



TRUMAN

TESTOSTERONE REPLACEMENT THERAPY ONLINE

You're busy working hard to build a better tomorrow so we came up with a simpler way to optimize your testosterone. Be the best version of yourself with telehealth testosterone therapy that's quick, easy and discreet.

GET STARTED

Modern medicine gives us a smarter way to age, and accessing it can be easy. The Trūman process is designed to save you time while still providing the testosterone treatment you need to continue living the life you want.



In-Home Blood Test

The process starts with an in-home blood test to measure pertinent biomarkers that will be reviewed by your provider. Bloodwork is a critical diagnostic tool that helps determine if testosterone can be safely prescribed.



Comprehensive Questionnaire

After your blood test results are available, you'll fill out a medical questionnaire designed to give your provider an understanding of your overall health and the symptoms you may be experiencing.



Online Consultation

Finally, you'll have an online consultation with a licensed provider who will review your questionnaire and bloodwork, then ask follow-up questions to determine if testosterone replacement therapy is right for you.



Routine Check-Ups

Once you've received a prescription (if qualified) and completed your first order, you'll have occasional check-ups based on your provider's guidance to make sure treatment is working properly. You'll also be able to consult with a provider if you have questions or need to adjust treatment.

GET CHECKED QUIZ



Telehealth — a better experience

The confluence of technology and medicine now enables us to live better lives even if our lives are busy. Testosterone deficiency comes with many negative side effects but telemedicine makes treatment convenient for men who have many responsibilities. This is the future of medicine, brought to you today by Trūman.



Secured with HIPPA-compliant technology



Convenient treatment accessible in your home



Fast, free delivery to save you time



Discreet shipments in unmarked packaging

Experience the superior quality of bioidentical testosterone with Trūman. Bioidentical hormones mimic what your body naturally produces so they are more easily absorbed than synthetic hormones and lead to much healthier, natural treatment.

GET CHECKED QUIZ

Aging is inevitable, testosterone is manageable

You've written a life story a man can be proud of, but the best chapters are yet to come. It's time to live life on your terms and thrive with Truman.

GET STARTED



The Low T Life

Life expectancy has significantly increased over the last 50 years and men today carry many responsibilities in this fast paced world. We're asking more out of our bodies but as men age, testosterone naturally declines, and the side effects are noticeable. Beginning as early as age 30, you may be exposed to:

- Fatigue
- Depression
- Declining libido
- Chronic illness
- Reduced bone density



The Truman Life

Men today don't have to live with low testosterone. We live in an age where we can use modern medicine to squeeze every last drop of life out of each year we're given. By taking control of your testosterone levels with Truman, you can experience:

- Improved memory, focus and cognition
- Better sex drive
- Renewed energy
- Increased muscle mass
- Ability to lose weight



Pain-free treatment on your schedule

We designed the Truman process to work for you. The standard testosterone replacement therapy provided through Truman is done with a topical gel that is applied once a day as part of your grooming routine. Don't waste time with testosterone boosters when you can get the real thing. Now you have an easy, pain-free, safe, and consistent way to optimize your testosterone.



Daily topical treatment



Routine teleconference check-up with provider



Regular bloodwork monitoring



Optional provider's visits if you need to adjust treatment

The Topical Advantage

Topical testosterone gel makes treatment more convenient for men who have goals to chase and lives to live. Master your health in a way that works for you.



Pain Free

No needles and no injections makes for a much more pleasant experience with all of the same benefits.



Conservative

A daily topical is the least invasive way to begin TRT and enables quick adjustments if side effects occur.



Easy Application

Topical gel is easy to apply at home without any training or needle disposal.



Level Time Release

Avoid the fluctuating testosterone levels that often come with weekly injection treatment and feel good every day.

Your goals, responsibilities, and challenges are yours alone and your body is unique. It's time to optimize your testosterone levels to meet your specific needs, so you can live the life you want to live.

GET CHECKED QUIZ

READY TO OPTIMIZE YOUR TESTOSTERONE?

Many men live with testosterone deficiency and don't even know it. Take control of your health today.

[GET CHECKED QUIZ](#)[GET STARTED](#)

Take the quiz to see if you should get checked.

Do you feel like you're past your prime?

 Yes No

Are you experiencing low libido (sex drive)?

 Yes No

Are you getting fewer or no morning erections?

 Yes No

Do you have a decreased enjoyment in life?

 Yes No

Do you have weaker erections than before?

 Yes No

Are you often fatigued?

 Yes No

Do you ever have depression or anxiety?

 Yes No

Are you struggling to maintain muscle mass, endurance or athletic ability?

 Yes No

Has your work performance deteriorated?

 Yes No[COMPLETE](#)

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Truman is a digital men's health platform that coordinates access to independently owned and operated licensed medical providers. Truman does not provide medical services and you are not entering into a provider-patient relationship with Truman. Your provider is solely responsible for determining if you qualify for treatment, advising you about what treatment is right for you and educating you about proper medication usage. Truman does not provide pharmacy services. Prescriptions issued by your provider are coordinated with licensed U.S.-based independently owned and operated pharmacies.

Truman is not an insurer. The services provided are not insurance products and membership fees do not constitute insurance premiums.

Optimize your life today

Get quick, easy, and discreet treatment that's tailored to your needs without ever leaving your home.

GET STARTED

Get Checked

\$149

- ✓ In-home blood test
- ✓ Online provider's visit
- ✓ Prescription (for qualified candidates)



Monthly Treatment Plan

\$149/mo

- ✓ Monthly supply of testosterone (billed and shipped in two-month increments)
- ✓ Free 2-day shipping
- ✓ Blood monitoring via in-home tests
- ✓ Routine check-ups
- ✓ One-time complimentary health, wellness and nutrition coaching consultation
- ✓ Complimentary 24-hour telehealth urgent care for many routine healthcare issues



We now know more about men's health than ever before. Take advantage of the latest medical research to learn if treatment is right for you and other ways to pursue a healthier body and mind in today's world.

STUDY UP

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This is Trūman

We're a group of people who care about self-improvement in all areas of our lives, and living lives that we can be proud of at the end of the day. Men are living longer, working harder, and continuing to be pillars of strength for the people they care about. We want to help you be the best man you can be by taking advantage of modern medicine and optimizing your testosterone through testosterone replacement therapy. And we want you to have a better experience doing it.

This is modern medicine for the modern man™



Guided by the latest science

Our Medical Director, Dr. Gayle Frazzetta, has passionately provided men's healthcare for more than 15 years and brings an expert physician's eye to everything we do at Trūman. She believes that when it comes to testosterone replacement therapy, it's not simply about increasing testosterone, but optimizing it for each individual. Gayle believes in helping men fine-tune how their bodies operate so they can perform better in every area of their lives. Hear her take on why it's time for online testosterone replacement therapy.

We're from Colorado so, naturally, we're always looking for new mountains to climb. If you are too, welcome to Trūman.



Gayle Frazzetta, Medical Director

Dr. Frazzetta, MD is a hormone therapy expert and has over 28 years of experience in the medical field. She attended the State University of New York at Buffalo School of Medicine. She enjoys working with men because she knows the transformative benefits testosterone therapy can provide them.



Lori Kearney, Pharmacy Director

Lori attended the University of Michigan College of Pharmacy. She has 43 years of experience specializing in pharmaceutical compounding and hormone replacement therapy. She is passionate about providing safe, effective and personalized testosterone therapy.



David Hall, CEO



Jennifer Berridge, COO



The Trūman Way

Our mission is to help men pursue the best versions of themselves by bringing them high-quality testosterone replacement therapy in a way that easily fits into their lives.

Let's make sure we can service your state.

Please select your state from the list below:

Select State

I am a male over 18

I have read and agree to the [Telehealth Consent](#), [Terms and Conditions](#) and [Privacy Policy](#)

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