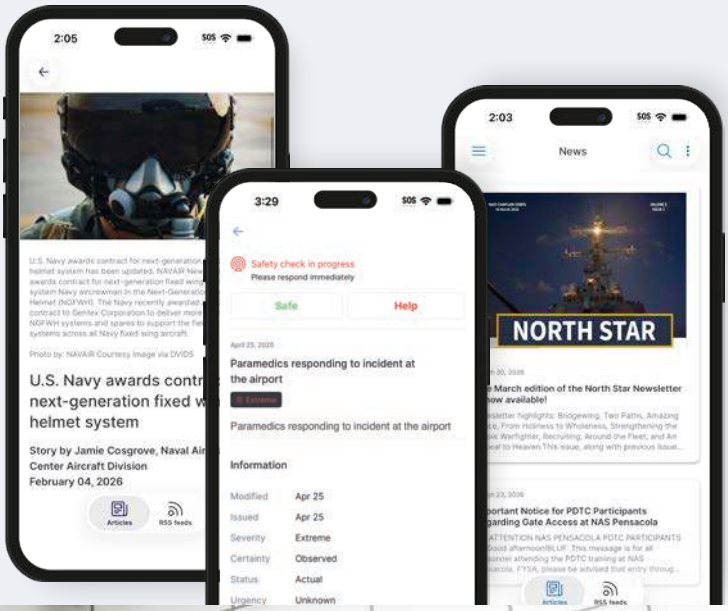
- **eGuides**
- **PDF Library**
- **Resources**
- **Grid Navigation**



Awareness

Timely alerts and updates – delivered clearly, when they matter most.

- **Alerts & Safety Check**
- **Push Notifications**
- **News**



SCAN HERE

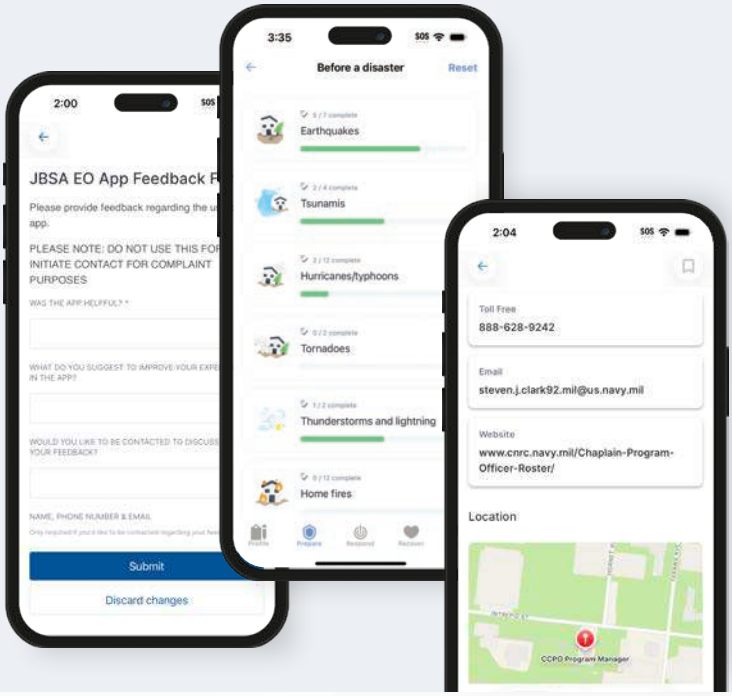
Read more about our QuickSeries Connect app platform on our website:

www.quickseries.com/apps

Action

Tools that help users prepare, respond, and act with confidence.

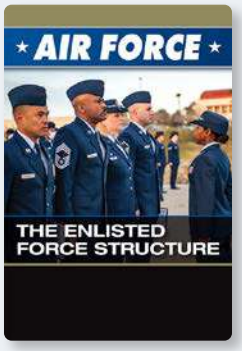
- **Forms & Reporting**
- **Make Your Plan**
- **Maps**





At Work

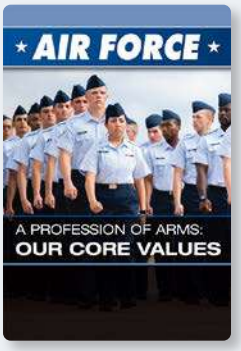
USAF Work Aids



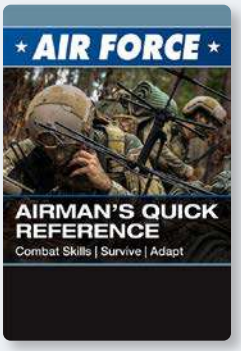
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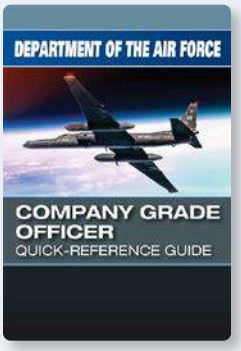
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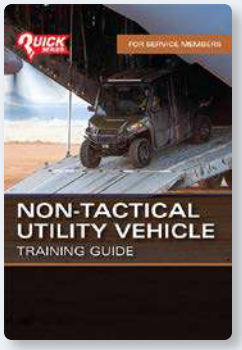
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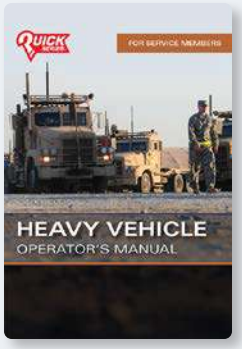
01-1685-023-01

- Provide Airmen with a consistent, common approach to understanding the professional standards, roles, and responsibilities of each enlisted rank.
- Equip Airmen with quick-reference material covering many of the tactics, techniques, and procedures included in the Airman's Manual.

Vehicle Safety



01-1544-000-01

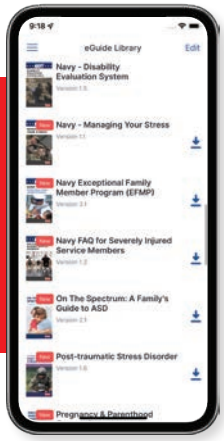


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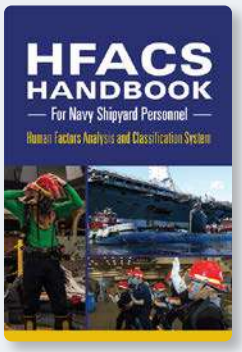
- Deliver step-by-step guidance on vehicle basics, controls, and safe operating procedures for military personnel.
- Learn about safety considerations, road hazards, and best practices to reduce risk during operations and transport.

Mission-Critical Information Instantly!

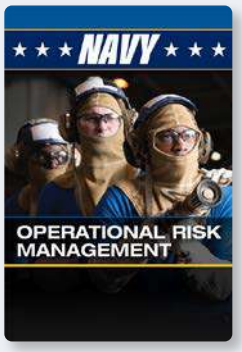
Our easy-to-use QuickSeries Connect app and portal is the ideal on-the-go tool for communities, facilities, and workplaces. Conveniently communicate essential emergency information to your Service members all at once to help ensure everyone gets the vital details they need at the right time.



Navy Work Aids



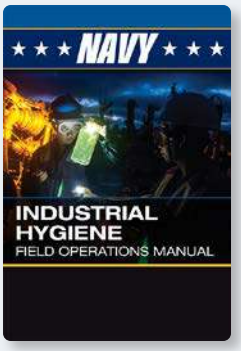
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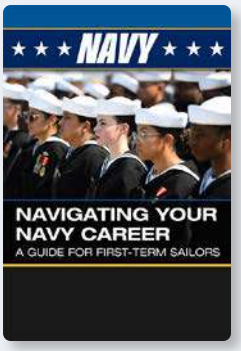
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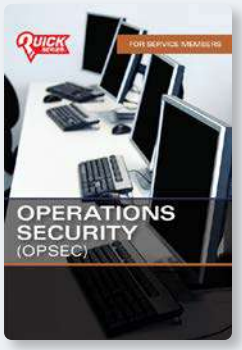
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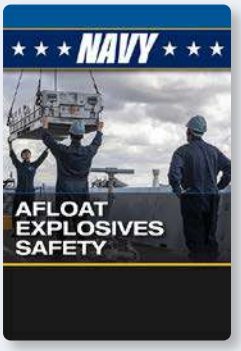
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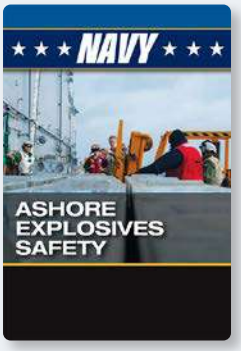
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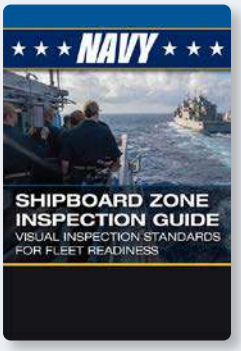
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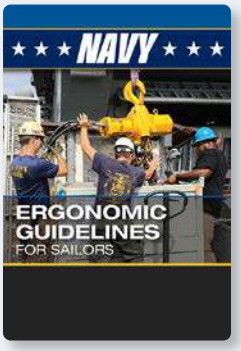
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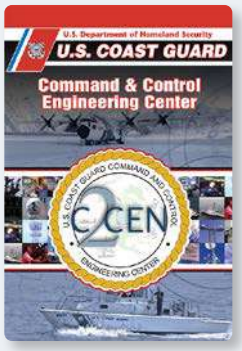
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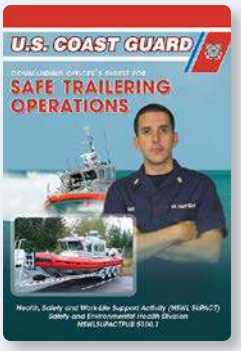
01-1712-022-01

- Provide technical guidance to field personnel on how to inspect work environments safely.
- Strengthen the safety and secrecy of missions by educating Sailors about preventive measures against threats.
- Help leaders enforce proper procedures to minimize losses and increase mission success.

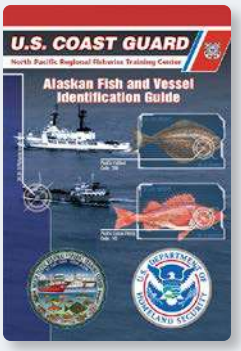
USCG Work Aids



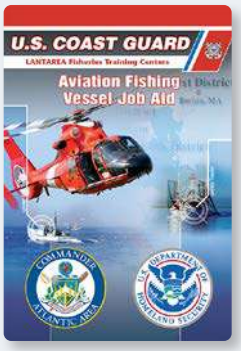
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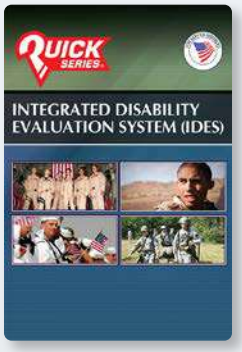


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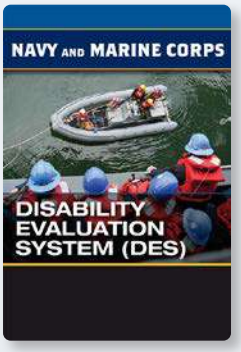
- Take this pocket-sized guide on the job for quick and easy reference to relevant information.
- Build knowledge and better execute duties by using this guide as a workplace “cheat sheet.”
- Use valuable checklists and images to help identify vessels and gear, follow procedures, and prevent fatal mishaps.

Benefits & Services

Health



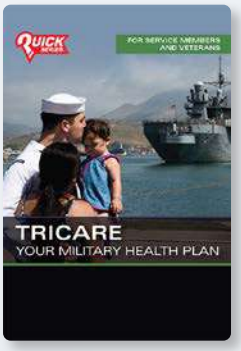
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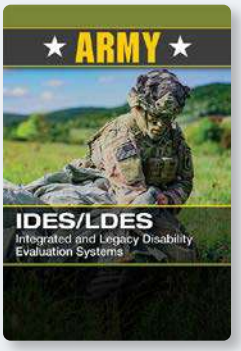
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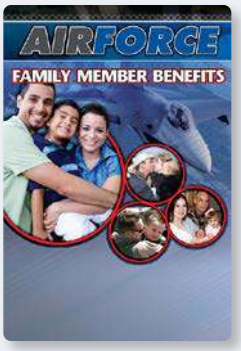
- Get the facts on the benefits and regulations for various services – such as health and dental care plans.
- Understand the basics of the critical programs offered to disabled or injured Service members, including application and eligibility requirements.
- Use essential checklists, frequently asked questions, charts, and resources for further information.



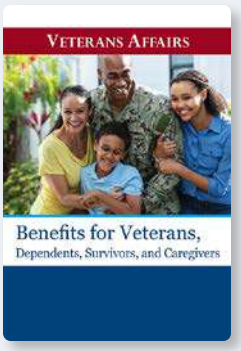
Family Member Benefits



01-0130-021-02



01-0137-023-01



01-0188-030-02



01-0266-026-01

- Understand the programs, benefits, and services dependents and survivors are entitled to, including pay and allowances, health, dental and education benefits, and much more.
- Discover the latest information on family member eligibility and how to enroll in different programs.
- Use checklists, information, and resources for added guidance and support.

Program Outreach

Folders





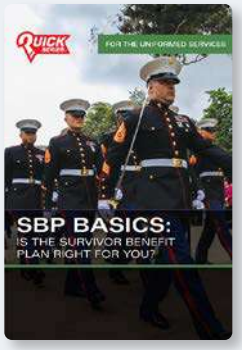
Finance



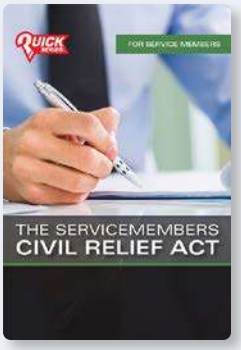
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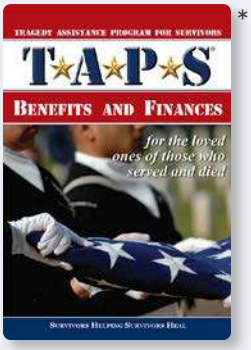
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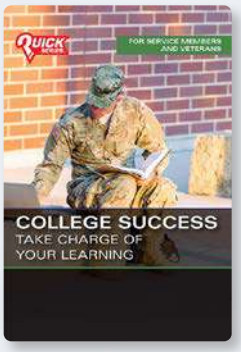
- Master the different investment, pay, and allowance options available so you can make informed financial decisions.
- Ensure you're receiving all the benefits available to you and your family members through various military programs.
- Gain peace of mind knowing you're making smart investments and securing your family's future.

* Licensed by the Tragedy Assistance Program for Survivors (TAPS)

Employment Readiness



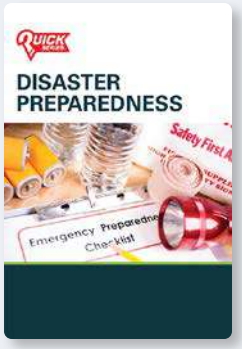
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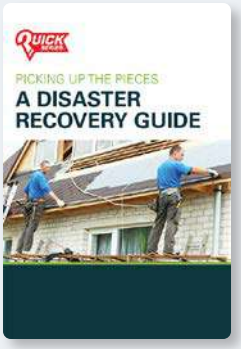
01-1195-000-01

- Use essential information and job-search guidelines to ease any potential employment and financial stresses caused by military life.
- Explore different military career programs and services and learn how to craft an effective résumé.
- Find important lists, tips, and resources to assist in your job search.

Be Ready



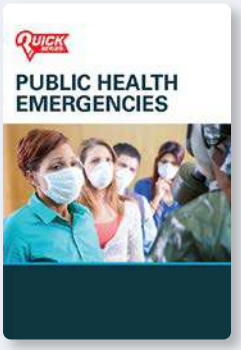
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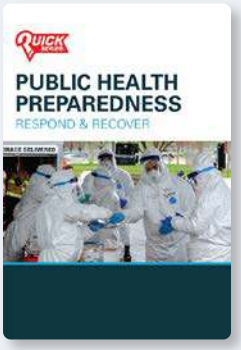
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01-0250-000-06



01-0369-000-01

Program Outreach

Calendar



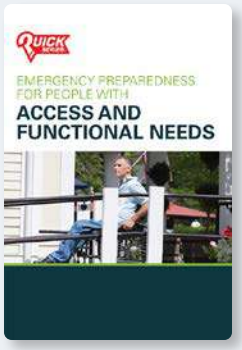
Posters





- Get the tools you need to effectively prepare for and respond to a natural or human-caused disaster – from tornadoes and earthquakes to hazardous materials spills and terrorism.
- Navigate the disaster preparedness process with useful checklists, tips, and websites.
- Follow post-disaster guidelines to ensure a safe and healthy recovery.

Family Readiness



01-0155-000-02



01-0398-000-01



01-0411-000-02



01-0570-000-02

Program Outreach

Pamphlets





Wallet Card



- Learn how to prepare your entire family – parents, kids, family members with special needs, and pets alike – for emergencies and disasters.
- Create an emergency plan so you and your family can stay safe.
- Ensure you're packing essentials for the whole family with detailed supply checklists.
- Consult useful websites and support networks that can assist with your recovery.

Emergency Management

Disaster Readiness



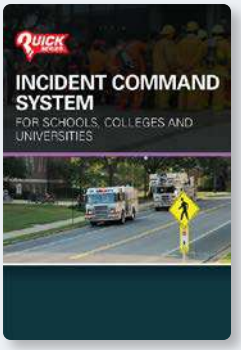
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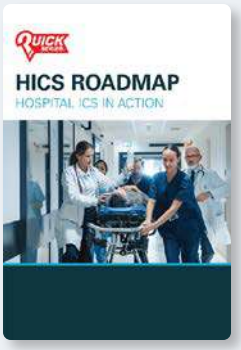
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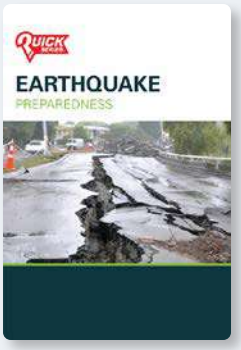
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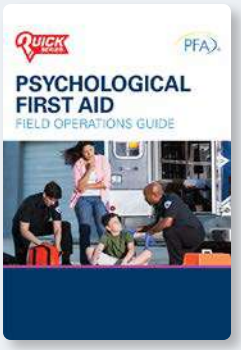
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01-0699-000-01



01-0809-000-01



01-0393-000-01

- Be ready for any natural disaster that can strike your area – from hurricanes and floods to earthquakes and wildfires.
- Know how to create a plan, assemble an emergency supply kit, protect your home, and stay informed of emergency alerts and news.
- Develop and practice evacuation and shelter-in-place procedures so you can stay safe in the event of a natural disaster.
- Get valuable post-disaster information on dealing with the aftermath: cleaning up, filing insurance claims, and recovering.

Program Outreach

Pamphlets



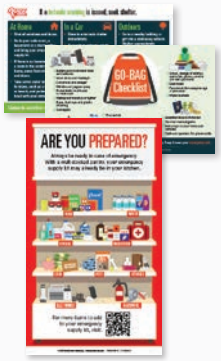
Posters



Wallet Cards



Magnets

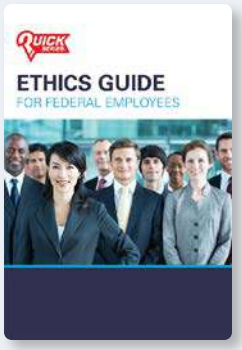


Pocket Cards

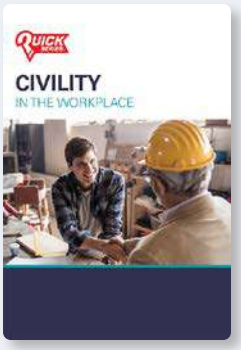


Equal Opportunity

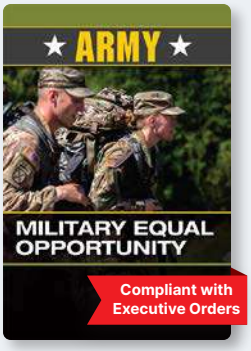
Ethics & Equal Opportunity



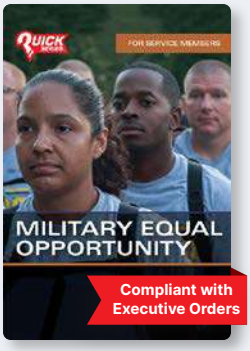
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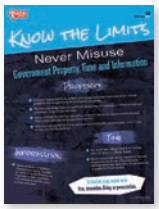
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Program Outreach

Poster



Wallet Cards



Magnet



- Understand complicated ethics laws and regulations, which are presented in a simplified “plain English” format.
- Promote an equal opportunity workplace by becoming culturally aware and eliminating discrimination and harassment.
- Know your rights to equal treatment, understand reasonable accommodation, and be aware of your reporting options.
- Use checklists and resources to ensure your command follows standard ethics laws and fosters a fair, harmonious work environment.

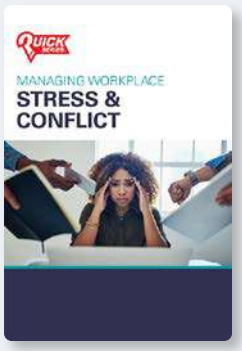
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Conflict Management



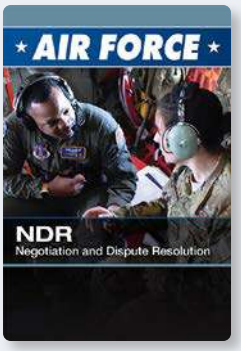
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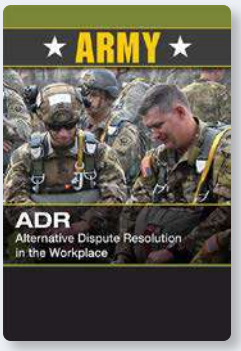
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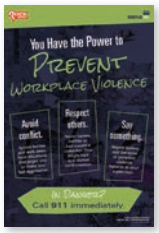
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Program Outreach

Poster

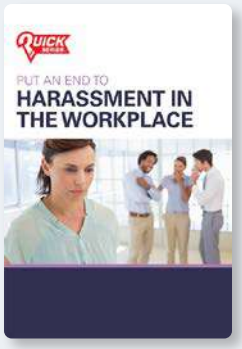


Wallet Card

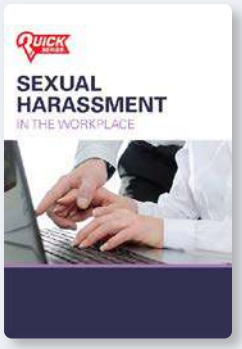


- Prevent violent situations by learning how to recognize the warning signs.
- Learn how to effectively manage conflict and resolve issues in a constructive way.
- Make your workplace a safe, stress-free environment with the help of various exercises and tips for controlling emotions.

Harassment



01-1048-000-01



01-0582-000-02

- Contribute to the safety of your work environment by preventing or responding to harassment of any kind – from sexual harassment to bullying.
- Learn how to identify harassment so you can stop it in its tracks and prevent it from escalating.
- Know your rights, your fellow members' rights, and your leaders' responsibilities.

Program Outreach

Pamphlet



Poster



Wallet Cards



Magnet



Family Support Programs



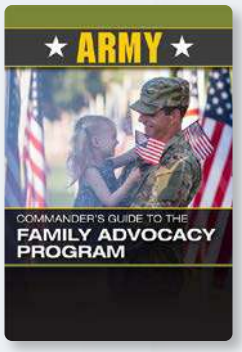
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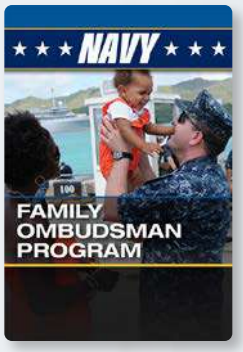
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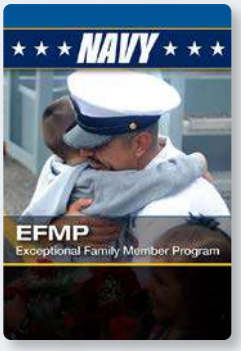
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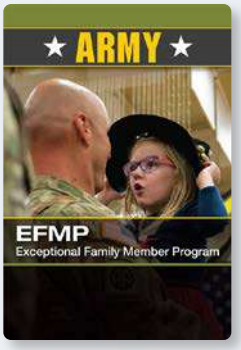
01-0324-023-01

- Take care of your family by using the key military resources and programs available to you.
- Prepare for deployment and separation by making family care plans, preparing caregivers, and helping your children cope with change.
- Find checklists, tips, and information to get your family ready for the challenges of deployment.

EFMP Family Support



01-0108-022-02



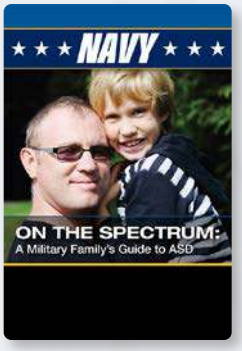
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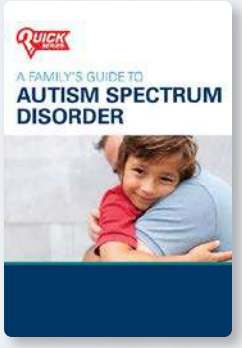
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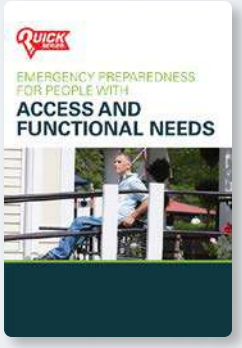
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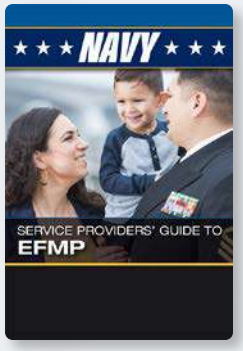
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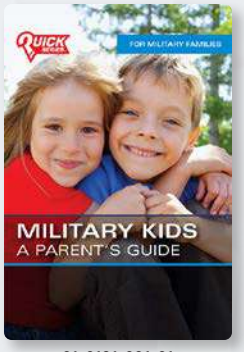


01-0853-022-01

- Discover how to identify a family member with special needs, how to get a formal assessment, and where to turn for support.
- Learn about the services available within your military branch and how to contact them and enroll in special programs.
- Access essential information, resources, and tools to help you find appropriate care and support.

Family Support

Family Needs



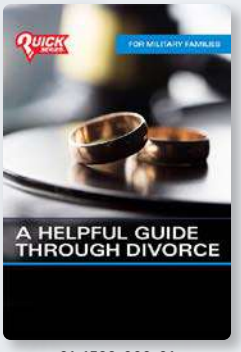
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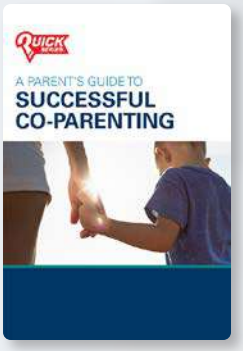
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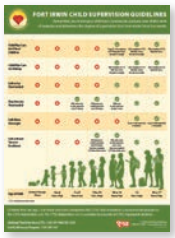
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Program Outreach

Poster



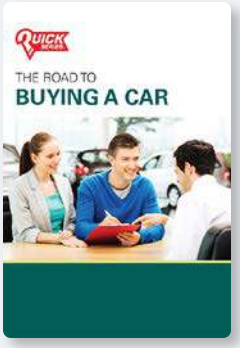
- Improve family readiness with effective parenting tips to get families through the key transition challenges of military life.
- Explore strategies to help strengthen and maintain important relationships in your life.
- Manage your health and the health of your loved ones by using available tools and services to improve your wellness.
- Keep children safe from common threats – such as neglect, maltreatment, and SIDS – with essential information, recommendations, and guidelines.

Financial Services

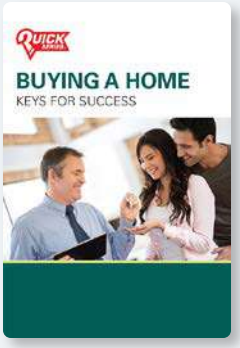
Money Smart



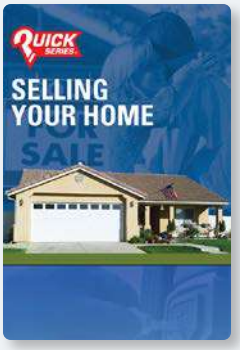
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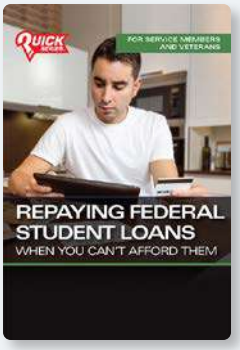
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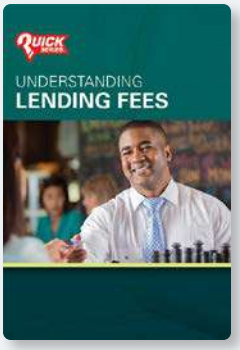
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Program Outreach

Pamphlets



Poster



Pocket Card



Wallet Cards



Magnets



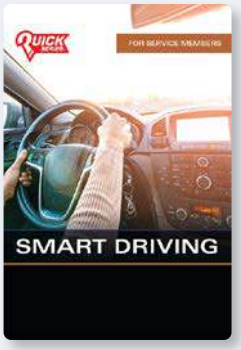
- Gain financial freedom by following valuable money-saving and spending tips.
- Discover the basics of investments and lending fees in reader-friendly terms.
- Avoid debt and learn how to save for military retirement or large purchases with the help of useful charts and examples.
- Find practical logs, checklists, and resources to successfully manage your finances and stay out of the red.

Home Safety

Safe Driving



01-0296-001-02 *



01-0275-001-01

Program Outreach

Wallet Card



- Drive safely on and off duty by following critical safety protocols and defensive driving techniques.
- Know how to navigate difficult driving conditions, get adequate training, and wear appropriate personal protective equipment to reduce the risk of injury.
- Use trusted facts, statistics, checklists, and resources to enhance your driving skills and stay safe on the road.

* Licensed by the Motorcycle Safety Foundation (MSF)

Family Safety



01-0357-001-01



01-0962-000-01



01-0336-000-02



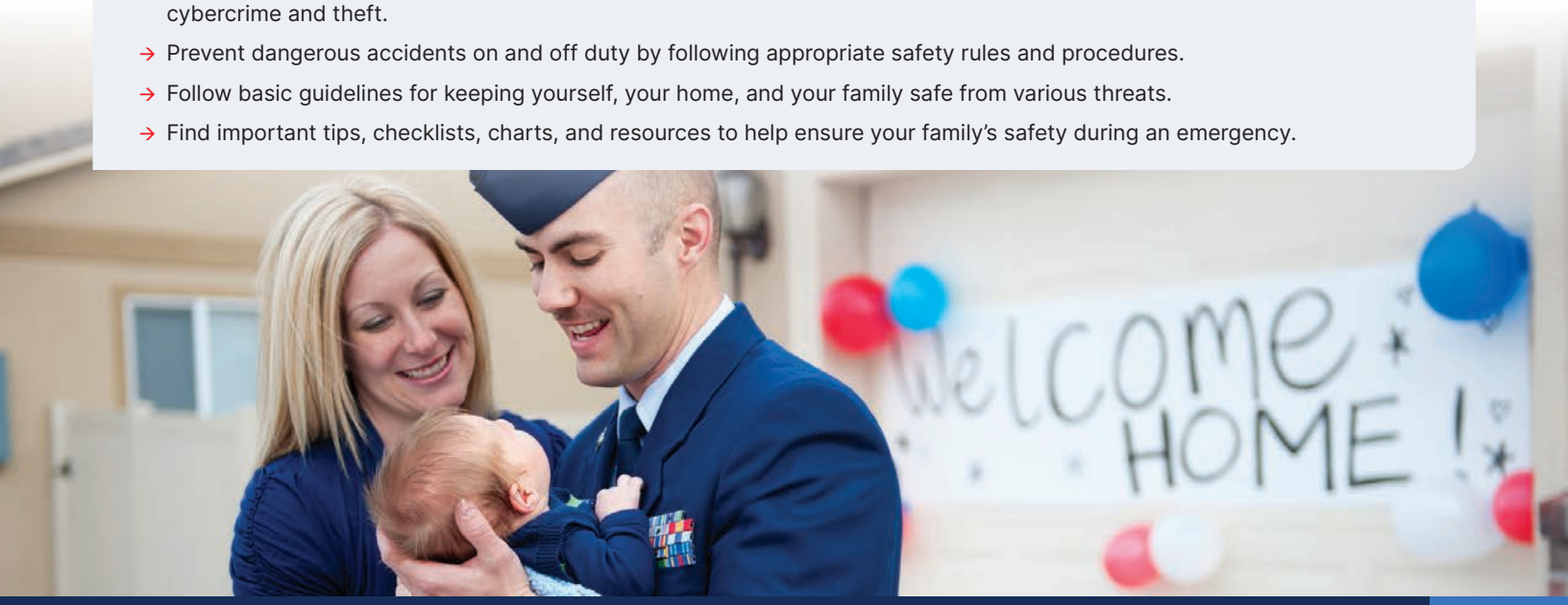
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Program Outreach

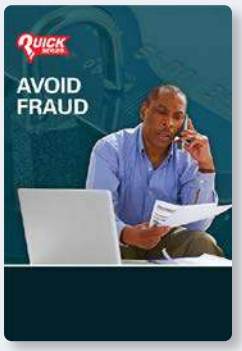
Poster



- Get the tools you need to effectively prepare for and respond to any emergency – from earthquakes and fires to cybercrime and theft.
- Prevent dangerous accidents on and off duty by following appropriate safety rules and procedures.
- Follow basic guidelines for keeping yourself, your home, and your family safe from various threats.
- Find important tips, checklists, charts, and resources to help ensure your family's safety during an emergency.



Personal Safety



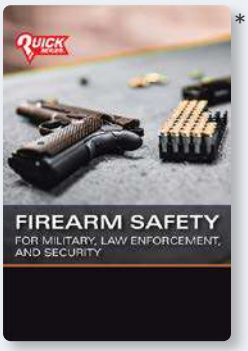
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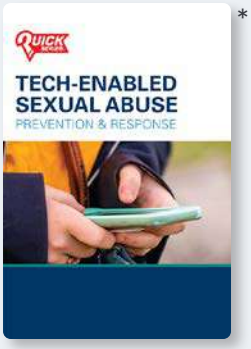
- Avoid being a victim of crime or fraud by learning about preventive measures.
- Learn how to protect yourself, your family, and your property from violent crime and theft.
- Gain firearm safety knowledge to promote responsible ownership and safer handling.

* Licensed by Force Concepts

Online Security



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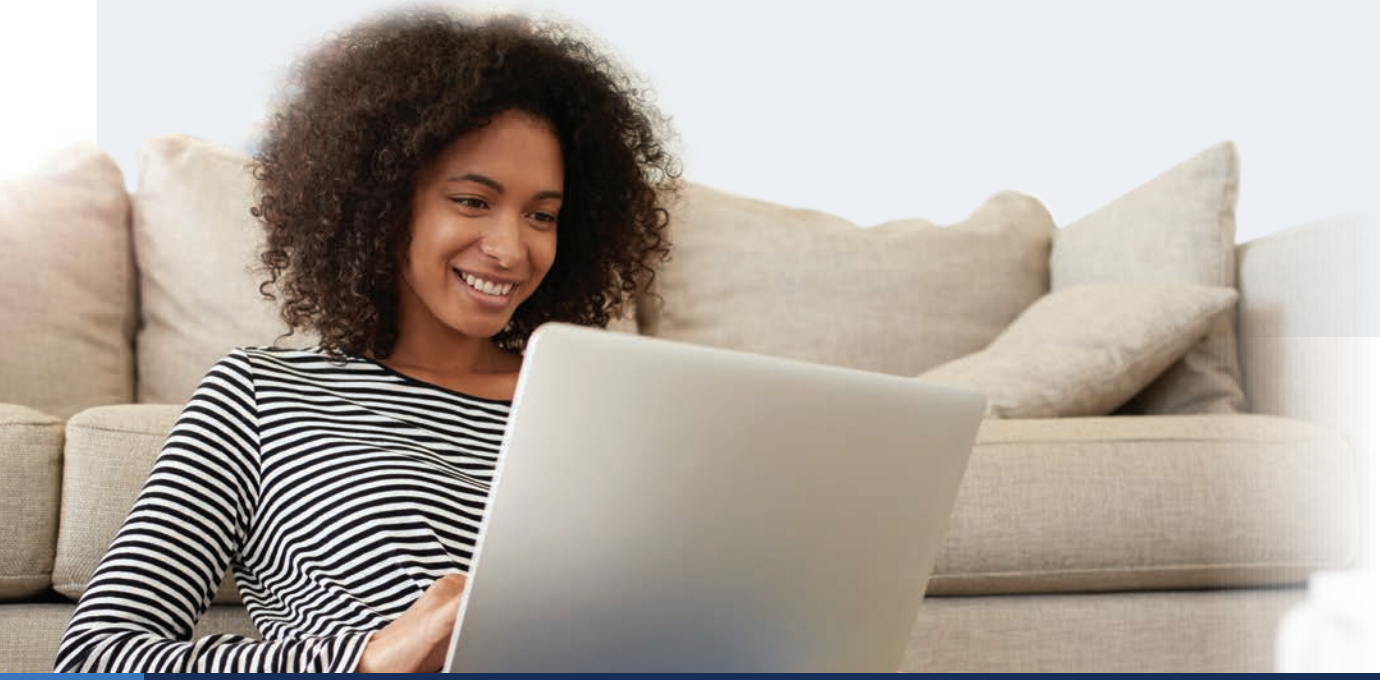
Program Outreach

Pocket Card



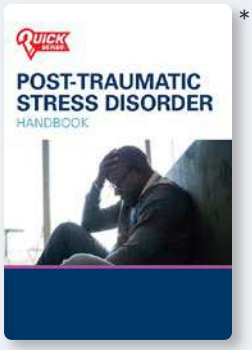
- Follow basic guidelines for keeping your identity safe from fraud and scams and your children safe from online predators.
- Use valuable checklists, tips, and resources to ensure your online security.

* Licensed by the Rape, Abuse & Incest National Network (RAINN)

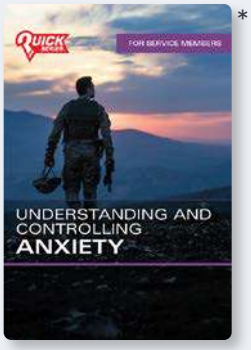


Mind & Body Health

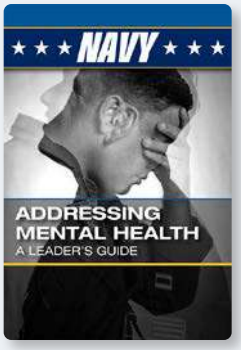
Anxiety & Stress



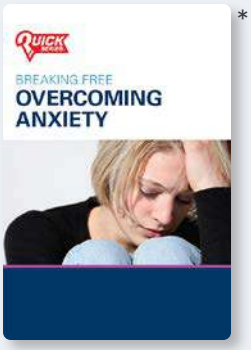
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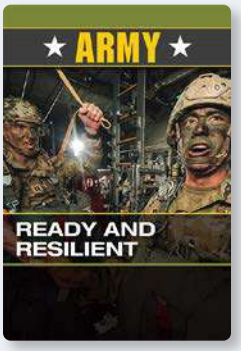
- Support mental health in military personnel so they can effectively perform their critical duties.
- Employ useful techniques for developing stress- and anxiety-control skills.
- Develop and practice coping strategies for dealing with and overcoming stressful situations and crises.
- Use valuable exercises, tips, and resources to take charge of your mental health.

* Licensed by the International Critical Incident Stress Foundation (ICISF)

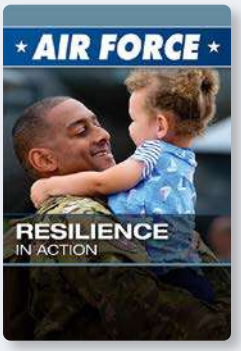
Resilience



01-0598-001-01



01-0779-021-01



01-0914-023-01

- Apply essential resilience tools to handle stress and identify potential problems so you can be mission-ready.
- Build your resilience by developing ways to prosper during times of crisis and adversity.
- Use valuable exercises, tips, and resources to improve your mental, emotional, and physical health and perform at an optimal level.

QuickTerm

Resilience is the ability to recover and move forward after a traumatic or distressing experience. Providing military personnel with immediate guidance and support during a crisis is critical to building resilience.

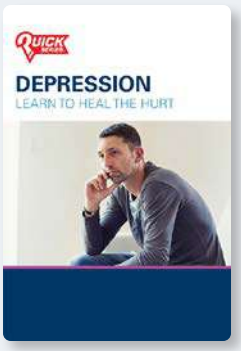
For more on restoring military personnel to standard performance, review our library of Resilience guides.



Depression & Suicide Prevention



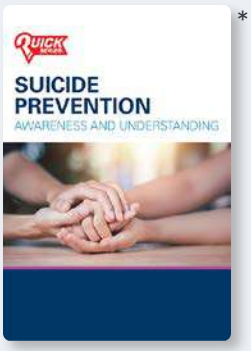
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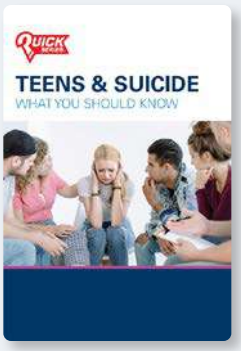
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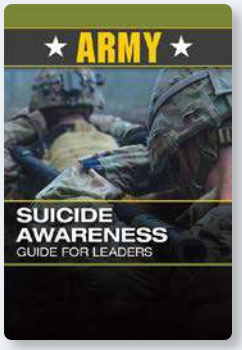
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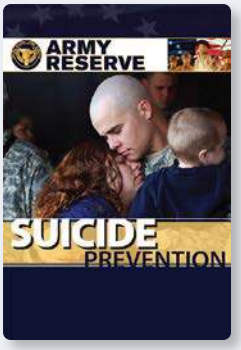
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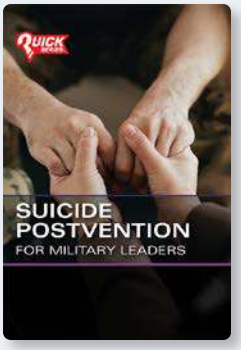
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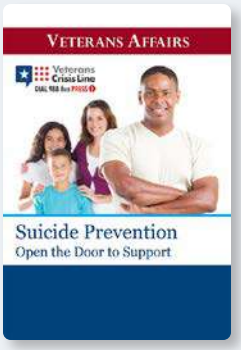
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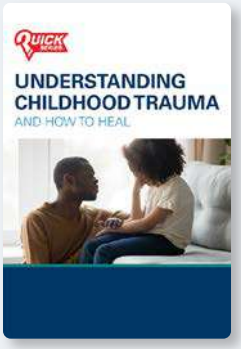


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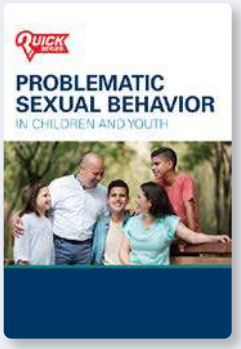
- Get the proper information and support to help you through a mental health crisis.
- Learn about various mental health issues affecting Service members and Veterans so you can help care for a loved one in crisis.
- Navigate difficult times and better manage your emotions with useful strategies and exercises.
- Use essential checklists, information, and resources to care for your mental health and get the help you need.

* Licensed by the International Critical Incident Stress Foundation (ICISF)

Childhood Behavior



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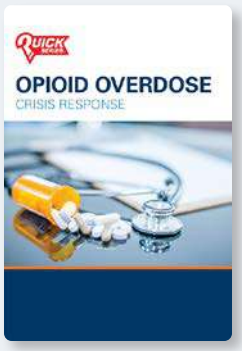
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- Address many of the questions and concerns that parents and other adults that care for or work with children have about sexual behaviors in children.
- Help parents, caregivers, and educators understand the impact of childhood trauma and provide the right support to help children heal.

Drug & Alcohol Abuse



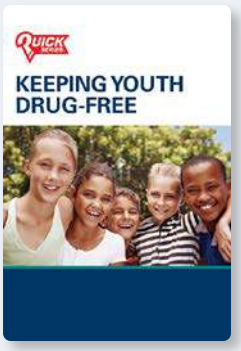
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- Help Service members and Veterans eliminate alcohol, tobacco, or drugs from their lives with practical information and recommendations.
- Use valuable tools to assess your substance use, learn how to quit, and prevent relapse.
- Learn how to talk to children about drugs and alcohol, or to deal with the consequences of secondhand drinking.
- Get useful resources for treatment, support, and additional information.

Program Outreach

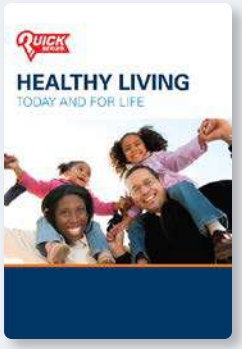
Pocket Cards



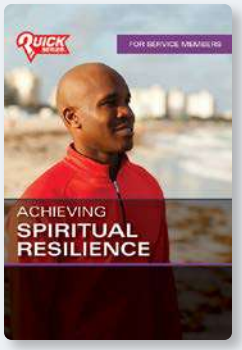
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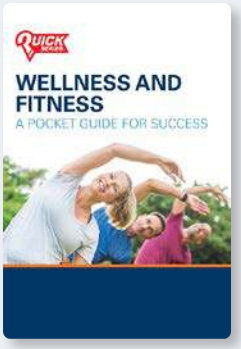
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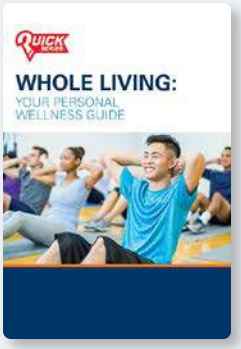
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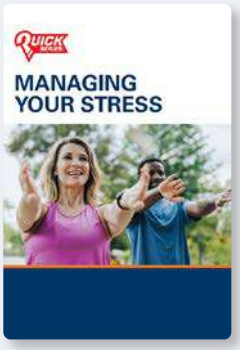
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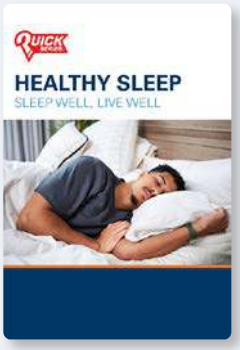
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- Boost wellness and vitality with everyday healthy living tips to help you thrive.
- Prepare your mind and body to withstand and recover from difficult situations during deployment.
- Understand nutrition basics, set goals, enhance your spiritual skill set, and combat weight issues, health problems, and mood disorders.
- Access checklists, exercises, and resources to track your progress and see results.

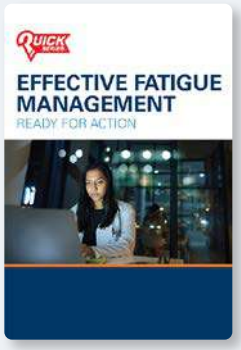
Emotional Wellness



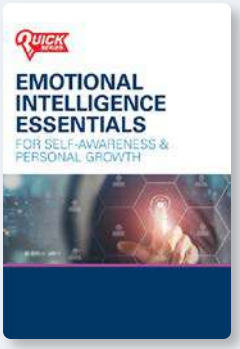
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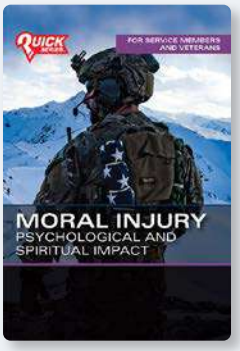
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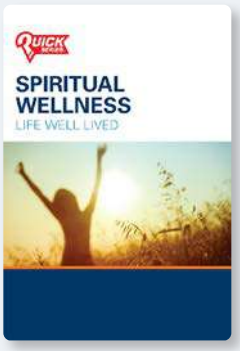
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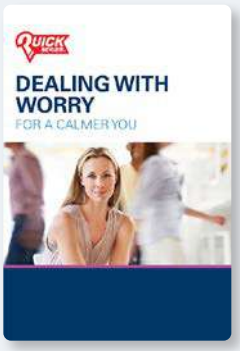
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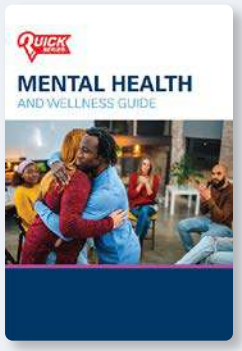
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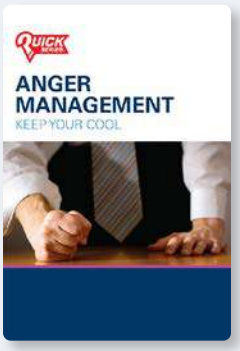
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- Manage overwhelming emotions, such as anxiety, worry, or anger, with proven tools and recommendations.
- Know your treatment options and where Service members and Veterans can turn for professional help.
- Use essential checklists, information, and resources to care for your mental health and find effective strategies for improvement.

Program Outreach

Pocket Card

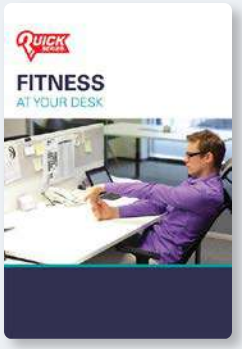




At Work



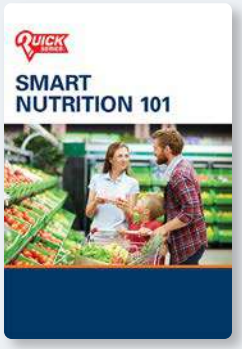
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- Perform your best in the field or on assignment by making your physical wellness a priority – from dealing with worry and stress to being physically fit.
- Adopt practical techniques to improve your quality of life, including stress management, self-care strategies, and physical activity guidelines.
- Use checklists, self-assessments, tips, and resources to enhance your wellness and always be mission-ready.

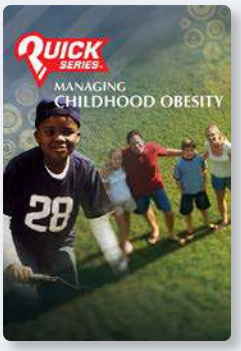
Weight Management



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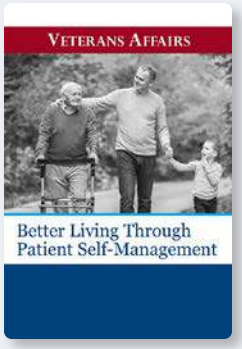
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- Learn about important behavioral strategies for safe, effective weight loss and maintenance.
- Follow healthy eating guidelines, exercise recommendations, and lifestyle strategies that encourage you to reach your goal.
- Use charts, diagrams, checklists, and resources to guide you through your weight management journey.

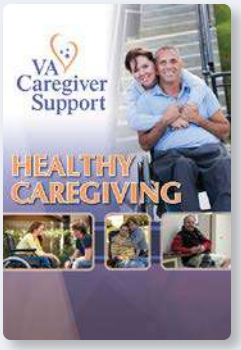
Caregiving



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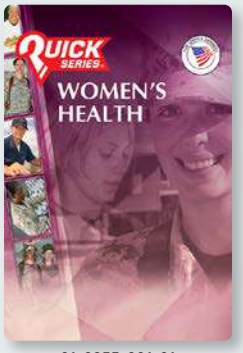
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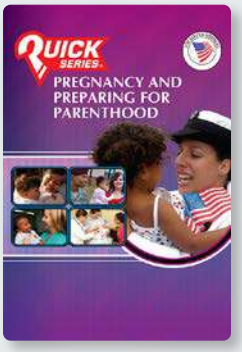
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- Provide caregivers tending to injured Service members with actionable wellness information to help them deliver effective care.
- Use valuable tools to manage the emotional and physical effects of chronic illness and create a personalized action plan.
- Access essential information, checklists, and resources to make managing daily life easier.

Women's Health



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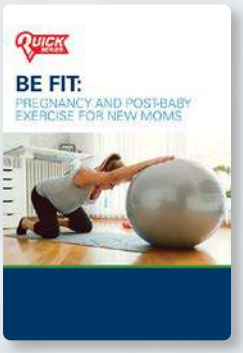
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- Equip yourself with the information you need to handle women's health issues – from pregnancy and breastfeeding to urinary tract infections and cervical cancer.
- Follow useful advice on coping with pregnancy-related issues, managing your weight, staying fit, and getting appropriate health tests and screenings.
- Use checklists, information, and resources to help manage your health while on active duty.

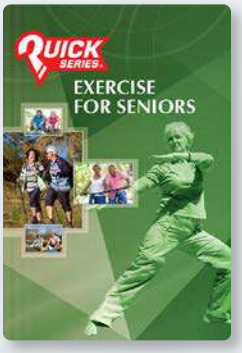
Fitness for Specialized Groups



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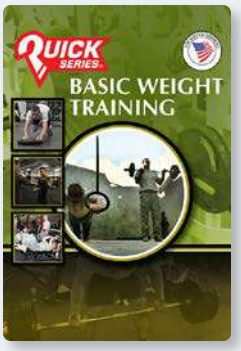
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- Get the health, fitness, and training recommendations needed for different groups of Service members with specialized needs.
- Learn about training safety guidelines so you can reap the benefits of exercise without injury.

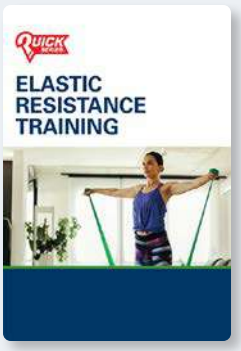
QuickFact

Having a sedentary lifestyle (being inactive) increases your chances of gaining weight and developing a number of serious health conditions.

Pillars of Fitness



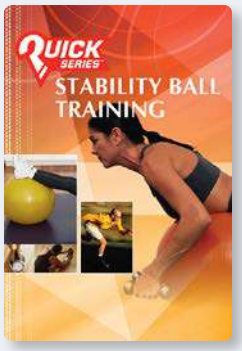
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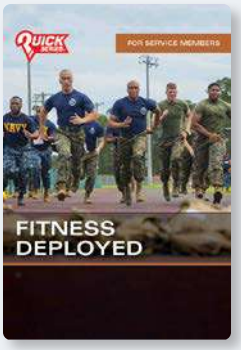
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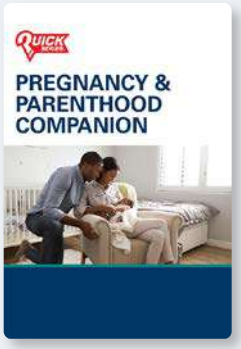


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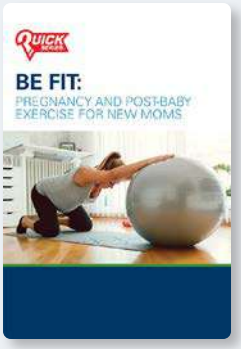
- Get the health, fitness, and training recommendations necessary for building and maintaining an effective workout regimen.
- Enhance your overall fitness, endurance, and quality of life with essential wellness strategies and resources.
- Design your own training program with step-by-step procedures and illustrated exercises.
- Use assessment questionnaires, checklists, and worksheets to design a program and track your progress.

Parenting

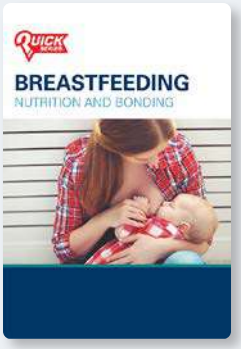
Expecting a Baby



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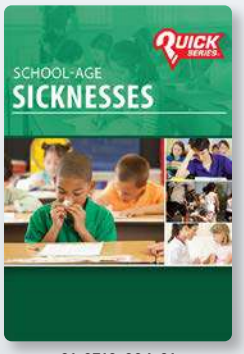
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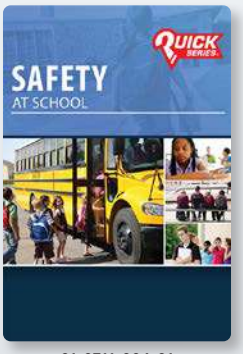
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- Ease some of the stress and worry of pregnancy with guidance on a variety of pregnancy- and birth-related topics.
- Follow trusted advice on coping with common pregnancy symptoms, managing body changes, knowing when to call your doctor, and creating a birth plan.
- Ensure a healthy pregnancy by learning about critical lifestyle, diet, and fitness recommendations.
- Use helpful checklists, diagrams, and resources for support and comfort on this life-changing journey.

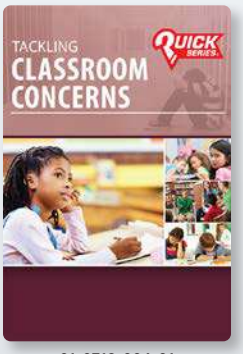
Life with Kids



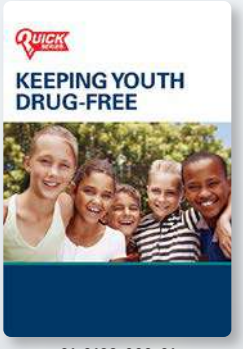
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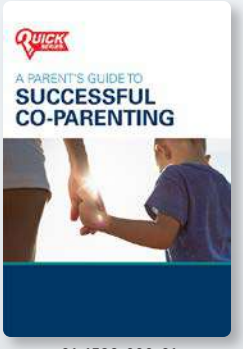
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Program Outreach

Pamphlets



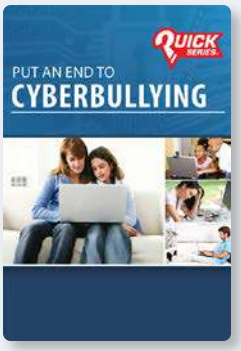


- Help protect your children from bullying, common childhood illnesses, and other health and safety concerns.
- Parent with confidence by following various tips and suggestions, including talking about drugs, identifying problems, and setting rules.
- Use checklists, quick-reference graphics, and resources to guide you through your parenting journey.

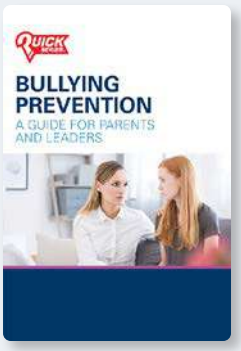
Bullying



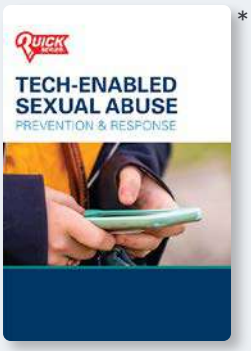
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01-1669-000-01 *

- Protect yourself and your children from the threat of bullying by learning essential prevention tools and techniques to end the bullying problem.
- Coach your children on how to deal with all forms of bullying, such as cyberbullying and physical, psychological, and verbal bullying.
- Use valuable checklists, quizzes, and resources to understand bullying, resolve bullying incidents, and prevent the threat.

* Licensed by the Rape, Abuse & Incest National Network (RAINN)

Program Outreach

Pamphlets



Posters

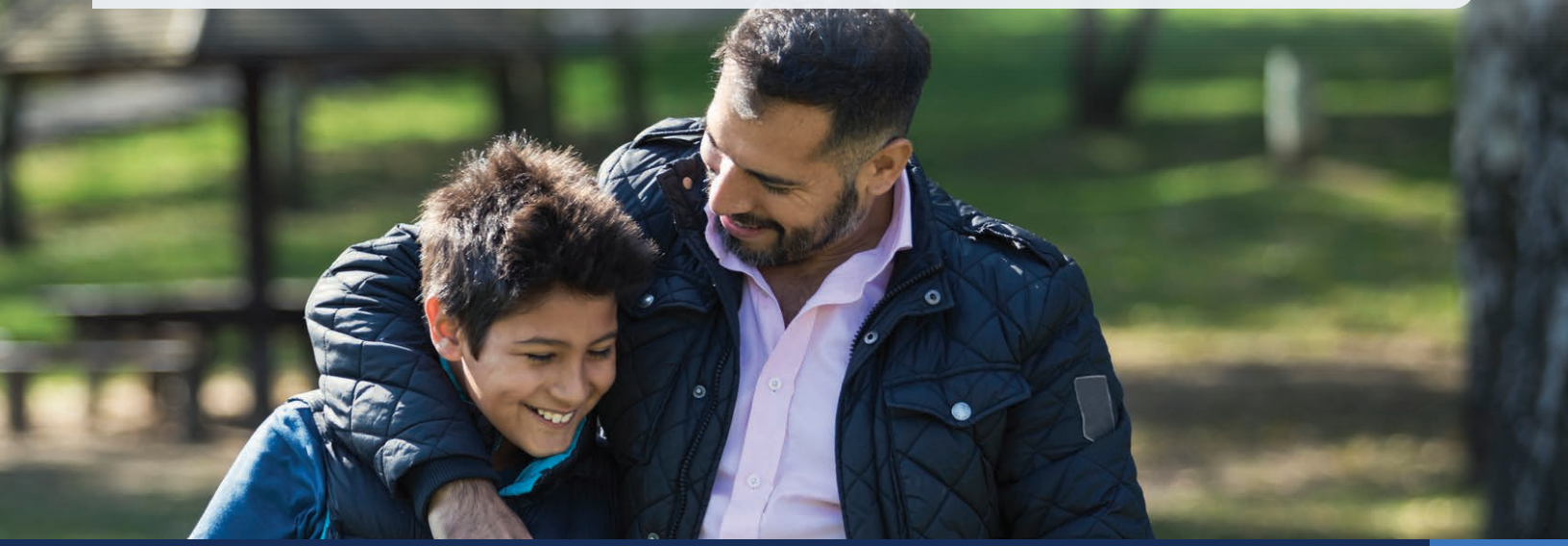


Wallet Cards

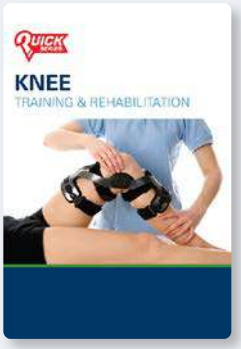


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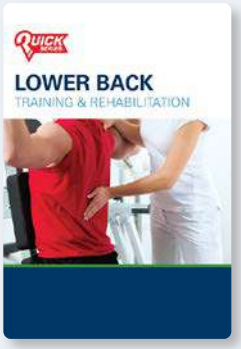




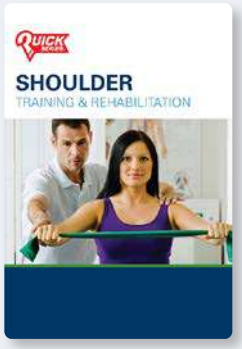
Injury Prevention & Rehabilitation



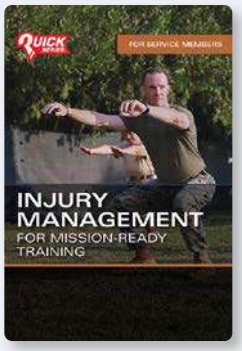
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01-0046-000-02



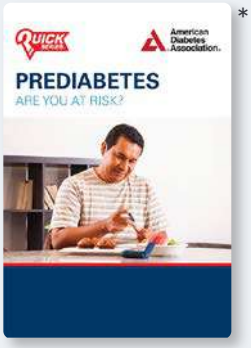
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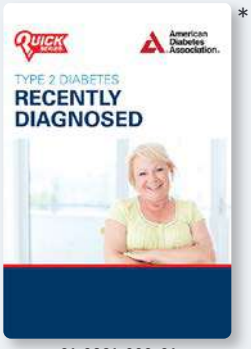
01-0524-020-01

- Complement your rehabilitation program with effective exercises and techniques to strengthen your knee, lower back, or shoulder following an injury.
- Learn the basics of injury management and prevention to reduce your chances of getting hurt.
- Increase your flexibility, strength, and stamina using easy-to-follow illustrated exercises.

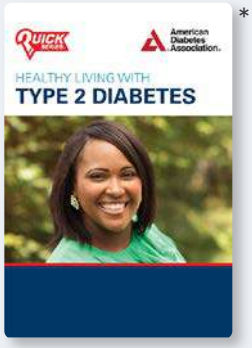
Diabetes



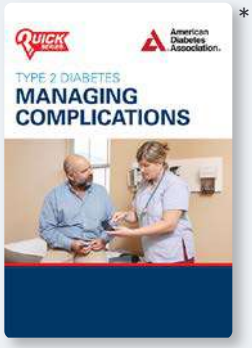
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01-0981-000-01 *



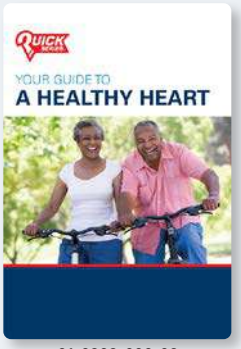
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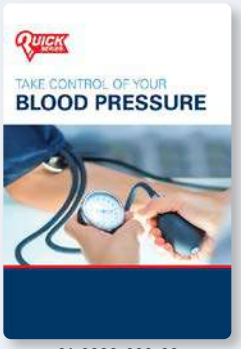
01-0979-000-01 *

- Make the right lifestyle choices so you can manage or prevent diabetes and live a long and healthy life.
- Learn about diabetes treatments, lifestyle changes, diabetes complications, stress management, and much more.
- Uncover tips, tests, and resources to help you take charge of your health.

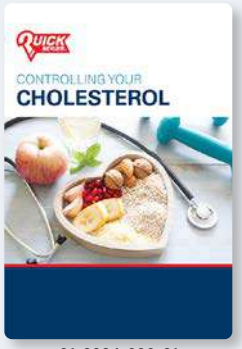
* Licensed by the American Diabetes Association (ADA)



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01-0093-000-02



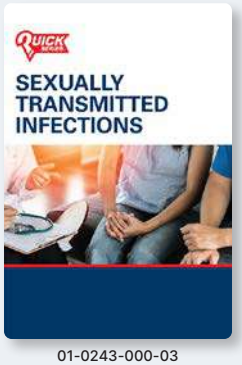
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Healthy Heart

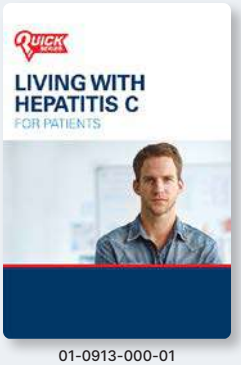
- Learn how to make simple lifestyle changes that can significantly reduce your risk of high blood pressure, high cholesterol, or heart attack.
- Know the risk factors and warning signs of an unhealthy heart so you can get timely treatment.
- Follow useful guidelines on eating well, maintaining a healthy weight, and following a physical fitness routine.

Prevention & Management

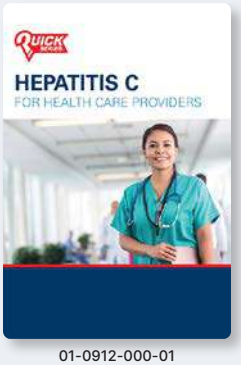
Disease Prevention



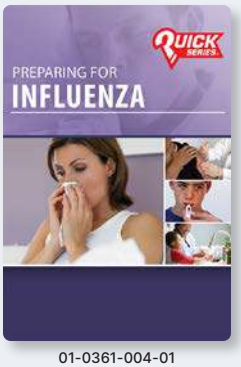
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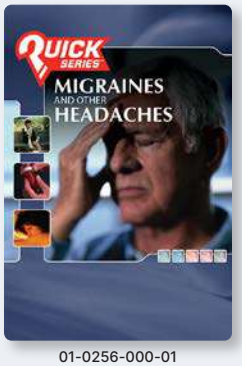
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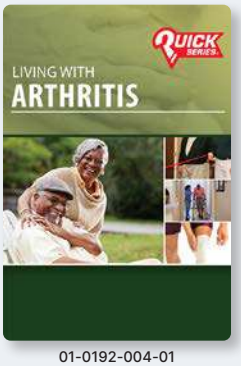
01-0361-004-01

- Get the latest information on some of today's most common diseases and know how to protect yourself.
- Learn about risk factors, symptoms, treatment, and prevention strategies.
- Lessen the risk of public health emergencies by planning ahead, taking preventive measures, and stopping the spread.
- Use important checklists, charts, graphics, and resources to ensure you can perform at an optimal level.

Pain Management



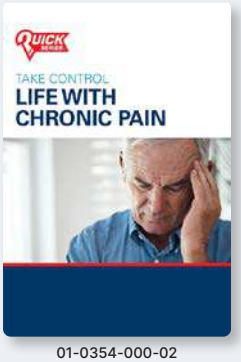
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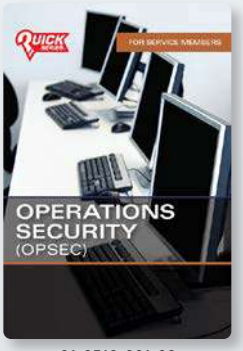


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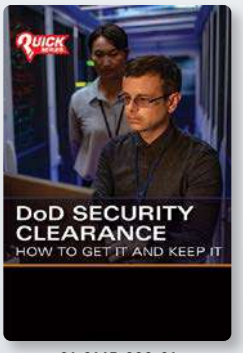
- Take control of your pain by learning about the types of treatments and medications available.
- Alleviate chronic pain with beneficial exercises and self-care strategies to enhance mission readiness.
- Make sure you're getting the right treatment for your specific pain so you can enjoy a better quality of life.

Security

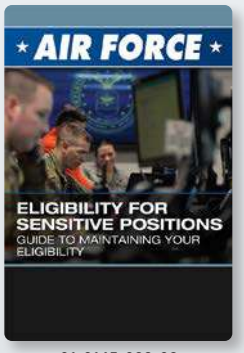
Security at Work



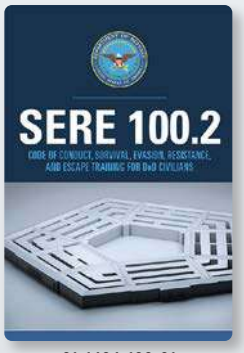
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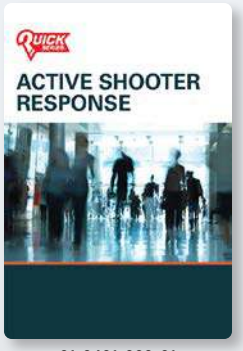


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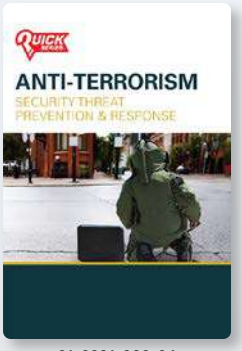
- Ensure all military members and government employees know how to follow essential security procedures to maintain safety.
- Adhere to important policies, procedures, and safety measures designed to safeguard Service members and government employees from potential threats.
- Understand the Operations Security process, gain appropriate clearance, and be aware of potential security concerns.



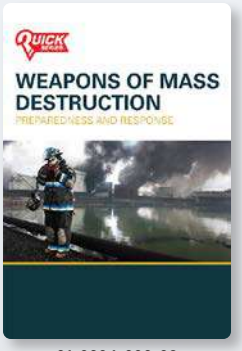
Threat Response



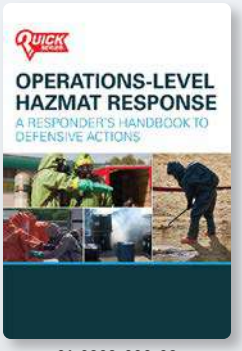
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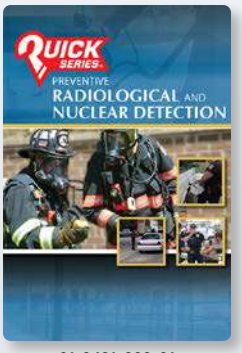
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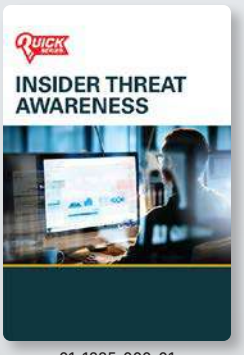
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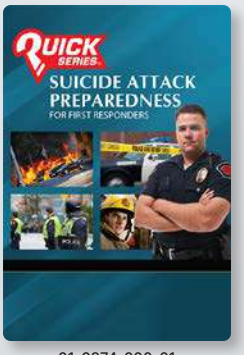
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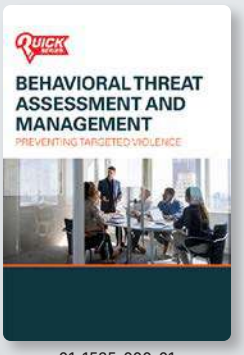
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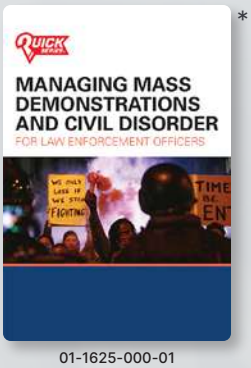
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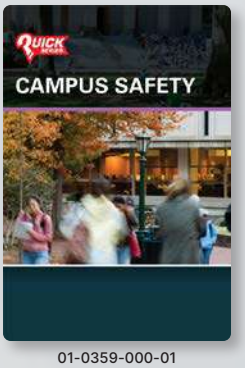
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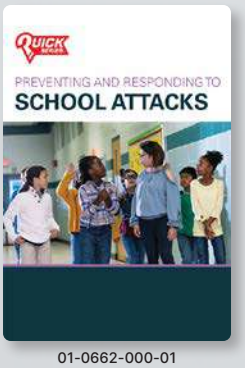
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01-1625-000-01 *



01-0359-000-01



01-0662-000-01

Program Outreach

Wallet Card



Poster



- Be emergency-ready for any potential threat – from active shooters and suicide attacks to hazardous materials and water security incidents.
- Get basic guidelines on security planning, threat management, and response and recovery efforts.
- Use thorough checklists, charts, and resources to help prevent terrorist events and environmental disasters.

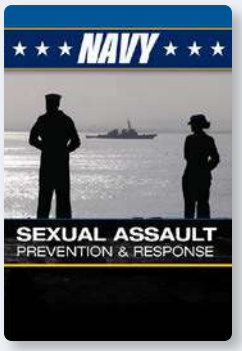
* Licensed by Force Concepts

QuickNote

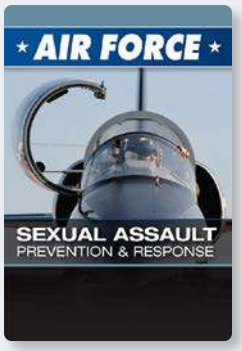
Terrorists exploit vulnerabilities, choosing the time, place, and method of attack according to observed or perceived weaknesses. Increasing the security of a particular type of target makes it harder for terrorists to successfully strike.

Sexual & Domestic Abuse

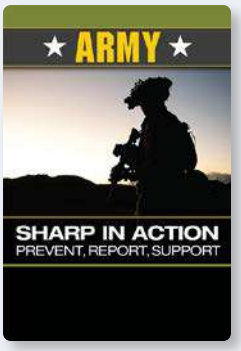
Sexual Assault Prevention & Response



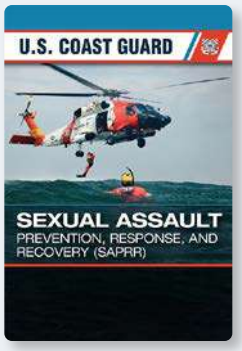
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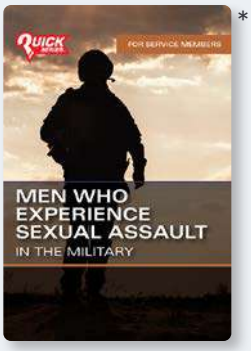
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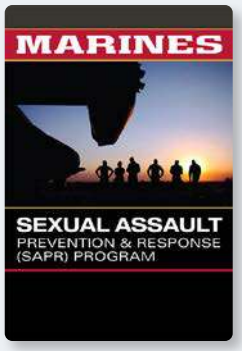
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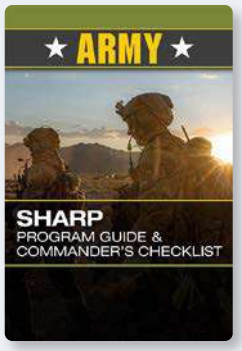
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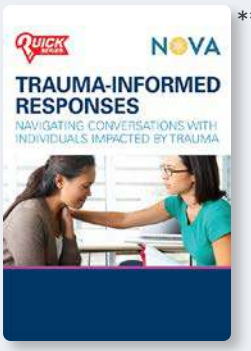
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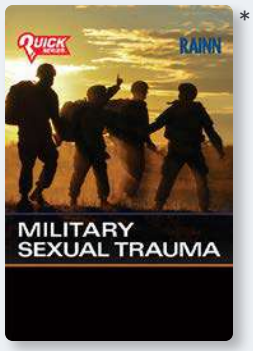
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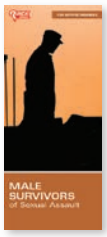


01-0382-001-01 *

- Support and protect victims of sexual assault by understanding Department of Defense (DoD) policy, Sexual Assault Response Coordinator (SARC) responsibilities, legal procedures, and much more.
- Know how to take immediate action – as a leader or as a survivor – to report sexual assault and prevent future incidents.
- Identify the warning signs of sexual harassment so you can stop it in its tracks and prevent it from escalating.
- Use helpful checklists and resources for extra support and information during times of crisis.

Program Outreach

Pamphlet



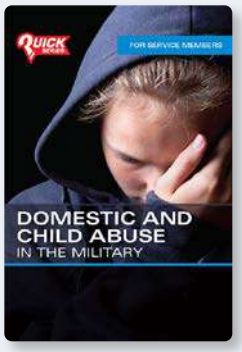
Wallet Cards



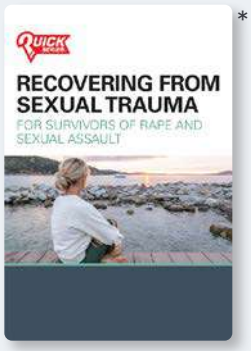
* Licensed by the Rape, Abuse & Incest National Network (RAINN)

** Licensed by the National Organization for Victim Advocacy (NOVA)

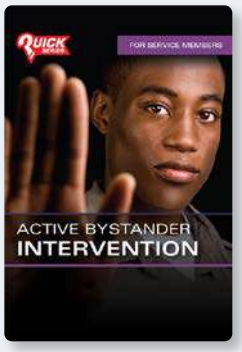
Domestic & Sexual Abuse



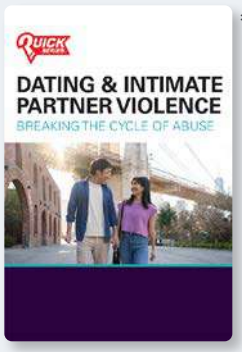
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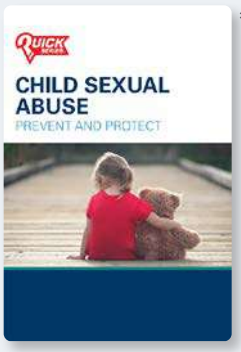
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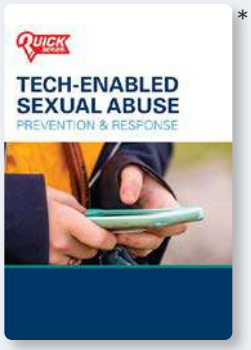
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01-0560-000-02 *



01-0695-000-02 *



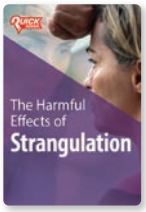
01-1669-000-01 *

- Arm victims of domestic or sexual abuse with essential information to get the assistance and support they need.
- Help victims – or help yourself – by understanding risk factors, warning signs, recovery tips, military response, and reporting options.
- Use checklists, recommendations, and resources to help a victim (or yourself) escape or recover from a violent situation.

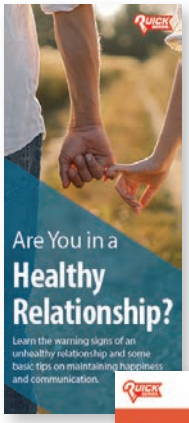
* Licensed by the Rape, Abuse & Incest National Network (RAINN)

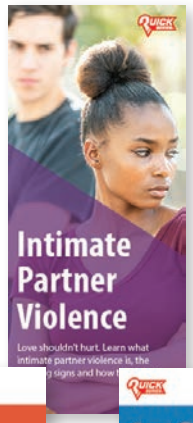
Program Outreach

Pocket Card



Program Outreach



















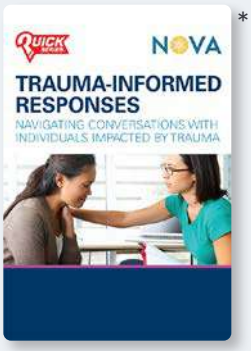


Integrated Prevention Program (IPP)

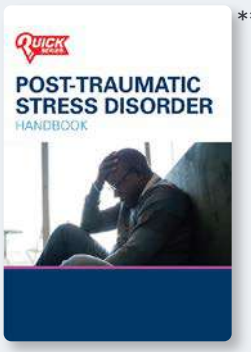
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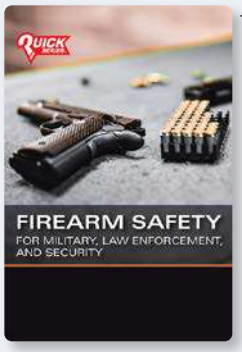
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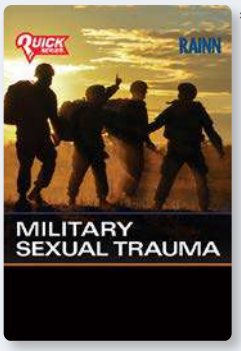
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01-1403-000-01 **



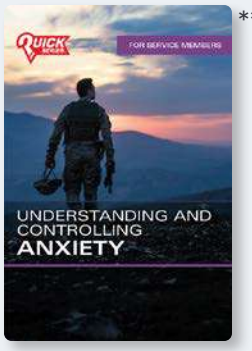
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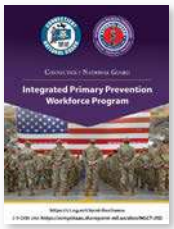
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Program Outreach

Folder



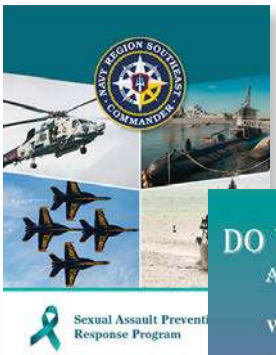
- Learn to spot suicide warning signs to help guide fellow Service members and loved ones to care.
- Walk sexual assault survivors through the steps to recovery with reporting options, common reactions, and more.
- Explore how improving your emotional skills can enhance many aspects of your everyday life.

* Licensed by NOVA
** Licensed by ICISF
*** Licensed by RAINN
† Licensed by Force Concepts

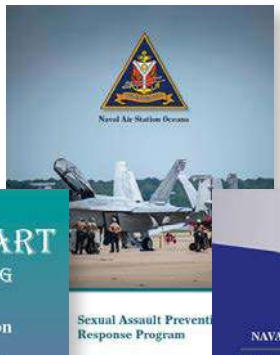
Personalized Installation SAPR/SHARP Resource Solutions

Strengthen your unit's prevention efforts with personalized SAPR and SHARP materials designed specifically for your base.

- Enhance engagement.
- Demonstrate command commitment.
- Maximize training effectiveness.
- Simplify program implementation.

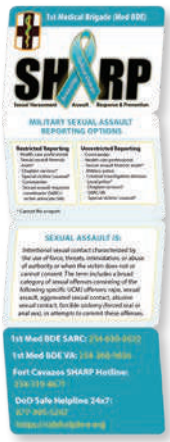




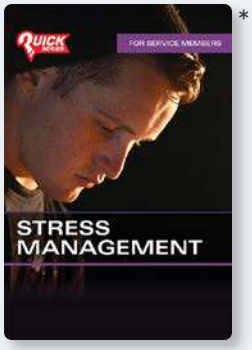




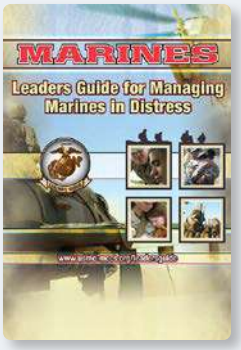




Stress Management



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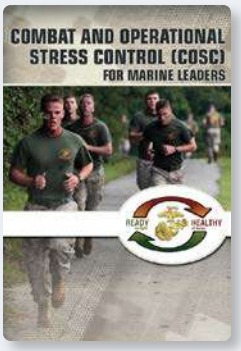
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- Support mental and emotional health in Service members so they can effectively perform their critical duties.
- Know how to deal with people in states of emotional turmoil with easy-to-follow crisis intervention protocols.
- Develop and practice coping strategies for dealing with and overcoming stressful situations.
- Use essential information to help others in states of emotional turmoil and to better manage moments of crisis or trauma.

* Licensed by the International Critical Incident Stress Foundation (ICISF)



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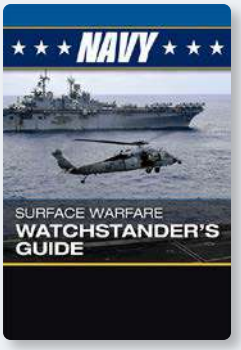
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Combat Stress Control

- Identify combat-stress-related problems in Service members and take appropriate steps to help in the recovery process.
- Give Service members the tools they need to develop coping strategies and overcome stressful situations and crises.
- Find important techniques, checklists, and resources to increase resilience to mental stress and quickly return to full readiness.



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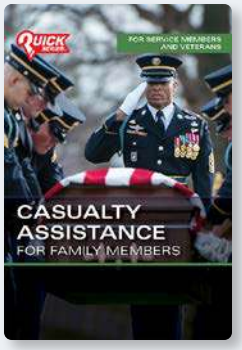
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Navy Assignments

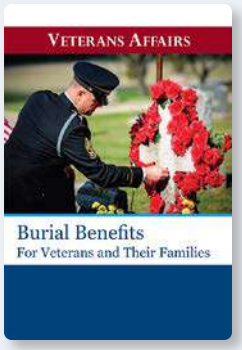
- Get specific information on different qualifications, duties, and procedures required of command PASS coordinators.
- Provide watchstanders with potentially life-saving information so they can properly protect ships from fire and safeguard against security threats.

Survivor Outreach Support

Benefits & Services



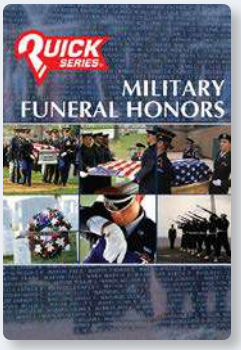
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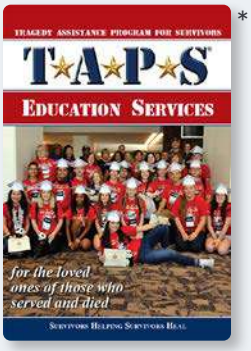
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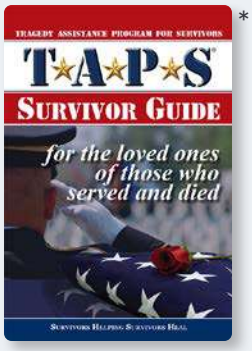


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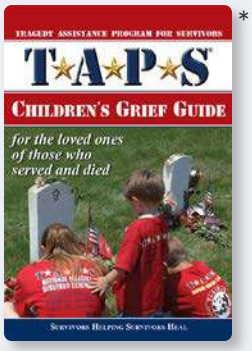
- Discover essential military benefits available to survivors and deceased Service members so you can make informed decisions.
- Get critical information on burial and military funeral honors, counseling, allowances and reimbursements, death pension, life insurance, home loans, and more.
- Plan ahead by understanding eligibility and enrollment processes, and ease any stress in your time of need.
- Find checklists, recommendations, and resources for additional support.

* Licensed by the Tragedy Assistance Program for Survivors (TAPS)

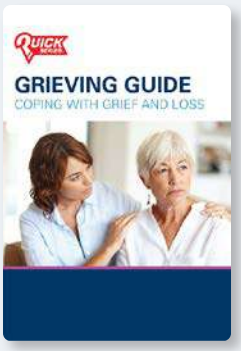
Grief Support



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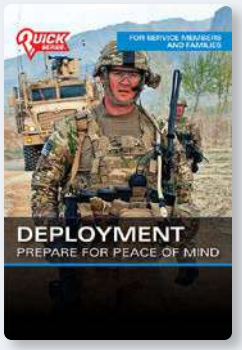
01-1003-021-01

- Use important information and resources to get the help and emotional support you need when grieving the loss of a Service member.
- Learn about the grieving process, coping strategies, and how to help yourself or your children deal with loss.
- Know where to turn for professional help or how to support others in their grief journey.

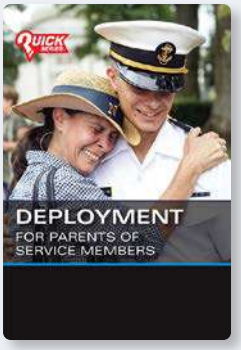
* Licensed by the Tragedy Assistance Program for Survivors (TAPS)

Transitions

Deployment



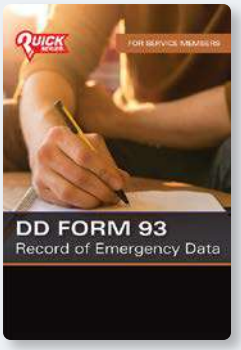
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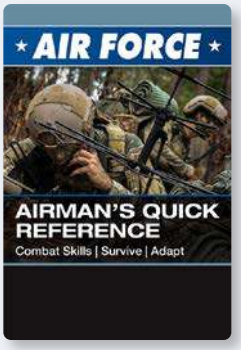
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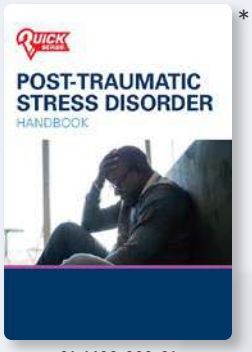
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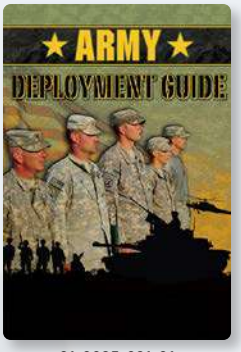
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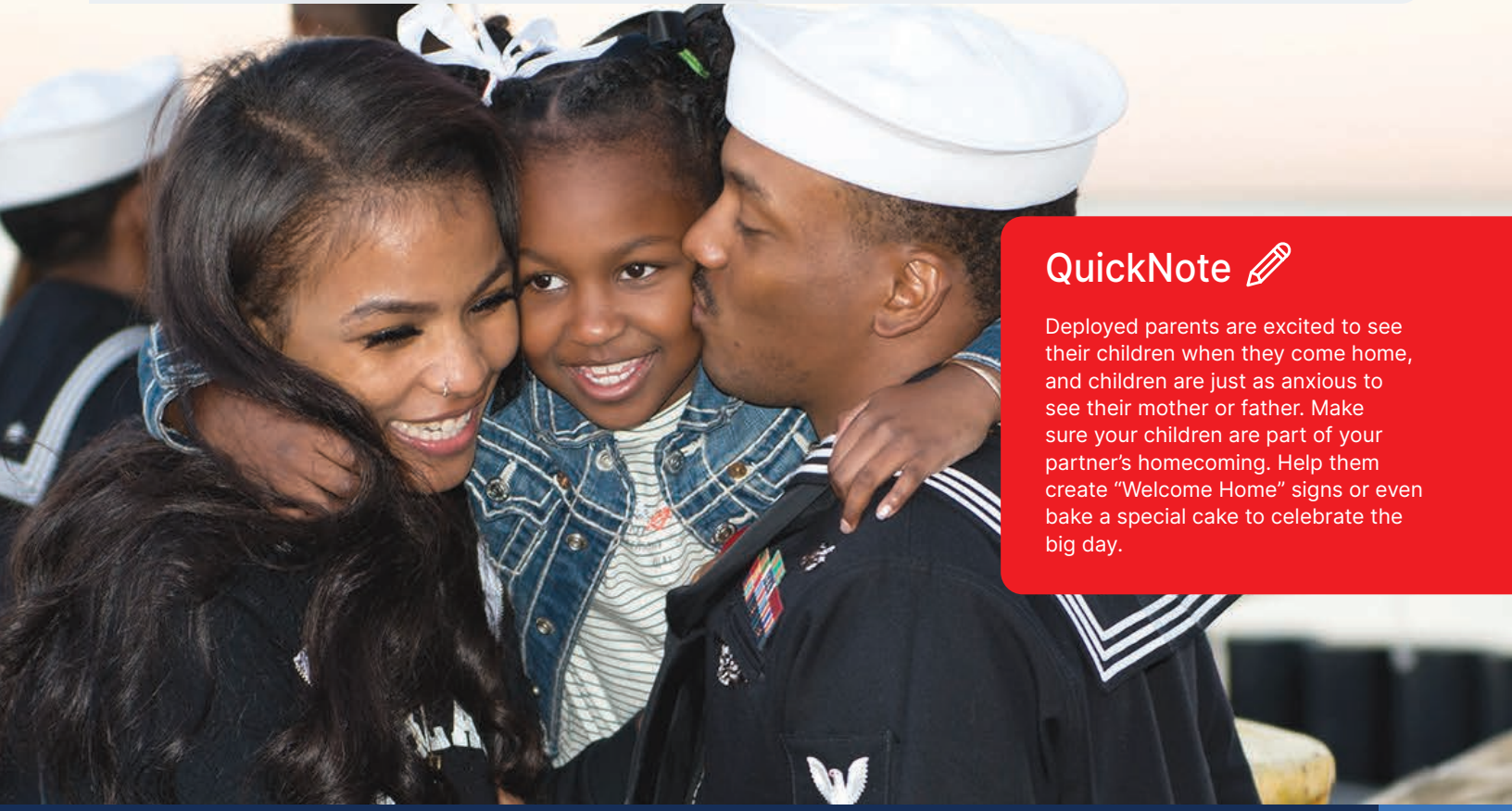
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01-0085-021-01

- Prepare for all stages of deployment to help ready yourself, your loved ones, and your children for this major transition.
- Learn about the emotional cycle of deployment, how to manage separation, and the support available to Service members and families.
- Take care of your finances, legal affairs, and children during deployment with essential planning advice.
- Use checklists and resources to prepare for the challenges of deployment and stay mission-ready.

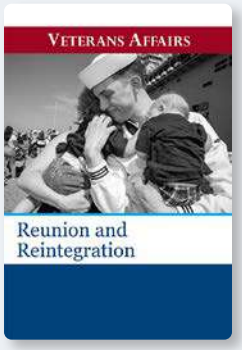
* Licensed by the International Critical Incident Stress Foundation (ICISF)



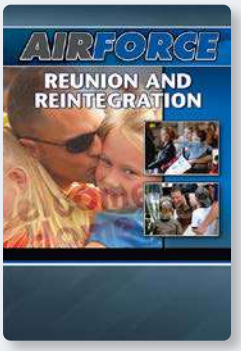
QuickNote

Deployed parents are excited to see their children when they come home, and children are just as anxious to see their mother or father. Make sure your children are part of your partner's homecoming. Help them create "Welcome Home" signs or even bake a special cake to celebrate the big day.

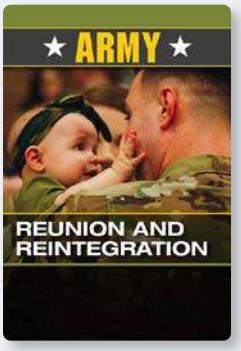
Reunion & Reintegration



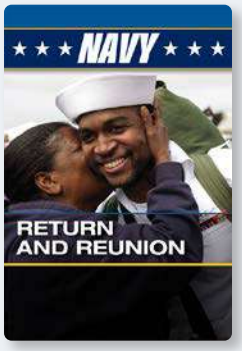
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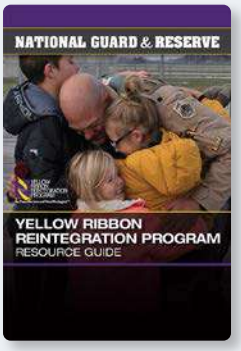
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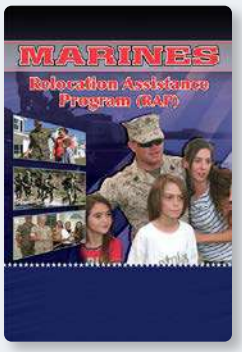
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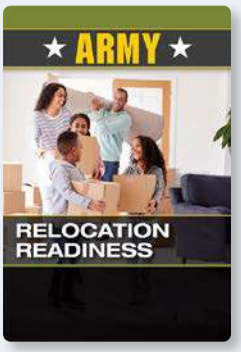
01-0432-100-01

- Reduce the stress of homecoming by preparing yourself and your loved ones for your return home.
- Apply useful advice and information on reestablishing intimacy, returning to your children, and overcoming communication issues.
- Use checklists and resources to prepare for your return and strengthen your family unit.

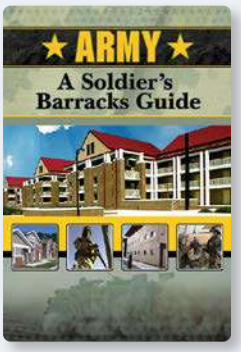
Relocation



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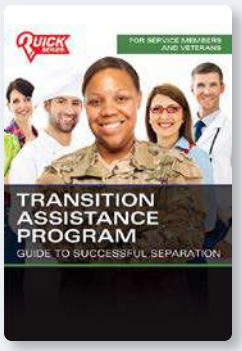
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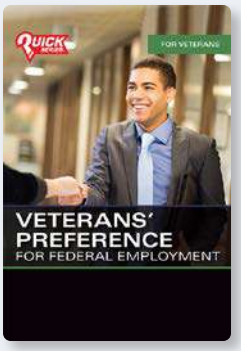
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- Prepare for your permanent change of station (PCS) to ensure a smooth transition for yourself and your family.
- Get essential facts about housing, barracks regulations, entitlements, and benefits to make your move easier.
- Find helpful checklists and resources to help you quickly adjust to your new community.

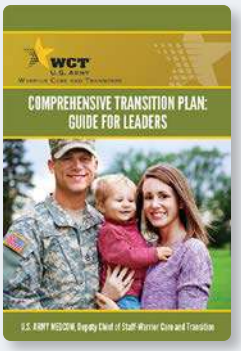
Transitioning



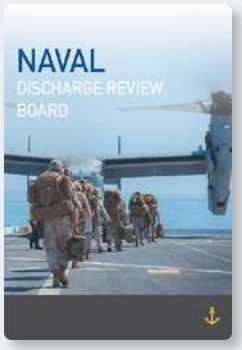
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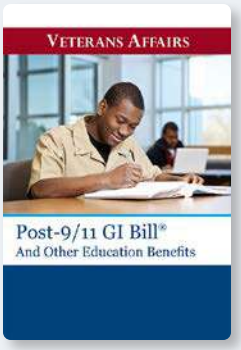
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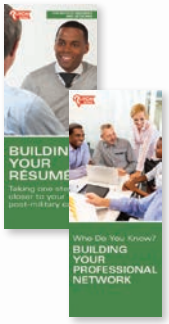
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Program Outreach

Pamphlets



Wallet Card



Magnet



Posters



- Ease the stress of the typical transitions of military life (such as deployment, relocation, or reunion) by adequately preparing for these changes.
- Understand the useful benefits and services available to you and your family during each transition, such as counseling and employment assistance.
- Use handy checklists, tips, and resources for additional support in the course of your transition.



Your Base.
Your Resources.
Your Home.

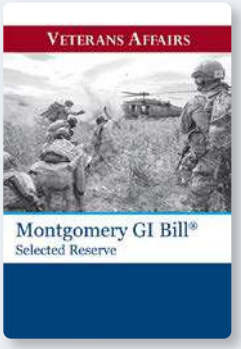
Make every PCS smoother with our practical, eye-catching folders. Our customizable folders provide everything Service members need to feel at home from day one, including:

- Base maps with relevant points of interest.
- Essential on-base facilities and services.
- Contact details for military resources.
- Family support programs and information.
- Local community events and highlights.

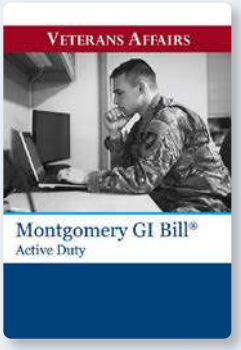


Veterans Affairs

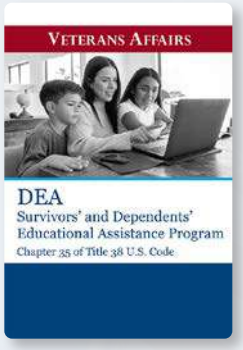
Education



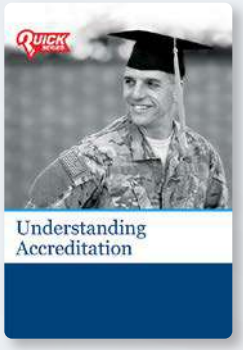
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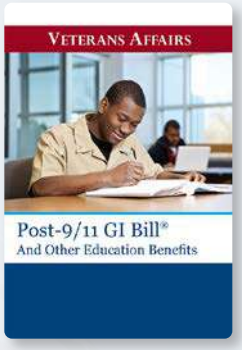
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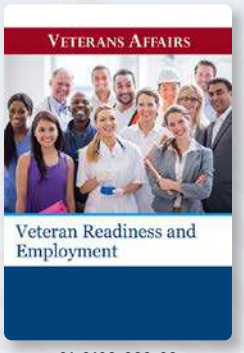


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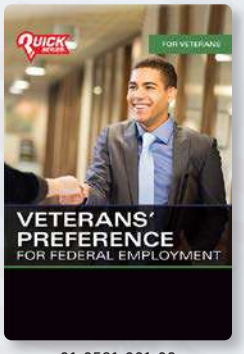
- Learn about the various education and training benefits you are entitled to for your service, including the Montgomery GI Bill®, the Post-9/11 GI Bill, and the Survivors' and Dependents' Educational Assistance (DEA) program.
- Explore qualifications and requirements, understand application processes and accreditation, and have important questions answered.
- Decide which benefit is right for you with the help of concise, easy-to-understand information.
- Use valuable checklists, information, and resources to help you with your post-military education.

GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA). More information about education benefits offered by VA is available at the official U.S. Government website at: www.benefits.va.gov/gibill

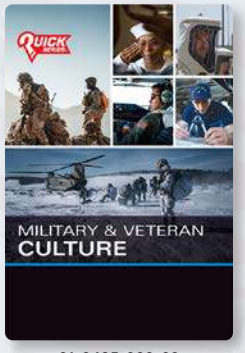
Employment



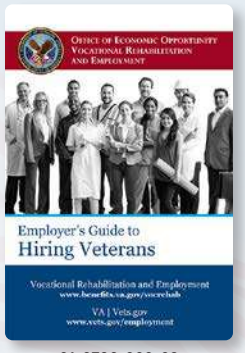
01-0109-030-03



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01-0495-000-02



01-0796-000-02



01-0995-001-01

- Use essential information and job-search guidelines to ease the employment and financial stress caused by military life.
- Learn about different military programs and services available to help you start your new career.
- Apply effective tips on writing a résumé, searching for jobs, and answering interview questions.
- Discover important lists, tips, and resources to make your job search less overwhelming.

Program Outreach

Pamphlets



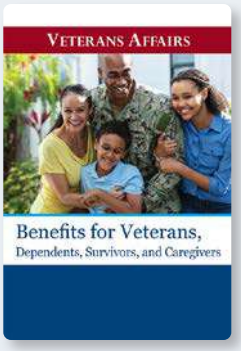
Magnet



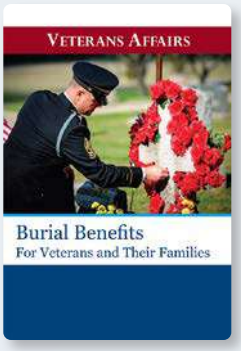
Wallet Card



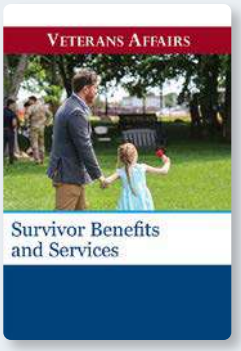
Benefits



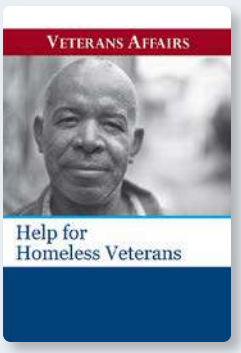
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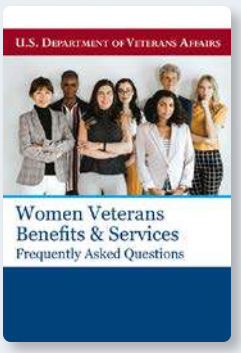
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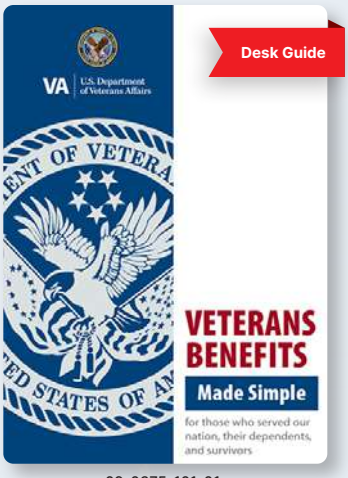


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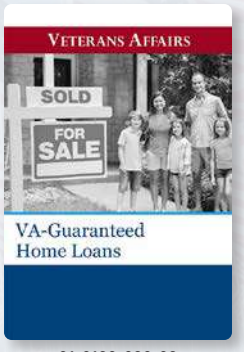
- Learn about the various benefits and services you and your dependents are entitled to.
- Discover qualifications and requirements, understand application processes, and have important questions answered.
- Decide which benefit is right for you with the help of concise, easy-to-understand information.
- Use checklists, information, and resources to help you access the services you have earned.



09-0375-101-01

- Explain VA programs, events, and services that deliver invaluable assistance to Veterans and their families in all stages of life.
- Provide resources and step-by-step guidance to help Veterans get the support they need now and in the future.
- Connect Veterans to VA locations in their area with maps and reliable contact information.

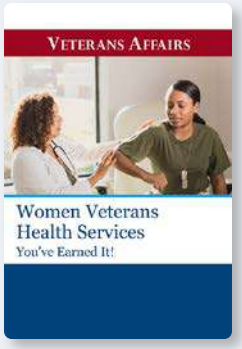
Home Finance



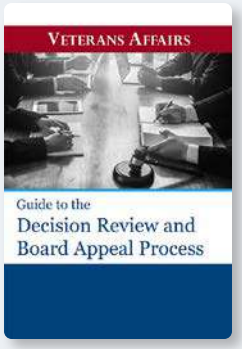
01-0136-030-02

- Get essential information on the VA-Guaranteed Home Loan program for Veterans.
- Make informed decisions by understanding eligibility requirements, application processes, and associated costs.
- Use helpful checklists and resources to find answers to common questions and locate a VA eligibility center.

Health Programs & Services



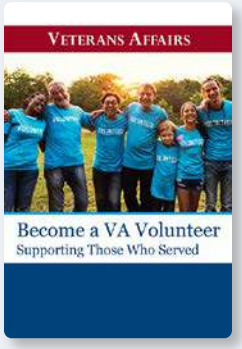
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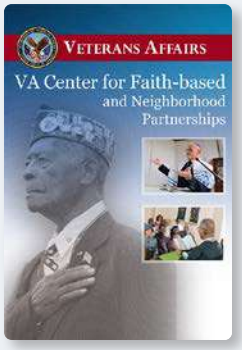
01-0391-030-02

- Understand the various health programs, benefits, coverage, and services you are entitled to as a Veteran.
- Get the latest information on eligibility, how to enroll in different programs, and special services for female Veterans and dependents.
- Use essential checklists, frequently asked questions, charts, and resources to help you better manage your health care options.

VA Center for Development and Civic Engagement



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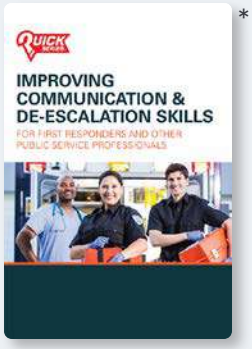
01-0833-100-01

- Complement volunteer efforts with essential guides highlighting various volunteer opportunities and requirements.
- Prepare for your important role as a volunteer with general guidance on travel and pay provisions, benefits, and more.
- Access resources for additional volunteer information and support.

Safety & Security



01-0401-030-02



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Program Outreach

Wallet Cards



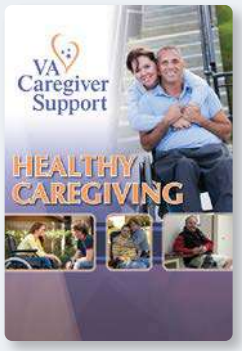
Badge Cards & Magnet



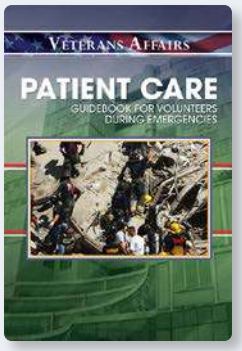
- Be prepared and emergency-ready for any active threat event or natural disaster.
- Minimize the effects of disasters or disruptive events by implementing standardized management tools.
- Get details on security planning, threat management, and response and recovery processes and procedures.
- Use important checklists, organizational charts, diagrams, and resources to help organize and implement response efforts.

* Licensed by Force Concepts

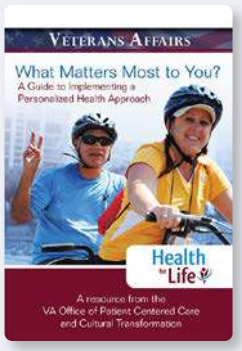
Health & Wellness



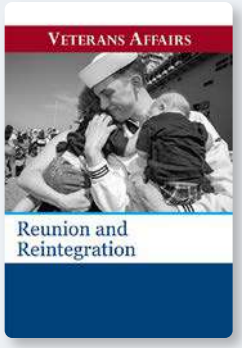
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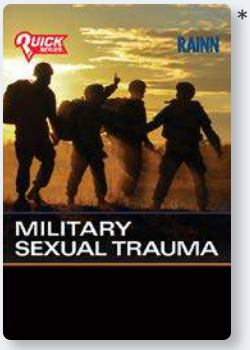
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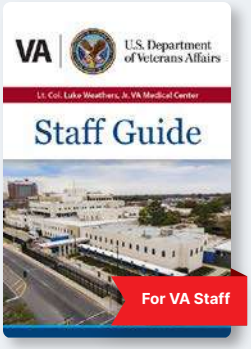


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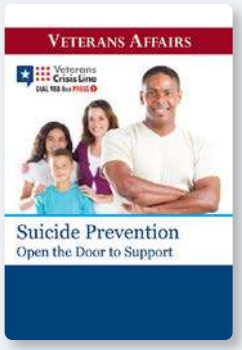


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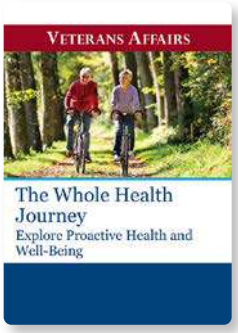
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01-0342-030-01



01-1025-030-01

Discover Whole Health

- 508-compliant with larger font size
- Freshly updated content

Program Outreach

Pamphlet



Wallet Card



Calendar



- Enjoy better physical and mental wellness with everyday healthy living advice to help you thrive.
- Enhance your overall fitness, emotional health, and quality of life with essential wellness strategies.
- Live your best life possible – whether you're a patient or caregiver – with effective techniques and strategies.
- Apply essential lists, information, and resources so you can better manage your daily life.

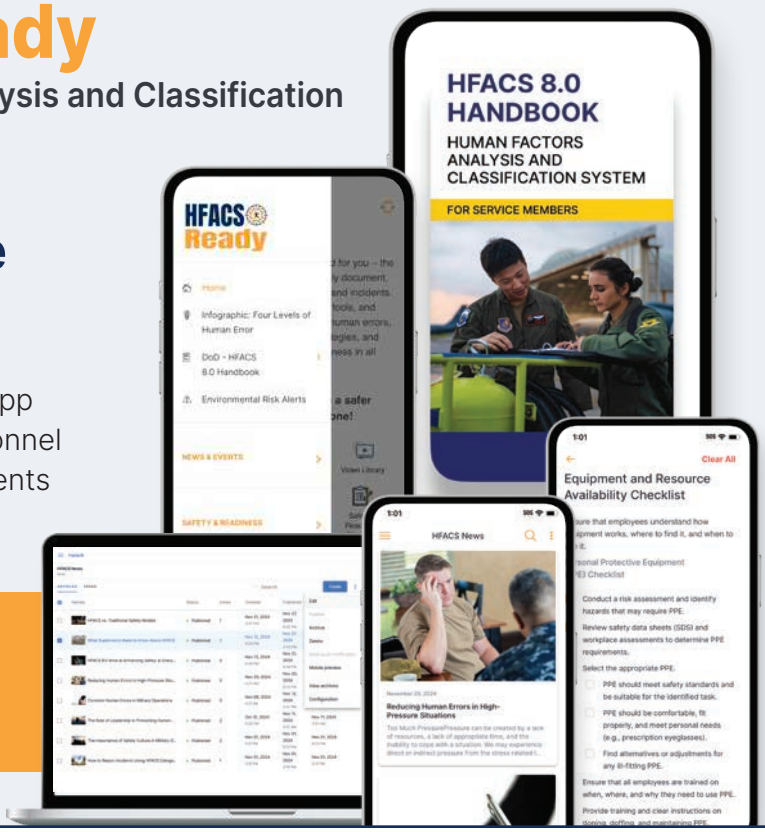
* Licensed by the Rape, Abuse & Incest National Network (RAINN)



Work Safety

HFACS Ready

The Human Factor Analysis and Classification System 8.0 Mobile App



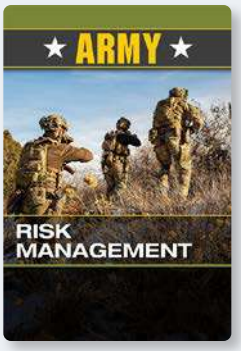
Eliminating risk before it happens.

HFACS Ready, the all-in-one HFACS 8.0 app designed for DoD employees, helps personnel analyze and learn from human error incidents to ensure a safer, more prepared mission.

Put operational safety at your people's fingertips.

Request your demo today!

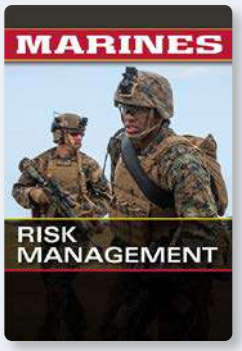
Risk Management



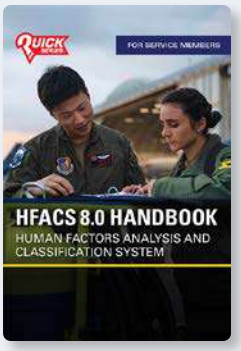
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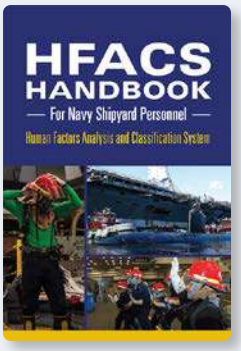
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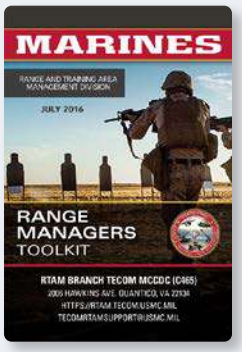
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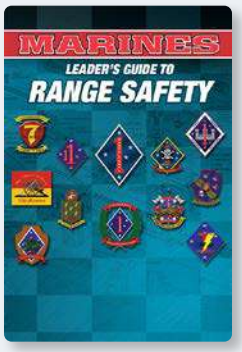
01-1402-100-01

- Ensure proper procedures are in place for personnel to perform their tasks free of unnecessary risk.
- Increase mission success with minimal losses by implementing Operational Risk Management and Time Critical Risk Management.
- Use an insightful risk assessment matrix and understand risk-management levels to significantly reduce risk and maintain Service member safety.

Marine Corps Safety



01-0319-024-03



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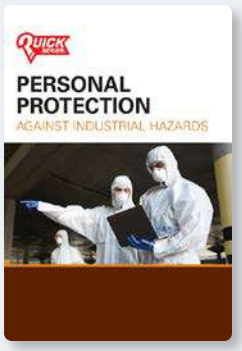
01-0318-100-01

- Ensure Marines' safety by accurately following standard operating procedures and taking necessary safety precautions.
- Understand and implement codes of conduct and safety requirements and procedures to foster safe training and working conditions.
- Use essential checklists and diagrams to secure everyone's safety and promote mission confidence and readiness.

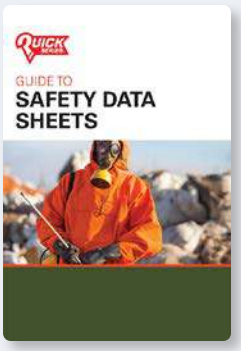
Worksite Safety



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01-1082-000-01 *



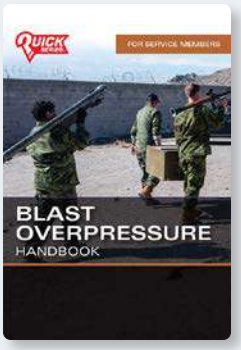
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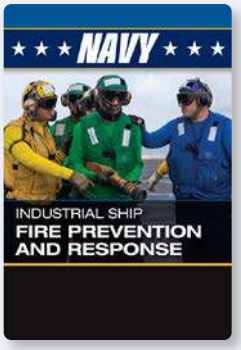
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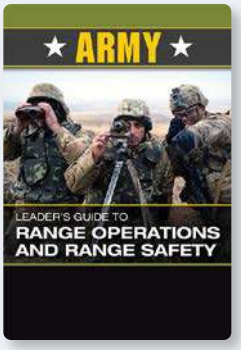
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01-1659-020-01



01-1349-022-01



01-1245-021-01

- Stay safe on assignment by following standard protocols and procedures – from wearing personal protective equipment to using the right equipment for the mission.
- Learn Occupational Safety and Health Administration (OSHA) guidelines and standards and how you can maintain a safer work environment.
- Know your leader's responsibilities for keeping you safe on the job.
- Use valuable checklists, illustrations, and resources to ensure your protection at all times.

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