

How to land telemedicine jobs for physicians: a practical guide

Telehealth has grown rapidly in recent years, with telehealth use [nearly tripling](#) since before COVID-19. This has transformed physician career options by providing them with new opportunities to practice medicine remotely, allowing doctors to help their patients while maintaining a healthy work-life balance, [reducing instances of physician burnout](#).

As patients and physicians alike discover the benefits telemedicine can provide, this industry is expected to grow by [24 percent annually from 2023 to 2030](#), providing ample opportunities for doctors to move to telehealth full-time, or as a side gig to supplement their income. Yet, if you're considering making the transition from in-person care to telehealth, you may find yourself wondering what telehealth jobs are available, and what is involved in making this transition. In this article, we'll provide physicians with a practical guide for landing telemedicine jobs, covering where to find opportunities, what qualifications are needed, and how physicians can position themselves for remote roles.

6 Telemedicine jobs for physicians in 2026

As demand for telehealth continues to increase, so do the opportunities available for physicians looking to work remotely. The primary types of telemedicine jobs available for physicians in 2026 include:

- **Virtual urgent care:** Virtual urgent care has grown extremely popular, as it allows patients to seek treatment for low-risk conditions such as colds, infections, and rashes 24/7 from the comfort of their homes. With virtual urgent care expected to grow at a compounded annual rate of [30.3% between 2024 and 2030](#), this field provides numerous opportunities for physicians looking to break into telemedicine.
- **Chronic care management:** Telemedicine is also a great option for following up with patients who have chronic, long-term conditions such as diabetes, hypertension, and obesity, as doctors can use patient data from connected devices to evaluate patients remotely. The fact is that, for many patients, virtual visits make follow-up appointments easier, particularly for patients with chronic conditions that make travel difficult.
- **Mental health consultations:** One of the most common applications of telemedicine is for the treatment of mental health conditions, with [more than 45% of](#) mental health appointments already being conducted by telehealth. The fact is that telehealth makes therapy more comfortable for many people and expands access to care by removing the need for travel.
- **Imaging and lab review:** When patients need routine lab work done, or they have to have imaging done due to an injury, they now have the option to follow up virtually

instead of visiting their doctor in person, getting their results from the comfort of their home.

- **Tele-ICU:** There are also telehealth opportunities available for ICU physicians who can provide overnight or high-acuity coverage from a remote location, providing support for on-site staff.
- **Virtual direct supervision:** Another remote option for experienced physicians is to act as a supervising/collaborating physician. These doctors often oversee nurse practitioners and physician assistants in clinics or home care settings, making sure that patients receive the highest level of care possible.

The main advantages of working in a telemedicine job for physicians

Telehealth continues to grow in popularity, not just because it's more convenient for patients and can [improve access to healthcare](#) in remote areas, but also because it can provide physicians with numerous benefits as well. Just a few of the reasons doctors are deciding to make the switch to telemedicine include:

- **Convenience:** Working in telemedicine is typically more convenient for physicians, as it gives them the freedom to work from wherever they'd like. If you go into telehealth, you will have the freedom to work from home and will no longer have to spend hours each day commuting to and from work.
- **Scheduling flexibility:** Practicing telemedicine can also give you more flexibility in your schedule. Without needing to travel to an office or maintain clinic hours, telehealth practitioners often have the flexibility to structure their appointments around other personal and professional activities. Not only would this allow you to enjoy more time with your family, [improving your work-life balance](#), but it can also eliminate the need for childcare, saving you money.
- **Lower risk of disease transmission:** Many physicians who work in person have a [higher risk of illness](#) due to exposure on the job, which can threaten their health. However, switching to telemedicine eliminates this risk, as you will no longer be spending prolonged periods in hospitals and clinics, directly exposed to diseases. Transitioning to telehealth can then be extremely beneficial for physicians with weak immune systems.
- **Lower overhead costs:** If you currently run a private practice, you likely know how quickly overhead costs such as rent, facility and equipment maintenance, and staffing can add up. By switching to telehealth, you can significantly reduce these expenses, which can improve your bottom line while also allowing you to pass these savings on to patients.
- **Supplemental Income:** Even if you don't want to give up seeing patients in person, working in telehealth part-time can be a great source of supplemental income. For many physicians, taking on a part-time telehealth job can help them pay down their student

loans faster, or reduce their in-person hours, allowing them to spend more time with their families.

How to become a telemedicine doctor: skills and qualifications needed

If switching to a career in telemedicine is an appealing prospect to you, you may find yourself wondering what skills and qualifications are required. While requirements will vary depending on the type of position and specialty, here's a look at the most common skills and qualifications required to become a telemedicine doctor:

Skills

- **Experience with digital health platforms:** Before applying to a telehealth position, you should familiarize yourself with common telehealth platforms and tools, including telehealth video conferencing systems and electronic health records (EHRs) systems.
- **Strong virtual communication skills:** Telehealth physicians must possess the ability to communicate clearly with patients in a remote setting. This makes it critical that you work on developing your “webside manner,” as you must be able to develop a rapport with patients in a virtual setting.
- **Technical Adaptability:** Telehealth physicians must be able to quickly adapt to changing technology. You must also have strong problem-solving skills and be able to troubleshoot basic technical issues you may encounter during patient sessions. You should also be able to guide patients through problems they may encounter with the telehealth platform during their appointment.
- **Knowledge of telehealth regulations:** Depending on where you work, you may need to adhere to telehealth security and privacy regulations, such as HIPAA in the United States. Telehealth physicians have a responsibility to protect patient health information against data breaches by using encryption and secure communication channels. This makes it important that you familiarize yourself with telehealth regulations in your jurisdiction and the steps that you'll need to take to protect patient data.

Qualifications

- **Education:** Telehealth physicians are required to possess an MD or DO from an accredited medical school.
- **Licensure:** You will also need a valid license to practice medicine in the state(s)/country where your patients are located.
- **Board certification:** Physicians planning to work in specialties like Family Medicine, Emergency Medicine, or Psychiatry will need board certification.

- **Telemedicine training:** While not required for every position, obtaining additional training or certification in telemedicine or virtual care can prepare you for practicing medicine remotely, and it can give you an advantage over other applicants.
- **Experience:** Most positions require physicians to possess several years of post-residency clinical experience.

Where physicians can find telemedicine job opportunities

As you prepare to start applying to telemedicine jobs, you might be unsure where you can find job openings. The good news is that there are more telemedicine positions available than ever, and several good places to start your search include telehealth companies, hospital systems with virtual care programs, and online healthcare marketplaces. Another great place to look for telehealth positions includes online job boards like:

- Indeed
- Jobber
- LinkedIn
- The [American Telemedicine Association](#)
- And Physician Side Gigs' [Telemedicine side gig matching database](#)

How to stand out when applying for telemedicine jobs

Once you've found a telehealth position you're interested in applying to, it's important that you take the time to overhaul your resume so that you stand out from the competition and land your dream job. A few steps that you can take to make sure your application stands out include:

- **Highlighting technology proficiency:** Make sure that you emphasize your comfort and experience with EHR systems, telehealth platforms, remote patient monitoring tools, and troubleshooting technology.
- **Listing experience:** Highlight any experience you have with telehealth, patient portal communication, or remote patient monitoring.
- **Obtaining multi-state licensure:** Acquiring licenses in multiple high-demand states makes you much more valuable to telehealth companies, which can help set you apart from other applicants.
- **Demonstrating strong virtual communication skills:** Emphasize your experience building rapport with patients, maintaining active listening, and communicating with empathy over video.

The future of telemedicine jobs

As adoption of telemedicine [continues to grow](#), so too will the opportunities for physicians to work remotely. The fact is that telemedicine presents unique opportunities to improve patient care by removing geographical barriers, allowing patients to connect with their healthcare providers from the comfort of their homes. This could be particularly beneficial for managing chronic conditions where regular check-ins are crucial, as patients with limited mobility or no transportation options will still have access to the care they need, improving health outcomes. Moving forward, there will likely be an increase in hybrid care models, where physical exams are conducted in person, but check-ins with patients where no physical exam is needed will be conducted remotely.

For physicians looking to improve their job satisfaction and work-life balance, choosing a career in telehealth could be a good fit. However, before you can start applying to these jobs, you must first take the time to familiarize yourself with telehealth platforms, licensing requirements, and develop strong virtual communication skills. If you're considering working in telehealth but aren't sure how to land a job in telemedicine, or what you can do to prepare for a remote role, consider joining [redacted]. Our online community is the premier place to connect with other physicians seeking telemedicine jobs as either a career or side gig, which can help you learn more about what it takes to land a job in telehealth.