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South Cobb wants to show hard work leads to wins

By Jack Martin MDJ Sports Correspondent
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South Cobb's Jacorey Jones(7) celebrates after taking down Osborne's runner Anthony Thornton(6).

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South Cobb is gearing up for its season opener at home against South Forsyth on Friday.

Coach Marcus Washington said the Eagles' preparation over the summer has gotten the team ready for this moment.

"I think this summer we really got after it," he said. "In the weightroom we made sure our guys got bigger, faster, stronger, conditioned and ready for the rigors of a physical season considering the schedule we have and the teams we play."

South Cobb hosted a scrimmage last Friday against Woodland as a tune up for the season.

Washington said the scrimmage went well and it helped the staff identify the strengths and weaknesses of the team.

"We had an opportunity to identify some of the areas we need to work on, and we had the opportunity to showcase some of the things we were good at," he said. "Overall I feel like we played fast. We ran around and got to the football defensively. We were able to air it out on offense. We have to clean up a couple of things in the run game, but other than that I thought we played pretty well."

Washington and the Eagles have been watching film on South Forsyth, and he said it will be a good challenge to start the season.



“I’m sitting here breaking down film as we speak,” he said. “They’re big and physical. They play a pro-style offense. They play an old school, smash mouth kind of football. They are going to run I-formation, run ISO and they’re going to play action pass on you.”

Washington said he wants the team to play hard, play fast and physical.

“Our expectation is for our guys to come out and play like their hair is on fire,” he said. “I just want to see us do the little things well. If you do the little things well more than your opponent does, you will come out on the right end of things.”

South Cobb is looking for its first win in more than three seasons. To get out of the losing mantra, it will take time to build depth and change the culture.

Washington said that a successful game regardless of score would be for the team to execute.

“Us executing and doing what we are supposed to do is what I expect, and when we do that everything else will take care of itself,” he said.



