Where did you leave your

## Happy?



Imagine that you could tap into the power of your mind to change your outlook, believe in yourself, and accomplish more every day. Would this be of interest to you ... or not?

Both good stress and bad can affect your coping skills, your relationships, your weight, your sleep, and, ultimately, your overall physical health and emotional well-being.





Hypnosis can help you change non-resourceful behaviors, beliefs and attitudes by running a new program in your unconscious mind. Why not run a program called 'happy'?

In addition to following your doctor's recommendations for diet, exercise, and treatment, you can benefit by changing your outlook. Reclaim your happy.

Call now. What are you waiting for?

Lake Oswego Hypnosis 5 Centerpointe Drive, 4th Floor Lake Oswego, OR 97035 Schedule at LOHypno.com Call (503) 515-1272