

## No child should grow up in poverty



## No parent should have to make the impossible decision between heating and eating

But that's the reality facing millions of families across the UK today

Right now, 39 million children are living in poverty in the UK. That's about 8 children in every classroom. And the cost-of-living crisis is getting worse and more frightening every day.

For many children, living in poverty can mean going to school hungry, sleeping in a cold bedroom, and feeling worried and anxious about the stress at home.

It shouldn't be this way. No child should grow up in poverty.

That's why we're taking action right now. We're calling on the government to provide free school meals for all primary school children in England, as well as asking for more to be done to tackle 'holiday hunger'.

We're standing up for every child waking up in a cold home. For every parent or carer who's struggling to put food on the table. And for every family worried about how they're going to make ends meet this winter.

**But we can't do it alone. Join us now and say 'no' to child poverty by signing our petition.**

[Sign our petition calling for free school meals](#)



We're also working tirelessly to make sure families are warm and well-fed this winter, by reaching as many families as possible with food, clothing and energy vouchers.



**We've had to go to food banks and have been supported by Barnardo's with food vouchers. I've been cutting back on the amount and quality of the food shopping and I have**

gone without to make sure my daughter has a proper meal.”

Kerry, Supported by Barnardo's in Rotherham

## How we're helping families facing poverty right now

This winter, we will:

- provide food parcels or supermarket vouchers so children don't go hungry this winter
- provide energy vouchers to heat families' homes and let children wake up to a warm home
- provide warm clothing to children during the winter months
- provide Christmas parties for children we support so children can join in the festivities
- provide Christmas presents or vouchers for families to buy gifts for their children

Please help us reach more families by donating today.



## Join us and make sure no child goes hungry

We're calling on the government to:

- introduce free school meals for all primary school children in England
- do more to tackle hunger during the school holidays.

Free school meals for all primary aged children would mean that every child would get at least one nutritious, healthy, filling meal a day, whatever they are facing at home.

Around 800,000 children living in poverty are currently missing out on free school meals.

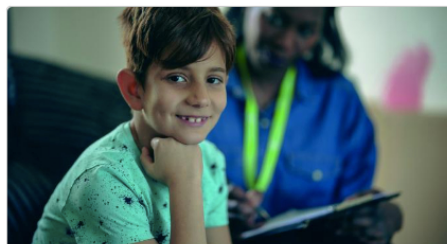
So, by taking two minutes to sign our petition you could make a real difference to a child's life.

[Sign now](#)



### Campaign with us

Read our latest reports on the experiences



### Stay updated with our newsletter



### Advice and support

Struggling with the cost-of-living crisis?

of vulnerable children and young people.

[Read now](#)

There's so much you can do to help children and their families cope. Sign up to our newsletter to keep updated about our work and how you can help.

[Sign up now](#)

Don't be afraid to ask for help. Get advice and support today.

[Learn more](#)

## Donate now and help children feeling cold, hungry and left-out this Christmas

£10

£18

£27

£52

£ Any

£27 could help give families the nourishing food they need from Christmas Eve through to Boxing Day

[Donate £27 today](#)

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